

# Systematic review and meta-analysis on bipolar versus monopolar transurethral resection of bladder tumors

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**Background:** Transurethral resection of bladder tumour (TURB) is the initial and crucial step in the management of non-muscle invasive bladder cancer (NMIBC), having both diagnostic and therapeutic role. For many years, the gold standard for TURB was monopolar TURB (mTURB), however, it is associated with several complications related to its technical details. To overcome limitations of mTURB, TURB using bipolar technology (bTURB) has been developed. So far, making unequivocal statement about definitive advantage of bTURB over mTURB was difficult. The aim of this study was to systematically evaluate and compare the efficacy and safety of bTURB with mTURB.

**Methods:** A systematic search was conducted independently by two authors on the 4 electronic databases, including PubMed, Scopus, Embase and Cochrane Library, according to Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) statement. Nine comparative prospective studies with randomization (8 RCTs and 1 post-hoc analysis of RCT) were eligible to be included in this meta-analysis

**Results:** After extraction, data were pooled to conduct the meta-analysis. The following outcomes were analysed: operation time, catheterization time, length of hospital stay, decrease in postoperative haemoglobin level, obturator nerve reflex rate, bladder perforation rate, transfusion rate, TUR syndrome rate, one year recurrence rate, failures of detrusor muscle detection. bTURB was associated with decreased operation and hospitalization time. There were no statistically significant differences between bTURB and mTURB in terms of catheterization time, decrease in haemoglobin level, postoperative complications rates, recurrence rates and pathologic outcomes.

**Conclusions:** This meta-analysis corroborates that bTURB shows significant advantage over mTURB in terms of operation and hospitalization time while other outcomes are comparable.

Keywords: Bladder cancer (BC); transurethral resection of bladder tumour (TURB); monopolar; bipolar

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## Introduction

Bladder cancer (BC) is one of the most commonly diagnosed malignancies worldwide. Every year it affects almost 430,000 people and it positions 13<sup>th</sup> in terms of yearly oncological mortality. Furthermore, the incidence of BC is constantly increasing (1). It is estimated that 75% of primary diagnosed BCs present as non-muscle invasive cancers (NMIBC) (2). Transurethral resection of bladder tumour (TURB) is the initial and crucial step in the management of NMIBC, having both diagnostic and therapeutic role. The particular aim of this procedure is to establish the proper histological diagnosis and important prognostic factors as well as achieve a complete removal of tumour (2,3). The gold standard for TURB is conventional TURB (cTURB), classically performed with monopolar current (mTURB). However, mTURB is associated with several complications related to its technical details, e.g., serum electrolytes concentrations disturbances possibly resulting in TUR syndrome, risk of obturator nerve reflex possibly resulting in bladder perforation or thermal damage of resection chips hindering the histopathological assessment (3-5). To overcome limitations of mTURB, TURB using bipolar technology (bTURB) has been developed (6,7).

So far, making unequivocal statement about definitive advantage of bTURB over mTURB was difficult. As several randomized controlled trials (RCTs) have been published in recent years, we decided to conduct a systematic review and meta-analysis, comparing safety and efficacy of bTURB and mTURB. Our main goal was to investigate whether bTURB and mTURB differ significantly in terms of perioperative outcomes and postoperative complications rates.

We present the following article in accordance with the PRISMA reporting checklist (available at http://dx.doi. org/10.21037/tau-20-749).

## Methods

## Search strategy

A systematic search was conducted independently by two authors (WK and LN) through the 4 electronic databases, including PubMed, Scopus, Embase and Cochrane Library, according to Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) statement (8). Additionally, resource centres from biggest urological conferences were searched. Last search was performed on

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10<sup>th</sup> February. The Medical Subject Heading (MeSH) terms and/or key words and/or free words were: bladder cancer, TURB, bipolar, monopolar OR conventional. Boolean operators (NOT, AND, OR) were used in succession to narrow and broaden the search. The search included articles without time limitations. Only publications in English were considered and evidence was limited to human data.

## Inclusion and exclusion criteria

In this meta-analysis studies which met the following criteria were included: (I) study including any form of randomization; (II) study including patients diagnosed with suspected NMIBC; (III) study comparing bladder tumour resection performed with monopolar and bipolar electric energy. Retrospective and nonrandomized articles were excluded as well as review articles, case reports, letters, commentaries or observational studies. Also, studies including comparison of other operative methods than TURB (e.g., bipolar plasma vaporisation) and those with incomplete data about measured features were additionally excluded.

## Data extraction and quality assessment

Two authors (WK and LN) independently evaluated the search strategy results using prespecified eligibility criteria, and exclusions were documented systematically. Disagreements were resolved by consultation with other authors. The following data were initially extracted: first author, year of publication, country, study design, number of patients in bTURB and mTURB groups, inclusion and exclusion criteria of particular studies, participant demographics and baseline tumour characteristics. Further, following outcomes were retrieved: (I) perioperative outcomes (operation time, length of hospital stay, catheterization time, decrease in postoperative haemoglobin (Hb) level; (II) postoperative complication rates (obturator nerve reflex, bladder perforation, blood loss requiring transfusion, TUR syndrome); (III) one year recurrence rates; (IV) pathologic outcomes (absence of detrusor muscle). For articles that lacked some data authors were contacted to deliver information from their research, yet, no additional data was received.

For all included studies in this meta-analysis level of evidence (LoE) was independently estimated according to the criteria provided by the Oxford Centre for Evidence Based Medicine (9).

#### Risk of bias assessment

The risk of bias in included studies was assessed using Revised Cochrane's Risk of Bias 2 Tool (RoB 2 Tool) (10). This included assessment of bias arising from: randomization process, deviations from intended interventions, missing outcomes data, measurement of the outcomes, selection of the reported results. Two authors (WK and RZ) independently applied the RoB 2 Tool and resolved disagreements by discussion with other authors. Additionally, funnel plots were used to assess the publication bias of included studies. Because the visual interpretation of funnel plot asymmetry is inherently subjective, we also formally tested funnel plot asymmetry using the Egger test (11).

#### Statistical analysis

After extraction, data were pooled to conduct the metaanalysis. Review Manager (RevMan) Version 5.3 was the software used (The Cochrane Collaboration, The Nordic Cochrane Centre, Copenhagen, 2014). Outcomes for dichotomous variables were expressed as odds ratio (OR) with 95% confidence intervals (95 % CI). The Mantel-Haenszel (M-H) method was used for the combination of this result. In the case of continuous variables, pooled results were calculated using the weighted mean difference (WMD) with 95% CI. These results were combined using the inverse variance (IV) method. If the study did not provide the standard deviation (SD), we calculated it based on the approximate transformation from available ranges (12). Variations among the studies were evaluated with the use of the chi-square test. Also, heterogeneity  $I^2$ index was calculated in order to indicate the proportion of inconsistency between studies that could not be attributed to chance. When  $I^2 < 50\%$ , the evidences showed no significant heterogeneity, therefore we used the fixed-effect (FE) model. Otherwise, random-effect (RE) model was applied. Potential sources of heterogeneity, if significant, were explored using sensitivity analysis, performed by omitting a certain study each time. For all tests, P<0.05 was considered a statistically significant difference.

#### Results

#### Workflow of literature search

After screening 263 publications, nine comparative prospective studies with randomization (8 RCTs and 1 posthoc analysis of RCT) were eligible to be included in this

meta-analysis (13-21). *Figure 1* shows the selection process of the study.

#### Study identification and quality assessment

Included studies recruited overall 1,723 participants. In 911 cases patients had bTURB and in 812 mTURB (*Table 1*). There was no statistical difference and heterogeneity between bTURB and mTURB group populations in terms of age, gender, tumour stage and tumour focality. The populations analysed in this paper were not utterly comparable in terms of tumour size and tumour location. Two trials reported only patients with tumour >3 cm (16,18), one trial reported only patients with coronary artery disease (CAD) (13). Eligibility criteria, exclusion criteria and basic tumour characteristic of particular trials are presented in *Table 2*.

For all included studies LoE was 2b, which was considered appropriate for this meta-analysis (*Table 1*).

## Risk of bias assessment

The results of the RoB assessment (overall and stratified by RoB 2 Tool domains) are presented in *Figure 2*. One trial had overall low RoB, 6 trials had a moderate RoB and 2 trials had high overall RoB. In addition, publication bias was evaluated by funnel plot symmetry analysis as well as Egger test and no obvious biases were identified (data not shown).

#### Perioperative results

Operation time was available for 9 trials and there was no significant difference in study heterogeneity (P=0.28;  $I^2$ =18%). The pooled WMD was -2.56 (FE model: 95%) CI =-3.62 to -1.51; P<0.001), indicating that operation time was significantly shorter in bTURB group (Figure 3A). bTURB was also associated with shorter hospitalization time, reported in 5 trials (RE model: MD =-0.46; 95% CI =-0.89 to -0.03; P=0.04) (Figure 3B). Catheterization time was available for 3 trials. The pooled WMD was -0.33 (RE model: 95% CI =-1.16 to 0.49; P=0.43), indicating that there was no significant difference between bTURB and mTURB group (Figure 3C). bTURB was also not associated with significant decrease in postoperative Hb level (RE model; WMD =-0.21; 95% CI =-0.52 to 0.09; P=0.17) (Figure 3D). Analysis revealed a significant heterogeneity for hospitalization time (P<0.001; I<sup>2</sup>=90%), catheterization

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Figure 1 Flow diagram of meta-analysis.

Table 1 Baseline c	haracteristic of t	he included studies
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First suther	Veer	Countra	Decign	No. of pa	atients	Matching	Level of	
First author	t author rear Country		Design –	bTURB	mTURB	variables*	evidence**	
Bolat (13)	2018	Turkey	RCT	48	42	1.2, 3, 4, 5	2b	
Del Rosso (14)	2013	Italy	RCT	67	65	1, 2, 4, 5	2b	
Gramann (15)	2018	Switzerland	RCT	23	21	1, 2, 3, 4, 6	2b	
Hashad (16)	2017	Egypt	RCT	100	100	1, 2, 3, 5, 6	2b	
Liem (17)	2018	The Netherlands <sup>#</sup>	Post-hoc analysis of RCT	406	310	1, 2, 3, 4, 5, 6	2b	
Mahmoud (18)	2019	Egypt	RCT	40	40	1, 2, 3, 4, 5, 6	2b	
Murugavaithianathan (19)	2018	India	RCT	80	80	1, 2, 3, 4, 5, 6	2b	
Teoh (20)	2016	China	RCT	75	79	1, 2, 3, 4, 5	2b	
Venkatramani (21)	2014	India	RCT	72	75	1, 2, 3, 4, 5, 6	2b	

\*: 1, age; 2, gender; 3, tumour size; 4, tumour stage; 5, tumour focality; 6, tumour localization. \*\*, based on criteria provided by Oxford Centre for Evidence Based Medicine. \*, first author's country, study is multicenter. bTURB, bipolar transurethral resection of bladder tumour; mTURB, monopolar transurethral resection of bladder tumour; RCT, randomized controlled trial.

Table 2 Eligibility criteria, exclusion criteria and tumour characteristic of particular trials

			Tumour size	, mean (cm)	Tumour f	ocality (n)	Final tumour stage (n)		
First author, year, journal	Eligibility criteria	Exclusion criteria –	bTURB	mTURB	bTURB	mTURB	bTURB	mTURB	
Bolat, 2018 International Brazil Journal of Urology	Patients: who underwent TURB for overt or suspected bladder cancers on radiological imagings and/or cystoscopy; who had grade 2 or 3 coronary artery disease (CAD) according to New York Heart Association's (NYHA) classification	Patients without coronary artery disease (CAD); acute UTI; absence of urothelial cancer on pathology report after TURB; TURB for residual tumours; re-staging or recurrent bladder tumours; patients who were not suitable for spinal anesthesia	3	3.1	2.0±1.6 (mean number)	1.8±1.4 (mean number)	Ta: 22; T1: 15; CIS: 1; T2:11	Ta: 24; T1: 12; CIS: 1; T2: 6	
Del Rosso, 2013 International Journal of Urology	All patients planned for TURB with a new diagnosis of bladder tumour irrespective of size, site and multiplicity	Patients with UTI and who reported a MIBC after TURB	NR	NR	Single/multiple 56/11	Single/multiple 54/11	Ta: 49; T1: 18	Ta: 47; T1: 18	
Gramann, 2018 World Journal of Urology	Tumour on the lateral bladder wall (lateral to ureteral orifice); elective TURB; operability; written informed consent	UTI; pregnancy; age <18 years or lack of legal majority; antiplatelet agents (except ASA ≤100 mg)	<1 cm: 12; >1 cm: 11	<1 cm: 5; >1 cm: 16	NR	NR	No tumour: 2; Ta: 16; T1: 3; T2: 2	No tumour: 2; Ta: 13; T1:3; T2: 3	
Hashad, 2018 Arab Journal of Urology	Patients: presenting with bladder tumours of >3 cm in maximum diameter; receiving low-dose aspirin (81 mg/day) as antiplatelet therapy, which was not stopped before surgery	Patients with recurrent tumours and patients with CT or MRI evidence of MIBC	3.46	3.5	Single/multiple 70/30	Single/multiple 68/32	NR	NR	
Liem, 2018 Urologic Oncology: Seminars and Original Investigations	Patients with primary NMIBC treated with mTURB or bTURB	Tumours other than NMIBC; unknown resection technique	2.08	2.08	Single/multiple 221/182	Single/multiple 187/123	Ta: 258; T1: 137; CIS: 11	Ta: 153; T1: 150; CIS: 7	
Mahmoud, 2019 Arab Journal of Urology	Patients with newly diagnosed primary bladder tumours, with tumour size >3 cm	Patients: not suitable for spinal anaesthesia; with recurrent bladder tumours; with other urological malignancies; requiring anticoagulation; with pacemakers; with back pressure change; with urethral stricture; with active UTIs; with uncontrolled bleeding diathesis	4.09	4.06	Single/multiple 35/5	Single/multiple 33/7	Ta: 12; T1: 22; T2: 6	Ta: 8; T1: 22; T2: 10	
Murugavaithianathan 2018, Journal of Endourology	Patients with bladder tumour undergoing TURB under regional anesthesia	Patients: undergoing re-TURB; requiring general anaesthesia; who refused to give informed consent	2.7	2.5	Single/multiple 65/15	Single/multiple 70/10	Ta: 19; T1: 35; T2: 15	Ta: 13; T1: 44; T2: 18	
Teoh, 2016 Annals of Surgical Oncology	All patients who were diagnosed by cystoscopy to have a bladder tumour (either primary or recurrent) and who were planned for TURB	Patients who had prior TURB performed within a 6-week period	2.34	2.21	Single/multiple 45/30	Single/multiple 45/34	Ta: 43; T1: 13; T2: 9	Ta: 33; T1: 22; T2: 7	
Venkatramani, 2014 Journal of Urology	All consecutive patients undergoing TURB for suspected bladder tumours	Restaging TURB for high grade bladder cancer; refusal to participate; unfitness for spinal anesthesia	4.38	4.55	2.51 (mean number)	1.97 (mean number)	Ta: 21; T1:26; T2: 17; CIS: 1; Misc: 7	Ta: 22; T1: 23; T2: 21; CIS: 0; Misc: 9	

TURB, transure thral resection of bladder tumour; bTURB, bipolar transure thral resection of bladder tumour; NMIBC, non-muscle invasive bladder tumour; MIBC, muscle invasive bladder tumour; UTI, urinary tract infection; CT, computed tomography; MRI, magnetic resonance imaging; NR, not reported.



Figure 2 Risk of bias assessment.

time (P<0.001;  $I^2=91\%$ ) and postoperative Hb level decrease (P<0.001;  $I^2=95\%$ ), thus, a RE model was applied, and further discussion was made to explain the heterogeneity.

#### Complications

All 9 trials reported obturator nerve reflex rate. Heterogeneity was not detected among the trials (P=0.08,  $I^2$ =43%). There was no statistically significant difference in obturator nerve reflex rate between bTURB and mTURB group (FE model: OR =0.81; 95% CI =0.60 to 1.09; P=0.16) (*Figure 4A*). Pooled analysis revealed also no significant difference between bTURB and mTURB on bladder perforation (FE model: OR =0.81; 95% CI =0.49 to 1.35; P=0.42) (*Figure 4B*). Heterogeneity was not detected

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among the studies (P=0.30;  $I^2=16\%$ ). In 1 trial (20) either in bTURB or mTURB group number of bladder perforations was 0, thus the OR was not estimable. All trials reported data on transfusion rates and statistical heterogeneity among them was not detected (P=0.15;  $I^2=44\%$ ). Pooled analysis revealed no differences between bTURB and mTURB group on postoperative transfusion rates (FE model: OR =1.29; 95% CI =0.49 to 3.44; P=0.61) (*Figure 4C*). In 5 trials (14,15,18-20) either in bTURB or mTURB group number of blood transfusions was 0, so the OR was not estimable. Overall, only 3 cases of TUR syndrome were reported in included studies (18,21), all among patients in mTURB group. Meta-analysis on this complication could not be reliably performed due to small sample size.

#### One year recurrence rate

Follow-up data of 1 year recurrence rates were provided by 3 trials. Analysis showed that there was no significant difference in 1 year recurrence rate between bTURB and mTURB group. The pooled OR was 0.85 (FE model: 95% CI =0.63 to 1.15; P=0.29) and statistical heterogeneity among the trials was not detected (P=0.76; I<sup>2</sup>=0%) (*Figure 5*).

#### Pathological outcomes

Because of the different evaluation measures of thermal damage of specimens after TURB in each study, metaanalysis could not be performed. However, 5 trials reported data of detrusor muscle presence after bTURB and mTURB procedures. Analysis of failures in detrusor muscle detection from collected specimens was performed and pooled analysis revealed no differences between bTURB and mTURB (FE model: OR =0.83; 95% CI =0.55 to 1.26; P=0.39;  $I^2$ =0%) (*Figure 6*).

#### Sensitivity analysis

A sensitivity analysis was performed by deleting one study each time to assess the influence of an individual study on synthetic statistics. The results showed when the study of Del Rosso (14) or Hashad (16) was omitted, the result of hospitalization time demonstrated no significant statistical difference (Del Rosso: MD =-0.23; 95% CI =-0.53 to 0.07; P=0.13; Hashad: MD =-0.46; 95% CI =-1.16 to 0.25; P=0.20). Also, when the study of Venkatramani (21) was omitted, the result of obturator nerve reflex rate

۵		TURR							<b>D</b>	
Charles on Submerson	L.	TUKB	Tetal	n	TURB	Tetal	Mainha	Mean Difference	Mean Difference	
Study of Subgroup	wean	30	Total	wean	50	Total	weight	IV, Fixed, 95% CI	IV, Fixed, 95% CI	
Bolat 2018 Del Deces 2012	34.3	21.Z	48	34.0	18.7	42	1.0%	-0.30 [-8.54, 7.94]	-	
Del Russu 2013 Gramann 2019	27	0.20	22	31	1.5	00	20.1%	-4.00[-0.30,-1.04]		
Upphod 2017	20.2	13.70	100	44.0 วด 4ว	24.0	100	40.070	260[420.29, 3.49]	-	
Liom 2019	00.74 00.1	0.08	406	30.4Z	21.0	200	43.170	-2.00 [-4.29, -1.07]	<b>-</b>	
Mahmoud 2019	22.85	7 5 2	400	26.45	573	303	12106	-3 60 66 53 -0 67		
Murunavaithianathan 2018	40.53	10.83	80	40.55	12.72	90	8.4%	-0.02[-3.68_3.64]		
Teob 2016	40.00	27.2	75	363	25	79	1.6%	-0.02 [-0.00, 0.04]		
Venkatramani 2014	41.6	23.1	72	49	32.5	75	1.4%	-7.40 [-16.49, 1.69]		
Total (95% CI)			911			811	100.0%	-2 56 [-3 62 -1 51]	•	
Heterogeneity: Chiž – 9 73	df - 8 (P -	0.285.1	≓= 189	6			100.070	-2.00 [-0.02, -1.01]	· · · · · · · · · · · · · · · · · · ·	
Test for overall effect: $7 = 4$	ui – o (F – 75 /P < ∩	· 0.28), 1 00001\	- 105	0					-20 -10 Ó 10 20	
	10 (1 - 0.	00001)							Favours bTURB Favours mTURB	
R										
Study on Sub-mount	b	IURB	T-4-1	m	IURB	Tetel		Mean Difference	Mean Difference	
Study or Subgroup	Mean	SD	Iotal	Mean	SD	Iotal	weight	IV, Random, 95% CI	IV, Random, 95% CI	
Bolat 2018	2.4	Z.1	48	2.8	Z.1	42	12.3%	-0.40[-1.27, 0.47]		
Del Rosso 2013 Hachad 2017	2.2	1.25	07 100	3.5	0.75	100	21.2%	-1.30[-1.05,-0.95]		
Murugovoithiopothon 2019	1.3	0.48 N 60	00	1.70	0.00	00	23.970		- <u> </u>	
Toob 2016	1.70	1.00	00 76	1.70 1	16	00 70	23.370	-0.02 [-0.24, 0.20]		
160112010	2	1.5	75	2.1	1.0	73	19.370	-0.10[-0.30, 0.30]	_	
Total (95% CI)			370			366	100.0%	-0.46 [-0.89, -0.03]	◆	
Heterogeneity: Tau <sup>2</sup> = 0.20;	Chi <b>²</b> = 39	46, df=	4 (P <	0.0000	1); I <sup>z</sup> = 9	10%				4
Test for overall effect: $Z = 2$ .	09 (P = 0.	04)							Favours bTURB Favours mTURB	4
С	LTUDD							Difference	Mana Difference	
Study of Subgroup Ma		Total	Moo		Total	Moir	wiea abt IV D	an Difference	Mean Difference	
Study of Subgroup Me	an 50	Total	wea	<u>1 50</u>	Total	vveiį	JIL IV, F	candom, 95% CI	IV, Random, 95% CI	
Bolat 2018	1.5 1.3 4.0 0.75	48	1.	7 1.4 D 4	42	31.4	4%0 -U 207 4	.20[-0.76, 0.36]		
Del Rosso 2013 Gramann 2010	1.3 0.75	57	2.	3 1 2 0 2 5	00	35.L	-1. במג ח	00[-1.30,-0.70]		
Gramann 2010 2	.57 1	23	2.5	3 0.20	21	33.5	J70 U	.24 [-0.16, 0.00]	-	
Total (95% CI)		138			128	100.	0% -0	.33 [-1.16, 0.49]	-	
Heterogeneity: Tau <sup>2</sup> = 0.48	B; Chi <b>²</b> = 3	23.37, d	lf = 2 (F	o < 0.00	)001); P	²= 919	6	F.	<u> </u>	1
Test for overall effect: Z = I	0.79 (P =	0.43)						-4	Favours bTURB Favours mTURB	4
D		TUPP			TUSS			Marca Diff		
Study or Subarrows	Maar	TURB	Total	Maar	TURB	Total	Moinht	Mean Difference	Mean Difference	
Study of Subgroup	Mean	30	rotal	Mean	30	rotal	vveight	IV, Random, 95% C	IV, Kandom, 95% CI	
Bulat 2018 Del Deces 2012	0.72	1.24	48	0.66	0.66	42	16.1%	0.06 [-0.34, 0.46]		
Del ROSSO 2013 Lloobod 2017	0.6	0.275	100	1	0.35	400	21.6%	-0.40 [-0.51, -0.29]		
mastiau 2017 Mahmoud 2019	U.55 4 55	0.20 n E	100	1.24	0.01	100	21.4%0 10.00/	0.09 [-0.82, -0.56]		
Murugovoithionothon 2010	1.32	0.0	40	1.28	0.07	4U 00	19.2% 21.70/	0.04 [-0.22, 0.30]		
wuruyavalunanaliafi 2018	0.27	0.509	00	0.20	0.529	00	21.770	0.01[-0.08, 0.11]	I T	

 Murugavaitnianathan 2018
 0.27
 0.309
 80
 0.26
 0.329
 80
 21.7%
 0.01 [-0.09, 0.11]

 Total (95% CI)
 335
 327
 100.0%
 -0.21 [-0.52, 0.09]

 Heterogeneity: Tau<sup>2</sup> = 0.11; Chi<sup>2</sup> = 84.57, df = 4 (P < 0.00001); l<sup>2</sup> = 95%
 -0.21 [-0.52, 0.09]
 -2
 -1
 0
 1

 Test for overall effect: Z = 1.36 (P = 0.17)
 Favours mTURB
 Favours mTURB
 Favours mTURB

Figure 3 Forest plots and meta-analyses of perioperative outcomes: (A) operation time (min); (B) hospitalization time (days); (C) catheterization time (days); (D) decrease in postoperative Hb level (g/dL). bTURB, bipolar transurethral resection of bladder tumour; mTURB, monopolar transurethral resection of bladder tumour; 95% CI, 95% confidence interval; SD, standard deviation; IV, inverse variance.

demonstrated significant difference between bTURB and mTURB group (OR =0.71; 95% CI =0.51 to 0.99; P=0.04). No other change of significance of the pooled comparison

between the two groups was influenced by removing any single study, indicating that the results of our meta-analysis were stable.

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Δ	bTURB		В	mTUF	B		Odds Ratio	Odds Ratio
Λ_	Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	M-H, Fixed, 95% CI
	Bolat 2018	1	48	7	42	7.6%	0.11 [0.01, 0.90]	
	Del Rosso 2013	1	67	1	65	1.0%	0.97 [0.06, 15.84]	
	Gramann 2018	4	23	8	21	7.2%	0.34 [0.09, 1.38]	
	Hashad 2017	12	100	15	100	13.7%	0.77 [0.34, 1.75]	
	Liem 2018	25	406	22	309	24.3%	0.86 [0.47, 1.55]	
	Mahmoud 2019	2	40	10	40	9.8%	0.16 [0.03, 0.78]	
	Murugavaithianathan 2018	13	80	8	80	6.9%	1.75 [0.68, 4.48]	
	Teoh 2016	12	75	16	79	13.6%	0.75 [0.33, 1.71]	
	Venkatramani 2014	33	72	29	75	15.9%	1.34 [0.70, 2.59]	
	Total (95% CI)		911		811	100.0%	0.81 [0.60, 1.09]	•
	Total events	103		116				
	Heterogeneity: Chi <sup>2</sup> = 13.91, c	f= 8 (P =	: 0.08);	I <sup>2</sup> = 43%				
	Test for overall effect: Z = 1.40	(P = 0.1	6)					Favours bTURB Favours mTURB

В		bTUR	В	mTUF	RB		Odds Ratio		Odds	Ratio	
_	Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl		M-H, Fixe	d, 95% Cl	
	Bolat 2018	4	48	6	42	17.8%	0.55 [0.14, 2.08]				
	Del Rosso 2013	0	67	2	65	7.7%	0.19 [0.01, 4.00]				
	Gramann 2018	1	23	1	21	3.0%	0.91 [0.05, 15.52]				
	Hashad 2017	1	100	4	100	12.0%	0.24 [0.03, 2.21]			<u> </u>	
	Liem 2018	11	406	3	309	10.1%	2.84 [0.79, 10.27]		-		
	Mahmoud 2019	0	40	2	40	7.5%	0.19 [0.01, 4.09]				
	Murugavaithianathan 2018	1	80	4	80	12.0%	0.24 [0.03, 2.20]			<u> </u>	
	Teoh 2016	0	75	0	79		Not estimable				
	Venkatramani 2014	12	72	12	75	29.8%	1.05 [0.44, 2.52]				
	Total (95% CI)		911		811	100.0%	0.81 [0.49, 1.35]		-		
	Total events	30		34							
	Heterogeneity: Chi <sup>2</sup> = 8.37, df	= 7 (P = 1	0.30); P	²=16%				0.005	01		
	Test for overall effect: Z = 0.81	(P = 0.4)	2)					0.005	U.I Eavours hTURB	Favours mTLIRB	200
									Favours DTORD	Favours IIITORD	

С		bTUR	В	mTUF	RB		Odds Ratio		Odds	Ratio	
_	Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl		M-H, Fixe	d, 95% Cl	
	Bolat 2018	0	48	2	42	36.8%	0.17 [0.01, 3.58]	4			
	Del Rosso 2013	0	67	0	65		Not estimable				
	Gramann 2018	0	23	0	21		Not estimable				
	Hashad 2017	0	100	2	100	34.7%	0.20 [0.01, 4.14]	←	-		
	Liem 2018	5	406	1	310	15.6%	3.85 [0.45, 33.15]				
	Mahmoud 2019	0	40	0	40		Not estimable				
	Murugavaithianathan 2018	0	80	0	80		Not estimable				
	Teoh 2016	0	75	0	79		Not estimable				
	Venkatramani 2014	4	72	1	75	12.9%	4.35 [0.47, 39.92]			-	-
	Total (95% CI)		911		812	100.0%	1.29 [0.49, 3.44]				
	Total events	9		6							
	Heterogeneity: Chi <sup>2</sup> = 5.33, df	'= 3 (P = 1	0.15); P	²= 44%							400
	Test for overall effect: Z = 0.52	2 (P = 0.6	1)					0.01	Favours bTURB	Favours mTURB	100

Figure 4 Forest plots and meta-analyses of complication rates: (A) obturator nerve reflex; (B) bladder perforation; (C) blood loss requiring transfusion. bTURB, bipolar transurethral resection of bladder tumour; mTURB, monopolar transurethral resection of bladder tumour; 95% CI, 95% confidence interval; M-H, Mantel-Haenszel method.

## Discussion

Correctly managed NMIBCs present relatively good survival rates. Nevertheless, the risk of tumour recurrence or progression to muscle invasive disease is very high (22,23).

Therefore, to ensure good diagnostic and therapeutic quality, TURB is a subject of continuous technological development (2,3,24). Originally, TURB was performed with monopolar electrocautery. The technique has been

	<b>b</b> TUR	B	mTU	RB		Odds Ratio	Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	I M-H, Fixed, 95% CI
Del Rosso 2013	12	67	13	65	11.9%	0.87 [0.37, 2.09]	]
Liem 2018	100	386	91	304	82.7%	0.82 [0.59, 1.14]	] -
Mahmoud 2019	9	29	7	27	5.5%	1.29 [0.40, 4.13]	]
Total (95% CI)		482		396	100.0%	0.85 [0.63, 1.15]	1 🔸
Total events	121		111				
Heterogeneity: Chi <sup>2</sup> =	0.54, df=	2 (P =	0.76); l <sup>2</sup> =				
Test for overall effect:	Z=1.05	(P = 0.2	29)		Favours bTURB Favours mTURB		

Figure 5 Forest plot and meta-analysis of one-year recurrence rate bTURB, bipolar transurethral resection of bladder tumour; mTURB, monopolar transurethral resection of bladder tumour; 95% CI, 95% confidence interval; M-H, Mantel-Haenszel method.



Figure 6 Forest plot and meta-analysis of failures in detrusor muscle detection. bTURB, bipolar transurethral resection of bladder tumour; mTURB, monopolar transurethral resection of bladder tumour; 95% CI, 95% confidence interval; M-H, Mantel-Haenszel method.

used up to present since its emergence, even though the bipolar energy is increasingly used nowadays. However, because of the fact that in the monopolar resection electric current runs from the resection loop through the patient's body to the grounding pad placed on the patient's skin, there is a risk of obturator nerve stimulation and an abrupt adductor muscles contraction. This increases significantly the risk of clinically relevant perforations (5,25). What is more, as mTURB is performed in nonconductive irrigative solution (water, glycine, sorbitol, mannitol), the vascular absorption of this fluid may cause the life-threatening electrolyte disbalance. Finally, because of high resection temperatures applied with mTURB, significant collateral and penetrative tissue injury together with charring of the specimen tissues occurs (25,26). Later, bipolar resection was invented to overcome abovementioned flaws of mTURB. In this technology, electric current runs between two electrodes incorporated in the resectoscope, and isotonic saline is used as the irrigant. What is more, plasma field of highly ionized particles produced around the resection tool disrupts the organic molecular bonds between tissues at relatively low temperatures (40-70 °C). In result, bipolar resection is

hypothesized to be safer and to create less thermal damages on both resection bed and histopathological samples (6,7).

After performing individual calculations for analysed perioperative factors it was demonstrated that operative and hospitalization times were significantly shorter in bTURB group. On the other hand, catheterization time and decrease in postoperative Hb level did not differ statistically between the resection methods. Analysis revealed a significant heterogeneity in studies reporting hospitalization time and catheterization time Also, the sensitivity analysis revealed that the impact of two papers (14,16) was essential in hospitalization time analysis. After omitting any of those studies statistical significance was lost. This probably might be caused by the fact, that studies were conducted in different healthcare economic systems with variable procedures coverage criteria. There was also high heterogeneity in studies reporting Hb decrease. This may be explained by the fact that Hb concentration (both before and after the procedure) is not strictly and unambiguously related to the procedure, but depends on multiple factors including (among others) patient characteristics, comorbidities and drugs, anaesthesiologic protocol employed, amount of intravenous fluids etc.

When complications were assessed, neither obturator nerve reflex rate, bladder perforation rate, nor transfusion rate did differ statistically. Yet, when one study (21) was omitted in obturator nerve reflex analysis, the difference achieved statistical significance. However, it has to be remembered that there is no objective method of obturator reflex reporting, and operator subjectivity may significantly influence the results. We did not assess the TUR syndrome risk, as the number of publications reporting this complication and the number of the events was minimal and therefore not suitable for statistical analysis.

Finally, 1 year recurrence rate and rate of failures in lamina muscularis detection in the histopathological specimen differences did not reach statistical significance. We could not compare the damage level of histopathological specimens due to various measurements and various definitions used across the studies.

After performing assessment of possible bias it was shown that one study had overall low risk of bias, 6 studies had a moderate and 2 studies had high overall risk of bias. However some details that are not clearly included in RoB 2 protocol should be disclosed. The populations analysed in this paper were not utterly comparable, which is caused by different studies' hypotheses and aims. As some studies included specific patients population (13,15,16,18), it can limit the generalizability of presented results, even though sensitivity analysis did not show their impact on pooled analysis.

Up to date, two different meta-analyses comparing both methods were performed. In the meta-analysis from 2016, Zhao *et al.* showed similarly that the bTURB was associated with shorter operative time and shorter hospital stay On contrary, they demonstrated less blood loss, and shorter catheterization time. What is more, there were fewer complications such as obturator reflex and bladder perforation in the bTURB group and the recurrence rates during 2 years after the procedure were slightly more favourable (27). However, the meta-analysis included four papers from China National Knowledge Infrastructure which are not available in international databases and therefore could not be incorporated in our analysis. What is more, authors included non-randomized trials and papers evaluating tumour vaporisation.

In the next meta-analysis, presented by Cui *et al.* authors found that alike in our analysis, there were no statistically significant differences between bTURB and mTURB in terms of obturator reflex, bladder perforation, and transfusion rates. Also, operation time was shorter for bTURB and catheterization time did not differ statistically. Finally, the grade of tissue samples cautery artefacts and recurrence rate did not differ statistically (28). It has to be highlighted that Cui's paper is burdened with similar flows as previous meta-analysis. Additionally, authors included many case control studies and cohort studies, which, together with low number of cases and events, significantly reduces the statistical value of calculations.

## Conclusions

This meta-analysis corroborates, that bTURB has an advantage over mTURB in terms of some perioperative outcomes, such as operation and hospitalization time, while other outcomes are comparable.

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#### Footnote

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