

# Telomerase positive CTCs with PSMA high expression associated with prostate cancer metastasis

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**Background:** Whether circulating tumor cells (CTCs) with prostate-specific membrane antigen (PSMA) high expression was related to the metastatic progress in prostate cancer (PCa) remains explored. This study aimed to provide evidence to elucidate this relationship via the telomerase reverse transcriptase (TERT)-based CTC detection method.

**Methods:** A total of 71 patients were enrolled and divided into the local PCa group (n=44) and metastatic PCa group (n=27). TERT-based CTC detection (TBCD) was used to detect CTCs. CTCs single-cell sequencing data were analyzed using gene ontology (GO) functional classification and enrichment.

**Results:** The mean 'TERT<sup>+</sup> CTCs' number was 6.11±9.63 in the metastatic group and 4.09±3.41 in the local group. GO enrichment analysis for 77 prostate CTCs single-cell sequencing confirmed that proliferation-related terms were enriched in the PSMA-high expression group, and 27 metastasis-related gene panels also had high expression in this group. Then, PSMA antibody was applied to mark the 'TERT<sup>+</sup> CTCs'. The proportion of patients with 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs' was positively associated with the Gleason score. Furthermore, the proportion of 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs' patients was 48.15% in the metastatic group, significantly higher than 22.72% in the local group.

**Conclusions:** This study suggested that TERT positive CTCs with high PSMA expression were associated with the PCa metastatic progress.

**Keywords:** Circulating tumor cell (CTC); prostate cancer (PCa); prostate-specific membrane antigen (PSMA); telomerase reverse transcriptase (TERT)

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### Introduction

Prostate cancer (PCa) is one of the most common cancer in men, and the incidence rate was increased in China in recent years. Radical prostatectomy (RP), hormone therapy, and radiotherapy (RT) are the treatment options for PCa (1). Although the patients with localized PCa will meet a long-time prognosis after the surgery and regular treatment, some PCa patients will progress to metastatic PCa and further develop castration-resistant PCa, which was associated with high lethality and poor prognosis (2,3). Thus, exploring the metastasis-related biomarker is critical for changing the treatment strategy to prevent metastasis events.

Circulating tumor cells (CTCs) are cancer cells detached from the primary tumor site into the circulation and regarded as potential metastatic seeds. CTCs have been reported to detect tumor metastasis and prognosis among those patients, which could be an ideal biomarker for PCa metastasis management (4-6). We have previously established a telomerase reverse transcriptase (TERT)based CTC detection (TBCD) method and showed a high sensitivity in lung cancer diagnosis (7,8). High telomerase activity plays a crucial role in the high division activity of cancer cells, and this approach could enrich and separate viable tumor cells with high proliferation ability (9,10). Thus, further characterizing telomerase-positive CTCs may disclose the characters of the metastatic process.

Prostate-specific membrane antigen (PSMA) is a kind of glutamate carboxypeptidase expressed on the membrane surface. Some studies have shown that PSMA is expressed in most primary or metastatic PCa and positively correlated with the malignancy of cancer (11-13). Due to the high expression of PSMA in PCa and its high affinity with antibodies, some studies indicated that PSMA could play an essential role in diagnosing and treating PCa (14-16). To note, PSMA has been proved that widely correlated with PCa metastasis in recent years, and Cho et al. showed that PSMA expression was significantly higher in cases of metastatic prostate (11,17). Thus, whether the PSMA expression level on CTCs was related to the metastatic progress in PCa still needs further elucidation. In this study, bioinformatics analysis was performed to confirm that high PSMA expression CTCs were associated with tumor metastasis. Then, we further revealed the relationship between 'TERT' PSMA' CTCs' and PCa metastasis. We present the following article in accordance with the STROBE reporting checklist (available at https://tau.

amegroups.com/article/view/10.21037/tau-21-1140/rc).

### **Methods**

#### Patients and study design

A total of 71 patients diagnosed as PCa in the Cancer Hospital, Chinese Academy of Medical Sciences were enrolled from July 2018 to May 2021. PCa was defined according to the National Comprehensive Cancer Network (NCCN) guidelines. All biopsied specimens were evaluated and diagnosed by experienced pathologists according to International Association of Uropathology (ISUP) 2014 modified Gleason score system. Metastatic PCa was defined as tumor metastasis to bone, lung, liver, or other organs according to imaging examination. Sixty-one patients had magnetic resonance imaging (MRI)-detected abnormalities. The other 10 patients only received computerized tomography (CT) due to the contraindications. MRI results were scored based on the prostate imaging and reporting and data system (PIRADS) version 2. See Figure 1 for study flowchart. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). Ethical approval was obtained from the ethics committees of the National Cancer Center/Cancer Hospital, Chinese Academy of Medical Sciences and Peking Union Medical College (No. NCC2014G-16). All enrolled patients have signed written informed consent.

### CTCs detection reagents

CTCs were detected using a reagent of herpes simplex virus type 1 (oHSV1)-human telomerase reverse transcriptase promoter (hTERTp)-green fluorescent protein (GFP).

The oHSV1-hTERTp-GFP was designed by replacing the endogenous ICP4 promoter with a TERT promoter and replacing the genes encoding cell protein 34.5 (ICP34.5) with a *GFP* gene as described before (7,8). The purified viruses were stored at -80 °C until use.

### Peripheral blood (PB) sampling and CTC identification

Collected 4 milliliters of prebiopsy PB with ethylene diamine tetraacetic acid (EDTA) tubes and kept them at 4 °C until separation. Sample preparation and detailed workflow were carried out as previously described (7,8). In brief, the oHSV1-hTERTp-GFP was used to infect the cells after lysis of red blood cells, then infected cells were



Figure 1 Flowchart of the study. PCa, prostate cancer; MRI, magnetic resonance imaging; CT, computerized tomography; CTCs, circulating tumor cells; TBCD, TERT-based CTC detection; TERT, telomerase reverse transcriptase; PSMA, prostate specific membrane antigen.

incubated at 5% CO<sub>2</sub> and 37 °C cell incubator for 24 h. The transduced cells were collected, then stained with an anti-CD45 antibody (Biolegend, San Diego, CA, USA; Cat: 304014) and anti-PSMA antibody (Biolegend, Cat: 342508). CTCs were detected by flow cytometry. The 'CD45<sup>-</sup> GFP<sup>+</sup> cells' were recorded as 'TERT<sup>+</sup> CTCs', the 'CD45<sup>-</sup> GFP<sup>+</sup> PSMA<sup>+</sup> cells' were recorded as 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs'.

### Identification of CTCs using ImageStreamX<sup>®</sup>

One tube of 4 mL PB was prepared, as described above. The sample was treated with a standard CTC identification process. The cells were collected and incubated with an eFluor 405-labeled anti-CD45 antibody (eBioscience, Waltham, MA, USA; Cat: 48-0459-42) and APC-labeled anti-PSMA antibody (Biolegend, Cat: 342508). The incubation conditions were 30 min at room temperature. After washing, CTCs were detected with an ImageStreamX<sup>®</sup> Mark II system (Amnis, Seattle, WA, USA) for imaging flow cytometry.

### **Bioinformatics** analysis

We downloaded the data of PSMA expression profile in PCa primary tumor site, CTCs or white blood cell (WBC) from the ctcRbase database (http://www.origin-gene.cn/database/ctcRbase/index.html). The PCa CTCs single-cell expression profile data were downloaded from the ctcRbase database (http://www.origin-gene.cn/database/ctcRbase/index.html) and GEO database (GSE67980) (18).

Gene ontology (GO) functional classification and enrichment analysis were performed to identify significantly enriched GO terms for differentially expressed proteins between PSMA high expression group and the low expression group. We further extracted 27 metastasisrelated gene panels (Table S1) from the literature review based on the following reasons (19-22): (I) these genes have been proven to be associated with tumor metastasis by many studies, (II) this gene panel is involved in tumor metastasisassociated signaling activation, genomic instability, cell migration and colonization, and so on. The gene expression levels were defined as the sum of the total gene expression value. Expression reads of gene panels were first normalized to fragments per kilobase of exon model per million mapped fragments (FPKM) values, then calculated and compared the sum of the expression values between PSMA high expression group and low expression group.

### Statistical analysis

Data analysis in this study was performed with standard software (R, Prism GraphPad version 8.2). The nonparametric Mann-Whitney U test was used to test asymmetric and continuous data between patient groups. The expected and observed frequencies in categorical variables between two groups were analyzed using Pearson's chi-squared test. Data are shown as mean values with standard deviations (mean  $\pm$  SD). Results were considered statistically significant when the P value was less than 0.05.

### Results

### Patient characteristics

The clinical characteristics of the enrolled patients are provided in Table 1. A total of 71 PCa patients were enrolled in this study. According to the progress of the PCa, 44 patients were divided into local PCa groups, and 27 patients were divided into metastatic PCa groups. The median prostate-specific antigen (PSA) value in the local PCa group was 12.27 ng/mL, whereas the metastasis group had a higher median PSA value of 321.1 ng/mL (P<0.0001). Besides, metastasis PCa displayed a higher pathologic Gleason score (P=0.0092) and MRI PIRADS score (P<0.0001). In the local PCa group, 36 patients accepted the RP and 8 patients accepted the RT or RT combined with androgen deprivation therapy (ADT); in the metastasis PCa group, 19 patients accepted the ADT combined with novel hormonal agents (NHAs) and 8 patients accepted the ADT combined with chemotherapy. The pathology results of post-RP in the local PCa group were provided in Table 1. Age and family history were not statistically different between the two groups (P>0.05).

### Correlation between telomerase positive CTCs and clinical characteristics

First, we analyzed the correlation between TERT-positive CTCs and clinical features. As shown in *Figure 2A*, the mean CTC number was  $6.11\pm9.63$  per 4 mL blood in the metastasis PCa group and  $4.09\pm3.41$  per 4 mL blood in the local PCa group, there was no statistical difference between the two groups (P=0.11). There was also no significant linear correlation between PSA level and CTC numbers (*Figure 2B*). Furthermore, PCa with higher grades of Gleason score (score 6 vs. score 7 vs. score 8 vs. score  $9-10 = 3.13\pm1.36$  vs.  $5.15\pm4.04$  vs.  $4.28\pm3.34$  vs.  $6.44\pm11.74$ , P=0.79) tend to detect more CTCs (*Figure 2C*), although there was no statistical difference.

### PSMA was highly expressed in CTCs and associated with PCa metastasis

To uncover the correlation between CTCs and PSMA expression, we first analyzed 77 CTCs' single-cells sequencing data. The results showed that the PSMA was a higher expression in the PCa primary site (median =6.81, range from 0.64 to 9.53) and CTC (median =2.18, range from 0 to 12.12) than the WBC (median =0, range from 0 to 0.49) (P<0.05) (Figure 3A). Subsequently, we applied Flowsight to confirm the PSMA was expressed in CTCs. As shown in Figure 3B, CTCs highly expressed GFP and PSMA, and without CD45 expression. WBCs expressed only CD45. On the other hand, CTCs were also larger than WBCs. To analyze whether the PSMA high expression rate can promote the metastatic capability of PCa CTC, we divided 77 PCa CTCs single-cell expression profile data into PSMA high expression group (PSMA-high group) and PSMA low expression group (PSMA-low group) based on the median value of PSMA expression. We performed GO enrichment analysis of differentially expressed genes between two groups. As shown in Figure 3C, GO analysis revealed that the major terms of cell division related to proliferation were enriched in the PSMA-high group. To further demonstrate the relationship between proliferation and metastasis, we used a 27 metastasis-related genes panel (Table S1) to verify it. As shown in Figure 3D, the sum of genes expression value was significantly higher in the PSMA-high group than the PSMA-low group (P=0.0031). These results suggest that high expression of PSMA in CTCs may be associated with the metastasis of PCa.

Characteristic	Local PCa (n=44)	Metastatic PCa (n=27)	Р
Age, year (range)	68.73 (56–82)	69.74 (55–83)	0.635
Median PSA (range), ng/mL	12.27 (4.48–99.12)	321.1 (4.67–9,995)	<0.0001
Gleason score, n (%)			0.0092
3+3	8 (18.2)	-	
3+4	5 (11.4)	-	
4+3	6 (13.6)	2 (7.4)	
4+4	18 (40.9)	14 (51.9)	
4+5	5 (11.4)	5 (18.5)	
5+4	1 (2.3)	6 (22.2)	
5+5	1 (2.3)	-	
Imaging test, n (%)			-
MRI	44 (100.0)	17 (63.0)	
CT	0	10 (37.0)	
MRI score, n (%)			<0.0001
3	18 (40.9)	-	
4	16 (36.4)	1 (5.9)	
5	10 (22.7)	16 (94.1)	
Treatment, n (%)			-
RP	36 (81.8)	-	
RT or RT + ADT	8 (18.2)	-	
ADT + NHAs	-	19 (70.4)	
ADT + chemotherapy	-	8 (29.6)	
pT, n (%)			-
pT2	24 (66.7)	-	
pT3	12 (33.3)	-	
pT4	0	-	
pN, n (%)			-
pN0	1 (2.8)	-	
pN1	35 (97.2)	-	
Family history	None	None	_

 Table 1 Patients characteristic

PCa, prostate cancer; PSA, prostate-specific antigen; MRI, magnetic resonance imaging; CT, computerized tomography; RP, radical prostatectomy; RT, radiotherapy; ADT, androgen deprivation therapy; NHAs, novel hormonal agents; pT, pathological tumor; pN, pathological node.



**Figure 2** Distribution of the 'TERT<sup>+</sup> CTCs' among different PCa groups. (A) Comparison of the number of 'TERT<sup>+</sup> CTCs' between the local PCa group and the metastatic PCa group ( $4.09\pm3.41$  *vs.*  $6.11\pm9.63$  per 4 mL blood, P=0.11). (B) The linear correlation between log10 PSA and the number of 'TERT<sup>+</sup> CTCs'. R<sup>2</sup> =0.09, P=0.0103. (C) Comparison of the number of 'TERT<sup>+</sup> CTCs' between different Gleason score (score 6 *vs.* score 7 *vs.* score 8 *vs.* score 9–10 =  $3.13\pm1.36$  *vs.*  $5.15\pm4.04$  *vs.*  $4.28\pm3.34$  *vs.*  $6.44\pm11.74$ , P=0.79). PCa, prostate cancer; CTC, circulating tumor cell; PSA, prostate-specific antigen; TERT, telomerase reverse transcriptase.

### PSMA and TERT double-positive CTCs was closely related to the metastasis of PCa

We further used TBCD to confirm that PSMA highexpressed CTCs were correlated with the metastatic events. As shown in Figure 4A, 23 out of 71 patients detected at least one PSMA positive CTCs, and we defined those patients as 'TERT' PSMA' CTCs' patients, and other patients as 'TERT' PSMA<sup>-</sup> CTCs' patients. We first depicted the distribution of 'TERT' PSMA' CTCs' patients among the different Gleason scores representing PCa risk classification. In high Gleason score patients (Gleason >7), 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs' patient's positive rate was significantly higher than in intermediate and low Gleason score patients (Gleason score  $\leq 7$ ) (score 6 vs. score 7 vs. score 8 vs. score 9-10 = 25.00% vs. 15.28% vs. 34.38% vs. 44.44%, P<0.0001, Figure 4B). The data indicated that more 'TERT<sup>+</sup> CTC' with PSMA high expression could be detected in higher-risk PCa. Finally, we compared the proportion of 'TERT' PSMA' CTCs' patients between the local PCa group and metastatic PCa group. As shown in Figure 4C, the percent of 'TERT' PSMA' CTCs' patients was 48.15% (13 out of 27 patients) in the metastatic group, significantly higher than 22.72% (10 out of 44 patients) in the local group (P=0.0263). These data suggested that TERT and PSMA double-positive CTCs are closely related to the metastasis of PCa.

### **Discussion**

In this study, we used TBCD to detect the expression rate of PSMA on telomerase-positive CTCs between the local PCa group and metastatic PCa group, and provided new evidence that PSMA and TERT double-positive CTCs were associated with the high tumor risk and metastasis.

CTCs were shedding from the primary tumor into the PB circulation and potentially functioning as seeds to form the metastatic foci (4,23). Food and Drug Administration (FDA) has approved CTC-enumeration as an indicator for the evaluation of PCa metastasis burden. Malihi *et al.* (24) proved that CTCs with genomic instability could be the aggressive hallmark of advanced PCa. Some studies revealed that the CTCs with diverse phenotypes are closely related to cancer progression and metastasis (25,26). It is of great importance for prognosis evaluation through CTCs detection among advanced PCa patients, and we also confirmed that CTCs could be an ideal marker to predict tumor metastasis.

CTCs as a promising tool to develop predictive molecular biomarkers require more advanced and sophisticated equipment. Currently, CTCs enrichment is based on technologies as below: (I) CTC-specific liganddependent method: microfluidic system, CellSearch, immunomagnetic enrichment, etc. (II) CTC-specific ligandindependent (physics-based) methods: size, deformability-, density-based detection, etc. (27). EpCAM was a promising

808



**Figure 3** High expression of PSMA in CTCs is associated with tumor metastasis. (A) The PSMA expression profile in PCa primary tumor site (median =6.81, range from 0.64 to 9.53), CTCs (median =2.18, range from 0 to 12.12) or WBC (median =0, range from 0 to 0.49) (P<0.05). (B) Images of PCa CTCs acquired by imaging flow cytometry. CD45-eFluor 450 (purple), hTERTp-GFP (green), PSMA (red). 'TERT<sup>+</sup> CTCs' were recorded as 'CD45<sup>-</sup> GFP<sup>+</sup> PSMA<sup>+</sup> cells'. WBCs were only marked with CD45. (C) Gene ontology enrichment analysis of differentially expressed genes between PSMA high expression group and low expression group. (D) Comparison of the sum value of metastasis-related genes between PSMA high expression group and low expression group (P=0.0031). PSMA, prostate specific membrane antigen; CTCs, circulating tumor cells; WBCs, white blood cells; FPKM, fragments per kilobase of exon model per million mapped fragments; hTERTp, human telomerase reverse transcriptase promoter; GFP, green fluorescent protein; PCa, prostate cancer.

epithelial cell-specific marker for isolating CTCs. However, CTCs may lose EpCAM-specific molecules due to the epithelial-mesenchymal transition (EMT) process, resulting in the inability to enrich CTCs with mesenchymal phenotypes (28). Those CTCs underwent the EMT may represent a more malignant subset of tumor cells. Some tumor cells with weak or no expression of EpCAM antigens also cannot be effectively used (29). On the other hand, some benign epithelial circulating cells may contaminate CTCs and cause false positives. Those weak points may limit EpCAM's clinical application. Telomerase is a pan tumor hallmark which highly expressed in about 80% of malignant tumors and is required for malignant transformation and tumor progression (9). Some studies indicated that tumors with higher telomerase activity are associated with activation of energy metabolism, stem cell activity and cell migration (10,30). Accordingly, telomerase-based CTC detection is a promising approach to capture living CTCs for tumor progression monitoring, tumor diagnosing and therapeutic efficacy evaluation (10). Hwang *et al.*, Ma *et al.*, Togo *et al.* and Takakura *et al.* (31-34) conducted various studies to confirm that telomerase-based



**Figure 4** Comparison of 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs' patients among different PCa groups. (A) 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs' patients were detected in 23 out 71 PCa patients. The notation red color represents 'TERT<sup>+</sup> CTCs' (included 'TERT<sup>+</sup> PSMA<sup>-</sup> CTCs' and 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs'), and the blue color represents PSMA-positive CTCs (TERT<sup>+</sup> PSMA<sup>+</sup> CTCs) in total CTCs. (B) Comparison of 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs' patients in different Gleason score, score 6 *vs.* score 7 *vs.* score 8 *vs.* score 9–10 = 25.00% *vs.* 15.28% *vs.* 34.38% *vs.* 44.44%, P<0.0001. (C) Comparison of 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs' patients percent between local PCa group (10 out of 44 patients, 22.72%) and metastatic group (13 out of 27 patients, 48.15%), P=0.0263. TERT, telomerase reverse transcriptase; CTCs, circulating tumor cells; PSMA, prostate specific membrane antigen; PCa, prostate cancer.

CTC detection is a powerful weapon for CTC detection in PCa, breast cancer, pancreatic cancer, non-small cell lung cancer, and cervical cancer. We also applied TBCD in diagnosing early PCa and pulmonary nodules and exhibited a high diagnostic ability. Besides, a very low amount 'GFP' CD45<sup>-</sup>' background cells was detected for benign prostate disease (1.15±1.87 cells per 4 mL PB), benign lung nodules (1.29±0.43 cells per 4 mL PB), or healthy donors (0.63 per 4 mL PB) (7,8,35). Fewer studies further exploited its clinical application for tumor metastasis prediction. In this study, we used TBCD to detect the viable CTCs between the local PCa group and metastatic PCa group, and showed that the mean number of TERT-based CTCs in the metastatic group was higher than the local group. However, there is no statistical difference between the two groups, which may due to the limitation of sample size.

As a high expression pattern antigen expressed on the PCa membrane surface, PSMA-specific probe positron emission computed tomography (PET) was clinically widely used for cancer lesion visualization and confirmed the value in prostate disease diagnosing, staging and treatment in some studies (11,14-16). Furthermore, PSMA was reported to promote cancer progression and metastatic lesion formation (11). Our study provided reliable evidence that increased PSMA expression in PCa primary lesions and CTCs compared to normal prostate tissue via ctcRdatabase, and confirmed that CTCs with high PSMA expression had stronger proliferation and metastasis ability. PSMA expression was reported to correlate with Gleason score and cancer aggressiveness, which is also shown in our results (36). Besides, some studies showed that PSMA high expression CTCs were associated with short overall survival and progression free survival

(PFS) in metastatic PCa (37-39). However, those studies above did not provide evidence that PSMA was associated with tumor metastasis. In our study, we showed that 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs' was associated with PCa metastasis which implies that those CTCs could be the 'seeds' of metastatic site. We believe that 'TERT<sup>+</sup> PSMA<sup>+</sup> CTCs' could be the concomitant diagnosis for PSMA-PET and drug therapy to predict metastasis. These patients with PSMA<sup>+</sup> CTCs should be closely followed up in clinical practice. Therefore, we will also follow up those patients with PSMA-positive CTCs in the local group to further extend the significance of our study.

### Conclusions

Our study suggested that telomerase positive CTCs with high PSMA expression were associated with the PCa metastatic progress.

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### Footnote

*Reporting Checklist*: The authors have completed the STROBE reporting checklist. Available at https://tau. amegroups.com/article/view/10.21037/tau-21-1140/rc

*Data Sharing Statement:* Available at https://tau.amegroups. com/article/view/10.21037/tau-21-1140/dss

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*Ethical Statement*: The authors are accountable for all aspects of the work in ensuring that questions related

to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). Ethical approval was obtained from the ethics committees of the National Cancer Center/Cancer Hospital, Chinese Academy of Medical Sciences and Peking Union Medical College (No. NCC2014G-16). All enrolled patients have signed written informed consent.

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### Supplementary

Table S1 Twenty-senven PCa metastasis-related gene list		
CXCR4		
FGF5		
BMP3		
CCL22		
LAMTOR5		
ITGB3BP		
ADM		
MMP15		
MYC		
LAMTOR1		
TNFRSF11A		
BMP7		
MMP19		
SDCBP		
LAMTOR2		
END1		
BMPR1A		
MMP24		
SOX5		
FGF22		
BMPR1B		
MMP7		
LINC00470		
FGF13		
BMP2K		
PLAUR		
LAMTOR3		

PCa, prostate cancer.