CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page1/Line1-2	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page1/Line43	Key Words
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page1/Line31-32	Abstract/Paragraph1
	3b	Main symptoms and/or important clinical findings	Page1/Line29-30	Abstract/Paragraph1
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page1/Line32-33	Abstract/Paragraph1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page2/Line41-43	Abstract/Paragraph1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page2/Line45-74	Introduction/Paragraph1
Patient Information	5a	De-identified patient specific information	Page3/Line79	Case presentation/Para1
	5b	Primary concerns and symptoms of the patient	Page3/Line79-81	Case presentation/Para1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page3/Line81-82	Case presentation/Para1
	5d	Relevant past interventions with outcomes	Page3/Line82-83	Case presentation/Para1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page3/Line82-87	Case presentation/Para1
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page4/Line140	Timeline
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page3/Line86-92	Case presentation/Para1
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page3/Line92-93	Case presentation/Para1
	8c	Diagnosis (including other diagnoses considered)	Page3/Line94-96	Case presentation/Para1
	8d	Prognosis (such as staging in oncology) where applicable	Page3/Line96-97	Case presentation/Para1
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page3/Line97-99	Case presentation/Para2
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page3/Line107-120	Case presentation/Para2
	9c	Changes in therapeutic intervention (with rationale)	Page3/Line106-107	Case presentation/Para2

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page3/Line121-122	Case presentation/Para2
	10b	Important follow-up diagnostic and other test results	Page4/Line129-137	Case presentation/Para2
	10c	Intervention adherence and tolerability (How was this assessed?)	Page4/Line142	Case presentation/Para2
	10d	Adverse and unanticipated events	Page4/Line142-143	Case presentation/Para2
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page8/Line299-300	Discussion//Paragraph1
	11b	Discussion of the relevant medical literature **with references**	Page8/300-Page9/366	Discussion//Paragraph1
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	P8/327-328,347-349,367-3	Discussion//Paragraph1-4
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page9/Line374-381	Discussion//Paragraph5
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☐	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.