CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	1	page 1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	2	kewwords section
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	2	abstract
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	2	abstract
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	2	abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	2,3	introduction
Patient Information	5a	De-identified patient specific information	3,4	Case 1.2.3
	5b	Primary concerns and symptoms of the patient	3,4	Case 1.2.3
	5c	Medical, family, and psycho-social history including relevant genetic information	3,4	Case 1.2.3
	5d	Relevant past interventions with outcomes	3,4	Case 1.2.3
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	3,4	Case 1.2.3
Timeline	7	Historical and current information from this episode of care organized as a timeline	3,4	Table 1
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	3,4	Case 1.2.3
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	3,4	Case 1.2.3
	8c	Diagnosis (including other diagnoses considered)	3,4	Case 1.2.3
	8d	Prognosis (such as staging in oncology) where applicable	3,4	Case 1.2.3
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	3,4	Case 1.2.3
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	3,4	Case 1.2.3
	9c	Changes in therapeutic intervention (with rationale)	3,4	Case 1.2.3

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	3,4	Case 1.2.3 & table 1
	10b	Important follow-up diagnostic and other test results	3,4	Case 1.2.3
	10c	Intervention adherence and tolerability (How was this assessed?)	3,4	Case 1.2.3 (final
	10d	Adverse and unanticipated events	3,4	table 1
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	8	Discussion/ Page 8
	11b	Discussion of the relevant medical literature **with references**	7,8,9	Discussion/ Page 7
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	9	Conclusions /Page 9
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	9&10	Conclusions & Highlight
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.