



Semi-quantitative analysis of ^{99m}Tc -sestamibi retention level for preoperative differential diagnosis of parathyroid carcinoma

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Background: To investigate the role of ^{99m}Tc -labeled sestamibi (^{99m}Tc -MIBI) retention level in the assessment of malignant potential of parathyroid lesions.

Methods: Twenty patients with parathyroid carcinomas and forty controls with benign parathyroid lesions who underwent preoperatively ^{99m}Tc -MIBI dual-phase planar and SPECT/CT imaging were retrospectively enrolled in this study. The mean and peak of retention index (RI_{mean} and RI_{peak}) were measured for evaluating the retention level of ^{99m}Tc -MIBI in the parathyroid lesions. Diagnostic accuracies of RI for differentiating malignant parathyroid lesions from benign ones were assessed by receiver operating characteristic analyses (area under the curve; AUC).

Results: RI_{peak} (AUC =0.87, $P<0.001$) and RI_{mean} (AUC =0.78, $P<0.001$) showed significant difference between the malignant and benign lesions. The diagnostic sensitivity, specificity, positive and negative predictive values, accuracy of RI_{peak} were respectively 80.0%, 85.0%, 72.7%, 89.5% and 83.3% when its cutoff value was -19.03% . In addition, the level of serum parathyroid hormone (PTH) slightly correlated with RI_{peak} ($r=0.260$, $P=0.044$) or RI_{mean} ($r=0.281$, $P=0.029$).

Conclusions: Parathyroid carcinomas have higher retention level of ^{99m}Tc -MIBI than benign parathyroid lesions. RI_{peak} may contribute to preoperative differential diagnosis of parathyroid carcinoma.

Keywords: Differential diagnosis; parathyroid carcinoma; retention index; ^{99m}Tc -labeled sestamibi (^{99m}Tc -MIBI)

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Introduction

Parathyroid carcinoma, which represents approximately 1% of all cases of primary hyperparathyroidism (PHPT) in western countries, is an uncommon malignancy. However, the occurrence of parathyroid carcinoma is as high as 6% in China (1). Unlike local excision for parathyroid adenoma, *en bloc* resection of carcinoma during the initial operation

has been recommended as the best chance for a cure when the tumor is well-localized (2).

Preoperative differential diagnosis between malignant and benign parathyroid lesion is helpful for surgeons to select proper treatment. However, it is not easy to establish a diagnosis of parathyroid carcinomas preoperatively for a number of reasons: (I) The clinical manifestations of parathyroid carcinoma partially overlap with those of

benign hyperparathyroidism (1,3,4). (II) Neck ultrasound, ^{99m}Tc -sestamibi (^{99m}Tc -MIBI) scintigraphy, computed tomography (CT), and magnetic resonance imaging (MRI) are the imaging techniques mainly used for the localization of parathyroid lesions (3). Whole-body positron emission tomography (PET)/CT scan has a complementary role in the staging of parathyroid carcinoma (5,6), and none of these techniques have yet been recommended for the assessment of the malignant potential of parathyroid lesions (7). (III) Fine-needle aspiration cytology in most cases is insufficient to differentiate malignant from benign parathyroid lesions and increases the potential of possible tumor seeding in the biopsy tract (8). Therefore, more effective methods for preoperative differential diagnosis of parathyroid lesions need to be explored.

^{99m}Tc -MIBI dual-phase scintigraphy has been widely used in clinic for localizing parathyroid adenoma due to its longer retention level in parathyroid adenoma than healthy thyroid (7) and parathyroid tissue (9). However, to our knowledge, few studies have investigated the retention level of ^{99m}Tc -MIBI in parathyroid carcinoma likely due to its low prevalence. Previous studies have suggested that malignant thyroid nodules have a higher retention level of ^{99m}Tc -MIBI than benign ones (10,11). Therefore, we hypothesized that there is a difference of ^{99m}Tc -MIBI retention level between benign and malignant parathyroid lesions, and this may be useful for the preoperative differential diagnosis of parathyroid lesions. This study was designed to test the above hypothesis.

Methods

Study subjects

From 2011 to 2015, a total of 756 consecutive patients with clinically suspected parathyroid adenoma underwent ^{99m}Tc -MIBI dual-phase planar imaging and SPECT/CT in our hospital. Among these patients, 191 patients were excluded as they did not undergo subsequent surgery in our hospital or did not have complete data. A total of 290 patients with negative ^{99m}Tc -MIBI scan were treated with follow-up. Forty patients with positive ^{99m}Tc -MIBI results who were older or unwilling to undergo surgery were administered with alendronate tablets for palliative treatment. A total of 235 patients underwent surgery in our hospital. Among them, 20 patients were pathologically proven to

be parathyroid carcinomas and enrolled in the present study. For comparison, 40 sex- and age-matched patients with benign parathyroid lesions during the same period, including 35 parathyroid adenomas and 5 parathyroid hyperplasias were enrolled as controls for a 1:2 ratio. This retrospective study was approved by the Ethics Committee of Ruijin Hospital, Shanghai Jiao Tong University School of Medicine.

Image acquisition and analysis

Dual-phase planar scans of the neck and upper mediastinum were performed at 10 min (early images) and 120 min (delayed images) on Symbia T16 SPECT/CT system (Siemens, Erlangen, Germany) after intravenous injection of 740–1,110 MBq ^{99m}Tc -MIBI. Planar images were acquired for 10 min in a 128×128 matrix and a low-energy, high-resolution, parallel-hole collimator. Single photon emission CT (SPECT) acquisition was performed immediately after the early or delayed planar scan using the same collimator, a 128×128 matrix, and a total of 120 projections over 360° with 15 s per projection. After the SPECT acquisition, a CT scan was carried out at 140 kV and 2.5 mA. SPECT data were reconstructed based on a Flash 3D algorithm with photon attenuation correction from CT data.

A region of interest (ROI) of the parathyroid lesion was manually delineated on the early and delayed planar images; another ROI of the background was drawn over the deltoid muscle on the contralateral side. The mean and peak of the parathyroid lesion-to-background ratios at 10 min ($\text{PBR}_{10_{\text{mean}}}$, $\text{PBR}_{10_{\text{peak}}}$) and 120 min ($\text{PBR}_{120_{\text{mean}}}$, $\text{PBR}_{120_{\text{peak}}}$) after ^{99m}Tc -MIBI injection were measured. The PBR_{mean} and PBR_{peak} were respectively equal to the average and maximum count in the ROI of the lesion divided by those in the ROI of background as seen in Eq. [1] and Eq. [2]. The mean and peak of retention index (RI_{mean} and RI_{peak}) were subsequently calculated according to the PBR_{mean} and PBR_{peak} (9) according to Eq. [3] and Eq. [4]. In addition, the maximal axial diameter (12) and the CT value of parathyroid lesions were measured on CT images. For those cases with a negative ^{99m}Tc -MIBI planar scan but a visible nodule behind the thyroid lobe on SPECT/CT image, a coronal SPECT/CT fusion image was required as a reference for the ROI delineation of the lesion on the planar image. Two independent nuclear medicine specialists interpreted all the images obtained.

Table 1 Patient characteristics

Variables	Malignant (n=20)	Benign (n=40)	P
Female/Male	11/9	22/18	NS
Age (years)	47.9±12.7	48.4±11.7	NS
Height (cm)	160.6±7.8	163.1±6.5	NS
Weight (kg)	53.8±11.2	64.7±13.3	0.004
Serum PTH (pg/mL)	1432.9±835.7	524.7±540.3	<0.001
Serum calcium (mmol/L)	3.0±0.3	2.8±0.3	0.045
Serum phosphorus (mmol/L)	0.6±0.1	0.8±0.5	0.016
Serum 25(OH)D (nmol/L)	31.1±16.7	28.2±15.9	NS
Serum ALP (IU/L)	478.1±662.4	122.5±82.1	0.002
Serum creatinine (μmol/L)	82.3±31.1	75.6±33.6	NS

n, number; PTH, parathyroid hormone; 25(OH)D, 25-hydroxyvitamin D; ALP, alkaline phosphatase; NS, not significant.

$$PBR_{\text{mean}} = \frac{\text{average count of ROI in the lesion}}{\text{average count of ROI in the contralateral background}} \quad [1]$$

$$PBR_{\text{peak}} = \frac{\text{maximum count of ROI in the lesion}}{\text{maximum count of ROI in the contralateral background}} \quad [2]$$

$$RI_{\text{mean}} = \frac{PBR_{\text{mean}} - PBR_{\text{mean}}}{PBR_{\text{mean}}} \times 100\% \quad [3]$$

$$RI_{\text{peak}} = \frac{PBR_{\text{peak}} - PBR_{\text{peak}}}{PBR_{\text{peak}}} \times 100\% \quad [4]$$

Statistical analysis

Data were analyzed using the SPSS 19.0 software. Continuous data were compared between the benign and malignant groups using independent sample t-test. The χ^2 test was used to compare categorical data, such as patients' sex. The correlation between variables was analyzed using Pearson's test for linear regression. Receiver-operating-characteristic (ROC) analysis was used to assess the differences in image parameters associated with differential diagnosis, and to determine their thresholds above which malignant parathyroid lesions could be detected. Significance was set at $P < 0.05$.

Results

Table 1 shows a statistical summary of the various measure records of 60 patients' characteristics. The patients' weight in the malignant group (53.8±11.2 kg) was significantly

lower than that in the benign one (64.7±13.3 kg, $P = 0.004$). No significant difference was found in sex, age, and height between the two groups. The serum levels of parathyroid hormone (PTH) (1,432.9±835.7 pg/mL), calcium (3.0±0.3 mmol/L), and alkaline phosphatase (ALP) (478.1±662.4 IU/L) in the malignant group were respectively higher than those (524.7±540.3 pg/mL, $P < 0.001$; 2.8±0.3 mmol/L, $P = 0.045$; 122.5±82.1 IU/L, $P = 0.002$) in the benign group, but a significantly lower serum phosphorus level was observed in the malignant group (0.6±0.1 mmol/L) than that in the benign group (0.8±0.5 mmol/L, $P = 0.016$). There was no difference in the levels of serum 25(OH)D and creatinine between the two groups.

No significant differences in $PBR_{10_{\text{peak}}}$, $PBR_{10_{\text{mean}}}$, $PBR_{120_{\text{peak}}}$, $PBR_{120_{\text{mean}}}$, and the CT value of parathyroid lesions was observed between the malignant and benign groups, whereas RI_{peak} ($P < 0.001$, Figure 1A), RI_{mean} ($P < 0.001$, Figure 1B), and size ($P < 0.001$, Figure 1C) showed significant differences. In addition, a slight correlation was found between serum PTH level and RI_{peak} ($r = 0.260$, $P = 0.044$, Figure 2A) or RI_{mean} ($r = 0.281$, $P = 0.029$, Figure 2B). There was no significant correlation between other serological indexes and RI of ^{99m}Tc-MIBI.

The area under the curve (AUC) from the ROC curves of different variables used to differentiate malignant parathyroid lesions from benign ones is shown in Table 2. Only AUCs for RI_{mean} (0.78, $P < 0.001$), RI_{peak} (0.87, $P < 0.001$), and lesion size (0.87, $P < 0.001$), as well as PTH levels (0.84, $P < 0.001$) showed statistical significance. The cutoff value of RI_{peak} corresponding to the highest accuracy for

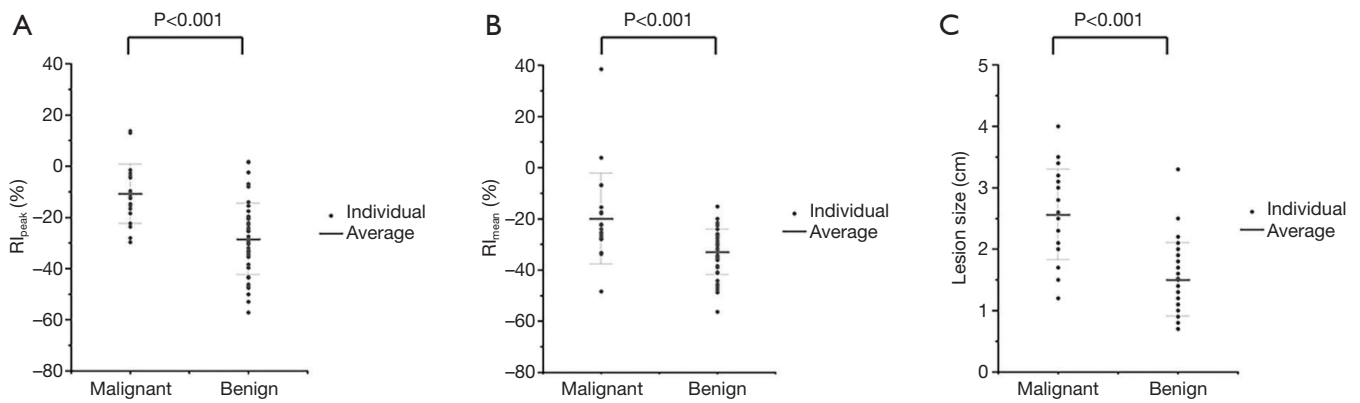


Figure 1 Comparison of (A) RI_{peak} and (B) RI_{mean} on ^{99m}Tc -MIBI planar scan, along with (C) lesion size on CT images between the malignant and benign groups. Significance was set at $P < 0.05$. RI, retention index.

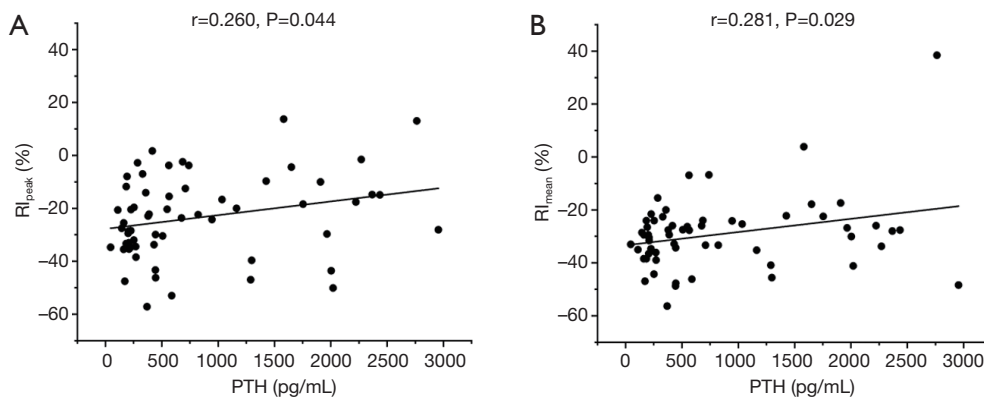


Figure 2 A weak but significant correlation between serum PTH levels and (A) RI_{peak} or (B) RI_{mean} . Significance was set at $P < 0.05$. PTH, parathyroid hormone; RI, retention index.

Table 2 ROC analysis of different variables for the differential diagnosis of parathyroid lesions

Variables	AUC	P	Optimal cut-off value	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	Accuracy (%)
PBR10 _{mean}	0.42	NS	/					
PBR10 _{peak}	0.44	NS	/					
PBR120 _{mean}	0.59	NS	/					
PBR120 _{peak}	0.69	NS	/					
RI_{mean} (%)	0.78	<0.001	-28.28	80.0	70.0	57.1	87.5	73.3
RI_{peak} (%)	0.87	<0.001	-19.03	80.0	85.0	72.7	89.5	83.3
Size (cm)	0.87	<0.001	2.25	70.0	95.0	87.5	86.4	86.7
CT value (Hu)	0.49	NS	/					
PTH (pg/mL)	0.84	<0.001	555.05	90.0	75.0	64.3	93.8	80.0
RI_{peak} +Size+PTH	0.94	<0.001	/	95.0	82.5	73.1	97.1	86.7

ROC, receiver operating characteristic; AUC, area under the ROC curve; PBR, parathyroid lesion-to-background ratio; RI, retention index; CT, computed tomography; NS, not significant.

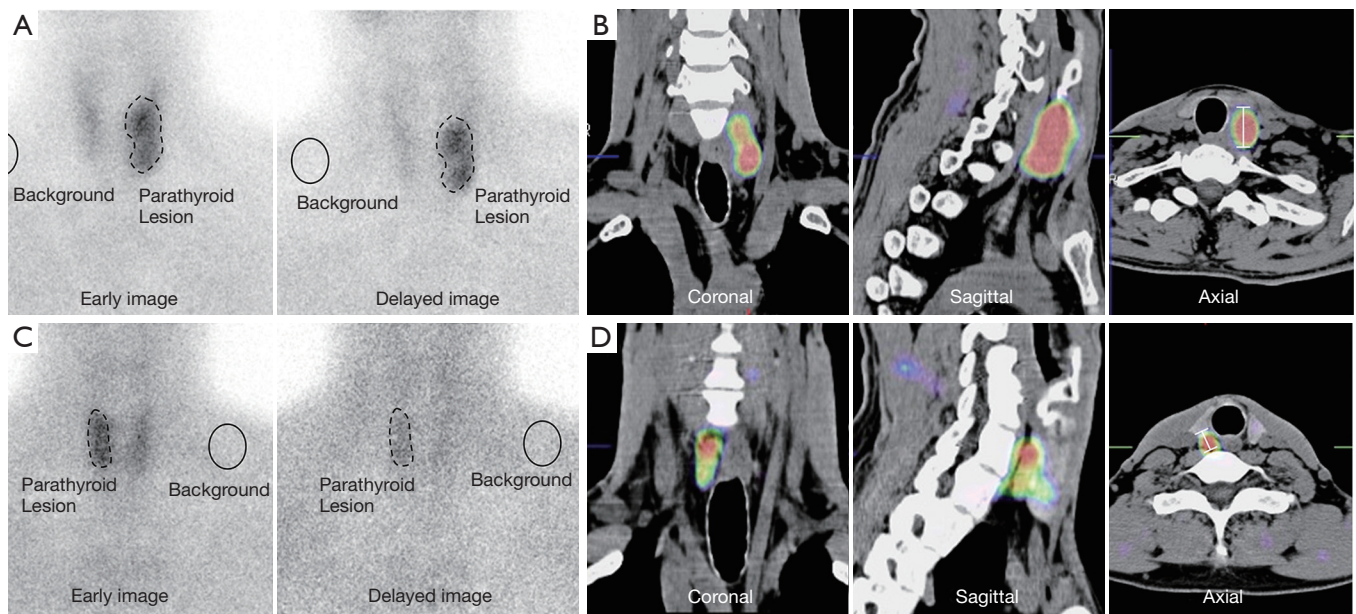


Figure 3 ^{99m}Tc-MIBI dual-phase planar and SPECT/CT images. (A,B) A representative case with higher RI ($RI_{\text{mean}} = 3.87\%$, $RI_{\text{peak}} = 13.71\%$) histologically diagnosed as parathyroid carcinoma on the dorsal side of the left thyroid lobe. (A) The tracer is accumulated in the lesion on the early image and retained in the lesion on the delayed image. (B) The maximal axial diameter (white segment) of the lesion is 2.8 cm. (C,D) A representative case with lower RI ($RI_{\text{mean}} = -30.43\%$, $RI_{\text{peak}} = -33.02\%$) appears to be parathyroid adenoma on the dorsal side of the right thyroid lobe. (C) The ^{99m}Tc-MIBI uptake in the lesion much decreased on the delayed image, with (D) a maximal axial diameter of 1.3 cm (white segment). The black dotted and solid lines are respectively the ROIs of parathyroid lesion and background. RI, retention index; ROI, region of interest.

discriminating between benign and malignant parathyroid lesions was -19.03% . Sixteen of the 22 parathyroid lesions with the RI_{peak} above this cutoff had a histologic result with malignancy (Figure 3A,B), whereas 34 of 38 lesions with the RI_{peak} equal to or below this cutoff were histologically benign (Figure 3C,D). For this threshold, the sensitivity, specificity, PPV, NPV, and accuracy of RI_{peak} were 80.0%, 85.0%, 72.7%, 89.5%, and 83.3%, respectively. The combination of RI_{peak} , size and PTH levels as a joint index further increased the diagnostic sensitivity (95.0%) and NPV (97.1%), but its specificity (82.5%), PPV (73.1%), and accuracy (86.7%) were not significantly improved compared with RI_{peak} , size or PTH levels alone.

Discussion

^{99m}Tc-MIBI dual-phase scintigraphy as functional imaging reflects uptake and retention features of ^{99m}Tc-MIBI in the parathyroid gland. On the one hand, the uptake of ^{99m}Tc-MIBI in parathyroid cells mainly depends on regional blood flow, mitochondrial number, and cell metabolic status (13). However, the uptake level of ^{99m}Tc-MIBI on the early or

delayed imaging showed no satisfactory discriminatory power for parathyroid lesions in our study. This suggests that high mitochondrial number, metabolic activity, or blood flow might exist in both parathyroid carcinoma and benign lesions, and thus resulted in their comparable uptake level of ^{99m}Tc-MIBI. Although the increased tumor-to-background uptake ratio of ^{99m}Tc-MIBI has been observed in non-parathyroid tumors (14-16), it was not reliable for the differential diagnosis of parathyroid tumors.

On the other hand, the retention of ^{99m}Tc-MIBI is associated with the efflux rate of ^{99m}Tc-MIBI from cells. A pioneering study with a small cohort of parathyroid carcinomas showed a lower washout grade of ^{99m}Tc-MIBI from malignant parathyroid lesions than that from benign ones (17). Our study, with relatively larger samples, further indicated a significant difference of RI between malignant and benign parathyroid lesions. The membrane multidrug-resistant proteins such as P glycoprotein (P-GP) and multidrug resistance-associated protein 1 (MRP1), which belong to the ATP binding cassette superfamily of membrane transporters that rapidly eliminate lipophilic cations such as chemotherapeutic agents from cells, are

thought to likely play an essential role in the efflux of ^{99m}Tc -MIBI. Previous studies have reported negative P-GP expressions in the parathyroid adenomas with positive ^{99m}Tc -MIBI scan (18-20). However, the association between them is still controversial (9). A recent study showed that negative MRP1 expression was more likely to have an RI greater than 0, but the correlation between MRP1 expression intensity and ^{99m}Tc -MIBI retention level was not established (21). In line with the above studies, most parathyroid samples with positive ^{99m}Tc -MIBI scans in our study demonstrated a negative expression of P-GP (data not shown), which made the correlation analysis between RI and P-GP expression level difficult to perform.

Meanwhile, various levels of positive MRP1 expression were observed in our parathyroid samples, but no significant correlation between RI and MRP1 expression intensity was found either (data not shown). Therefore, the mechanism of a higher retention level in parathyroid carcinoma than benign lesions needs to be further investigated. In addition, RI showed a weak correlation with serum PTH level and had no significant association with serum calcium level in our study, suggesting that the RI could not reflect the disease severity of PHPT.

Lesion size and PTH levels were also significant variables for differentiating parathyroid carcinoma from benign lesions. A previous report from our hospital has also shown that the size of parathyroid carcinomas determined on ultrasound was significantly larger than that of benign ones (2). Meanwhile, the patients with parathyroid carcinomas usually experience more severe clinical manifestations with PTH levels 3 to 10 times the upper limit of the norm (1). However, these two features still partially overlap with those of benign hyperparathyroidism. A combination of RI_{peak} , size, and PTH levels could further improve the diagnostic performance, especially of NPV.

Although ^{99m}Tc -MIBI dual-phase planar imaging with SPECT/CT is a classic radionuclide imaging method for localization of parathyroid nodules, ^{18}F -fluorocholine PET/CT is a becoming potential alternative for parathyroid imaging. Recent studies have indicated that ^{18}F -Fluorocholine PET/CT had a better diagnostic accuracy than ^{99m}Tc -MIBI SPECT/CT for localization of parathyroid adenoma (21-23), especially in the detection of small parathyroid adenomas. However, few cases of ^{18}F -fluorocholine PET/CT in parathyroid carcinoma have been reported until now (24,25). Therefore, the value of ^{18}F -fluorocholine PET/CT for differentiating parathyroid carcinoma from adenoma is still uncertain, and needs to be

further explored in a larger cohort of patients with PHPT.

In conclusion, parathyroid carcinomas have a significantly higher retention level of ^{99m}Tc -MIBI than benign parathyroid lesions. When the RI_{peak} of the parathyroid lesion is $>-19\%$, it strongly raises the suspicion of parathyroid carcinoma, and management should be altered; RI_{peak} may contribute to the preoperative differential diagnosis of parathyroid carcinoma.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: This study was approved by the Ethics Committee of Shanghai Ruijin Hospital, Shanghai Jiao Tong University School of Medicine. The Ethics Committee confirmed that formal written consent from patients was not required, because it was a retrospective study.

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