

# Case report: Da Vinci robot-assisted modified minimally invasive total esophagectomy

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**Abstract:** The local recurrence rate of traditional minimally invasive esophageal cancer is still high. Compared with the traditional radical operation of esophageal cancer, the concept of "enblock" resection is emphasized in the total mesoesophageal cancer radical operation. The esophageal tumor and its surrounding lymph nodes, blood vessels, nerves and fatty tissues are treated as a whole for complete resection. Meanwhile, the circum cutting edge of the tumor is emphasized, which not only ensures the longitudinal cutting edge of the tumor, but also ensures the transverse cutting edge of the resection. The specialty of this operation is to reduce the local recurrence rate without increasing the surgical trauma. It can break through the dilemma of high local recurrence rate of esophageal cancer after operation. A 54-year-old man with dysphagia for 2 weeks. We performed Robot-assisted modified minimally invasive total mesoesophageal esophagectomy. The surgery process was successful and the postoperative course was uneventful. A squamous cell carcinoma of stage T2N1M0 was identified on pathological examination, and the postoperative examination of esophageal swallow diatrizoate meglumine and computed tomography (CT) scan confirmed no anastomosis fistula and no signs of recurrence. Total mesoesophageal cancer radical operation is a kind of operation method worth popularizing.

**Keywords:** Case report; esophageal carcinoma; total mesoesophageal excision (TME); lymph node dissection; Da Vinci robot assistance

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## Introduction

Esophageal cancer is generally the eighth most common cancer and the sixth most common reason of tumor-related deaths (1). Although the current treatment regimented and surgical methods improved, the long-term survival of esophageal carcinoma does not seem to be significantly improved. It is reported that the local recurrence is main recurrence pattern after esophageal cancer surgery (2). This suggests that although the tumor lesion is removed surgically, there may still be residual invisible tumor around it, leading to post operational local recurrence even distant hemorrhagic metastasis in the short term after surgery. Traditional radical resection of esophageal cancer is mostly

the substation dissection of multiple esophageal tumor lesions and surrounding lymph nodes. That might be recessive tumor residue after operation, leading to achieve the unideal radical treatment. While, radical resection of esophageal cancer in Japan emphasizes the total resection of esophageal lesions and dissection of three fields lymph nodes, with a greater postoperative complication (3). The concept of total mesolectal resection is a key technique in the radical operation of gastrointestinal tumors and has achieved satisfactory results in clinical practice of colorectal cancer surgery (4). In clinical practice, we found a similar mesangial structure in the esophagus. Based on *en-bloc* tumor resection and three-field lymph node dissection,

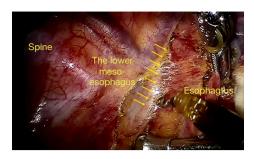


Figure 1 Separate the lower segment mesoesophagus.

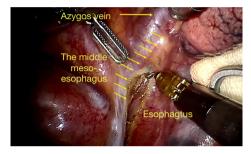


Figure 2 Separate the middle segment mesoesophagus.



Figure 3 The esophageal suspension method.

we put forward the concept of "the modified total mesoesophageal esophagectomy".

We present the following case in accordance with the CARE reporting checklist (available at https://jovs.amegroups.com/article/view/10.21037/jovs.2020.03.04/rc).

#### **Case presentation**

## Patient selection and workup

A 54-year-old man with dysphagia for 2 weeks. There was no neoadjuvant radiotherapy or chemotherapy before operation. No obvious abnormality in family history, personal history and past history. The endoscopic find

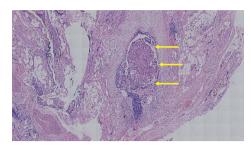
an ulcerative lesion of esophagus 35 to 38 cm form the incisors and encompassing half the luminal circumference. The magnetic resonance imaging (MRI) scans of the patient's head did not reveal evidence of distant metastasis. Workup continued with a barium esophagogram, which demonstrated an obscure-bordered, partially-obstructing middle esophageal mass. The pathologic biopsy confirmed that the mass was moderately differentiated esophageal squamous cell carcinoma. The computed tomography (CT) scan showed the middle esophagus slight thickening and the mediastinal lymph nodes slight enlarged. The fat space around the esophagus is still clearly visible in the CT imaging. In light of the patient's symptoms was due to mass effect of the esophagus carcinoma, surgical resection was recommended. Considering all preoperative examination findings, the clinical TNM of patient was cT2-3N0M0. The patient gave consent to surgery of the esophageal carcinoma by a minimally invasive thoracoscopic approach.

## Equipment preference card

- The Third Generation of Leonardo Da Vinci surgical robot System;
- Absorbable Gelatin Sponge and;
- Endoscopic linear cutting stapler and nail box (Shanghai Yien Company);
- Disposable tubular stapler (Shanghai Yien Company);
- Disposable linear cutting stapler and nail silo (Shanghai Yien Company).

#### Procedure

After standard port placement, esophagus and mesoesophagus with paraesophageal lymph nodes was dissected from the lower to upper esophagus, with care taken to preserve the vagus nerve and its branches (especially, the recurrent laryngeal nerve). Firstly, the lower segment of the mesoesophagus was separated at the anterior esophagus-pericardial space and the posterior esophagusspine space. Then, complete middle-upper segment mesoesophagectomy was performed at the mesoesophageal roots of the esophagus-trachea space(anterior) and the esophagus-spine space(posterior) from bottom to top through "the esophageal suspension method" (Figures 1,2,3,4). Final pathologic examination demonstrated the lesion to be moderately differentiated esophageal squamous cell carcinoma, lymph node metastasis was found in the paraesophageal lymph nodes (2/23). Also, vascular



**Figure 4** Vascular invasion was found in the mesoesophagus as shown by the arrows (HE, ×400).



**Video 1** Da Vinci robot-assisted modified minimally invasive total esophagectomy.

invasion was found in the mesoesophagus.

## Role of team members

- Mingqiang Kang, PhD, Professor—Chief physician;
- ❖ Shaobin Yu, MD—Thoracic Surgeon Resident;
- Ling Chen, MD—Videographer/Photographer and Thoracic Surgeon Resident;
- Lin Chen, MD—Videographer/Photographer and Thoracic Surgeon Resident.

## Post-operative management

The patient successfully operated and transferred to the general ward. Postoperative measures such as non-steroidal analgesic regimen, acid production by proton pump inhibitors, supplementation of daily water and electrolyte requirements by nutritional fluid, atomization of phlegm, telling to turn over and pat back, guiding correct cough and sputum to prevent postoperative pulmonary infection are

our standard practices.

During the follow-up after operation, digital gastrointestinal angiography which was taken 1 week after surgery showed that the anastomotic stoma healed well, no obvious signs of exudation were found. No obvious leakage in the NGT, the contrast agent passed smoothly. Fluid diet could be taken 1 week after operation, and sutures out in 2 weeks after surgery. The surgical incision healed well, and there was no infection or wound dehiscence.

The final pathology staging was pT2N1M0 IIB.

The entire operative video and follow-up can be viewed in *Video 1*.

# Tips, tricks, and pitfalls

- Preoperative preparation: oral cleaning, gastric lavage before surgery, especially for patients with obstruction.
- Anti-pollution during operation: Apply gauze wrap when feeding the guide tube, and clean the chest cavity and incision with iodophor.
- Maintain effective gastrointestinal decompression and chest drainage after operation.
- Anti-tearing: The nail anvil should be fully lubricated. When transporting, put a small air bag. If the anvil is stuck in the oropharynx or has resistance, it can be taken out of the mouth and then delivered. Stimulate the stapler with moderate force and slowly rotate out of the fuselage to prevent tearing the anastomosis.
- ❖ Protect blood supply: pay attention to protect the right blood vessels of the gastric retina, avoid damage and cut off the blood vessels under the thyroid gland, and avoid excessive crushing and contusion of the stomach wall, especially the bottom of the stomach.
- Pay attention to the reduction: the gastric omentum is fully loosened under the endoscope, and the esophageal hiatus is appropriately enlarged. The suture under the anastomosis was reduced and the chest and stomach anastomosis and anastomosis were confirmed.
- Reserve a small amount of gastric fundus tissue into the chest cavity, pay attention to the bleeding of the tubular gastric cutting edge and nail loosening, if necessary, can be clipped or sutured under the endoscope.
- Accurately wear out the guiding tube, pull out once, parallelly, and use a toothed instrument (such as Hemlock forceps) to fix the root of the nail anvil to increase stability, or the surgeon can complete the alignment.

#### **Conclusions**

Improving the long-term survival rate and quality of life of patients with esophageal cancer is the focus of research and exploration. The total mesolectal resection in the surgical of gastrointestinal tumors has achieved satisfactory results in recent study. At present, the meso-esophagus is considered to be the thin layer of connective tissue around the esophagus, containing esophageal vessels, lymph vessels and nodes and nerves (5). Our medical center had carried out a retrospective analysis about the 12 patients accepted the modified total meso-esophageal esophagectomy, founding that all the patients who received the modified surgery did not have some serious complications, such as postoperative massive hemorrhage, postoperative chylothorax, and conversion to open surgery. Therefore, this modified total meso-esophageal esophagectomy is safe and feasible. Besides, postoperative pathology found vascular invasion existing in the mesoesophagus in two patients of them (2/12). Therefore, the modified surgery might be not only more radical than traditional radical surgery, but also more consistent with the anatomical characteristics of esophageal cancer, which can be done with the esophageal cancer and corresponding overall regional lymph node en-block dissection, meet the longitudinal and transverse cutting edge of esophageal tumor, improve radical tumor resection, ensure the quality of the minimally invasive esophageal cancer surgery. However, there are still limitations in this method of surgery, the limitation of this operation method is that the related research is still retrospective, and there is a lack of evidence for more advanced prospective randomized controlled trials.

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### **Footnote**

*Reporting Checklist:* The authors have completed the CARE reporting checklist. Available at https://jovs.amegroups.com/article/view/10.21037/jovs.2020.03.04/rc

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures performed in this study were in accordance with the Helsinki Declaration (as revised in 2013). Written informed consent was obtained from the patient for publication of this manuscript and any accompanying images.

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