<u>Materials Design Analysis Reporting (MDAR)</u> Checklist for Authors

The MDAR framework establishes a minimum set of requirements in transparent reporting applicable to studies in the life sciences (see Statement of Task: doi:10.31222/osf.io/9sm4x.). The MDAR checklist is a tool for authors, editors and others seeking to adopt the MDAR framework for transparent reporting in manuscripts and other outputs. Please refer to the MDAR Elaboration Document for additional context for the MDAR framework.

Materials

Antibodies	Yes (indicate where provided: section/paragraph)	n/a
For commercial reagents, provide supplier	Yes. Methods, paragraph 8/ Immunoblotting and	-
name, catalogue number and RRID, if available.	exosome confirmation.	
Cell materials	Yes (indicate where provided: section/paragraph)	n/a
Cell lines: Provide species information, strain.	No cell lines were involved.	NA
Provide accession number in repository OR		
supplier name, catalog number, clone number,		
OR RRID		
Primary cultures: Provide species, strain, sex of		NA
origin, genetic modification status.		
Experimental animals	Yes (indicate where provided: section/paragraph)	n/a
Laboratory animals: Provide species, strain, sex, age,	No lab animals were involved.	NA
genetic modification status. Provide accession		
number in repository OR supplier name, catalog		
number, clone number, OR RRID		
Animal observed in or captured from the	No lab animals were involved.	NA
field: Provide species, sex and age where		
possible		
Model organisms: Provide Accession number	No lab animals were involved.	NA
in repository (where relevant) OR RRID		
Plants and microbes	Yes (indicate where provided: section/paragraph)	n/a
Plants: provide species and strain, unique accession	No plants and microbes were involved.	NA
number if available, and source (including location		
for collected wild specimens)		
Microbes: provide species and strain, unique	No plants and microbes were involved.	NA
accession number if available, and source	•	
Human research participants	Yes (indicate where provided: section/paragraph)	n/a
Identify authority granting ethics approval (IRB or	Yes, Methods/the 1 st paragraph.	
equivalent committee(s), provide reference number		
for approval.		
Provide statement confirming informed consent	Yes, Methods/the 1 st paragraph.	
obtained from study participants.		
Report on age and sex for all study participants.	Yes, it was showed in Table 1 and Results/paragraph 3.	

<u>Design</u>

Study protocol	Yes (indicate where provided: section/paragraph)	n/a
For clinical trials, provide the trial registration number OR cite DOI in manuscript.	This study is not a clinical trail.	N A
Laboratory protocol	Yes (indicate where provided: section/paragraph)	n/a
Provide DOI or other citation details if detailed step- by-step protocols are available.	doi:10.1016/j.eururo.2016.08.012.	
Experimental study design (statistics details)	Yes (indicate where provided: section/paragraph)	n/a
State whether and how the following have been done, or if they were not carried out.	Yes, Methods/ Statistical analysis/3 rd and 4th paragraph	
Sample size determination	Methods/ 1 st paragraph	
Randomisation	Non-randomized study	
Blinding	Non-blinding study	
Inclusion/exclusion criteria	Yes, Methods/ 1 st and 2 nd paragraph	-
Sample definition and in-laboratory replication	Yes (indicate where provided: section/paragraph)	n/a
State number of times the experiment was replicated in laboratory	Yes. Methods/ Urine-derived exosomal RNA isolation and quantitative RT-PCR/1 st paragraph	
Define whether data describe technical or biological replicates	Yes. Methods/ Urine-derived exosomal RNA isolation and quantitative RT-PCR/1 st paragraph	
Ethics	Yes (indicate where provided: section/paragraph)	n/a
Studies involving human participants: State details of authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval.	Yes. Methods/1 st paragraph	
Studies involving experimental animals: State details of authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval.	No experimental animal was involved.	N A
Studies involving specimen and field samples: State if relevant permits obtained, provide details of authority approving study; if none were required, explain why.	Yes. Methods/1 st paragraph	
Dual Use Research of Concern (DURC)	Yes (indicate where provided: section/paragraph)	n/a
If study is subject to dual use research of concern, state the authority granting approval and reference number for the regulatory approval		N A

<u>Analysis</u>

Attrition	Yes (indicate where provided: section/paragraph)	n/a
State if sample or data point from the analysis is excluded, and whether the criteria for exclusion were determined and specified in advance.	Yes. Results/2 nd paragraph	
Statistics	Yes (indicate where provided: section/paragraph)	n/a
Describe statistical tests used and justify choice of tests.	Yes. Methods/ Statistical analysis	
Data Availability	Yes (indicate where provided: section/paragraph)	n/a
State whether newly created datasets are available, including protocols for access or restriction on access.	The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.	
If data are publicly available, provide accession number in repository or DOI or URL.	The datasets used and/or analyzed during the current study are available from the corresponding author on	
If publicly available data are reused, provide accession number in repository or DOI or URL, where possible.	The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.	
Code Availability	Yes (indicate where provided: section/paragraph)	n/a
For all newly generated code and software essential for replicating the main findings of the study:	None	N A
State whether the code or software is available.	None	N
If code is publicly available, provide accession number in repository, or DOI or URL.	None	N A

Reporting

Adherence to community standards	Yes (indicate where provided: section/paragraph)	n/a
MDAR framework recommends adoption of discipline-specific guidelines, established and endorsed through community initiatives. Journals have their own policy about requiring specific		
guidelines and recommendations to complement MDAR.		
State if relevant guidelines (eg., ICMJE, MIBBI, ARRIVE) have been followed, and whether a checklist (eg., CONSORT, PRISMA, ARRIVE) is provided with the manuscript.	ICMJE guidelines were followed, as the journal follows ICMJE recommendations for publication.	

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