CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1, first 2 sentences	Abstract, 2nd paragrpah
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 3, line 27-28	Immediate after Abstract
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2, line 2-9	Abstract, 1st paragraph
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2, line 10-18	Abstract, 2nd paragraph
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2, line 19-24	Abstract, 3rd paragraph
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 4, line 32-45	Introduction, first pargraph
Patient Information	5a	De-identified patient specific information	Page 5, line 69-79	Main case description
	5b	Primary concerns and symptoms of the patient	Page 5-7, over several	Throughout main case
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 5, last paragraph, line	Case description, first
	5d	Relevant past interventions with outcomes	Page 5, line 71-73	Case descriptio, first
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 5, line 74-79	Case description, main
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 5-7, line 69-129	Case description main text
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 6-7, line 81-129	Case description,
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 6-8, line 81-139	Case description,
	8c	Diagnosis (including other diagnoses considered)	Page 6, line 90-93	Case description, 2nd
	8d	Prognosis (such as staging in oncology) where applicable	NA	NA
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 6-7, line 93-129	Case description,
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 6-7, line 93-129	Case description, 2nd
	9c	Changes in therapeutic intervention (with rationale)	Page 6-8, line 90-139	Case descriptin, last paragr.

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 8, line 131-139	Case description, last
	10b	Important follow-up diagnostic and other test results	Page 8, line 131-139	Case description, last
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 8, line 131-139 by	Case description, last
	10d	Adverse and unanticipated events	NA	
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Yes. Page 8-15, line	Discussion (all parts)
	11b	Discussion of the relevant medical literature **with references**	Page 8-15, line 142-314	Main Discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 14-15, line 282-324	Discussion, last paragraph
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 15, line 318-324	Main Conclusions
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.