**Date:** 8/10/2023

Your Name: Courtney Monroe

Manuscript Title: A Focus Group Study Among Insufficiently Physically Active African American Adults Regarding

Technology-delivered Team-based Gamification for Physical Activity Promotion

Manuscript number (if known): mHealth-23-44

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current</u> <u>manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

		Name all entities with whom you have this relationship or indicate none (add rows as needed)	Specifications/Comments (e.g., if payments were made to you or to your institution)
		Time frame: Since the initial	planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.)  No time limit for this item.	Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases; DK020593)	Funding for this research project from NIDDK to Vanderbilt University which was then awarded competitively to the institution (University of South Carolina)
		Time frame: past	36 months
2	Grants or contracts from any entity (if not indicated in item #1 above).	XNone	
3	Royalties or licenses	_XNone	

4	Consulting fees	XNone	
5	Payment or honoraria for	XNone	
	lectures, presentations,		
	speakers bureaus,		
	manuscript writing or		
	educational events		
6	Payment for expert	XNone	
	testimony		
-	C		
7	Support for attending meetings and/or travel	University of South Carolina	Payment made to me as reimbursement
8	Patents planned, issued or	XNone	
	pending		
9	Participation on a Data	XNone	
	Safety Monitoring Board or		
	Advisory Board		
10	Leadership or fiduciary role	X_None	
	in other board, society,		
	committee or advocacy group, paid or unpaid		
11	Stock or stock options	X None	
	·		
12	Receipt of equipment,	XNone	
	materials, drugs, medical		
	writing, gifts or other		
	services		
13	Other financial or non-	_XNone	
	financial interests		

This project was supported by the Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases [DK020593]). Dr. Monroe received travel costs in 2022 from the University of South Carolina to present a portion of this work via a poster at the Society of Behavioral Medicine's 2022 Annual Meeting.

Please place an "X" next to the following statement to indicate your agreement:

**Date:** 8/10/2023

Your Name: Kristen Zosel

Manuscript Title: A Focus Group Study Among Insufficiently Physically Active African American Adults Regarding

Technology-delivered Team-based Gamification for Physical Activity Promotion

Manuscript number (if known): mHealth-23-44

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current</u> <u>manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

		Name all entities with whom you have this relationship or indicate none (add rows as	Specifications/Comments (e.g., if payments were made to you or to your institution)
		needed) Time frame: Since the initial	planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.)  No time limit for this item.	Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases; DK020593)  Time frame: past	Funding for this research project from NIDDK to Vanderbilt University which was then awarded competitively to the institution (University of South Carolina)
2	Grants or contracts from any entity (if not indicated in item #1 above).	XNone	
3	Royalties or licenses	_XNone	
4	Consulting fees	XNone	

5	Payment or honoraria for	XNone
	lectures, presentations, speakers bureaus,	
	manuscript writing or educational events	
6	Payment for expert testimony	XNone
7	Support for attending meetings and/or travel	XNone
8	Patents planned, issued or pending	XNone
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone
11	Stock or stock options	XNone
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	X_None
13	Other financial or non- financial interests	_XNone

This project was supported by the Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases [DK020593]).

Please place an "X" next to the following statement to indicate your agreement:

**Date:** 7/29/2023

Your Name: Melissa Stansbury

Manuscript Title: A Focus Group Study Among Insufficiently Physically Active African American Adults Regarding

Technology-delivered Team-based Gamification for Physical Activity Promotion

Manuscript number (if known): mHealth-23-44

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

		Name all entities with whom you have this relationship or indicate none (add rows as	Specifications/Comments (e.g., if payments were made to you or to your institution)
		needed) Time frame: Since the initial	planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.)  No time limit for this item.	Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases; DK020593)  Time frame: past	Funding for this research project from NIDDK to Vanderbilt University which was then awarded competitively to the institution (University of South Carolina)
2	Grants or contracts from any entity (if not indicated in item #1 above).	XNone	
3	Royalties or licenses	_XNone	
4	Consulting fees	XNone	

5	Payment or honoraria for	XNone
	lectures, presentations, speakers bureaus,	
	manuscript writing or educational events	
6	Payment for expert testimony	XNone
7	Support for attending meetings and/or travel	XNone
8	Patents planned, issued or pending	XNone
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone
11	Stock or stock options	XNone
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	X_None
13	Other financial or non- financial interests	_XNone

This project was supported by the Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases [DK020593]).

Please place an "X" next to the following statement to indicate your agreement:

**Date:** 7/30/2023

Your Name: Nicholas Younginer

Manuscript Title: A Focus Group Study Among Insufficiently Physically Active African American Adults Regarding

Technology-delivered Team-based Gamification for Physical Activity Promotion

Manuscript number (if known): mHealth-23-44

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current</u> <u>manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

		Name all entities with whom you have this relationship or indicate none (add rows as	Specifications/Comments (e.g., if payments were made to you or to your institution)
		needed) Time frame: Since the initial	planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.)  No time limit for this item.	Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases; DK020593)  Time frame: past	Funding for this research project from NIDDK to Vanderbilt University which was then awarded competitively to the institution (University of South Carolina)
2	Grants or contracts from any entity (if not indicated in item #1 above).	XNone	
3	Royalties or licenses	_XNone	
4	Consulting fees	XNone	

5	Payment or honoraria for	XNone
	lectures, presentations, speakers bureaus,	
	manuscript writing or educational events	
6	Payment for expert testimony	XNone
7	Support for attending meetings and/or travel	XNone
8	Patents planned, issued or pending	XNone
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone
11	Stock or stock options	XNone
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	X_None
13	Other financial or non- financial interests	_XNone

This project was supported by the Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases [DK020593]).

Please place an "X" next to the following statement to indicate your agreement:

**Date:** 7/30/2023

Your Name: Rachel Davis

Manuscript Title: A Focus Group Study Among Insufficiently Physically Active African American Adults Regarding

Technology-delivered Team-based Gamification for Physical Activity Promotion

Manuscript number (if known): mHealth-23-44

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current</u> <u>manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

		Name all entities with whom you have this relationship or indicate none (add rows as	Specifications/Comments (e.g., if payments were made to you or to your institution)
		needed) Time frame: Since the initial	planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.)  No time limit for this item.	Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases; DK020593)  Time frame: past	Funding for this research project from NIDDK to Vanderbilt University which was then awarded competitively to the institution (University of South Carolina)
2	Grants or contracts from any entity (if not indicated in item #1 above).	XNone	
3	Royalties or licenses	_XNone	
4	Consulting fees	XNone	

5	Payment or honoraria for	XNone
	lectures, presentations, speakers bureaus,	
	manuscript writing or educational events	
6	Payment for expert testimony	XNone
7	Support for attending meetings and/or travel	XNone
8	Patents planned, issued or pending	XNone
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone
11	Stock or stock options	XNone
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	X_None
13	Other financial or non- financial interests	_XNone

This project was supported by the Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases [DK020593]).

Please place an "X" next to the following statement to indicate your agreement:

**Date:** 7/31/2023

Your Name: Gareth R. Dutton

Manuscript Title: A Focus Group Study Among Insufficiently Physically Active African American Adults Regarding

Technology-delivered Team-based Gamification for Physical Activity Promotion

Manuscript number (if known): mHealth-23-44

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current</u> <u>manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

		Name all entities with whom you have this relationship or indicate none (add rows as	Specifications/Comments (e.g., if payments were made to you or to your institution)
		needed) Time frame: Since the initial	planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.)  No time limit for this item.	Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases; DK020593)  Time frame: past	Funding for this research project from NIDDK to Vanderbilt University which was then awarded competitively to the institution (University of South Carolina)
2	Grants or contracts from any entity (if not indicated in item #1 above).	XNone	
3	Royalties or licenses	_XNone	
4	Consulting fees	XNone	

5	Payment or honoraria for	XNone
	lectures, presentations, speakers bureaus,	
	manuscript writing or educational events	
6	Payment for expert testimony	XNone
7	Support for attending meetings and/or travel	XNone
8	Patents planned, issued or pending	XNone
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone
11	Stock or stock options	XNone
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	X_None
13	Other financial or non- financial interests	_XNone

This project was supported by the Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases [DK020593]).

Please place an "X" next to the following statement to indicate your agreement:

Date: 7/31/2023

Your Name: Robert L. Newton Jr.

Manuscript Title: A Focus Group Study Among Insufficiently Physically Active African American Adults Regarding

Technology-delivered Team-based Gamification for Physical Activity Promotion

Manuscript number (if known): mHealth-23-44

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current</u> <u>manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

		Name all entities with whom you have this relationship or indicate none (add rows as needed)	Specifications/Comments (e.g., if payments were made to you or to your institution)
		Time frame: Since the initial	planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.)  No time limit for this item.	Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases; DK020593)	Funding for this research project from NIDDK to Vanderbilt University which was then awarded competitively to the institution (University of South Carolina)
	Time frame: past 36 months		
2	Grants or contracts from any entity (if not indicated in item #1 above).	NIH grant (R42MD014947) Klein Buendel	Funding for a project designed to develop a mobile phone app for African American men in conjunction with Klein Buendel (a marketing and technology company)
3	Royalties or licenses	_XNone	

4	Consulting fees	XNone	
5	Payment or honoraria for lectures, presentations,	XNone	
	speakers bureaus, manuscript writing or educational events		
6	Payment for expert testimony	X_None	
7	Support for attending meetings and/or travel	XNone	
8	Patents planned, issued or pending	XNone	
9	Participation on a Data Safety Monitoring Board or Advisory Board	XNone	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone	
11	Stock or stock options	XNone	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	XNone	
13	Other financial or non- financial interests	_XNone	

This project was supported by the Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases [DK020593]). I am also working with Klein Buendel, a marketing and technology company, to develop a smartphone app to increase physical activity in African American men which is being supported by an NIH grant (R42MD014947); this grant did not provide support for the work reported in this manuscript.

Please place an "X" next to the following statement to indicate your agreement:

Date: 7/29/2023 Your Name: Bo Cai

Manuscript Title: A Focus Group Study Among Insufficiently Physically Active African American Adults Regarding

Technology-delivered Team-based Gamification for Physical Activity Promotion

Manuscript number (if known): mHealth-23-44

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current</u> <u>manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

		Name all entities with whom you have this relationship or indicate none (add rows as	Specifications/Comments (e.g., if payments were made to you or to your institution)
		needed) Time frame: Since the initial	planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.)  No time limit for this item.	Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases; DK020593)  Time frame: past	Funding for this research project from NIDDK to Vanderbilt University which was then awarded competitively to the institution (University of South Carolina)
2	Grants or contracts from any entity (if not indicated in item #1 above).	XNone	
3	Royalties or licenses	_XNone	
4	Consulting fees	XNone	

5	Payment or honoraria for	XNone
	lectures, presentations, speakers bureaus, manuscript writing or educational events	
6	Payment for expert testimony	XNone
7	Support for attending meetings and/or travel	XNone
8	Patents planned, issued or pending	XNone
9	Participation on a Data Safety Monitoring Board or Advisory Board	X_None
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone
11	Stock or stock options	XNone
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	XNone
13	Other financial or non- financial interests	_XNone

This project was supported by the Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases [DK020593]).

Please place an "X" next to the following statement to indicate your agreement:

**Date:** 8/4/2023

Your Name: Delia West

Manuscript Title: A Focus Group Study Among Insufficiently Physically Active African American Adults Regarding

Technology-delivered Team-based Gamification for Physical Activity Promotion

Manuscript number (if known): mHealth-23-44

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

		Name all entities with whom you have this relationship or indicate none (add rows as needed)  Time frame: Since the initial	Specifications/Comments (e.g., if payments were made to you or to your institution)  planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.)  No time limit for this item.	Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases; DK020593)	Funding for this research project from NIDDK to Vanderbilt University which was then awarded competitively to the institution (University of South Carolina)
2	Grants or contracts from any entity (if not indicated in item #1 above).	Time frame: pastXNone	36 months
3	Royalties or licenses	_XNone	
4	Consulting fees	XNone	

5	Payment or honoraria for	XNone
	lectures, presentations, speakers bureaus, manuscript writing or educational events	
6	Payment for expert testimony	XNone
7	Support for attending meetings and/or travel	XNone
8	Patents planned, issued or pending	XNone
9	Participation on a Data Safety Monitoring Board or Advisory Board	X_None
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	XNone
11	Stock or stock options	XNone
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	XNone
13	Other financial or non- financial interests	_XNone

This project was supported by the Southeast Regional Pilot and Feasibility Program grant (Vanderbilt University School of Medicine/National Institute of Diabetes and Digestive and Kidney Diseases [DK020593]).

Please place an "X" next to the following statement to indicate your agreement: