

Normothermic ex vivo lung perfusion outperforms conventional cold preservation in a deceased rat lung

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Background: Utilization rate of donor lungs in China is constrained by the inefficiency of conventional cold preservation (COLD) in lung transplantation. We assessed the performance of normothermic ex vivo lung perfusion (EVLP) in lung donors following cardiac death (DCD) with fresh EVLP perfusate.

Methods: A total of 24 adult Sprague-Dawley (SD) rats were randomized into three groups (EVLP, COLD, and control groups) with 8 rats each. Fresh EVLP perfusate was prepared for lung perfusion. The pH, electrolyte concentration, perfusate penetration pressure during irrigation, physiological function, integrity of barrier function, pathological changes, and expressions of inflammation-related cytokines of donor lungs were examined.

Results: The pH, electrolyte concentration, osmotic pressure of the perfusate were kept stable for 4 hours after EVLP was administered. Pulmonary arterial pressure (PAP), pulmonary venous pressure (PVP), pulmonary venous oxygenation index (PaO₂/FiO₂), and end carbon dioxide partial pressure (PCO₂) in the EVLP group were all within acceptable limits. After 4 hours, the oxygenation index was significantly higher in the EVLP group compared with that of the COLD group (P=0.0032). The EVLP group had a decreased wet/dry weight ratio (P=0.0155) and Evans blue dye content (P=0.0075) compared to that of the COLD group. Pathological examination showed more obvious lung damage in the COLD group than in the EVLP group. However, there was no difference in protein expression of high mobility group box 1 (HMGB1) and toll-like receptor 4 (TLR4) between the EVLP group and the COLD group.

Conclusions: Fresh lung perfusate could be used for EVLP to protect and repair donor lungs. Normothermic EVLP performed better than conventional cold preservation. EVLP might be powerful for lung quality maintenance and may have potential for anti-inflammation.

Keywords: *Ex vivo* lung perfusion (EVLP); cold storage; lung transplantation; high mobility group box 1; toll-like receptor 4

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Introduction

Although lung donation from deceased donors continues to increase, successful lung donation following cardiac death (DCD) is still rare and accounted for less than 1% of all deceased donor lungs in 2005 (1). A recent study showed that, in China, donor lungs following cardiac death still had a low utilization rate due to the inefficiency of conventional cold preservation in lung transplantation (2). Moreover, marginal lungs were often wasted due to inappropriate management or preparation. Ex vivo lung perfusion (EVLP) is a promising technique to improve effect of marginal lungs preparation for transplantation (3). With normothermic EVLP, physiologic conditions of the donor lungs are well-maintained during perfusion (4). Previous studies, which were mainly performed in western countries, have shown that injured or normal donor lungs could sustain physiological functions after perfusion in the normothermic EVLP system (5,6).

The Steen solution is a commonly used perfusate for EVLP. It is a low potassium, dextran and albumincontaining solution which contains a similar ion concentration as extracellular fluid (7). The Steen solution can remove excess moisture from the lung interstitial and alveoli and can protect the integrity of the alveolar capillary membrane with physiological osmotic pressure (8-10). However, the cost and availability of the Steen solution limits the availability of the EVLP technique in China.

In our research, we prepared fresh lung perfusate which could meet the needs of EVLP and protect DCD lungs. Our study will provide a new evaluation of the novel EVLP technique for future potential clinical application across China. We present the following article in accordance with the ARRIVE reporting checklist (available at https://atm. amegroups.com/article/view/10.21037/atm-22-42/rc).

Methods

Animals

All Sprague-Dawley (SD) rats, male individuals >9 weeks, were purchased from the experimental animal center of Shanghai Jiao Tong University School of Medicine. Animals were intraperitoneally anesthetized with 10% chloral hydrate, shaved, and sterilized. We cut the skin along the anterior midline of the neck, separated the subcutaneous tissue muscle layer, tracheotomized the animals with

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a venous retention needle as the tracheal catheter, and connected the ventilator for ventilation. The ventilation parameters were as follows: air volume 5 mL/kg; positive end-expiratory pressure (PEEP) 2 cmH₂O; respiratory rate 60 times/min; FiO₂ 0.21; and tidal volume 7 mL·kg⁻¹. The rats were injected with heparin 600 U into the inferior vena cava. The abdominal cavity was opened. Donor rats were euthanized by exsanguination from the inferior vena cava and life support was stopped. A total of 24 adult SD rats with body weight of 350–450 grams were randomized into the following three groups:

- (I) The DCD + EVLP group (EVLP group): the lungs were kept *in situ* for 1 hour and then flushed with 15 mL of 4 °C extracellular electrolyte solution Perfadex (XVIVO Perfusion AB), followed by EVLP with the self-developed lung perfusion for 4 hours at 37 °C;
- (II) The DCD + COLD group (COLD group): the lungs were kept *in situ* for 1 hour and kept semi-inflated and preserved in cold (4 °C) storage for 3 hours, followed by EVLP with the self-developed lung perfusion for 1 hour at 37 °C;
- (III) The control group (control group): rats were shamoperated.

The experiment was approved by the ethics committee of Shanghai Chest Hospital (No. KS2058), in compliance with institutional guidelines for the care and use of animals. A protocol was prepared before the study without registration

Surgical procedure

We fixed the animals and cut the diaphragm and both sides of the chest wall along the "U type" of the inner chest artery. We turned the front chest wall upward to expose the mediastinum and chest cavity. The pulmonary artery and the root of the aorta were detached. The right ventricular surface was cut with a 2-mm incision, and the pulmonary artery perfusion tube was inserted, ligated, and fixed. The apex was cut, and the mitral valve was expanded with tweezers. Pulmonary artery perfusion (20 mL Perfadex + 3 µg alprostadil) was performed at a speed of 2 mL/min. The left atrial cannula was inserted into the left atrium from the left ventricle through the mitral valve, and the cannula was fixed. A volume of 3 mL of perfadex was used for retro-perfusion. The heart and lung were harvested and fixed. *Figure 1* shows the EVLP set-up and the self-designed



Figure 1 EVLP procedure and cannulas. (A) Schematic diagram of EVLP; (B) self-designed pulmonary artery cannula and pulmonary vein cannula. EVLP, ex vivo lung perfusion.

pulmonary artery and pulmonary vein cannulas.

Lung perfusate preparation

The lung perfusate applied in this study was prepared by us according to the Steen solution formula. First, dextran-20 (50 g) was heated and dissolved in distilled water. Second, separately from the first solution, distilled water was prepared with dissolved sodium chloride (8 g), potassium chloride (0.4 g), magnesium sulfate (0.098 g), disodium hydrogen phosphate anhydrous (0.046 g), potassium dihydrogen phosphate (0.063 g), calcium chloride (0.06 g) and glucose (0.9 g). These two solutions were mixed, albumin 50 g added and the volume was adjusted to 1,000 mL with distilled water. The combined liquid was filtered with a sterile filter and stored at 4 °C. Methylprednisolone (40 mg), cefazolin (100 mg), and sodium heparin (1,000 U) were added to the combined liquid solution per 100 mL volumes immediately before it was used.

EVLP protocol

The pipeline was filled with 60 mL of lung perfusion solution initially and subsequently supplemented with the solution at a speed of 10 mL/h. Continuous perfusion was maintained for 4 hours with the initial pulmonary artery flow (PAF) computed as: PAF = $20\% \times 6$ mL/min/g × predicted lung weight (PLW), where PLW = $0.0053 \times \text{body mass} - 0.48$ g.

The perfusion lasted for about half an hour, and PAF was

gradually increased to 100%. The perfusion temperature was maintained at 37 °C. The ventilation strategy in the EVLP bypass was as follows: air frequency 50 times/min; PEEP 2 cmH₂O; the initial tidal volume 5 and 7 mL/kg after 10 min.

Measurement

Lungs in the EVLP group were harvested and flushed with 4 °C perfusion liquid and immediately underwent EVLP (4 hours EVLP at 37 °C). Lung physiology was measured every hour during the reperfusion. The blood gas was withdrawn after 5 minutes of 100% O₂ ventilation. The physiological functional parameters including pulmonary artery pressure (PAP), pulmonary venous pressure (PVP), oxygenation index (PaO₂/FiO₂, the results of blood gas from the pulmonary vein), and peak airway pressure (PAWP) were measured at 1 hour intervals during the experiment.

The right lower lobe from each animal was weighed immediately after collection and then placed into a 60 °C oven to dry. After 72 hours, the tissue was weighed to determine the wet-to-dry lung weight ratio.

The Evans blue concentration was measured for the detection of vascular permeability. Evans blue 1 mL (1%) was perfused through the pulmonary artery, and rinsed with perfadex. Then, 100 mg of lung tissue was taken and cut into small pieces. Formamide (2 mL/100 mg) was added, and the tissue was put into the water bath (50 °C) for 24 hours. After that, the tissue was centrifuged, and the supernatant was collected. Evans blue dye was measured in a spectrophotometer at 620 nm.

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Time (hr)	рН	Na⁺ (mmol/L)	K ⁺ (mmol/L)	Cl⁻ (mmol/L)	Ca ²⁺ (mmol/L)	Osmotic pressure (mOsm/L)
1	6.86±0.28	146.25±4.98	4.76±0.17	113.13±4.12	0.62±0.03	292.89±8.28
2	6.87±0.34	151.75±5.39	4.55±0.28	114.50±3.78	0.65±0.04	303.68±8.48
3	6.79±0.21	151.88±3.31	4.75±0.33	109.88±4.29	0.61±0.05	294.26±7.20
4	6.72±0.20	148.88±4.22	4.63±0.32	112.50±4.09	0.63±0.05	296.55±9.46
F	0.558	2.776	1.030	1.969	1.646	2.614
Р	0.647	0.060	0.394	0.141	0.201	0.071

Table 1 Ion concentration and osmotic pressure of lung perfusates in each hour

Pathological analysis was performed on the left upper lung tissue. Lung sections were sliced from paraffin embedded lungs. Hematoxylin-eosin (H&E) staining was routinely performed.

Immunohistochemical staining of toll-like receptor 4 (TLR4) and high mobility group box 1 protein-1 (HMGB1) was performed on lung tissue. Consecutive slides were incubated with 3% hydrogen peroxide at room temperature for 10 minutes to block endogenous peroxidase after dewaxing and rehydrating. Then, the samples were incubated overnight at 4 °C with the anti-TLR4 antibody and the anti-HMGB1 antibody (Abcam, Cambridge, Massachusetts, USA).

After rewarming at room temperature for 45 min, the secondary antibody (Max-Vision[™] kit; MaxVision BioSciences, Washington, USA) that was marked with horseradish peroxidase-labeled polymer (HRP) was added and incubated at 37 °C for 30 minutes. 3,3'-diaminobenzidine was used to develop the color. Mayer's hematoxylin was used for counterstaining.

Western blot analysis was performed to detect the protein expression of TLR4 and HMGB1 in the lung tissue. The proteins were extracted using the Radio-Immunoprecipitation Assay (RIPA) buffer, and the protein concentration was determined using the Bicinchoninic Acid (BCA) method. Antibodies to TLR4 (Novus, Cjzu03-09, 1:1,000) and HMGB1 (Abcam, Gr3187607-5, 1:1,000) were used.

Statistical analysis

Statistical analysis was performed with GraphPad Prism 7 (GraphPad Software Inc., La Jolla, CA, USA). All data were expressed as mean ± SD or median (interquartile). The Mann-Whitney test was used to compare the physiological parameters, and a one-way analysis of variance (ANOVA) analysis was used for the comparison among groups. The Pearson correlation analysis was performed to identify the strength of relationships. A P value less than 0.05 was considered to be statistically significant.

Results

Changes of ion concentration and osmotic pressure of lung perfusates

The pH and main ion concentration were determined using a blood gas analyzer. See *Table 1* for details. There was no significant change in the fluid pH value, ion concentration, and osmotic pressure during the perfusion (P>0.05; n=8).

Lung functional assessment during 4 bours of EVLP

In the process of 4 hours of EVLP perfusion, the levels of PAP, PVP, oxygenation index, and PAWP in the EVLP group were all within acceptable limits. In the fourth hour, the oxygenation index remained at 340.37±31.16 mmHg (*Figure 2*).

Comparisons of lung physiology between the EVLP and the COLD groups

After 4 hours, the oxygenation index was significantly higher in the EVLP group compared with that of the COLD group (P=0.0032). However, the PAWP was significantly lower in the EVLP group compared with that of the COLD group (P=0.0233) (*Figure 3*).

Comparisons of wet/dry weight ratio and Evans blue dye content among the three groups

At the fourth hour, the wet/dry weight ratio in the EVLP



Figure 2 Lung functional assessment during 4 hours of EVLP perfusion. (A) Mean pulmonary artery pressure and pulmonary vein pressure; (B) oxygenation as represented by PaO₂/FiO₂; (C) peak airway pressure. PA, pulmonary artery; PV, pulmonary venous; PAWP, peak airway pressure; EVLP, ex vivo lung perfusion; PaO₂/FiO₂, the ratio of partial pressure of oxygen to fraction of inspired oxygen.



Figure 3 Comparisons of lung functional assessment between the EVLP and the COLD groups. (A) Oxygenation as represented by PaO₂/FiO₂; (B) peak airway pressure. EVLP, ex vivo lung perfusion; COLD, conventional cold preservation; PAWP, peak airway pressure; PaO₂/FiO₂, the ratio of partial pressure of oxygen to fraction of inspired oxygen.

and the COLD group was both significantly greater than that of the control group (COLD *vs.* control: P<0.0001, EVLP *vs.* control: P=0.0003). However, the EVLP group had a decreased wet/dry weight ratio compared to that of the COLD group (P=0.0155). Similarly, the Evans blue dye content was significantly lower in the EVLP group than in the COLD group (P=0.0075) (*Figure 4*).

Comparison of protein expression of TLR4 and HMGB1 among the three groups

The protein expressions of TLR4 and HMGB1 were both significantly upregulated in the EVLP and the COLD groups compared with those of the control group. However, TLR4 and HMGB1 expressions were not significantly different between the EVLP and the COLD groups. In addition, TLR4 expression level positively correlated with HMGB1 level (R^2 =0.5003; P=0.0001) (*Figure 5*).

Pathological and bistochemical changes

Pathological examination by H&E staining showed complete alveoli structure without alveolar disruption, hemorrhage, edema, and severe inflammatory cell infiltration in the control group. However, increased inflammatory cell infiltration, pulmonary interstitial edema, partial alveolar fusion, and wall collapse were noticed in the EVLP and COLD groups, which seen to a greater extent in the latter. Similarly, increased upregulated TLR4 and HMGB1 expression in the lung tissue was seen in the EVLP and COLD groups. Immunohistochemical staining showed that TLR4 was expressed in the cell membrane and HMGB1 was expressed in the alveoli (*Figure 6*).

Discussion

We established a rat model of EVLP with self-made

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Figure 4 Comparisons of wet/dry weight ratio and Evans blue dye content among the three groups. (A) Wet-to-dry weight ratio; (B) concentration of Evans blue dye. EVLP, ex vivo lung perfusion; COLD, conventional cold preservation.



Figure 5 Western-blot analysis and correlation of TLR4 and HMGB1 proteins. (A-C) TLR4 and HMGB1expression; (D) correlation between HMGB1 and TLR4. EVLP, ex vivo lung perfusion; COLD, conventional cold preservation; TLR4, toll-like receptor 4; HMGB1, high mobility group box 1.

cannulas, fresh perfusate, and a well-designed procedure. Our findings showed that normothermic EVLP for 4 hours outperformed conventional cold preservation in terms of physiological function, extent of lung edema, and integrity of barrier function, as shown by acceptable levels of PAP, PVP, oxygenation index, and PAWP, decreased wet/dry weight ratio, and Evans blue dye content. To confirm whether lung function was adequate for transplantation, we measured a combination of physiological parameters that addressed gas exchange (oxygenation index PaO_2/FiO_2 and PAWP) and pulmonary circulation (PAP and PVP). Based on previous reports, if the PaO_2/FiO_2 value was greater than 350 mmHg (of, in some studies, ranged from 300 to 400 mmHg), the lung was determined



Figure 6 Pathological and histochemical changes of the three groups. Expression of HMGB1 and TLR4 were displayed. EVLP, ex vivo lung perfusion; COLD, conventional cold preservation; TLR4, toll-like receptor 4; HMGB1, high mobility group box 1; HE, hematoxylin-eosin staining.

suitable for transplantation (8). We found that, following 4 hours of normothermic EVLP, the lung functional indexes of the isolated lung were satisfactory. The oxygenation index of the EVLP group remained at nearly 350 mmHg at the endpoint, indicating good lung vitality. Elevated PAP and PVP may result in cardiogenic pulmonary edema and an irreversible loss of alveolocapillary barrier integrity (9). In this study, the PAP and PVP remained at a tolerated low level at the end of 4 hours of EVLP.

Conventional cold preservation technology has a number of limitations, including tissue impairment caused by prolonged cold storage, inhibition of cellular metabolism, difficulty in assessing donor lung viability and function, and a limited opportunity for organ repair (10). In the current study, contrary to the EVLP group (1 hour warm ischemia and 4 hours EVLP), the PaO₂/FiO₂ value in the COLD group (1 hour warm ischemia, 3 hours cold ischemia, and 1 hour EVLP) was lower than 300 mmHg, implying that the lung physiological function was damaged. Furthermore, we found that the COLD group had a remarkably elevated wet/dry weight ratio, which indicated the extent of pulmonary edema. Similarly, vascular permeability detected by Evans blue dye leakage was significantly severe in the COLD group compared with the EVLP group. Although we gave 1 hour of EVLP to the COLD group, it did not show significant improvements. Arpad Hasenauer *et al.*'s research suggested that EVLP did not improve lung dysfunction and histological damage when applied on cold ischemic lungs, whereas it improved graft function and reduced lung injury when applied on warm ischemic lungs (11). This is consistent with our observations. All the above results showed that early initiation of EVLP rather than cold preservation might protect and repair donor lung.

The protective effect of normothermic EVLP technology on donor lungs may be related to the following factors. First, normothermic EVLP maintains the basic physiological function for lung metabolism with similar complexity and preparation time as COLD group. Second, the high concentration of albumin in our perfusates is beneficial to reduce pulmonary edema. However, there was still some damage due to the prolonged perfusion time. The PAP slightly increased during the 4 hours of perfusion compared to the control group. In this study, we defined an optimum period of EVLP as 4 hours according to the clinical study of the Toronto group (4). With the development of the EVLP technique, an extended (12 hours) EVLP at normothermia may be feasible (5). Last but not least, our fresh perfusate is a kind of low potassium solution which was made of Dextran, electrocyte, and albumin according to the Steen solution formulation (12). The main electrolyte concentrations were as follows: Na⁺ 145 mmol/L; K⁺ 4.5 mmol/L; Ca²⁺ 0.61 mmol/L; Cl⁻ 113 mmol/L; Osmotic pressure 294 mOsm/L; 50 g/mL of Dextran; and 5% of albumin (5). In addition, we prevented bacteria from entering our perfusate by means of a 0.22-µm bacterial filter for the sterilization of Dextran and albumin (13).

HMGB1 is released from multiple cells such as alveolar macrophages, lymphocytes, some epithelial cells, and necrotic cells (14). HMGB1/TLR4 is an important inflammation-related signaling pathway involved in the pathogenesis of ischemia-reperfusion injury (15,16). HMGB1 interacts with its PRRs (RAGE, TLR2, and TLR4) to upregulate expression of pro-inflammatory cytokines (17). HMGB1 levels in human lungs post-EVLP were associated with the development of primary graft dysfunction (PGD) and were accompanied with increasing mortality (18). The extent of PGD should be evaluated in the first hours following clinical lung transplantation (LTx), by measuring biomarker HMGB1 level to assess early inflammatory. On the other hand, LTx is associated with sterile inflammation for release of damage associated with molecular patterns (DAMPs) by injured allograft cells (17). DAMPs target receptors, such as toll-like receptors and NOD-like receptors, activate the nuclear factor kappa B and

the inflammasome, release of inflammatory mediators, and increase recruitment of inflammatory cells, which eventually promote graft damage and PGD (17). One of the indicators of DAMPs is a high level of HMGB1 in transplanted warm ischemic lungs, which is consistent with the role of HMGB1 as a direct inducer of lung sterile inflammation (17). Feature study is needed to estimate which gene-set were changed with RNA-seq of EVLP rat lung (19).

In our study, pathological examination confirmed variant lung injury in isolated lungs. Severe damage could be seen in the COLD group. Meanwhile, the expressions of HMGB1 and TLR4 in the EVLP and COLD groups were both higher than in the control group. However, there was no significant difference in TLR4 or HMGB1 between the EVLP and COLD groups. In other words, EVLP had no significant advantage over COLD groups for reducing the expression of inflammatory factors. Previous studies have shown that the role of EVLP is mainly to remove circulating white blood cells, thereby reducing the pool of leukocytes from the donor lungs (20,21). Anti-inflammatory therapies have been established to improve the outcome of lung transplantation. In animal models of EVLP, adenosine agonist was added into the perfusate to reduce lung edema and enhance gas exchange (22,23). Research has also shown that treatment of injured human donor lungs with the anti-inflammatory cytokine IL-10 can improve lung function (24). However, EVLP technology provides a platform for anti-inflammatory treatment, and it is valuable for lung quality maintenance and lung repair (25).

Conclusions

The EVLP technique is valuable for lung quality maintenance and lung repair during perfusion, and it provides a potential platform for anti-inflammatory treatment. Our study showed that EVLP for DCD rat lungs with our fresh lung perfusates achieved superior protection than conventional cold preservation on physiological function, integrity of barrier function, and pathological changes.

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Footnote

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at https://atm. amegroups.com/article/view/10.21037/atm-22-42/coif). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The experiment was approved by the ethics committee of Shanghai Chest Hospital (No. KS2058), in compliance with institutional guidelines for the care and use of animals.

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