

Translation and rotation analysis based on stress MRI for the diagnosis of anterior cruciate ligament tears

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> Background: Due to the increasing need for a detailed biomechanical analysis of anterior cruciate ligament (ACL) lesions, the aim of the study was to develop a method of direct measurement of the three-dimensional tibial translation and rotation based on stress MRI.

> **Methods:** For the purpose of the study, thirty patients with acute ACL rupture and 17 healthy control subjects were selected. Based on clinical examination, they were qualified for MRI examination using the Arthroholder Device prototype to perform anterior tibial translation. Each examination was performed at 30° of knee flexion, initially without tibia translation and then using the force applied to the calf of 80 N. The femur and tibia were separately registered using rigid local SimpleITK landmark refinement; translation and rotation parameters were then calculated using the 3D transformation algorithms. The significance level was set at 0.05.

> Results: Initially, the device and method for obtaining the parameters of the 3D translation and rotation were validated. The pooled Standard Deviation for translation parameters was 0.81 mm and for rotation parameters 0.87°. Compared to the control group, statistically significant differences were found in parameters such as Anterior Shift [(median ± interquartile range) 3.89 mm ±6.55 vs. 0.90 mm ±2.78, P=0.002238] and External Rotation (-0.55° ±3.88 vs. -2.87° ±2.40, P=0.005074). Statistically significant correlations were observed in combined groups between Anterior Shift and parameters such as External Rotation (P=0.001611), PCL Tibial Attachment Point (pPCL) Anterior Shift (<0.000001), Rolimeter Measurement (P=0.000016), and Side-to-Side Difference (SSD) (P=0.000383). A significant statistical correlation was also observed between External Rotation and parameters such as Rolimeter (P=0.02261) and SSD (P=0.03458).

> Conclusions: The analysis of the anterior tibia translation using stress MRI and the proposed threedimensional calculation method allows for a detailed analysis of the tibial translation and rotation parameters. The correlations showed the importance of external rotation during anterior tibial translation.

> Keywords: Anterior cruciate ligament (ACL); stress MRI; dynamic MRI; MRI registration; singular value decomposition; transformation matrix

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Introduction

The anterior cruciate ligament (ACL) is one of the most important structures responsible for proper movement control and stabilization of the knee joint. Injury to the anterior cruciate ligament leads to complex knee instability, including disruption of tibial translation and rotation. Evaluation of knee stability after injury of the anterior cruciate ligament should be performed based both on physical examination [Lachman test (1) and Pivot Shift test (2)] and standard magnetic resonance imaging (MRI). After the Lachman test was described over 30 years ago (1), many of the clinical examination devices were developed, such as the instrumented version of the Lachman test performed on a KT 1000 (3) device or a Rolimeter (4). However, the general rules of calculation of tibia translation remained unchanged: anterior translation of tibia was achieved by the anteriorly directed force applied to the calf on 30° knee flexion, and tibia anterior translation in the sagittal plane was recorded using various devices (4-6).

Several devices have been described to test the anterior tibial translation by MRI (7-10), but none have been validated. The previously described devices were not used for the purpose of three-dimensional calculations. Moreover, the devices were not available for distribution with the possibility of adapting the device to our MRI laboratory. For this reason, a prototype of the device was developed.

When performing the anterior translation of the tibia in general, the resulting displacement is not just one plane movement. The result comprises both translation and rotation, which is defined as a three-dimensional transformation. Several methods based on transformation calculations have been described (11). The reference points used for calculations in these methods were attached to the skin and were mobile during the examination (12,13). To perform accurate 3D transformation calculations, landmarks should be precisely correlated with the anatomical regions and remain unchanged during tibial translation to reduce measurement error. In several papers, bony landmarks for the knee joint were developed (14), but all these anatomical references were dedicated to CT imaging techniques (11,15-19).

When performing a CT scan, the contrast between bone and soft tissues is high, which makes it easy to identify landmarks on the bone. Also, methods that enable automatic alignment of bone contours, called automatic registration, allow for greater accuracy, as the software aligns the entire bone volume. For MRI, the levels of bone-soft tissue contrast are not sufficient to manually define landmarks the same as in CT. The software is also unable to determine the contours of the bones with automatic registration. Nowadays, MRI is a gold standard technique for a ligamentous knee injury, and the landmarks for 3D transformation calculations should be easy to find and establish during the MRI examination (20).

The purpose of the study was to develop a reproducible model of calculations of 3D tibia translation in ACL-injured knees using an Arthroholder device during the MRI examination.

Methods

Participants

After obtaining IRB approval from the Local Ethical Committee of Bielsko-Biała, 175 patients admitted to our clinic between January 2018 and December 2019 with possible ACL injury were screened (Figure 1). The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The informed consent was taken from all the patients. Seventy-one patients who had an acute knee pivoting injury (less than three weeks) were included in the study. Exclusion criteria for both groups were: age <18 and >60 years old, BMI >30, limited range of motion of the knee to perform MRI, systemic and chronic disorders, claustrophobia, previous injuries to the index knee, and inability to perform MRI examination (metal hardware, pacemakers, etc.). Sixty-four patients who met the study criteria had a stress MRI examination. After the examination, two patients were excluded from the study due to PCL damage, and 15 patients were excluded due to technical errors during MRI examination, such as improper setting of the device or MRI parameters. They were then divided into two groups: the ACL injured group and the control group. Inclusion criteria for the ACL-injured group were ACL tear and positive Lachman and Pivot-Shift tests.

In 14 patients in the research group, ACL damage was confirmed arthroscopically.

The stress MRI examination

All participants had an MRI examination using the Arthroholder device prototype manufactured by IDD Medical Startup, Bielsko-Biała, Poland. The device is a knee

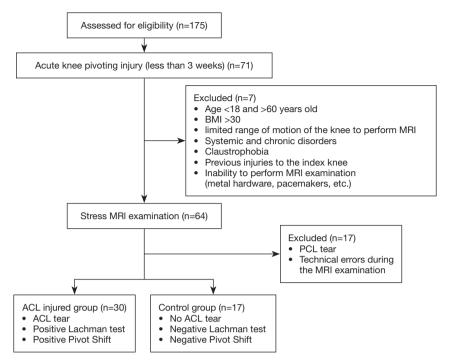


Figure 1 Flow chart of study identification, inclusion, and exclusion criteria.

mounting system with force applied to the calf directed anteriorly, perpendicular to the tibia. It uses a calibrated air pump system to determine the value of the translation force.

After positioning the Arthroholder on the MRI table, the knee flexion was adjusted to 30 degrees, which was verified with a goniometer. A tight at an angle of 75° to the ground plane was fixed to the Arthroholder base using a wide strap. The first MRI was initially performed with the knee resting on the Arthroholder without touching the tibial support to the skin. Then, without changing the patient's position, a second study was performed using a force of 80 N applied to the calf. The direction of the force vector applied to the calf was set at an angle of 75° to the ground plane (*Figure 2*). The loading force of 80 N was generated by a piston, which was connected to a pump and controlled by the calibrated pressure gauge.

The protocol of MRI knee examination used for calculations is based on axial and sagittal ACL oblique plane orientation. All MRI planes were obtained in PD sequences on a Philips Ingenia 3.0T MR (Philips, The Netherlands), and a dStream Flex L (Philips, The Netherlands) coil was used. The tibial plateau was positioned by the technician to be perpendicular to the XY plane. The detailed technical parameters of the MRI

protocol used were as follows:

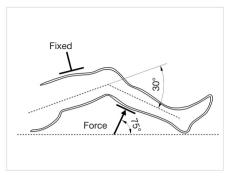
- Oblique sagittal ACL PD TSE (TR: 2,800 ms; TE: 40 ms; FOV: 140 mm × 140 mm rectangular; Matrix: 704×704; Pixel size: 0.198864 mm × 0.198864 mm; NSA: 1.5; Slice thickness: 1.6 mm; Slice spacing: 1.76 mm; Number of slices: ~40; Fat saturation: none; Acquisition duration: ~2 min 30 s).
- ❖ Axial PD TSE (TR: 2,400 ms; TE: 45 ms; FOV: 160 mm × 160 mm rectangular; Matrix: 640×640; Pixel size: 0.25 mm × 0.25 mm; NSA: 1; Slice thickness: 3 mm; Slice spacing: 3.3 mm; Number of slices: ~36; Fat saturation: mSPIR; Acquisition duration: ~2 min 30 s).

In addition, the following 3D volume isotropic protocol was used to validate the registration method:

❖ PD 3D TSE (TR: 1,300 ms; TE: 22 ms; FOV: 160 mm × 160 mm × 140 mm; Matrix: 576×576; Pixel size: 0.277778 mm × 0.277778 mm; NSA: 2; Slice thickness: 0.698; Slice spacing: 0.349; Number of slices: ~400; Fat saturation: SPAIR; Acquisition duration: ~6 min).

Point marking and registration

The PDW sagittal and axial series were examined using



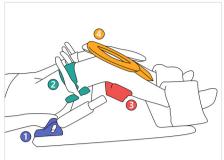




Figure 2 Arthroholder device positioning before examination. 1, hinge for adjusting the angle of the thigh. 2, thigh-locking strap. 3, air piston generating anterior tibial translation. 4, MRI coil.

Osirix 10.0 (Pixmeo, Switzerland) software.

The set of landmarks proposed by Xue (18) and ISB (21) were initially considered; however, due to the difficulty of automatic registration based on MRI images, those landmarks were not used. The new landmarks were selected based on areas of high contrast differences in the sagittal oblique and axial sections. For each examination, six points were marked as described (*Table 1*).

Two orthopedic surgeons with several years of experience in interpreting MRI images marked landmarks three times for each examination.

Selected points were redefined using Slicer 4.10 (The Slicer Community, USA) Landmark Registration with small region SimpleITK v4.13.3 (Insight Software Consortium, USA) automatic registration algorithms (22). Point locations based on the XYZ coordinate system were exported for further analysis. Femoral points were used for registration using the CloudCompare software (EDF, France) (23). Points exported from MRI examination without the use of force (F_{lc} , F_{mc} , F_{in}) were used as reference points. Points exported from MRI examination with the use of force were used as the aligned set of points (F_{lc} , F_{mc} , F_{in}).

Automatic registration

SimpleITK v4.13.3 registration algorithms were used to redefine registration points in small regions. Fully automated registration algorithms such as BRAINS v3.0.0 (NITRC, USA) (24), General Registration ITK v4.13.3 (22) (Insight Software Consortium, USA) and Elastix v5.0.0 (25) (LUMC, Netherlands) with ROI masks were tested; however, none of them provided accurate registration due to shifting landmarks during the performed MRI

examinations. Only marking the points with the use of semiautomatic registration gave measurable results.

Translation and rotation calculations

Two sets of tibial points (P_f , $P_{_ph}$, $P_{_pcl}$ and P_f , P_{pl} , P_{pcl}) were prepared for seven parameters of Helmert transformation model calculations. The general form can be written as (26):

$$p_i = dR(\varphi)q_i + t, i = 1...., m$$

where i is the number of points that have known coordinates in the two XYZ systems, p_i , and q_i , d is a scale factor, R is the product of three elementary rotation matrices around XYZ axes, and t is the translation vector in the XYZ space. The $R_3 \times 3$ matrix can be written as (26-28):

$$R(\varphi) = R_1(\alpha)R_2(\beta)R_3(\gamma)$$
 [2]

where:

$$R_{1}(\alpha) = \begin{bmatrix} \cos \alpha & -\sin \alpha & 0 \\ \sin \alpha & \cos \alpha & 0 \\ 0 & 0 & 1 \end{bmatrix}$$

$$R_{2}(\beta) = \begin{bmatrix} \cos \beta & 0 & -\sin \beta \\ 0 & 1 & 0 \\ \sin \beta & 0 & \cos \beta \end{bmatrix}$$

$$R_{3}(\gamma) = \begin{bmatrix} 1 & 0 & 0 \\ 0 & \cos \gamma & -\sin \gamma \\ 0 & \sin \gamma & \cos \gamma \end{bmatrix}$$
[3]

The given parameters allow transforming a set of points q_i , into another set p_i . To determine translation t and rotation R parameters of given sets of points p_i,q_i , a least-squares solution should be applied (26,29):

Table 1 Registration points

Symbol	Name	Description	Schematic		
F _{lc}	Femoral lateral condyle point	Inner top edge of the lateral condyle			
F _{mc}	Femoral medial condyle point	Inner top edge of the medial condyle			
F _{in}	Intercondylar notch point	Center of the intercondylar notch in line through a femoral physeal scar			
F _f	Proximal fibula point	The top of the fibula			
$\mathcal{F}_{ ho l}$	Posterior cruciate ligament point	PCL tibial attachment			
F _{IC}	Patella ligament point	Top central edge of the patellar ligament attachment			

$$F = \sum_{i=1}^{m} \| p_i - dRq_i - t \|^2$$
 [4]

The solution should be independent of d, which can be obtained by (26):

$$\sum_{i=1}^{m} \| p_i - R(\varphi) q_i - t \|^2$$
 [5]

Detailed calculations and unit conversions were

performed using 3D-Transformation-Matrix-Calculator v1.0 (Wojtin, Poland) software (30) based on the open-source singular value decomposition of 4×4 transformation matrix algorithms (31-33). These algorithms are based on the general principles of the Helmert transformation explained above.

The registration of landmarks was visually verified (*Figure 3*), and individual patient data was presented in graphics (*Figure 4*).

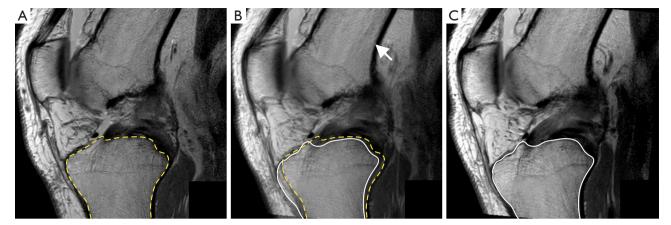


Figure 3 An example of MRI visual verification of semiautomatic registration. (A) MRI without anterior translation; (C) Stress MRI with tibial anterior translation; (B) A (dotted yellow line) + C (solid white line) images combined with 50% transparency. The anterior translation of the tibia was visualized. The arrow shows the correct alignment of the femur.

Statistical analysis

All data were collected and analyzed using the PQStat v1.6 (PQStat Software, Poland) software. The normal distribution of each parameter was tested with the Shapiro–Wilk test. For all parameters, the median ± interquartile range was calculated and presented (Figure 5). The Mann-Whitney test was used to compare the groups. Spearman's rank correlation coefficient was calculated to achieve a relationship between translation and rotation values. The intraclass correlation coefficient (ICC) was calculated for the purpose of assessing the reliability of measurements. Statistical significance was set at P<0.05.

Validation and calibration

Calibrating the tibial translation force, 30 measurements were made with a dynamometer applied to the tibial element of the device, and then the pressure values were determined on a standardized pressure gauge connected to the pump. On the basis of the performed calibration, the translation force was set to 80±5 N each time during the examination.

To validate the tibia translation with the device, a Rolimeter was used (*Table 2*). In each test performed by two experienced orthopedic surgeons, the Rolimeter measurement was taken with a knee flexion of 30 degrees in the Lachman test. Then, after mounting the knee in the Arthroholder device, the measurement was taken again with the use of the Rolimeter. The Rolimeter's zero state was set without using tibial translation force, then the Rolimeter measurement was taken using 80 N force applied to the

calf. The Side-to-Side Difference (SSD) of the Rolimeter measurement was also calculated.

To validate the landmark registration method, an additional 3D VISTA sequence was performed in 10 patients. The landmarks were marked three times by two experienced orthopedic surgeons in both the 3D VISTA sequence (0.7 mm slice thickness) and the standard PD sequence (2 mm slice thickness). Then, a semiautomatic landmark registration was performed and transition parameters were compared (*Table 2*). Both MRI sequences were performed during one examination.

Results

The mean ± SD age of the ACL injured group was 37±9.8 years (27% women, 73% men), The mean ± SD age of the control group was 36±9.4 years (30% women, 70% men), ranging in booth groups from 19 to 54 years.

When the group with the damaged ACL was compared to the control group, statistically significant differences were found in the evaluation of all point distances, anterior shift, external rotation, Rolimeter, and SSD; these are presented in *Figure 5*.

Several dependencies between particular translation and rotation parameters were noticed. Statistically significant correlations between Anterior Shift and parameters such as Rolimeter measurement, SSD, External Rotation, pPCL Anterior Shift, between the External Rotation and the Rolimeter measurement, and SSD were observed in combined groups (*Figure 6A-6F*).

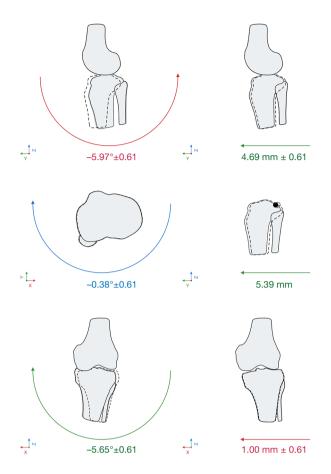


Figure 4 An example of left knee separate translation and rotation parameters visualization (knee flexion, tibial anterior translation, tibial internal rotation, pPCL anterior displacement, knee varus, and tibial medial translation). The dashed outlines relate to the initial position of the tibia. The rotation scale was set to 1:1. The translation was visualized where 1 pixel in a 96 dpi SVG format image stands for 1 mm in an MRI scan. The bone shape shown in the graphics is only a reproducible diagram to illustrate the 3D references.

Discussion

The most important finding of this study was the development of a 3D translation and rotation computation method based on semi-automatic registration and its implementation for stress MRI.

Fully-automated registration is widely used in the various fields of radiology (34,35); in this case, however, its use caused complications because of the repositioning of the bones and soft tissue compression by the device, even when area masks were used (36). Previously published CT (21) landmarks are not suitable for MRI registration due to difficulty in localizing bone regions on MRI PD sequences. For these reasons, new landmark locations adapted for semiautomated MRI registration were proposed. Registration of small areas around landmarks was used, which to be effective must rely on the analysis of contrasts between the bone and the surrounding tissue (34). Therefore, the location of the points was chosen so that the smallest possible cross-section would have as many areas of contrast as possible. It is also important that the location of landmarks cannot change during the translation and rotation of the tibia relative to the thigh (37).

Stress MRI examination allows for achieving parametric results, which can lead to a detailed analysis of the mechanics of the tested knee. The natural muscle tension during stress MRI allows distinguishing this method from those previously used, which were performed on cadavers (20) or under anesthesia (38). Muscle tension plays an important role in the stability of the knee, and this is taken into account when this method is used (39).

The tibia transition stress imaging calculation methods such as stress MRI or stress radiography cannot rely only on the 2D anterior shift parameter (40). The tibial transformation values must be presented as a combination

Table 2 Landmark registration validation table

	Lateralization (mm)	Anterior shift (mm)	Proximal shift (mm)	Knee flexion (°)	Varus (°)	External rotation (°)
Pooled SD						
Rolimeter	_	1.22	-	_	-	-
PD	0.85	0.51	1.22	0.68	0.98	1.2
3D VISTA	0.75	0.40	1.11	0.63	0.78	0.95
ICC						
Rolimeter	_	0.994205	_	_		_
PD/3D VISTA	0.959001	0.993994	0.984733	0.998301	0.983295	0.985244

For all results, P<0.000001. SD, standard deviation; ICC, intraclass correlation coefficient.

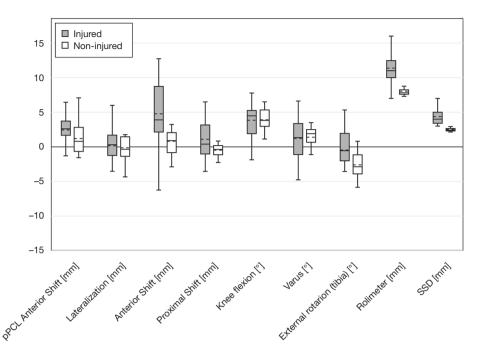


Figure 5 Median and interquartile range translation chart (pPCL Anterior Shift P=0.002238; Lateralization P=0.362296; Anterior Shift P=0.002238; Proximal Shift P=0.130879; Knee Flexion P=0.826566; Varus P=0.496259; External Rotarion P=0.005074; Rolimeter P=0.000001; SSD P=0.000008). pPCL, PCL Tibial Attachment Point; SSD, Side-to-Side Difference.

of translation and rotation in which the rotation plays an important role in the tibial movement (40). This was also confirmed in this study by showing correlations between the individual components of the three-dimensional translation and rotation and differences in these values compared to the control group.

The presented results showed differences compared to the control group not only in the case of anterior translation, but also in the rotation of the tibia. The correlations between external rotation and anterior shift, as well as between the values of the Rolimeter measurements, are particularly noteworthy. It is known that damage to individual bundles affects the rotation of the tibia (41). The importance of rotation is especially relevant in the case of diagnosis of knee laxity (42), but the assessment of this parameter has not been widely used so far.

The complex analysis of tibial translation and rotation introduces new precise numerical parameters in the clinical evaluation of knee instability. This gives new possibilities of biomechanical analysis of the knee joint as well as the quality of the performed ACL repair procedures, which require further research.

It should be noted that a small group of patients and the low diversity of the research group were limitations of this research, which should be improved in future studies. Moreover, patients with limited range of knee mobility were not examined using stress MRI due to the assumed discomfort during the examination.

Conclusions

The semiautomatic registration method allows for a detailed analysis of the tibial translation and rotation parameters during stress MRI in the knees with damaged ACL. Particularly noteworthy is the strong correlation of external rotation parameters to the anterior tibia translation, as well as to the value of the Rolimeter measurement. The described method has clinical application in the accurate diagnosis of ACL lesions, but it requires further research.

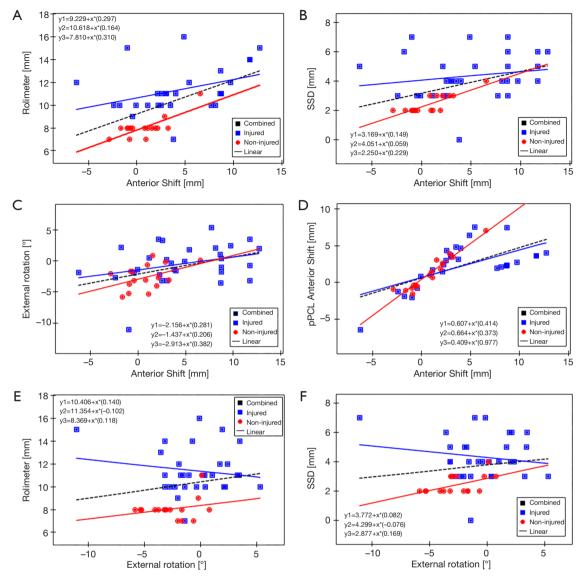


Figure 6 Correlation charts between Anterior Shift and (A) Rolimeter {ACL injured group [I]: P=0.00561, r=0.49326; ACL non-injured group [N]: P=0.020858, r=0.571071; Combined groups [C]: P=0.000016, r=0.5896}. (B) SSD (I: P=0.153015, r=0.267476; N: P=0.000824, r=0.749777; C: P=0.000383; r=0.501612). (C) External Rotation (I: 0.165844, r=0.259659; N: P=0.102109, r=0.423529; C: P=0.001611; r=0.452053). (D) pPCL Anterior Shift (I: P=0.001375, r=0.557388; N: P<0.000001, r=0.95; C: P<0.000001; r=0.779108). External Rotation and (E) Rolimeter (I: P=0.983716, r=-0.003892; N: 0.801726, r=0.068241; C: P=0.02261, r=0.335583), (F) SSD (I: P=0.872322, r=-0.030636; N: P=0.03367, r=0.5326; C: P=0.020317; r=0.341183). ACL, anterior cruciate ligament; pPCL, PCL Tibial Attachment Point; SSD, Side-to-Side Difference.

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Footnote

Conflicts of Interest: All authors have completed the ICMJE

uniform disclosure form (available at https://dx.doi. org/10.21037/qims-21-153). BS reported his participation in the patent, which is pending. The other authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all

aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was approved by the Local Ethical Committee of Bielsko-Biała. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). Informed consent was taken from all the patients.

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