

## CARE Checklist of information to include when writing a case report



Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	Page 1, line 1-2	Title
Key Words	2	2 to 5 keywords that identify diagnoses or interventions in this case report, including "case report"	Page 1, line 11	Keywords
Abstract	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2, line 2-6	Abstract/1
(no references)	3b	Main symptoms and/or important clinical findings	Page 2, line 7-8	Abstract/2
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2, line 5 & 7-8	Abstract/1 & 2
	3d	Conclusion—What is the main "take-away" lesson(s) in this case?	Page 2, line 9-12	Abstract/3
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	Page 2-3, line 14	Introduction/1
Patient Information	5a	De-identified patient-specific information	Page 3, line 18 & 23	Case Presentation/3&4
	5b	Primary concerns and symptoms of the patient	Page 3, line 18 & 23-30	Case Presentation/3&4
	5c	Medical, family, and psycho-social history including relevant genetic information	This information was not obtained and is not relevant to case report	
	5d	Relevant past interventions with outcomes	This information was not obtained and is not relevant to case report	
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4, line 9-20	Biometric Changes/2&3
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 3, line 10-11	Case Presentation/1
Diagnostic	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 2, line 24; Page 3, line 1 & 5-6	Introduction/1
Assessment	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	There were no diagnostic challenges associated with this case report	
	8c	Diagnosis (including other diagnoses considered)	Page 3, line 21; Page 4, line	Case Presentation/2&3
	8d	Prognosis (such as staging in oncology) where applicable	This information was not obtained and is not relevant to case report	
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	There was no therapeutic intervention; this is not relevant to case report	

	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	There was no therapeutic intervention; this is not relevant to case report		
		9c	Changes in therapeutic intervention (with rationale)	There was no therapeutic intervention; this is not relevant to case report	

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Outcomes were not obtained and is not relevant to this case report	
	10b	Important follow-up diagnostic and other test results	Outcomes were not obtained and is not relevant to this case report	
	10c	Intervention adherence and tolerability (How was this assessed?)	There was no intervention associated with this case report	
	10d	Adverse and unanticipated events	Adverse and unanticipated events were not obtained and is not relevant to case report	
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report		
	11b	Discussion of the relevant medical literature with references		
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 5, line 5-7	Discussion/1
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 5, line 5-7	Discussion/1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Patient perspective was not obtained and is not relevant to case report	
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes 🗸	No

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<sup>\*</sup>As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.