CARE
case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	page1/Line3-4	Title/Paragraph1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	page2/Line19-20	keywords/Paragraph1
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	page1/Line25-31	abstract/Paragraph1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	page1/Line32-34, Page 2/line1-13	abstract/Paragraph2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	page2/Line14-17	abstract/Paragraph3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page3/line 2-11	Introduction/Paragraph 1
Patient Information	5a	De-identified patient specific information	page3/line10-17,page4/line 15-20	case presentation/paragh1/3
	5b	Primary concerns and symptoms of the patient	page3/line10-17,page4/line 15-20	case presentation/paragh1/3
	5c	Medical, family, and psycho-social history including relevant genetic information	page3/line10-17,page4/line 15-20	case presentation/paragh1/3
	5d	Relevant past interventions with outcomes	Page4/line21-27	case presentation/paragh 4
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	page3/line21-24, page4/line29-30	case presentation/paragh2/4
Timeline	7	Historical and current information from this episode of care organized as a timeline	page11/line6-13,page12/line8-13	Figure2/4
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	page3/line21-24, page4/line21-28	case presentation/paragh2/4
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	page3/line21-24, page4/line29-30	case presentation/paragh2/4
	8c	Diagnosis (including other diagnoses considered)	page3/line21-24, page4/line29-30	case presentation/paragh2/4
	8d	Prognosis (such as staging in oncology) where applicable	page4/line9-12,page5/line3	case presentation/paragh2/5
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	line1-4,page4/line31-3,page5/line1-8	case presentation/paragh2/4
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	page3/line24-25,page4/line29	case presentation/paragh2/4
	9c	Changes in therapeutic intervention (with rationale)	page4/line4-6,page5/line9-10	case presentation/paragh2/5

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	page4/line9-11,page5/line11-12	case presentation/paragh2/5
	10b	Important follow-up diagnostic and other test results	page4/line9-11,page5/line11-12	case presentation/paragh2/5
	10c	Intervention adherence and tolerability (How was this assessed?)	page4/line9-11,page5/line11-12	case presentation/paragh2/5
	10d	Adverse and unanticipated events	page4/line9-1,page5/line8	case presentation/paragh2/5
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	page6/6-34,page7/line1-34,page8/line1-8	discussion/paragh1-5
	11b	Discussion of the relevant medical literature **with references**	page5/line17-34,page6/line1-6	literature review/paragh1
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	case presentation/paragh2/5	case presentation/paragh2/5
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	page8/line14-20	conclusions/paragh1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.