STROBE Statement—checklist of items that should be included in reports of observational studies

Section/item	Item No	Recommendation	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	Page 3/Line 33	Abstract / Paragraph 2
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	Page 3-4/Line 29-53	Abstract / Paragraph 1-4
Introduction				
Background/ rationale	2	Explain the scientific background and rationale for the investigation being reported	Page 5-7/Line 56-94	Introduction / Paragraph 1-3
Objectives	3	State specific objectives, including any prespecified hypotheses	Page 7/Line 95-100	Introduction / Paragraph 4
Methods				
Study design	4	Present key elements of study design early in the paper	Page 8/Line 104	Methods / Paragraph 1
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	Page 8/Line 104-105	Methods / Paragraph 1
Participants	6	(a) ***Cohort study***—Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up ***Case-control study***—Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls ***Cross-sectional study***—Give the eligibility criteria, and the sources and methods of selection of participants	Page 8/Line 105-109	Methods / Paragraph 1
		(b) ***Cohort study***—For matched studies, give matching criteria and number of exposed and unexposed ***Case-control study***—For matched studies, give matching criteria and the number of controls per case	N/A	This is a cross-sectional study, only healthy
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	Page 9-10/Line 125-148	Methods / Paragraph 3-4
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	Page 10-13/Line 149-194	Methods / Paragraph 5-7
Bias	9	Describe any efforts to address potential sources of bias	Page 9/Line 130-133	Methods / Paragraph 3
Study size	10	Explain how the study size was arrived at	Page 9/Line 114-118	Methods / Paragraph 1
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	Page 12-14/Line 176-205	Methods / Paragraph 6-7

Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	Page 13-14/Line 196-208	Methods / Paragraph 8
		(b) Describe any methods used to examine subgroups and interactions	Page 13-14/Line 196-206	Methods / Paragraph 8
		(c) Explain how missing data were addressed	N/A	No missing data for each
		(d) ***Cohort study***—If applicable, explain how loss to follow-up was addressed ***Case-control study***—If applicable, explain how matching of cases and controls was addressed ***Cross-sectional study***—If applicable, describe analytical methods taking account of sampling strategy	Page 13-14/Line 196-208	Methods / Paragraph 8
		(e) Describe any sensitivity analyses	N/A	This study did not involve
Results				
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	Page 14-15/Line 210-217	Results / Paragraph 1
		(b) Give reasons for non-participation at each stage	Page 14/Line	Results / Paragraph 1
		(c) Consider use of a flow diagram	Page 14/Line 210	Results / Paragraph 1
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	Page 14/Line 212-215	Results / Paragraph 1
		(b) Indicate number of participants with missing data for each variable of interest	N/A	No missing data for each
		(c) ***Cohort study***—Summarise follow-up time (eg, average and total amount)	N/A	This is a cross-sectional
Outcome data	15*	***Cohort study***—Report numbers of outcome events or summary measures over time	N/A	his is a cross-sectional
		Case-control study—Report numbers in each exposure category, or summary measures of exposure	N/A	his is a cross-sectional
		Cross-sectional study—Report numbers of outcome events or summary measures	Page 15/Line 218	Results / Paragraph 1
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	N/A	This study did not involve adjustment for
		(b) Report category boundaries when continuous variables were categorized	Page 15-16/Line 219-236	Results / Paragraph 2-3
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	N/A	This study did not involve
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	N/A	No other analyses.
Discussion				
Key results	18	Summarise key results with reference to study objectives	Page 16/Line 238-241	Discussion / Paragraph 1
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	Page 19-21/Line 293-320	Discussion / Paragraph 6

Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	Page 16-19/Line 242-292	Discussion / Paragraph 2-5
Generalisability	21	Discuss the generalisability (external validity) of the study results	Page 21/Line 321-325	Discussion / Paragraph 7
Other information				
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	Page 22/Line 336-338	Acknowledgments / Paragraph 2

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.