CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/Line 1-2	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/Line 41-42	Abstract/Key words
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page1/Line 16-22	Abstract/Paragraph1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 1-2/Line 23-36	Abstract/Paragraph2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2/Line 37-39	Abstract/Paragraph3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 2-3/Line 44-78	Introduction/Paragraph1-3
Patient Information	5a	De-identified patient specific information	Page3/Line 83	Case
	5b	Primary concerns and symptoms of the patient	Page 3/Line 83-86	Case
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 3/Line 84-87	Case
	5d	Relevant past interventions with outcomes	Page3/Line86-89	Case
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 3/Line 83-84	Case
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 3/Line 83-86	Case
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4/Line 106-108	Case
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 3-4/Line 90-92	Case
	8c	Diagnosis (including other diagnoses considered)	Page 3/Line 90-92	Case
	8d	Prognosis (such as staging in oncology) where applicable	Page 4/Line 108-121	Case
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4-5/Line 98-126	Case
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 4-5/Line 110	Case
	9c	Changes in therapeutic intervention (with rationale)	Page 4-5/Line 106-126	Case

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 4/Line 112-113	Case
	10b	Important follow-up diagnostic and other test results	Page 4/Line 101-105	Case
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 5/Line 125-126	Case
	10d	Adverse and unanticipated events	Page 5/Line 125-126	Case
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 5/Line 132-140	Discussion/Paragraph1
	11b	Discussion of the relevant medical literature **with references**	Page 5-6/Line141-167	Discussion/Paragraph2-3
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 6-7/Line 168-186	Discussion/Paragraph4-5
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page 6-7/Line 168-186	Discussion/Paragraph4-5
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	NA
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ●	**No** ○

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.