CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page1/Line3-4	Title/Paragraph1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page2/Line42-43	Key Words/paragraph1
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page1/Line19-23	Abstract/paragraph1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page1-2/Line24-37	Abstract/paragraph1
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page2/Line28-31	Abstract/paragraph1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page2/Line47-60	Introduction/Paragraph 1-2
Patient Information	5a	De-identified patient specific information	Page2-3/Line66-67	Case presentation/Paragraph3
	5b	Primary concerns and symptoms of the patient	Page3/Line67-72	Case presentation/Paragraph3
	5c	Medical, family, and psycho-social history including relevant genetic information	Page3/Line81-82	Case presentation/Paragraph3
	5d	Relevant past interventions with outcomes	Page3/Line72-79	Case presentation/Paragraph4
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page3/Line79-87	Case presentation/Paragraph3
Timeline	7	Historical and current information from this episode of care organized as a timeline	page5and10/line136,273	Case presentation/paragraph
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page4/Line 100-116	Case presentation/Paragraph6-7
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page5/Line145-147.	Discussion/Paragraph9
	8c	Diagnosis (including other diagnoses considered)	Page4/Line 119-120	Case presentation/Paragraph8
	8d	Prognosis (such as staging in oncology) where applicable	Page4/Line129-132	Case presentation/Paragraph8
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page4/Line 120-122	Case presentation/Paragraph8
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page4/Line120-122	Case presentation/Paragraph8
	9c	Changes in therapeutic intervention (with rationale)	Page4/Line122-128	Case presentation/Paragraph8

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page4/Line129-130	Case presentation/Paragraph8
	10b	Important follow-up diagnostic and other test results	Page4/Line130-132	Case presentation/Paragraph8
	10c	Intervention adherence and tolerability (How was this assessed?)	Page4/Line132	Case presentation/Paragraph8
	10d	Adverse and unanticipated events	Page4-5/Line132-134	Case presentation/Para
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page6-7/Line189-201	Discussion/Para15
	11b	Discussion of the relevant medical literature **with references**	Page5/Line139-154	Discussion/Para10-11
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page5-6/Line155-180	Discussion/Para12-13
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page6/Line181-188	Discussion/Para14
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.