

CARE Checklist of information to include when writing a case report



Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	1/3-4	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	2/50-51	Keywords
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	2/30-34	Abstract (Background)
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	2/35-43	Abstract (Case Description)
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	2/44-48	Abstract (Conclusion)
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	3/85-93	Background & Rationale and Knowledge Gap
Patient Information	5a	De-identified patient specific information	4/116-117	Case Description
	5b	Primary concerns and symptoms of the patient	4/116-118	Case Description
	5c	Medical, family, and psycho-social history including relevant genetic information	4/118-121	Case Description
	5d	Relevant past interventions with outcomes	4/121	Case Description
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	4/116-118	Case Description
Timeline	7	Historical and current information from this episode of care organized as a timeline	N/A	N/A
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	4/123-134	Case Description
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A	N/A
	8c	Diagnosis (including other diagnoses considered)	N/A	N/A
	8d	Prognosis (such as staging in oncology) where applicable	N/A	N/A
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	4-5/136-158	Case Description
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	5-160-161	Case Description
	9c	Changes in therapeutic intervention (with rationale)	N/A	N/A

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	N/A	N/A
	10b	Important follow-up diagnostic and other test results	5/163-165	Case Description
	10c	Intervention adherence and tolerability (How was this assessed?)	5/167-168	Case Description
	10d	Adverse and unanticipated events	6/176/177	Case Description
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	7/218-224	Discussion
	11b	Discussion of the relevant medical literature with references	7-8/226-258	Discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	8/260-266	Discussion (Explanation of findings)
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	9/285-290	Conclusion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes 🔀	No 🗌

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^{*}As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.