Date:	2022/3/4	
outcomes among controlled trials	adults with asthma— and longitudinal stud	ng-term regular physical activity improve quality of life and health –evidence from a Bayesian meta-analysis incorporating randomized ies
related to the cont parties whose inte	tent of your manuscript. rests may be affected by	to disclose all relationships/activities/interests listed below that are "Related" means any relation with for-profit or not-for-profit third the content of the manuscript. Disclosure represents a commitment ndicate a bias. If you are in doubt about whether to list a

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current manuscript only</u>.

relationship/activity/interest, it is preferable that you do so.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

		Name all entities with whom you have this relationship or indicate none (add rows as needed)  Time frame: Since the initial	Specifications/Comments (e.g., if payments were made to you or to your institution)  planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.)  No time limit for this item.	XNone	
		Time frame: past	36 months
2	Grants or contracts from any entity (if not indicated in item #1 above).	XNone	
3	Royalties or licenses	XNone	
4	Consulting fees	XNone	

5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events  Payment for expert testimony	XNone	
7	Support for attending meetings and/or travel	XNone	
8	Patents planned, issued or pending	XNone	
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone	
11	Stock or stock options	XNone	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	XNone	
13	Other financial or non- financial interests	XNone	
Plea	se summarize the above co	nflict of interest in the	following box:

None			

Date:	2022/3/4	
Your Name:	Hui Huang	
Manuscript Title:	Exploration Can lor	ng-term regular physical activity improve quality of life and health
controlled trials	adults with asthma— and longitudinal stud er (if known):	
In the interest of t		
related to the cont parties whose inte	ent of your manuscript. rests may be affected by	to disclose all relationships/activities/interests listed below that are "Related" means any relation with for-profit or not-for-profit third the content of the manuscript. Disclosure represents a commitment adicate a bias. If you are in doubt about whether to list a

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11	Stock or stock options	XNone	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	XNone	
13	Other financial or non- financial interests	XNone	
Plea	se summarize the above co	nflict of interest in the	following box:

None			

Date	:2022/3/4			
Your	Name: Rui Zł	neng		
Man	uscript Title: Explorati	on Can long-term regul	lar physical activity improve quality of life and hea	lth
outc	omes among adults with	n asthma—evidence fro	m a Bayesian meta-analysis incorporating randomi	ized
cont	rolled trials and longitu	dinal studies		
Man	uscript number (if known):			
In the	e interest of transparency,	we ask you to disclose all	relationships/activities/interests listed below that are	
relat	ed to the content of your r	nanuscript. "Related" mea	ans any relation with for-profit or not-for-profit third	
parti	es whose interests may be	affected by the content o	f the manuscript. Disclosure represents a commitment	
to tra	ansparency and does not n	ecessarily indicate a bias.	If you are in doubt about whether to list a	
relati	ionship/activity/interest, i	t is preferable that you do	so.	
		o the author's relationship	ps/activities/interests as they relate to the <u>current</u>	
manı	uscript only.			
<b>T</b> l		.:.:	defined has alle. For example, if you are according a contain	_
			defined broadly. For example, if your manuscript pertains	5
		· ·	all relationships with manufacturers of antihypertensive	
meai	cation, even if that medica	ition is not mentioned in t	ne manuscript.	
	#1 halaw yanashallawa	want fan tha wank namanta	d in this manuscript with a street limit. For all athor its m	
	· · · · · · · · · · · · · · · · · · ·		d in this manuscript without time limit. For all other item	ıs,
tne t	ime frame for disclosure is	tne past 36 months.		
		Name all entities with	Specifications/Comments	
		whom you have this	(e.g., if payments were made to you or to your	
		relationship or indicate	institution)	
		none (add rows as		
		needed)		
		Time frame: Since the initia	al planning of the work	
	All support for the present	XNone		
	manuscript (e.g., funding,			
	provision of study materials,			
	medical writing, article processing charges, etc.)			
	No time limit for this item.			
	ito time illint for tims item.			
		Time frame: pas	t 36 months	
2	Grants or contracts from	X None		
	any entity (if not indicated			

in item #1 above).

Royalties or licenses

Consulting fees

\_X\_\_None

\_X\_\_None

3

5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events  Payment for expert testimony	XNone	
7	Support for attending meetings and/or travel	XNone	
8	Patents planned, issued or pending	XNone	
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone	
11	Stock or stock options	XNone	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	XNone	
13	Other financial or non- financial interests	XNone	
Plea	se summarize the above co	nflict of interest in the	following box:

None			

Date	e:2022/3/4		
You	r Name: Ningji	e Zhang	
Mar	nuscript Title: Explorati	on Can long-term regul	ar physical activity improve quality of life and health
			m a Bayesian meta-analysis incorporating randomize
con	trolled trials and longitu	dinal studies	· · · ·
	nuscript number (if known):		
rela part to ti rela	ted to the content of your n ties whose interests may be ransparency and does not no tionship/activity/interest, it	nanuscript. "Related" mea affected by the content o ecessarily indicate a bias. t is preferable that you do	relationships/activities/interests listed below that are ins any relation with for-profit or not-for-profit third if the manuscript. Disclosure represents a commitment If you are in doubt about whether to list a so.
	nuscript only.	aa	<u> </u>
to ti med In it	he epidemiology of hyperted dication, even if that medica	nsion, you should declare ition is not mentioned in to port for the work reported	defined broadly. For example, if your manuscript pertains all relationships with manufacturers of antihypertensive he manuscript.  I in this manuscript without time limit. For all other items,
		and past so monais.	
		Name all entities with	Specifications/Comments
		whom you have this	(e.g., if payments were made to you or to your
		relationship or indicate none (add rows as	institution)
		needed)	
		Time frame: Since the initia	l planning of the work
1	All support for the present	X None	
-	manuscript (e.g., funding,		
	provision of study materials,		
	medical writing, article		
	processing charges, etc.)		
	No time limit for this item.		

Time frame: past 36 months

X\_\_None

\_X\_\_None

\_X\_\_None

Grants or contracts from

in item #1 above).

Consulting fees

Royalties or licenses

3

any entity (if not indicated

5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events  Payment for expert testimony	XNone	
7	Support for attending meetings and/or travel	XNone	
8	Patents planned, issued or pending	XNone	
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone	
11	Stock or stock options	XNone	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	XNone	
13	Other financial or non- financial interests	XNone	
Plea	se summarize the above co	nflict of interest in the	following box:

None			

Date:	2022/3/4	
Your Name:	Wei Dai	
•	adults with astl	an long-term regular physical activity improve quality of life and health ma—evidence from a Bayesian meta-analysis incorporating randomized studies
Manuscript number	r (if known):	
In the interest of tra	ansparency, we a	sk you to disclose all relationships/activities/interests listed below that are

related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

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3	Royalties or licenses	XNone	
4	Consulting fees	XNone	

5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events  Payment for expert testimony	XNone	
7	Support for attending meetings and/or travel	XNone	
8	Patents planned, issued or pending	XNone	
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone	
11	Stock or stock options	XNone	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	XNone	
13	Other financial or non- financial interests	XNone	
Plea	se summarize the above co	nflict of interest in the	following box:

None			

Date:	2022/3/4	
Manuscript Titl	e: Exploration Can long-	term regular physical activity improve quality of life and health
	ong adults with asthma—ev als and longitudinal studies	vidence from a Bayesian meta-analysis incorporating randomized
Manuscript nur	mber (if known):	
related to the c parties whose i	content of your manuscript. "R interests may be affected by th	disclose all relationships/activities/interests listed below that are elated" means any relation with for-profit or not-for-profit third se content of the manuscript. Disclosure represents a commitment cate a bias. If you are in doubt about whether to list a

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4	Consulting fees	XNone	

5	Payment or honoraria for	XNone	
	lectures, presentations,		
	speakers bureaus,		
	manuscript writing or		
	educational events		
6	Payment for expert	X None	
0	•	XNone	
	testimony		
7	Support for attending	XNone	
	meetings and/or travel		
8	Patents planned, issued or	XNone	
	pending		
9	Participation on a Data	X None	
9	Safety Monitoring Board or	XNOTIE	
	Advisory Board		
	Leadership or fiduciary role in other board, society,	XNone	
	committee or advocacy		
	group, paid or unpaid		
11	Stock or stock options	X None	
11	Stock of Stock options	XNone	
12	Receipt of equipment,	XNone	
	materials, drugs, medical		
	writing, gifts or other		
	services		
13	Other financial or non-	X None	
	financial interests		
	maneral interests		
-		CI . C	C 11 · 1

Please summarize the above conflict of interest in the following box:

None			

Please place an "X" next to the following statement to indicate your agreement:

Date:	2022/3/4	
Your Name:	Yuanrong Dai	
outcomes among	<del></del>	ng-term regular physical activity improve quality of life and health –evidence from a Bayesian meta-analysis incorporating randomized lies
Manuscript numbe	r (if known):	
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5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events  Payment for expert	XNone	
	testimony		
7	Support for attending meetings and/or travel	XNone	
8	Patents planned, issued or pending	XNone	
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	X_None	
11	Stock or stock options	XNone	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	XNone	
13	Other financial or non- financial interests	XNone	
Plea	se summarize the above co	nflict of interest in the	following box:

None			