CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	1/3	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	2/15	Abstract
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	1/15	Abstract
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	2/2	Abstract
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	2/11	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	4/13	Introduction
Patient Information	5a	De-identified patient specific information	5-9/	Case Description
	5b	Primary concerns and symptoms of the patient	5/5	Case Description
	5c	Medical, family, and psycho-social history including relevant genetic information	5/6	Case Description
	5d	Relevant past interventions with outcomes	5/7	Case Description
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	5/6	Case Description
Timeline	7	Historical and current information from this episode of care organized as a timeline	N/A	N/A
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	5/9	Case Description
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	5/13	Case Description
	8c	Diagnosis (including other diagnoses considered)	5/14	Case Description
	8d	Prognosis (such as staging in oncology) where applicable	5/12	Case Description
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	5/16	Case Description
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	N/A	N/A
	9c	Changes in therapeutic intervention (with rationale)	11/1	Discussion

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	12/1	Discussion
	10b	Important follow-up diagnostic and other test results	12/6	Discussion
	10c	Intervention adherence and tolerability (How was this assessed?)	12/4	Discussion
	10d	Adverse and unanticipated events	12/4	Discussion
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	12/10	Discussion
	11b	Discussion of the relevant medical literature **with references**	10/01	Discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	11/01	Discussion
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	12/10	Discussion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.