Consolidated criteria for reporting qualitative studies (COREQ): 32-item checklist

| No | Item | Guide questions/description | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------|--|---|---|----------------------------------|
| Doma | in 1: Research team and reflexi | ivity | | |
| Persor | nal Characteristics | | | |
| 1 | Interviewer/facilitator | Which author/s conducted the interview or focus group? Interviews only ASB, PG, KTB | | |
| 2 | Credentials | What were the researcher's credentials? e.g. PhD, MD ASB (MD), PG (PhD), KTB (BSc) | | |
| 3 | Occupation | What was their occupation at the time of the study? Family Physician; Research Staff | | |
| 4 | Gender | Was the researcher male or female? Main facilitators are Female | | |
| 5 | Experience and training | What experience or training did the researcher have? | | |
| Relatio | onship with participants | | | |
| 6 | Relationship established | Was a relationship established prior to study commencement? | | |
| 7 | Participant knowledge of the interviewer | What did the participants know about the researcher? e.g. personal goals, reasons for doing the research | | |
| 8 | Interviewer characteristics | What characteristics were reported about the interviewer/facilitator? e.g. <i>Bias, assumptions, reasons and interests in the research topic</i> ASB is a physician who treats and studies childhood obesity | | |
| Doma | in 2: study design | | | |
| Theore | etical framework | | | |
| 9 | Methodological orientation and Theory | What methodological orientation was stated to underpin the study? e.g. grounded theory, discourse analysis, ethnography, phenomenology, content analysis discourse analysis, ethnography, phenomenology, content analysis | | |
| Partici | pant selection | | | |
| 10 | Sampling | How were participants selected? e.g. purposive, convenience, consecutive, snowball | | |
| 11 | Method of approach | How were participants approached? e.g. face-to-face, telephone, mail, email | | |
| 12 | Sample size | How many participants were in the study? | | |
| 13 | Non-participation | How many people refused to participate or dropped out? Reasons? n=0 dropped out | | |

| Setting |] | | | |
|---------|--------------------------------|--|--|--|
| 14 | Setting of data collection | Where was the data collected? e.g. home, clinic, workplace Via | Zoom and Qualtrics | |
| 15 | Presence of non-participants | Was anyone else present besides the participants and researchers? | | |
| 16 | Description of sample | What are the important characteristics of the sample? e.g. demographic d | | |
| Data c | ollection | | L | |
| 17 | Interview guide | Were questions, prompts, guides provided by the authors? Was it pilot tes | sted? No pilot | |
| 18 | Repeat interviews | Were repeat interviews carried out? If yes, how many? | No repeats | |
| 19 | Audio/visual recording | Did the research use audio or visual recording to collect the data? Audio and visual recordings | | |
| 20 | Field notes | Were field notes made during and/or after the interview or focus group? | No notes | |
| 21 | Duration | What was the duration of the interviews or focus group? | One hour | |
| 22 | Data saturation | Was data saturation discussed? | Yes | |
| 23 | Transcripts returned | Were transcripts returned to participants for comment and/or correction? | No | |
| Doma | in 3: analysis and findingsz | | | |
| Data a | nalysis | | | |
| 24 | Number of data coders | How many data coders coded the data? | Two (PG, KTB) | |
| 25 | Description of the coding tree | Did authors provide a description of the coding tree? | No, inductive themes presented only | |
| 26 | Derivation of themes | Were themes identified in advance or derived from the data? | Inductively | |
| 27 | Software | What software, if applicable, was used to manage the data? | Dedoose | |
| 28 | Participant checking | Did participants provide feedback on the findings? | No | |
| Report | ing | | | |
| 29 | Quotations presented | Were participant quotations presented to illustrate the themes/findings? Were.g. <i>participant number</i> | /as each quotation identified? ID numbers presented | |
| 30 | Data and findings consistent | Was there consistency between the data presented and the findings? | | |
| 31 | Clarity of major themes | Were major themes clearly presented in the findings? | | |
| 32 | Clarity of minor themes | Is there a description of diverse cases or discussion of minor themes? | | |

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