A review of tanshinone compounds in prostate cancer treatment

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Abstract: Prostate cancer (PCa) is one of the most common malignant epithelial tumors in men worldwide. PCa patients are initially sensitive to chemotherapy, but patients in the advanced stages of PCa eventually develop resistance, leaving them with limited therapeutic options. Therefore, it is very important to screen new drugs for treating PCa. Salvia miltiorrhiza is a common Chinese herbal medicine used in some Asian countries. It has many functions and is widely used to treat a variety of diseases, including heart diseases and cancers. For the past few years, research has shown that liposoluble constituents of tanshinones (TANs), including cryptotanshinone, TAN IIA, dihydrotanshinone I, and TAN I, exhibit good anticancer activity in PCa. In this study, we review the progress of TAN compounds (cryptotanshinone, TAN IIA, dihydrotanshinone I, and TAN I) in treating PCa over the past decade. These compounds can act on the same molecular mechanisms, as they have a very similar structure; they are also found to work slightly differently in PCa. According to current studies, compared with other TAN compounds, TAN IIA appears to hold more potential for treating PCa. The toxicity, side effects or biodistribution of Salvia miltiorrhiza and these four TANs need to be confirmed with further research. Findings obtained in this study may provide important information for the potential clinical application of cryptotanshinone, TAN IIA, dihydrotanshinone I, and TAN I in the treatment of PCa.

Keywords: Prostate cancer (PCa); tanshinones (TANs); molecular mechanism; Chinese herbal medicine

Introduction

Prostate cancer (PCa) is the second most common cancer in men, which occurs more frequently in developed countries than in developing countries. In 2021, there were an estimated approximate 250,000 cases and 30,000 deaths in the American population; thus, causing immense pressure on medical and health work in America and globally (1–4). The current treatment methods for PCa include androgen deprivation, radical prostatectomy, local radiotherapy or brachytherapy, and chemotherapy. Androgen deprivation method has become the mainstay option of treatment for advanced PCa. However, about 90% of PCa patients eventually progress to castration-resistant prostate cancer (CRPC) in 2 years, which ultimately leads to death (5–8). Because there is no cure for CRPC, experimental and clinical trials on CRPC have been carried out around the world. Currently, the selection of chemotherapy drugs for CRPC is rather limited, encompassing docetaxel, oxaliplatin, mitoxantrone, cabazitaxel, and a few others. Furthermore, immune checkpoint inhibitors have not been found to be effective in PCa, although they alter clinical outcomes in other solid tumors. Natural botanicals play crucial roles in chemotherapy for malignant tumors. Therefore, in recent years, screening new plant-derived anticancer drugs has become a hot topic in tumor treatment.
For thousands of years, medicinal herb preparation has been used to treat various chronic diseases and infectious diseases worldwide (9,10). The World Health Organization’s prediction suggests that about 80% of people living in the developing world rely on herbal medicinal products as a primary source of healthcare (11). Furthermore, approximately 40% of the approved drugs in the market are extracted from natural plants. *Salvia miltiorrhiza* is the most commonly used herbal medicine in some developing countries, and it has been widely used to treat cancer, coronary heart disease, and gynecological diseases, especially amenorrhea-galactorrhea syndrome and polycystic ovary syndrome (12-14). *Salviae Miltiorrhizae Radix et Rhizoma*, commonly known as Danshen, is derived from the dry roots of *Salvia miltiorrhiza*. Within this medicinal herb, tanshinones (TANs) stand out as a unique class of abietane diterpene compounds. Since their initial isolation from Danshen by Nakao in the 1930s, more than 90 chemical constituents have been identified. These constituents can be broadly categorized into more than 40 lipophilic components and over 50 hydrophilic compounds, each offering potential medicinal benefits (15-17). In addition to the high content of polysaccharides, salvianolic acids and TANs are mainly present in *Salvia miltiorrhiza* (18,19). Growing evidence has shown that salvianolic acids mainly act on cardiovascular and cerebrovascular diseases (20), while TANs have been found to show potential anticancer activity (21,22). The active constituents of *Salvia miltiorrhiza* include liposoluble and hydrosoluble compounds. Liposoluble compounds include cryptotanshinone, TAN IIA, dihydrotanshinone I, and TAN I (Figure 1). Hydrosoluble compounds include purple oxalic acid and salvianolic acid B. In recent years, liposoluble components of TANs have been proven to have good anticancer activity in PCa cells. In this review, we reported the most recent research progress on the anti-tumor effects and mechanisms of TAN compounds in PCa to provide a theoretical basis for the experiments and clinical studies of these compounds.

**TANs inhibit cell proliferation and promote apoptosis**

Signal transducer and activator of transcription 3 (STAT3) is an important intracellular signaling pathway, and it is involved in cancer cell proliferation, anti-apoptosis, immune evasion, and angiogenesis. Shin et al. verified that cryptotanshinone is an effective inhibitor of STAT3 by dual-luciferase assay. Cryptotanshinone (7 µM) can directly bind to STAT3 molecules and inhibit the growth of DU145 PCa cells by down-regulating the expression of STAT3 downstream target protein, such as survivin, Bel-xL, and cyclin D1 (23). Other study has shown that cryptotanshinone (10 µmol/L) inhibits the proliferation and promotes the apoptosis of DU145 PCa cells in a dose- and time-dependent fashion, which may be associated with the decrease in metadherin expression and its downstream PI3K/Akt gene (24). Our research group has also previously developed a system consisting of solvent distribution and high-performance liquid chromatography (HPLC) fractionation that successfully isolated several active compounds from *Salvia miltiorrhiza* roots, including dihydrotanshinone I, methyltanshinonate, cryptanshinone, 1,2-dihydrotanshinquinone I, and TAN IIA. At a concentration of 7.5 or 15 µg/mL, these compounds showed an anti-proliferative effect on PCa cells; and among them, dihydrotanshinone I and methylsalvionate showed higher activities than 1,2-dihydrotanshinquinone I and TAN IIA. Their mechanisms need validation by further functional and biological experiments (25). According to another study, TAN I, cryptotanshinone, and TAN IIA inhibited the growth of human PCa cell lines (DU145 and PC-3) in a dose-dependent fashion through cell cycle arrest and induction of apoptosis *in vitro*. Among these compounds, TAN I showed the most potent activity with a half-maximal inhibitory concentration (IC50) value of around 3–6.5 µM.
whereas the IC50 values of cryptotanshinone and TAN IIA were around 10–25 µM and 8–15 µM, respectively. Cryptotanshinone and TAN I arrested the cells in the S phase; however, TAN IIA arrested the cells in the G2/M phase. TAN I (2.5–5 µM), cryptotanshinone (10–20 µM), and TAN IIA (5–10 µM) treatments significantly downregulated the level of CDC2. Apoptosis assay indicated that the three TANs markedly reduced the expression level of Bcl-2 in PC-3 cells; however, only TAN I increased the expression of Bax significantly. Further study demonstrated that TAN I (150 mg/kg BW, body weight, for 7 days) treatment inhibited DU145 cell growth by inducing apoptosis, inhibiting proliferation, down-regulating Aurora A protein, and inhibiting angiogenesis in vivo (26). Wang et al. found that a novel TAN analog 2-((glycine methyl ester)methyl)-naphtho (TC7) inhibited the proliferation of PC3 and LNCAP cells and initiated apoptosis by preventing cell cycle into M phase and regulating apoptosis-related proteins in vivo. More importantly, TC7 [60 mg/kg, for 18 days, intraperitoneal (IP)] treatment could reduce the tumor volume in xenograft mice (27).

TRAIL (TNF-related apoptosis-inducing ligand) is a member of the tumor necrosis factor superfamily, which can regulate apoptosis in tumor cells but does not show any toxic effects on non-cancerous cells; thus, serving as a potential therapeutic target (28,29). Shin et al. verified that co-treatment of TAN I (0, 20, 40, 80 µM) and TRAIL (0, 25, 50 ng/mL) induced apoptosis of PC-3 and DU145 cells by increasing the cleavage of PARP, activating caspases-8 and -9, and increasing accumulation of the apoptotic sub G1 portion. Also, further study showed that TAN I sensitized PCa cells to TRAIL-induced apoptosis by up-regulation of DR5 in PC-3 and DU145 cells (30). Chuang et al. confirmed that dihydrotanshinone I inhibited the proliferation and significantly induced the apoptosis of DU145 cells in a dose- and time-dependent manner. dihydrotanshinone I (1.5 µg/mL) treatment significantly increased the number of apoptotic cells compared with the control group (35.95% vs. 11.05%), and the underlying mechanism may be related to increased cleavage of PARP and cleaved form of caspases-3 and -9 in cells (31). Other study has shown that TAN IIA (50 µM) treatment reduced the viability of LNCaP cells and induced apoptosis, which were associated with activation of cleavage of pro-caspases-9 and -3, but not of pro-caspase-8, and cleavage of PARP, accompanied by reduction in the level of Bel-2 family protein Mcl-1L, but not Bcl-2 and Bax, as well as an increase in cytochrome C and reduction in the mitochondria membrane potential. Additionally, TAN IIA (50 µM) significantly decreased the level of the PI3K p85 subunit and p-Akt and p-mTOR in LNCaP cells. This study suggested that TAN IIA-induced apoptosis was associated with the mitochondria-mediated caspase activation cascade and PI3K/Akt/mTOR signaling pathway (32). According to another study, TAN IIA (2.5–5 µg/mL) treatment significantly induced apoptosis of LNCaP cells, which was associated with an increase in the cleavage of caspases-9, -3 and PARP, indicating that TAN IIA induces apoptosis via the mitochondria-mediated apoptosis pathway (33). In addition, Li et al. demonstrated that TAN IIA (3.5 and 10 µg) induced apoptosis and autophagy in human PCA PC-3 cells through induction of reactive oxygen species (ROS) accumulation. However, ROS inhibitors could reverse the apoptosis and autophagy induced by TAN IIA (34).

Fas/APO-1 is a cell surface receptor that transduces apoptosis signals, which can mediate tumor cell apoptosis, but PCa displays resistance to Fas-induced apoptosis, highlighting that Fas/APO-1 can serve as a potential therapeutic target in PCa. Bcl-2 overexpression significantly interfered with Fas-induced apoptosis. Park et al. showed that cryptotanshinone (1 µM) significantly down-regulated the expression level of Bcl-2 by blocking JNK and p38 MAPK, remarkably enhancing the sensitivity of DU145 cells to Fas-mediated apoptosis; thus, suggesting that cryptotanshinone can be used as a Fas sensitizer to induce apoptosis (35).

**TANs induce endoplasmic reticulum (ER) stress**

ER stress is a protective stress response in cells, which induces endogenous apoptosis (36). Higher expression of the glucose-regulated protein (GRP78/BiP) and growth arrest- and DNA damage-inducible gene 153 (GADD153/CHOP) plays an important role in ER stress-induced apoptosis. ER stress is activated by IRE1, PERK, and ATF6 signaling pathways. Under ER stress, increased phosphorylation of eukaryotic initiation factor 2α (eIF2α) and c-Jun leads to cell apoptosis (37,38). Chuang et al. confirmed that dihydrotanshinone I (0.1–1.5 µg/mL) treatment significantly induced the expression of AmpD in DU145 cells, which was related to ER stress. The expression levels of GRP78/BiP and CHOP/GADD153 were significantly increased and phosphorylation of PERK, its substrate, eIF2α, and JNK was induced after dihydrotanshinone I treatment (31). Similarly, other study has shown that TAN IIA (2.5–5 µg/mL) treatment significantly induced apoptosis of LNCaP and PC-3 cells, which was correlated with ER
stress. The expression levels of inositol-requiring protein-1α (IRE1α), GRP78/BiP, and CHOP/GADD153 were obviously up-regulated after TAN IIA treatment. *In-vivo* study using an LNCaP xenograft mouse model indicated that TAN IIA (60 and 90 mg/kg, for 13 days) reduced the tumor volume. Besides, Western blotting showed that GADD153/CHOP expression was up-regulated in a T2A-treated tumor. This study suggested that TAN IIA induced apoptosis of human PCa cells by induction of ER stress *in vitro* and *in vivo* (33).

**TANs block the metastatic phenotype**

Invasion and metastasis are one of the major malignant phenotypes of PCa cells. Epithelial-to-mesenchymal transition (EMT) enables tumor cells to acquire properties that enable easy invasion and migration. Wu *et al.* found that dihydrotanshinone I (5–10 µM) significantly inhibited the migration abilities of 22Rv1 cells and PC3 cells as well as of DU145 cells in PCa. Furthermore, they discovered that dihydrotanshinone I (5 µM) can inhibit the invasion ability of DU145 cells. Mechanistically, dihydrotanshinone I inhibits the migration and invasion of PCa cells via suppressing the CCL2/STAT3 axis and tumor EMT-related genes, including RhoA and SNAIL (39). Other study has shown that dihydroisotanshinone I (5 µM) displayed radio-sensitization and anti-migration effects in PC-3 and DU145 cells via inducing DNA damage and inhibiting the expression of CCL2 (40). As we mentioned earlier in this paper, the TAN analog, TC7 (3–12 µM) inhibited the migration and invasion abilities of PC3 and LNCaP cells through down-regulating VEGF-1 expression and up-regulating matrix metalloproteinase 9 (MMP9) protein expression (27).

**Modulating microRNA**

MicroRNAs were single-stranded RNA molecules encoded by endogenous genes with a length of about 22 nucleotides, which play key roles in cell differentiation, proliferation, cycle regulation, and apoptosis (41). MicroRNAs are up- or down-regulated in PCa, and they were referred to as the potential therapeutic target in PCa cells (42,43). Shin *et al.* found that miR135a-3p expression was markedly up-regulated by co-treatment of TAN I (20 and 40 µM) and TRAIL (25 ng) in PC-3 cells. Meanwhile, overexpression of miR135a-3p increased the cytotoxicity, PARP cleavage, and the number of apoptotic cells in PC-3 cells, a similar phenomenon as that with a combination of TAN I and TRAIL (30).

**TANs enhance chemosensitivity**

Park *et al.* found that cryptotanshinone conferred sensitization of DU145 cells to apoptosis induced by etoposide, 5-fluorouracil (5-FU), cisplatin, TNF-a, and doxorubicin (DOX) (35). Sun *et al.* synthesized a nanodrug delivery system consisting of a prostate-specific membrane antigen (PSMA) targeted ligand with DOX and TAN, referred to as PN-DOX/TAN. The uptake rate of PN-DOX/TAN by LNCaP cells was higher than that of lipid nanoparticles loaded with DOX and TAN (N-DOX/TAN) (58.9±1.9% vs. 36.7±1.3%). *In vivo* and *in vitro* assays revealed that PN-DOX/TAN has a higher tumor suppressive effect on LNCaP cells (44). Qiu *et al.* developed a system, which is a combination of gold/polyethyleneimine (AuNPs/PEI) nanoparticles and sulphated β-cyclodextrin (CD), and then TAN IIA was integrated into the AuNPs/PEI/CD compound system. Initial experiments indicated that AuNPs/PEI/CD-T2A natural compounds were significantly more cytotoxic to PC-3 cells (IC50 =6 µM) than TAN IIA (IC50 =9.5 µM). Moreover, enzyme-linked immunosorbent assay (ELISA) test showed that AuNPs/PEI/CD-T2A increased DNA double strand breakage in PC-3 and DU145 cells when compared to TAN IIA. This study suggested that TAN IIA can obtain higher bioactivity by optimizing its chemical construction (45). Hou *et al.* found that TAN IIA (20 µmol/L) remarkably enhanced the anti-proliferative effects of cisplatin on PC-3 and LNCaP cells in a dose- and time-dependent manner. A combination of TAN IIA (20 µmol/L) and cisplatin (0.05 µmol/L) can induce LNCaP and PC3 cell cycle arrest in the S phase and induce apoptosis, and the underlying mechanism is activation of caspase-8, caspase-9, and caspase-3, and regulation of Bcl-2/Bax expression (46).

**TANs inhibit androgen receptor (AR) signaling**

Accumulating data indicate that AR signaling is closely related to the development and progression of PCa cells. Prostate-specific antigen (PSA) is one of the target genes of AR, while dihydrotestosterone (DHT) is the most effective androgen for AR activation. The present treatment strategy for metastatic PCa is to inhibit AR signaling by reducing androgen levels. The present AR antagonists include flutamide and Casodex, and PCa ultimately develops...
resistance to AR antagonists due to mutations in AR or an increase in the anti-apoptotic protein. Therefore, it is necessary to continue developing new drugs to improve PCa treatment and prognosis (47,48).

Zhang et al. found that TAN IIA, cryptotanshinone, and TAN I significantly inhibited the growth of androgen-dependent LNCaP cells. A colony growth assay showed that TAN IIA and cryptotanshinone had a strong tumor inhibitory effect in LNCaP cells (IC50 =0.06 µM), while TAN I showed a weak tumor inhibitory effect (IC50 =0.5 µM). Furthermore, the experimental findings revealed that the suppressive impact of TAN IIA, cryptotanshinone, and TAN I on androgen-dependent LNCaP cells was conspicuously more potent compared to their influence on androgen-independent cells, namely DU-145 and 22Rv1. In vitro, TAN IIA and cryptotanshinone inhibit LNCaP cell growth by inhibiting AR nuclear translocation, inducing AR protein degradation, and reducing the protein and mRNA expression levels of AR and PSA. In-vivo study using an LNCaP xenograft mouse model showed that TAN IIA (25 mg/kg, once a day, oral) inhibited tumor growth and decreased tumor AR expression in mice. The above data shows that TANs as potential novel anti-AR signaling agents without agonist activity (49). Ketola et al. found that TAN IIA (10 µM) inhibits the proliferation and induces apoptosis of androgen-ablated LNCaP (LNCaP-abl) cells, and its regulation mechanism is related to a decrease in the expression levels of AR and PSA (50). Liu et al. discovered that TAN IIA (2.5–5 µM) was an effective antagonist of mutated ARs and it increased maspin expression via AR. Further study showed that TAN IIA (2.5–5 µM) decreased the expression of AR and PSA and induced apoptosis in LNCaP cells. More importantly, this study found that 4,4-dimethyl on the A ring of TAN IIA derivatives plays a critical role in the anti-androgen and maspin-induced activity of TAN IIA (51). Later, Won et al. identified that TAN IIA (3 µM) induced cell cycle arrest in the G1 phase and suppressed G1 regulatory proteins, such as cyclin D1, CDK2, and CDK4, which was mediated by activation of the p53 pathway and inhibition of AR expression in LNCaP cells (52). Xu et al. suggested that cryptotanshinone (0.5 µM) inhibits the growth of AR-positive LNCaP and castration resistant 22Rv1 cells, but not of AR-negative PC-3 cells or benign prostate RWPE1 cells, through an AR-dependent pathway. Further study showed that cryptotanshinone (0.5 µM) can modulate DHT-mediated AR trans-activation and inhibit the expression of AR target proteins, such as PSA, TMPRSS2, and TMEPA1, in LNCaP cells and 22Rv1 cells. In addition, the experimental results showed that cryptotanshinone selectively inhibited AR activities, but did not repress the activities of other nuclear receptors such as estrogen receptor alpha (ERα), glucocorticoid receptor (GR), and progesterone receptor (PR). In-vivo study using a 22Rv1 xenograft PCa model indicate that cryptotanshinone (5 mg/kg or 25 mg/kg, once every other day, IP) can effectively suppress tumor growth (53). In addition, Xu et al. synthesized 25 new TAN IIA derivatives and found that seven methoxy-substituted TAN IIA derivatives showed a significant inhibitory effect on DHT-mediated AR transactivation; and among these derivatives, TAN-24 containing three oxygen methyl showed the strongest inhibitory effect. In the cytotoxicity tests on PCa cell lines, TAN-24 showed strong cytotoxicity against LNCaP and CWR22Rv1 cells, displaying IC50 values 20 times and 19 times lower than those of TAN IIA and comparable to those of enzalutamide. These results indicated that TAN-24 is a new and effective AR inhibitor and holds huge potential in treating CRPC (54).

Summary and discussion

The above-described findings strongly support the potential application of TAN IIA, TAN I, cryptotanshinone, and dihydrotanshinone I in the treatment of PCa, including CRPC, as shown in (Table 1).

Although these four TAN compounds belong to liposoluble components of Salvia miltiorrhiza, they appear to treat PCa through slightly different mechanisms. The chemical structures of cryptotanshinone and TAN IIA are very similar; both of them can regulate PI3K/Akt (24,32), apoptosis-related protein Bcl-2 (26), and cell cycle related protein CDC2 (26); and inhibit AR signaling, but the impact of TAN IIA is more dependent on the androgen levels. TAN IIA mainly inhibit AR nuclear translocation, decrease AR protein abundance and mRNA levels, and enhance AR proteosomal degradation. These observations suggests that TAN IIA could be a potential novel anti-AR signaling agents devoid of agonist activity. However, cryptotanshinone not only suppresses the growth of androgen-dependent cells but also acts on castration resistant 22Rv1 cells. It modulates DHT-mediated AR trans-activation and suppresses the expression of AR target proteins, including PSA, TMPRSS2, and TMEPA1, in both LNCaP and 22Rv1 cells. Experimental findings reveal that cryptotanshinone selectively inhibits AR activities without compromising the functions of other nuclear receptors like
<table>
<thead>
<tr>
<th>Tanshinones</th>
<th>Mechanisms</th>
<th>In-vitro</th>
<th>In-vivo</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cryptotanshinone</td>
<td>Inhibiting STAT3</td>
<td>Inhibiting the growth of DU145 cells</td>
<td>ND</td>
<td>Shin et al. (23)</td>
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<td></td>
<td>Targeting PI3K/Akt</td>
<td>Inhibiting the proliferation and</td>
<td>ND</td>
<td>Yao et al. (24)</td>
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<td>Arresting the cell cycle and</td>
<td>inducing apoptosis of DU145 cells</td>
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<td>inducing apoptosis</td>
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<td>Inducing apoptosis of DU145 cells</td>
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<td>Park et al. (35)</td>
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<td></td>
<td>Sensitizing etoposide, 5-FU,</td>
<td>Inducing apoptosis of DU145 cells</td>
<td>ND</td>
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<td>cisplatin, TNF-a, and doxorubicin</td>
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<td></td>
<td>Inhibiting AR signaling</td>
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<td>Reducing tumor growth of CWR22Rv1 cells</td>
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<td>Tanshinone IIA</td>
<td>Inhibiting growth of DU145 and</td>
<td>ND</td>
<td>Gong et al. (26)</td>
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<td>PC-3 cells</td>
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<td>Won et al. (32)</td>
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<td>Targeting PI3K/Akt/mTOR signaling</td>
<td>Reducing tumor growth of LNCaP cells xenograft</td>
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<td>and mitochondria-mediated apoptosis pathway</td>
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<td>Inducing of ER stress and targeting</td>
<td>Inducing apoptosis of LNCaP cells</td>
<td>Reducing tumor growth of LNCaP cells xenograft</td>
<td>Chiu et al. (33)</td>
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<td>Sensitizing doxorubicin</td>
<td>Inducing apoptosis of LNCaP cells</td>
<td>Reducing tumor growth of LNCaP cells xenograft</td>
<td>Sun et al. (44)</td>
</tr>
<tr>
<td></td>
<td>Sensitizing cisplatin</td>
<td>Arresting the cell cycle and</td>
<td>ND</td>
<td>Hou et al. (46)</td>
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<td></td>
<td>inhibiting AR signaling</td>
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<td>Inhibiting AR signaling</td>
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<td>Ketola et al. (50); Liu et al. (51)</td>
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<td>Inhibiting cell cycle arrest of LNCaP cells</td>
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<td>Inducing apoptosis and inhibiting</td>
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<td>Reducing tumor growth of DU145 cells xenograft</td>
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<td>Sensitizing TRAIL and targeting</td>
<td>Inducing apoptosis of PC-3 and</td>
<td>ND</td>
<td>Shin et al. (30)</td>
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<td></td>
<td>apoptotic pathway</td>
<td>DU145 cells</td>
<td></td>
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<tr>
<td></td>
<td>Regulating microRNAs</td>
<td>Inducing apoptosis of PC-3 cells</td>
<td>ND</td>
<td>Shin et al. (30)</td>
</tr>
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<td></td>
<td>Dihydrotanshinone I</td>
<td>Inhibiting the proliferation and</td>
<td>ND</td>
<td>Chuang et al. (31)</td>
</tr>
<tr>
<td></td>
<td>Inducing of ER stress and targeting</td>
<td>inducing apoptosis of DU145 cells</td>
<td></td>
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<td>apoptotic pathway</td>
<td>Inhibiting migration and invasion in</td>
<td>ND</td>
<td>Wu et al. (39)</td>
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<td>PC-3, DU145 and 22Rv1 cells</td>
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<tr>
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<td>Sensitizing radiotherapy and</td>
<td>ND</td>
<td>Lee et al. (40)</td>
</tr>
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<td>inhibiting CCL2</td>
<td>inhibiting migration of PC-3 and</td>
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<td>DU145 cells</td>
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STAT3, signal transducer and activator of transcription 3; PI3K, phosphoinositide 3-kinase; Akt, protein kinase B; 5-FU, 5-fluorouracil; TNF, tumor necrosis factor; AR, androgen receptor; mTOR, mammalian target of rapamycin; ER, endoplasmic reticulum; ROS, reactive oxygen species; TRAIL, TNF-related apoptosis-inducing ligand; EMT, epithelial-to-mesenchymal transition; ND, not determined.
ERα, GR, and PR (49,53). While cryptotanshinone is able to regulate STAT3 (23), used as a Fas/APO-1 sensitizer (35), TAN IIA seems to target mitochondria-mediated apoptosis pathway (32,33), induce ER stress (33), initiate the accumulation of ROS (34), and regulate the p53 signaling pathway (52). TAN IIA only has been found to sensitize cisplatin and DOX (44,46); however, cryptotanshinone has been found to sensitize etoposide, 5-FU, cisplatin, TNF-a, and DOX chemotherapeutic drugs (35), as summarized in Figure 2.

In addition, the chemical structures of TAN I and dihydrotanshinone I are very similar; both of them can regulate apoptosis-associated proteins, including PARP, caspases-8/9, and caspase-3 (30, 31). While TAN I is able to regulate Aurora A (26) and microRNAs (30), and sensitize TRAIL (30), dihydrotanshinone I seems to induce ER stress (31), regulate the CCL2/STAT3 axis (39), EMT-related genes, including RhoA and SNAI1 (39), and induce DNA damage (40), as summarized in Figure 3.

These results suggest that TANs inhibit the proliferation and growth of PCa cells by inducing apoptosis and cell cycle arrest, targeting mitochondria-mediated apoptosis pathway, regulating the PI3K/Akt, STAT3, and p53 signaling pathways, inhibiting the metastatic phenotype, inducing ER stress, regulating microRNAs, inhibiting AR signaling, and enhancing chemosensitivity. In summary, cryptotanshinone and TAN IIA appear to exert more anticancer activity against PCa; especially, TAN IIA can obtain higher bioactivity by optimizing its chemical construction and is expected to be a source of new drug.
development (27,44,45,54). This conclusion necessitates further verification through additional experiments and clinical practice. However, currently, there is a lack of clinical studies of TANs against PCa in humans. Thus, it is necessary to design more clinical trials of TANs in PCa patients to further verify their anti-tumor activity and toxicity.

**Conclusions**

TANs, including cryptotanshinone, dihydrotanshinone I, and TAN I, especially TAN IIA, exhibited great potentials in the treatment of PCa including resistant PCa.

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**Footnote**


_Conflicts of Interest:_ All authors have completed the ICMJE uniform disclosure form (available at [https://tau.amegroups.com/article/view/10.21037/tau-24-49/coif](https://tau.amegroups.com/article/view/10.21037/tau-24-49/coif)). The authors have no conflicts of interest to declare.

_Ethical Statement:_ The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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