

## Association of quantitative computed tomography-based right atrial appendage and right atrium parameters with postradiofrequency ablation recurrence of atrial fibrillation

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**Background:** The significance of the right atrial appendage (RAA) and right atrium (RA) in the recurrence of atrial fibrillation (AF) after radiofrequency ablation (RFA) remains uncertain. This retrospective case-control study aimed to quantitatively evaluate the role of morphological parameters of the RAA and RA in the recurrence of AF after RFA based on 256-slice spiral computed tomography (CT).

**Methods:** A total of 297 patients with AF who underwent RFA for the first time between January 1 and October 31, 2020, were enrolled in the study, and they were divided into a nonrecurrence group (n=214) and a recurrence group (n=83). The volume of the RA, RAA and left atrium (LA); height of the RAA; long and short diameter, perimeter, and area of the RAA base; right atrial anteroposterior diameter; tricuspid annulus diameter; crista terminalis thickness; and cavotricuspid isthmus (CVTI) were measured, and the clinical data of patients were collected.

**Results:** (I) Multivariable logistic regression analysis followed by univariable logistic regression analysis showed that the height of the RAA [odds ratio (OR) =1.124; 95% confidence interval (CI): 1.024–1.233; P=0.014], short diameter of the RAA base (OR =1.247; 95% CI: 1.118–1.391; P=0.001), crista terminalis thickness (OR =1.594; 95% CI: 1.052–2.415; P=0.028) and duration of AF (OR =1.009; 95% CI: 1.003–1.016; P=0.006) were independent predictors of postradiofrequency ablation AF recurrence. (II) Receiver operating characteristic (ROC) curve analysis showed that the prediction model constructed according to the multivariate logistic regression analysis presented good accuracy [area under the curve (AUC) =0.840; P=0.001]. A short diameter of the RAA base >26.95 mm had the highest predictive value for AF recurrence, with a sensitivity of 0.614 and a specificity of 0.822 (AUC =0.786, P=0.001). Pearson correlation analysis showed that there was a significant correlation between right atrial volume and left atrial volume (r=0.720, P<0.001).

**Conclusions:** A significant increase in diameter and volume of the RAA and RA and tricuspid annulus diameter may correlate with postradiofrequency ablation AF recurrence. The height of the RAA, short diameter of the RAA base, crista terminalis thickness, and AF duration were independent predictors of recurrence. Among them, the short diameter of the RAA base had the highest predictive value for recurrence.

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**Keywords:** Right atrial appendage (RAA); right atrium (RA); left atrium (LA); atrial fibrillation (AF); radiofrequency ablation (RFA)

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## Introduction

Atrial fibrillation (AF) is one of the most common arrhythmias (1). The age-related increase in AF prevalence and mortality can mostly induce heart failure, stroke, and dementia (2). Radiofrequency ablation (RFA), the firstline treatment for drug-refractory AF (3), can decrease the incidence of thromboembolism and improve clinical symptoms and quality of life. However, the postablation AF recurrence rate is high (accounting for 10-30%) (3), and the etiopathology of AF recurrence is unclear. In recent years, the evaluation of risk factors for postcatheter ablation AF recurrence has become a research topic of interest, and the majority of experimental studies have focused on the left atrium (LA) and pulmonary vein. The LA potentially plays a key role in AF pathophysiology, and factors associated with the LA and left atrial appendage (LAA) are likely predictors of postradiofrequency ablation AF recurrence (4).

With advances in interventional cardiac surgery, the clinical need for an in-depth evaluation of the anatomical structure of the right atrial appendage (RAA) and right atrium (RA) has generated widespread interest. It has been emphasized that the RA volume in AF patients plays a specific role in the recurrence of AF after RFA (5). Some in-depth studies of RAA and RA anatomy and function have been conducted accordingly (6,7). However, clinical studies of the correlation between RAA, RA, and postradiofrequency ablation AF recurrence are relatively limited. Therefore, the role of RAA and RA in recurrence remains unelucidated.

Multiple imaging methods are available to study the morphology and function of the RAA and RA. Echocardiography is the most widely used imaging tool for evaluating cardiac structure in the clinical field. Due to the influence of the chest wall and lung tissue, transthoracic ultrasound cannot be used to observe the RAA. In comparison, transesophageal ultrasound is a semi-invasive examination that is difficult to perform and is easily affected by the operator's experience and equipment, so its accuracy is limited. Cardiovascular magnetic resonance (CMR) is the gold standard for cardiac volume assessment (6) and can provide information about cardiac structure and function (8). However, it is time-consuming and expensive. Cardiac computed tomography (CCT) has the advantages of fast scanning speed, high temporal and spatial resolution, low ionizing radiation and powerful postprocessing function. The use of a double-barrel high-pressure syringe (Stellant) and contrast injection software (P3T software) (9) improved the enhancement of the RAA and RA, which can be used to objectively evaluate right cardiac disease.

This study was conducted with the aim of quantitatively evaluating the anatomical structures of the RAA and RA and other related anatomical structures of patients in the recurrence group and nonrecurrence group and to elucidate the role of the RAA and RA in postradiofrequency ablation AF recurrence. We present the following article in accordance with the STROBE reporting checklist (available at https://qims.amegroups.com/article/view/10.21037/ qims-22-951/rc).

## Methods

#### Study design and participants

In this retrospective case-control study, 297 patients with postradiofrequency ablation AF in the Department of Cardiology, The Second Hospital of Hebei Medical University, between January 1 and October 31, 2020, were enrolled. All patients underwent preoperative cardiac computed tomography angiography (CCTA) examination. They were diagnosed by clinical electrocardiogram (ECG) and physical examination. The inclusion criteria were as follows: (I) patients with AF who successfully underwent ablation treatment for AF; (II) patients who had undergone preoperative 256-slice spiral computed tomography (CT); and (III) patients who had no serious postoperative complications that eventually led to death and loss of followup (10), including cardiac tamponade, atrioesophageal fistulas, intraprocedural acute myocardial infarction, intraor postprocedural stroke and extrapericardial bleeding. The exclusion criteria were as follows: (I) poor image quality of CTA resulting in an inability to measure the volume of the



Figure 1 Flow chart of patient enrollment. AF, atrial fibrillation; CCT, cardiac computed tomography; RFA, radiofrequency ablation; ECG, electrocardiogram.

RAA and RA or the thickness of the crista terminalis; (II) contrast agent hypersensitivity, implanted pacemakers, and other cardiac implants; and (III) valvular and congenital heart disease. Valvular heart disease can lead to cardiac remodeling, and it will interfere with AF itself as a research factor affecting the expansion of the RAA and RA. The flowchart for patient enrollment is shown in *Figure 1*.

RFA was performed in the cardiology department according to the unified standard. Before the operation, a multiconductive physiology and Coil-Assisted Retrograde Transvenous Obliteration (CARTO) 3.0 three-dimensional mapping system were connected. Coronary sinus electrodes were inserted into the subclavian vein or femoral vein. Atrial septal puncture was performed to reconstruct the LA and pulmonary veins in three dimensions. Two-way block between the pulmonary veins and LA was confirmed by electrophysiological stimulation after the operation.

Postradiofrequency ablation AF recurrence was defined as rapid atrial arrhythmias (atrial tachycardia, atrial flutter, AF, etc.) recorded by ECG that lasted for more than 30 seconds after a 3-month blank period (3). The patients were followed up for at least 1 year. The recurrence of AF was evaluated by telephone and outpatient follow-up using surface ECG and 24-hour dynamic ECG at 3, 6 and 12 months, and AF recurrence was considered the endpoint of follow-up. This study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the Institutional Ethics Committee of The Second Hospital of Hebei Medical University (No. 2018-R245). The institutional review committee waived the requirement for informed consent owing to the retrospective nature of the study.

#### CCTA technique

CCTA with Phillips 256-slice spiral CT (Brilliance iCT, Philips Health care, Amsterdam, The Netherlands) was performed preoperatively in AF patients in our hospital. Patients were instructed to undergo breath-holding training before the scan. The scan range was from 0.5 cm below the tracheal bifurcation until the diaphragmatic surface of the heart. Using a high-pressure syringe (350 mgI/mL, 0.8 mL/kg), iohexol contrast agent was injected into the median cubital vein at a flow rate of 4–5 mL/s.



**Figure 2** Measurement of the volume of the RAA, RA, and LA and the height of the RAA. (A) Three-dimensional images of the RAA and RA were obtained by cardiac function software. (B) The 3D image of the LA. (C) The volume of RAA was measured. (D) The height of the RAA was measured from the highest point to the base of the RAA. SVC, superior vena cava; RAA, right atrial appendage; RA, right atrium; LA, left atrium; 3D, 3-dimensional.

The scanning parameters were as follows: tube voltage, 80–120 kV; collimation, 128×0.625; pitch, 0.18; matrix, 512×512; tube current, 280–350 mAs/revolution; and rotation time, 330 ms.

#### Image postprocessing technology and measurement method

On a Philips EBW 4.6 workstation (Philips Healthcare), 75% phase reconstruction of the cardiac cycle was selected for postprocessing. The RAA and RA were reconstructed by volume reproduction (VR) and multiplanar reconstruction (MPR). At the boundary between the RAA and the RAA base, the transition between the superior vena cava (SVC) and the RA was selected as the location of the superior vena caval orifice. The upper boundary was the diameter line of the SVC, and the lower boundary was the RA. The axial image of the orifice of the SVC was used as the boundary, and the RAA was situated above this level; the RAA was visualized using cardiac function postprocessing software, and 3-dimensional (3D) images of the RAA were obtained. The RAA is a pouch-like structure that projects anteriorly from the RA, and as confirmed previously, the base of the RAA lies perpendicular to the long axis of the RAA (11,12); thus, the RAA base is anatomically located at the superior vena caval orifice.

Measurement methods: (I) volume of the RAA, RA, and LA: 3D images of the RAA, RA, and LA were obtained using heart function analysis software, and the volumes of the RAA, RA, and LA were measured (*Figure 2A-2C*). (II) Height of the RAA: the height from the highest point to the base of the RAA was measured (*Figure 2D*). (III) Measurement of the long and short diameter, perimeter,



**Figure 3** The diameters of the RAA base, the tricuspid annulus and the right atrial anteroposterior diameter were measured. (A) Measurements of the long and short diameters, perimeter, and area of the RAA base were obtained from the level of the superior vena caval orifice on axial images. (B) Measurement of the diameter of the tricuspid annulus and the right atrial anteroposterior diameter at the fourchamber heart level. The right atrial anteroposterior diameter was 41.3 mm, and the diameter of the tricuspid annulus was 31.3 mm, as shown in (B). Ar, area; Av, average; SD, standard deviation; Perim, perimeter; RAA, right atrial appendage.



**Figure 4** Measurement of the CT thickness: the optimal position of the coronal image was adjusted to show the extension of the CT from the SVC to the IVC; a line was drawn from the right edge of the SVC to the right edge of the IVC, and a vertical line was drawn through the midpoint of this line to intersect the CT; then, the thickness of the CT was measured in this region. CT, crista terminalis; SVC, superior vena cava; LA, left atrium; RA, right atrium; IVC, inferior vena cava.

and area of the RAA base: the base of the RAA is situated at the level of the superior vena caval orifice on axial images, and the measurements of the long diameter, short diameter, perimeter, and area of the RAA base were measured on the axial image (Figure 3A). (IV) The RA anteroposterior diameter and the tricuspid annulus diameter were obtained at the four-chamber level (6) (Figure 3B). (V) Measurement of crista terminalis thickness (13,14): the optimal position of the coronal image was adjusted to show that the crista terminalis extended from the SVC to the inferior vena cava; a line was drawn from the right edge of the SVC to the right edge of the inferior vena cava, a vertical line was drawn through the midpoint of the line to intersect the crista terminalis, and the thickness of the crista terminalis was measured in this region (Figure 4). (VI) Measurement of the cavotricuspid isthmus (CVTI): CVTI includes the paraseptal, central, and lateral isthmus. The paraseptal isthmus was displayed at the four-chamber heart level at the central level of the coronary sinus orifice. The length of the paraseptal isthmus was measured as the distance between the attachment of the tricuspid septum and the Eustachian ridge (ER) (Figure 5). The ER is located at the entrance of the inferior vena cava and constitutes the boundary between

the fossa ovalis and the coronary sinus. The central and lateral isthmus were measured from the anterior and lateral edges, respectively, of the inferior vena cava to the tricuspid annulus on the two-chamber views of the right ventricle (*Figure 6A*, 6B).

All parameters were analyzed by two experienced



**Figure 5** The length of the paraseptal isthmus is the distance between the attachment of the tricuspid septum and the ER. FOV, field of view; ER, Eustachian ridge.

radiologists, without knowledge of the patient's clinical data, who reached a consensus on each examination.

## Statistical analysis

SPSS version 25.0 (SPSS, Inc., Chicago, IL, USA) was used for data analysis. The normality test using Shapiro-Wilk was conducted for continuous data to determine whether the dataset conformed to a normal distribution. Mean intergroup comparisons with a normal distribution are expressed as the mean ± standard deviation (SD) and were analyzed by the independent sample *t*-test, whereas data with nonnormal distribution are expressed as the median (interguartile range) and were analyzed by the Wilcoxon rank-sum test. Counting data are expressed as numbers (percentages) and were analyzed with the chi-square test. Univariable and multivariable logistic regression analyses were performed to identify the factors related to AF recurrence in the data with positive results. The collinearity test of variables was included in the model. By calculating different variance inflation factors, strong correlation variables were excluded. The receiver operating characteristic (ROC) curve was used to evaluate the accuracy of the prediction model and variables in predicting recurrence. Pearson correlation analysis was used to analyze the RA and LA volumes. Statistical significance was set at P<0.05.



**Figure 6** The central and lateral isthmus were measured from the anterior and lateral edges, respectively, of the IVC to the tricuspid annulus at the level of the two-chamber view of the RV. (A) The central isthmus was measured from the anterior edges of the IVC to the tricuspid annulus at the level of the two-chamber view of the RV. (B) The lateral isthmus was measured from the lateral edges of the IVC to the tricuspid annulus at the level of the two-chamber view of the RV. (B) The lateral isthmus was measured from the lateral edges of the IVC to the tricuspid annulus at the level of the two-chamber view of the RV. RA, right atrium; RV, right ventricle; IVC, inferior vena cava.

|                          | 1 1 2                | 0 1                      |       |
|--------------------------|----------------------|--------------------------|-------|
| Characteristics          | AF recurrence (n=83) | AF nonrecurrence (n=214) | Р     |
| Sex, males               | 50 (60.2)            | 123 (57.5)               | 0.665 |
| Age (years)              | 63.07±12.07          | 60.35±10.58              | 0.057 |
| BMI (kg/m <sup>2</sup> ) | 25.31 [23.18, 27.64] | 25.93 [23.69, 28.04]     | 0.356 |
| PeAF                     | 30 (36.1)            | 37 (17.3)                | 0.001 |
| Heart failure            | 28 (33.7)            | 43 (20.1)                | 0.013 |
| Hypertension             | 50 (60.2)            | 115 (53.7)               | 0.312 |
| Diabetes                 | 21 (25.3)            | 30 (14.0)                | 0.021 |
| Coronary heart disease   | 48 (57.8)            | 120 (56.1)               | 0.784 |
| Hyperlipidemia           | 20 (24.1)            | 48 (22.4)                | 0.759 |
| Stroke/TIA               | 13 (15.7)            | 38 (17.8)                | 0.668 |
| CHA2DS2-VASc score       | 2.89±1.68            | 2.47±1.52                | 0.037 |
| AF duration (months)     | 24 [4, 72]           | 12 [2, 48]               | 0.008 |

Table 1 Clinical characteristics of the postradiofrequency ablation AF recurrence and AF nonrecurrence groups

Data are presented as the mean ± SD, median [interquartile range], or n (%). AF, atrial fibrillation; BMI, body mass index; PeAF, persistent atrial fibrillation; TIA, transient ischemic attack; SD, standard deviation.

## **Results**

#### Participant characteristics

During the study period, 326 patients underwent RFA, and 29 patients were excluded due to poor image quality. Among the 297 participants, there were 214 participants (123 men and 91 women) in the AF nonrecurrence group (age  $60.35\pm10.58$  years) and 83 (50 men and 33 women) in the AF recurrence group (age  $63.07\pm12.07$  years). The comparison of clinical data between the recurrence group and nonrecurrence group showed no significant differences in age; sex; body mass index (BMI); or incidence of hypertension, coronary heart disease, hyperlipidemia, or stroke/transient ischemic attack (TIA) (P>0.05) (*Table 1*). The incidence of diabetes, heart failure, and persistent atrial fibrillation (PeAF); duration of AF; and CHA2DS2-VASc score in the AF recurrence group were significantly higher than those in the AF nonrecurrence group (P<0.05).

# Morphological parameters of the RAA, RA and related structures

The RAA volume; short diameter, perimeter, and area of RAA base; RAA height; RA volume; RA anteroposterior diameter; tricuspid annulus diameter; crista terminalis thickness; paraseptal isthmus; central isthmus; lateral isthmus; right atrial volume index (RAVI); left atrial volume index (LAVI); and LA volume were quantified by 256-slice spiral CT postprocessing of cardiac function. Comparison of the CT-related parameters of the RAA and RA between the postradiofrequency ablation AF recurrence and nonrecurrence groups showed that all parameters in the AF recurrence group were higher than those in the nonrecurrence group (all P<0.05) (*Table 2*). There were no significant differences in the long diameter of the RAA base between the AF recurrence group and the AF nonrecurrence group.

Univariable logistic regression analysis showed that RAA volume; short diameter, perimeter, and area of RAA base; RAA height; right atrial volume; right atrial anteroposterior diameter; tricuspid annulus diameter; crista terminalis thickness; paraseptal isthmus; central isthmus; lateral isthmus; RAVI; LAVI; left atrial volume; PeAF; CHA2DS2-VASc score; AF duration; heart failure; and diabetes were significant (P<0.05) risk factors for AF recurrence after RFA (*Table 3*). The following variance inflation factors were greater than 10 in the regression model: left atrial volume (229.035), RAVI (219.312), area of RAA base (29.430) and LAVI (224.081). Due to multicollinearity, these variables were excluded. The variance inflation factors of the other variables were less than 10 and could be used for multivariable logistic regression analysis.

Multivariable logistic regression analysis showed that the short diameter of the RAA base, RAA height, crista

 Table 2 Comparison of the CT-related parameters of the RAA and RA between the postradiofrequency ablation AF recurrence and AF nonrecurrence groups

| CT-related parameters            | AF recurrence (n=83)      | AF nonrecurrence (n=214) | P value |
|----------------------------------|---------------------------|--------------------------|---------|
| RAA volume (mL)                  | 12.20 (9.80, 16.10)       | 8.4 (6.40, 11.20)        | 0.001   |
| RAA height (mm)                  | 29.98±5.09                | 26.02±5.09               | 0.001   |
| RAA base                         |                           |                          |         |
| Long diameter (mm)               | 36.51±5.48                | 35.18±5.54               | 0.063   |
| Short diameter (mm)              | 28.21±5.22                | 22.41±5.21               | 0.001   |
| Area (mm²)                       | 832.70 (714.26, 1,062.38) | 672.42 (579.03, 794.57)  | 0.001   |
| Perimeter (mm)                   | 117.56±15.31              | 106.20±13.65             | 0.001   |
| RA volume (mL)                   | 92.19±33.94               | 76.46±20.22              | 0.001   |
| RA anteroposterior diameter (mm) | 47.40 (44.10, 53.00)      | 45.50 (41.90, 48.55)     | 0.001   |
| Tricuspid annulus diameter (mm)  | 38.87±5.02                | 36.22±5.31               | 0.001   |
| RAVI (mL/m <sup>2</sup> )        | 47.69 (37.83, 65.02)      | 41.99 (35.91, 49.63)     | 0.001   |
| Paraseptal isthmus (mm)          | 16.10 (14.70, 17.20)      | 15.70 (14.68, 16.40)     | 0.020   |
| Central isthmus (mm)             | 21.66±3.66                | 19.28±3.01               | 0.001   |
| Lateral isthmus (mm)             | 25.70±4.62                | 23.14±3.47               | 0.001   |
| Crista terminalis thickness (mm) | 3.70 (3.30, 4.40)         | 3.40 (3.10, 3.90)        | 0.001   |
| LA volume (mL)                   | 115.15±40.39              | 93.13±25.02              | 0.001   |
| LAVI (mL/m <sup>2</sup> )        | 62.12 (48.19, 78.57)      | 52.37 (42.99, 61.76)     | 0.001   |

Data are presented as the mean ± SD or median (interquartile range). CT, computed tomography; RAA, right atrial appendage; RA, right atrium; AF, atrial fibrillation; RAVI, right atrial volume index; LA, left atrium; LAVI, left atrial volume index.

terminalis thickness, and duration of AF were independent predictors of postradiofrequency ablation AF recurrence (*Table 4*) (P<0.05).

## Predictive value of parameters

Multivariable logistic regression analysis was used to construct the prediction model (*Figure 7*), and the ROC curve was drawn using the predicted P value [area under the curve (AUC) =0.840, P=0.001, standard error 0.024, 95% confidence interval (CI): 0.793–0.888]; the optimal cutoff P value was 0.276, and the corresponding sensitivity and specificity were 0.795 and 0.748, respectively. ROC curves were drawn for the short diameter of the RAA base, RAA height, crista terminalis thickness and AF duration. Short diameter of the RAA base >26.95 mm (sensitivity, 0.614; specificity, 0.822; AUC, 0.786; P=0.001), RAA height >27.85 mm (sensitivity, 0.880; specificity, 0.467; AUC, 0.718; P=0.001), crista terminalis thickness >3.65 mm (sensitivity, 0.590; specificity, 0.654; AUC, 0.643; P=0.001), and AF duration >13.5 months (sensitivity, 0.627; specificity, 0.547; AUC, 0.607; P=0.004) had the highest predictive value for AF recurrence after RFA (*Table 5, Figure 8*).

## Correlation between RA volume and LA volume

Pearson correlation analysis showed a significant correlation between the RA and LA volumes (*Figure 9*; r=0.720, P<0.001, 95% CI: 0.661–0.771).

## **Discussion**

RFA is an effective treatment for AF. However, the high postoperative recurrence rate constitutes a difficult problem in current AF treatment (15). Therefore, effective identification of risk factors for postradiofrequency ablation AF recurrence is crucial for adjusting the postoperative treatment for AF patients, and close follow up of patients who are prone to AF recurrence is very important (16).

The results of this study showed that diabetes, heart

 Table 3 Univariable regression analysis of variables with AF recurrence

| Variables                   | OR (95% CI)         | P value |
|-----------------------------|---------------------|---------|
| RAA volume                  | 1.211 (1.138–1.289) | 0.001   |
| RAA height                  | 1.153 (1.094–1.215) | 0.001   |
| Short diameter of RAA base  | 1.225 (1.157–1.297) | 0.001   |
| Area of RAA base            | 1.004 (1.003–1.005) | 0.001   |
| Perimeter of RAA base       | 1.056 (1.036–1.077) | 0.001   |
| RA volume                   | 1.024 (1.013–1.034) | 0.001   |
| RA anteroposterior diameter | 1.101 (1.049–1.154) | 0.001   |
| Tricuspid annulus diameter  | 1.105 (1.049–1.164) | 0.001   |
| RAVI                        | 1.042 (1.023–1.062) | 0.001   |
| Crista terminalis thickness | 1.866 (1.331–2.615) | 0.001   |
| Paraseptal isthmus          | 1.251 (1.077–1.452) | 0.003   |
| Central isthmus             | 1.242 (1.144–1.349) | 0.001   |
| Lateral isthmus             | 1.183(1.103–1.270)  | 0.001   |
| LA volume                   | 1.023 (1.014–1.032) | 0.001   |
| LAVI                        | 1.040 (1.023-1.057) | 0.001   |
| PeAF                        | 2.708 (1.530–4.793) | 0.001   |
| CHA2DS2-VASc score          | 1.187 (1.009–1.396) | 0.038   |
| AF duration                 | 1.007 (1.002–1.012) | 0.006   |
| Heart failure               | 2.025 (1.151–3.561) | 0.014   |
| Diabetes                    | 2.077(1.109–3.891)  | 0.022   |

AF, atrial fibrillation; OR, odds ratio; CI, confidence interval; RAA, right atrial appendage; RA, right atrium; RAVI, right atrial volume index; LA, left atrium; LAVI, left atrial volume index; PeAF, persistent atrial fibrillation.

failure, PeAF, long duration of AF, and an increased CHA2DS2-VASc score can increase the postradiofrequency ablation AF recurrence rate, which is in agreement with the findings of some previous studies (17,18). Ectopic pacemakers in patients with AF mainly originate in the pulmonary vein, and pulmonary vein isolation is the cornerstone of catheter ablation (19). Therefore, the risk predictors of postradiofrequency ablation AF recurrence in previous studies were mostly concentrated in the LA, LAA, and pulmonary vein (20,21). Santangeli *et al.* noted that the incidence of extrapulmonary venous triggered lesions in patients with AF was 11%, and LAA (22). With the

 
 Table 4 Multivariable logistic regression analysis of variables with AF recurrence

| Variables                   | OR (95% CI)         | P value |
|-----------------------------|---------------------|---------|
| RAA volume                  | 0.882 (0.745–1.044) | 0.144   |
| RAA height                  | 1.124 (1.024–1.233) | 0.014   |
| Short diameter of RAA base  | 1.247 (1.118–1.391) | 0.001   |
| Perimeter of RAA base       | 0.992 (0.950–1.036) | 0.719   |
| RA volume                   | 1.011 (0.991–1.031) | 0.289   |
| RA anteroposterior diameter | 0.963 (0.894–1.038) | 0.330   |
| Tricuspid annulus diameter  | 1.033 (0.945–1.129) | 0.473   |
| Crista terminalis thickness | 1.594 (1.052–2.415) | 0.028   |
| Paraseptal isthmus          | 1.014 (0.824–1.249) | 0.894   |
| Central isthmus             | 1.142 (0.964–1.353) | 0.123   |
| Lateral isthmus             | 0.973 (0.837–1.130) | 0.720   |
| PeAF                        | 1.259 (0.551–2.876) | 0.585   |
| CHA2DS2-VASc score          | 1.164 (0.917–1.477) | 0.211   |
| AF duration                 | 1.009 (1.003–1.016) | 0.006   |
| Heart failure               | 1.213 (0.550–2.675) | 0.632   |
| Diabetes                    | 1.062 (0.455–2.479) | 0.889   |

AF, atrial fibrillation; OR, odds ratio; CI, confidence interval; RAA, right atrial appendage; RA, right atrium; PeAF, persistent atrial fibrillation.



**Figure 7** ROC curve of the logistic regression model analysis for prediction of postradiofrequency-ablation AF recurrence. ROC, receiver operating characteristic; AUC, area under the curve; CI, confidence interval; AF, atrial fibrillation.

| Table 5 KOC curve estimates of the accuracy of variables in predicting recurrence |       |         |                        |             |             |
|---|-------|---------|------------------------|-------------|-------------|
| Variables   | AUC   | P value | Optimal cutoff P value | Sensitivity | Specificity |
| Prediction model  | 0.840 | 0.001   | 0.276                  | 0.795       | 0.748       |
| Short diameter of RAA base  | 0.786 | 0.001   | 26.95                  | 0.614       | 0.822       |
| RAA height  | 0.718 | 0.001   | 27.85                  | 0.880       | 0.467       |
| Crista terminalis thickness   | 0.643 | 0.001   | 3.65                   | 0.590       | 0.654       |
| AF duration   | 0.607 | 0.004   | 13.5                   | 0.627       | 0.547       |

Table 5 ROC curve estimates of the accuracy of variables in predicting recurrence

ROC, receiver operating characteristic; AUC, area under the curve; RAA, right atrial appendage; AF, atrial fibrillation.



**Figure 8** ROC curve analysis of the variables in predicting AF recurrence: short diameter of RAA base ROC curve (A), RAA height ROC curve (B), crista terminalis thickness ROC curve (C), AF duration ROC curve (D). AUC, area under the curve; CI, confidence interval; ROC, receiver operating characteristic; RAA, right atrial appendage; AF, atrial fibrillation.

prolongation of the AF duration, the number of AF-driving foci will increase significantly, and extrapulmonary venous trigger lesions will also increase significantly. The longer the duration of AF in patients with PeAF, the more likely it is that the driving factors of AF would appear in the RAA, RA, and other regions. Therefore, more attention should



**Figure 9** Results of the Pearson correlation analysis of RA and LA volumes. RA, right atrium; LA, left atrium.

be given to the RAA, RA, and related anatomy, especially in patients with PeAF and postoperative AF recurrence.

Some studies have shown that AF and right heart dysfunction can coexist (6,7), and the incidence of AF in patients with right heart dysfunction is as high as 66%. Moon et al. noted that the enlargement of the RA was an independent predictor of early postradiofrequency ablation AF recurrence (5), and some authors have proposed that the RA anteroposterior diameter would be reduced after ablation in both the recurrence and nonrecurrence groups (7). This indicates that the RA has better compliance and is more sensitive to hemodynamic changes. A large number of studies on atrial anatomical remodeling have confirmed the relationship between atrial enlargement and AF, but there are limited data on the structure and remodeling of the RAA and RA. Through this study, we ascertained that the RAA volume; short diameter, perimeter, and area of the RAA base; RAA height; RA volume; RA anteroposterior diameter; crista terminalis thickness; paraseptal isthmus; central isthmus; lateral isthmus; RAVI; LAVI; and LA volume in the AF recurrence group were higher than those in the AF nonrecurrence group (P<0.05), which indicates that AF patients with larger RAA and RA diameters are more likely to relapse postoperatively. Close follow-up and timely adjustment of treatment measures should be carried out for these patients. Some studies have shown that the tricuspid annulus diameter can more reliably reflect an AF patient's condition (23,24). In this study, the tricuspid annulus diameter measured in the AF recurrence group was larger than that in the nonrecurrence group, and the difference was statistically significant (P<0.05). The results

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indicate that the tricuspid annulus diameter is of great significance for patients with AF who undergo RFA.

The success of RFA requires an excellent knowledge of RA anatomy. The RA is located above the right ventricle and anterolateral to the LA. Three key structures of the RA were studied: the RAA, the crista terminalis, and the CVTI. The RAA is one of the important anatomical landmarks of the RA. The RAA wall is thin, the base is broad, the external surface is relatively flat, and it contains intricately crossed pectinate muscles (25). Permanent atrial pacing usually places a lead in the RAA, which is closely related to the aorta, and iatrogenic aortic perforation should be prevented (26). The crista terminalis is a muscular eminence from the front of the superior vena cava orifice to the front of the inferior vena cava orifice (5,13), which is the boundary between the proper atrium and the vena cava sinus. The crista terminalis is one of the most common sources of focal right atrial arrhythmias (27) and plays an important role in RFA. The CVTI is the part of the right atrial cavity located between the inferior vena cava and the tricuspid valve, which is divided into the paraseptal isthmus, central isthmus, and lateral isthmus (6,13). This region is the target of catheter ablation for the clinical treatment of atrial flutter. Multivariate logistic regression analysis showed that the short diameter of the RAA base, RAA height, crista terminalis thickness and duration of AF were independent predictors of AF recurrence after RFA (P<0.05). Especially when the short diameter of the RAA base is >26.95 mm, the recurrence rate is significantly increased. Thus, the severity of atrial anatomical remodeling is also related to the short diameter of the RAA base, RAA height, crista terminalis thickness, and duration of AF. It is well known that the LA volume is an independent predictor of AF recurrence after RFA (28,29). As shown in the results, there was a significant correlation between the left and right atrial volumes (r=0.720, P<0.001), and the close relationship between the two atrial volumes may be the reason why atrial volume cannot independently predict AF recurrence after RFA, which is consistent with the report by Moon et al. (5).

## Limitations

This was a retrospective study, and the patients with AF undergoing RFA were all examined by routine cardiac CTA before the operation; thus, the triphasic contrast bolus admixture protocol at a specific injection rate and total contrast volume (9,23) was not used to better visualize the structure of the right heart. Patients with poor image quality were not

included in the study, thus decreasing the sample size. During the study period, 326 patients underwent RFA, and 29 patients were excluded due to poor image quality, which might, with the small sample size, lead to selection bias. Second, the follow-up time was relatively short, which may lead to an underestimation of the AF recurrence rate after RFA.

## Conclusions

In summary, the short diameter of the RAA base, RAA height, crista terminalis thickness and duration of AF are independent predictors of postradiofrequency ablation AF recurrence. There was a significant correlation between left and right atrial volumes. In addition, AF patients with larger anatomical diameters of the RAA and RA and larger tricuspid annulus diameters are more likely to experience AF relapse after surgery, which can provide a certain reference value for RFA of AF.

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## Footnote

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*Ethical Statement:* The authors are accountable for all aspects of the work and ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. This study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the Institutional Ethics Committee of The Second Hospital of Hebei Medical University (No. 2018-R245). The institutional review committee waived the requirement for informed consent owing to the retrospective nature of the study.

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