

Protective effect of a chronic hypobaric hypoxic environment at high altitude on cardiotoxicity induced by doxorubicin in rats: a 7 T magnetic resonance study

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Background: Doxorubicin (DOX)-induced cardiotoxicity (DIC), a major clinical problem, has no effective preventive therapies. We hypothesized that left ventricular (LV) systolic function would be improved in a chronic hypobaric hypoxia environment at high altitude. The purpose of this study was to investigate whether cardiovascular magnetic resonance could reveal the cardioprotective effect of chronic hypobaric hypoxia on DIC.

Methods: In total, 60 rats were randomly assigned to 1 of 6 groups (n=10 per group): the P group (plain), PD group (plain + DOX), HH group (high altitude), HHD4 group (high altitude + DOX for 4 weeks), HHD8 group (high altitude + DOX for 8 weeks), and HHD12 group (high altitude + DOX for 12 weeks). The rats were transported to either Yushu (altitude: 4,250 m) or Chengdu (altitude: 500 m) where they underwent intraperitoneal injection of DOX (5 mg/kg/week for 3 weeks) or saline. Preclinical 7 T cardiovascular magnetic resonance was performed at weeks 4, 8, and 12. Tissue tracking was used to measure LV cardiac function and to analyze global and segmental strains. Subsequently, histological and oxidative stress tests were performed to evaluate the protective effect of a high-altitude environment on DIC.

Results: The left ventricular ejection fraction (LVEF) and global and regional strains in the middle, apical, anterior, septal, inferior, and lateral segments (all P<0.05) were improved in the HHD4 group compared with the PD group. The global strain was significantly greater in absolute value in the HHD8 and HHD12 groups than in the HHD4 group (all P<0.05). Additionally, histological and enzyme-linked immunosorbent assay evaluations supported the *in vivo* results.

Conclusions: A chronic hypobaric and hypoxic environment at high altitude partially prevented cardiac dysfunction and increased global and regional strain in DIC rat models, thereby minimizing myocardial injury and fibrosis. In addition, by increasing the total duration of chronic hypobaric hypoxia, the global strain was further increased, which was likely due to reduced oxidative stress.

Keywords: Chronic hypobaric hypoxia; strain analysis; doxorubicin-induced cardiotoxicity (DIC); oxidative stress; tissue tracking; magnetic resonance imaging (MRI)

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Introduction

Anthracyclines are chemotherapy drugs used in the treatment of various cancers, including hematological malignancies, soft tissue tumors, and other malignant tumors. The most representative of these drugs is doxorubicin (DOX) (1,2). However, DOX may cause severe cardiotoxicity that can eventually result in congestive heart failure or death in a dose-dependent and cumulative manner. Nonetheless, DOX is still the first-line clinical treatment for most types of cancer even though the incidence of DOX-induced cardiotoxicity (DIC) can be as high as 30–50% in breast cancer patients treated with this agent (3). Finding new ways to prevent and reduce DIC during chemotherapy is essential for improving the quality of life of cancer patients.

A chronic hypobaric environment at high altitude, which is similar to ischemic preconditioning and chronic intermittent hypobaric hypoxia, has a significant protective effect on cardiovascular disease (4,5). Recent studies have suggested that ischemic preconditioning confers a cardioprotective effect against DIC in both in vitro cardiomyocytes (6) and in vivo large-animal models (7). Mechanistically, it is now well established that ischemic preconditioning can protect cardiac tissue from oxidative stress injury through enhancement of the endogenous antioxidant defense capacity (8-10). It is likely that the activation of nuclear factor-erythroid 2 related factor (Nrf2) is required for the induction of antioxidative enzymes, which then increase the antioxidant capacity (11,12). Interestingly, compared with other forms of ischemic preconditioning, chronic hypobaric hypoxia at high altitude has a stronger cardioprotective effect due to the adaptive nature of its protective mechanism and improves the tolerance of the heart to acute environments (13,14). However, whether exposure to a chronic hypobaric hypoxic environment at high altitude has a cardioprotective effect on DIC in rats has not been reported.

Cardiac magnetic resonance (CMR) is being increasingly employed to assess myocardial function and deformation by visualizing heart motion in 3D (15,16). Previous studies have demonstrated that myocardial strain can be used to accurately identify subclinical changes and subtle cardiac dysfunction in cardiac myocytes before ejection fraction (EF) reduction (17-19). Strain analysis has been found to be important in the evaluation of global and regional left ventricular (LV) functional impairment (20-22). An increasing number of studies have reported myocardial deformation abnormalities caused by DOX, showing the important diagnostic value of strain analysis in DIC (23-26). However, there are few reports on DIC in a natural high-altitude environment based on CMR measures of myocardial strain.

In this study, we established a rat model of DIC in a natural chronic hypobaric hypoxic environment at high altitude and verified the cardioprotectiveness of this environment with tissue-tracking cardiovascular magnetic resonance imaging (CMR-TT).

Methods

Study protocol

All procedures were performed under an approved protocol by the Institutional Animal Care and Use Committee of the Animal Experimental Center, West China Hospital, Sichuan University. The rats were maintained in accordance with the requirements of the National Institutes of Health Guide for the Care and Use of Laboratory Animals and the Association for Assessment and Accreditation of Laboratory Animal Care. All experimental protocols were reviewed and approved by the Experimental Animal Ethics Committee of West China Hospital, Sichuan University, China. Healthy male Sprague-Dawley rats weighing 200 g were randomly placed into six groups: the P group (plain group, n=10), PD group (plain + DOX group, n=10), HH group (hypobaric hypoxia group, n=10), HHD4 group (hypobaric hypoxia + DOX for 4 weeks, n=10), HHD8 group (hypobaric hypoxia + DOX for 8 weeks, n=10), and HHD12 group (hypobaric hypoxia + DOX for 12 weeks, n=10). The P and PD groups were housed for 4 weeks in Chengdu city (altitude, 500 m), with the PD group given 5 mg/kg DOX via intraperitoneal injection on weeks 1, 2, and 3. The HH and HHD4 groups were housed for 4 weeks in Yushu Tibetan Autonomous Prefecture, Qinghai Province (altitude, 4,250 m), while the HHD8 and HHD12 groups were housed in Yushu for 8 and



Figure 1 CMR tissue tracking in a healthy control subject using cvi42 software. (A) Cardiac short-axis view; (B) cardiac 2-chamber view; (C) cardiac 4-chamber view; (D) GRS curves; (E) GCS curves; (F) GLS curves (green circle: epicardium; red circle: endocardium). CMR, cardiac magnetic resonance; GRS, global radial strain; GCS, global circumferential strain; GLS, global longitudinal strain.

12 weeks, respectively. The HHD4, HHD8, and HHD12 groups were intraperitoneally injected on weeks 1, 2, and 3 with the same volume of DOX (5 mg/kg) as was the PD group. The P and HH groups received an equal volume of saline solution by intraperitoneal injection on weeks 1, 2, and 3. The rats in the six groups were housed at an animal facility with a temperature of 22±2 °C and a 12-hour light-dark cycle; standard chow and sterile water were available ad libitum.

CMR protocol

On weeks 4, 8, and 12, all rats were scanned using a 7 T magnetic resonance imaging (MRI) system (Bruker BioSpec 70/30, Ettlingen, Germany) with a 4-channel rat surface coil for signal reception. The rats were first anesthetized with isoflurane and then placed prone on the surface coil, with a respiration sensor placed under the abdomen for

respiratory gating. Electrodes were placed on 3 of the limbs for electrocardiography (ECG) assessment, and gas anesthesia was maintained with 2% isoflurane through a pipe connected to a ventilation instrument. IntraGate fast low angle shot (FLASH) MRI, a cardiac cine sequence, was then performed to obtain 2- and 4-chamber views and a stack of short axis images covering the heart from the base to the apex. The following sequence parameters were used: repetition time/echo time (TR/TE), 8.0/2.5 ms; matrix (MTX), 256×256; flip angle (FA), 15°; field of view (FOV), 5×5 cm²; slice thickness, 1.5 mm; and read resolution, 0.26×0.26 mm/pixel.

Cardiac function and strain analysis

The CMR images were read using cvi42 software (Circle, version 5.11, Calgary, AB, Canada) (*Figure 1*). Semiautomatic drawing of the endocardial and epicardial

borders was performed at the end-diastolic and endsystolic short-axis cine images. The CMR parameters of LV function were measured, including left ventricular enddiastolic volume (LVEDV), left ventricular end-systolic volume (LVESV), stroke volume (SV), left ventricular ejection fraction (LVEF), and left ventricular mass (LVM).

Myocardial strain parameters of the LV were analyzed. Tissue-tracking (TT) analysis using the same software as above (cvi42 software, Circle) provided LV (I) global longitudinal strain (GLS), global circumferential strain (GCS), and global radial strain (GRS); (II) basal (GLS-b), middle (GLS-m), and apical segment GLS (GLS-a); (III) basal (GCS-b), middle (GCS-m), and apical segment GCS (GCS-a); (IV) basal (GRS-b), middle (GRS-m), and apical segment GRS (GRS-a); and (V) GLS, GCS, and GRS in the anterior, septal, inferior, and lateral LV segments. Endocardial and epicardial borders were drawn on the 2and 4-chamber long-axis cine images and then automatically tracked through all cardiac phases, as shown in *Figure 1*. All CMR images were analyzed twice by two radiologists.

Oxidative stress assay

On weeks 4, 8, and 12, the rats were sacrificed by excessive sodium pentobarbital after CMR. To analyze oxidative stress, rat cardiac tissue was homogenized, and levels of malondialdehyde (MDA), glutathione (GSH), and superoxide dismutase (SOD) activity were measured using assay kits purchased from Nanjing Jiancheng Bioengineering Institute (Jiangsu, China). All procedures were performed according to the manufacturer's protocols.

Histopathological analysis

A final CMR scan was performed at week 4, after which the hearts were removed by thoracotomy, fixed in 10% formalin for 24 hours, and cut into 2-mm-thick slices, which were then embedded in paraffin and cut further into 5-µm-thick sections. Each section was stained with hematoxylin-eosin (HE) and Masson's trichrome (MT) to assess inflammation, necrosis, and fibrosis.

Statistical analysis

Continuous variables are presented as the mean ± SD. The Shapiro-Wilk test was used to assess data normality. All data were analyzed by SPSS version 25.0 (IBM Corp., Armonk, NY, USA) and GraphPad Prism 8.0 software (GraphPad Software Inc., San Diego, CA, USA). Statistical comparisons between groups were assessed by oneway analysis of variance (ANOVA). Correlation analyses between LVEF and global strain and between different global strain forms were performed using the nonparametric Pearson correlation test. Interobserver and intraobserver reproducibility was determined using the intraclass correlation coefficient. P<0.05 was considered statistically significant.

Results

Basic subject characteristics

All CMR scans were performed when the heart rate was stable at 390 ± 20 beats per minute (bpm) and the respiratory rate was stable at 35 ± 5 bpm. A total of 60 male rats were randomly assigned according to the study protocols. There was no statistically significant difference in baseline characteristics or cardiac function between the P, PD, HH, and HHD4 groups (all P>0.05) (*Table 1*).

A high-altitude environment prevented DOX-induced cardiac dysfunction

CMR analysis revealed that except for LVESV, LV functional and morphological parameters were significantly lower in the PD group than in the P group at week 4. However, after 4 weeks of exposure to a natural hypobaric hypoxic environment at high altitude, there was a statistically significant increase between the HHD4 and PD groups in all LV parameters except for LVEDV and LVESV (*Table 2*). The results demonstrated that a chronic hypobaric hypoxic environment was effective in alleviating LV cardiac dysfunction after DOX treatment.

A high-altitude environment improved LV strain in rats with DIC

LV strain analysis revealed that the absolute values of all global and regional strains for the basal, mid-cavity, and apical segments were markedly lower for the PD group than for the P group. However, compared with the PD group, the absolute values of all global and regional strains for the mid-cavity and apical segments were significantly higher in the HHD4 group but not in the basal segments (*Table 3, Figure 2*). In addition to the abovementioned segmental strain analysis, we also evaluated LV strain

Table T baseline characteristics of the study animals						
Parameters	P group	PD group	HH group	HHD4 group	P value	
Weight (g)	174.8±4.26	173.4±3.47	174.2±3.26	174.1±3.87	0.87	
HR (bpm)	323±22.91	319.4±29.39	330.8±35.41	326.4±22.81	0.83	
Breath (bpm)	40.2±3.97	37.9±4.61	38.3±3.83	39.9±4.1	0.52	
LVEF (%)	66.89±5.75	67.03±3.6	70.22±4.52	67.47±4.74	0.36	
LVSV (mL)	0.21±0.026	0.19±0.17	0.2±0.03	0.21±0.04	0.34	
LVM (g)	0.34±0.03	0.32±0.02	0.31±0.03	0.32±0.03	0.27	
LVEDV (mL)	0.31±0.05	0.29±0.03	0.3±0.04	0.33±0.07	0.31	
LVESV (mL)	0.1±0.02	0.09±0.02	0.1±0.02	0.1±0.03	0.12	

Table 1 Baseline characteristics of the study animals

The results are presented as the mean ± SD. P values were obtained using one-way ANOVA. P, plain; PD, plain + doxorubicin; HH, hypobaric hypoxia; HHD4, hypobaric hypoxia + doxorubicin for 4 weeks; HR, heart rate; LVEF, left ventricular ejection fraction; LVSV, left ventricular stroke volume; LVM, left ventricular mass; LVEDV, left ventricular end-diastolic volume; LVESV, left ventricular end-systolic volume.

Table 2 LV functional parameters measured at week 4

Parameters	P group	PD group	HH group	HHD4 group
LVEF (%)	65.82±4.24	53.26±7.16***	61.86±3.51	57.64±3.16 [#]
LVSV (mL)	0.33±0.04	0.19±0.04***	0.28±0.03	$0.23 \pm 0.05^{\#}$
LVM (g)	0.58±0.08	0.45±0.07***	0.54±0.05	0.46±0.0 ^{7##}
LVEDV (mL)	0.5±0.06	0.36±0.04***	0.46±0.05	0.37±0.06
LVESV (mL)	0.17±0.03	0.17±0.03	0.18±0.03	0.17±0.03

The results are presented as the mean ± SD. ***P<0.001 compared with the P group; [#]P<0.05, ^{##}P<0.01 compared with the PD group. LV, left ventricular; P, plain; PD, plain + doxorubicin; HH, hypobaric hypoxia; HHD4, hypobaric hypoxia + doxorubicin for 4 weeks; LVEF, left ventricular ejection fraction; LVSV, left ventricular stroke volume; LVM, left ventricular mass; LVEDV, left ventricular end-diastolic volume; LVESV, left ventricular end-systolic volume.

using four segments (anterior, septal, inferior, and lateral). Longitudinal, circumferential, and radial strains were significantly decreased in the PD group compared with the P group in all segments, but a significant increase in four segments was observed in the HHD4 group (*Figure 3*). These results demonstrated that a chronic hypobaric hypoxic environment was effective in improving LV strain after DOX treatment.

A high-altitude environment alleviated cardiac fibrosis and myocardial injury associated with DIC

HE staining analysis revealed that the hearts of the PD group had severe infiltration of inflammatory cells, myocardial necrosis, cardiomyocyte vacuolization, and loss of large myocardial fibers. Conversely, cardiomyocyte vacuolization was not present in HHD4 rats, whose

myocardial samples showed significantly reduced inflammatory infiltration and conservation of the normal structure of the myocardial tissue (*Figure 4A*,4*B*). MT analysis revealed abundant collagen deposition in PD rats, whereas areas with collagen deposition in HHD4 rats were significantly decreased. There were no significant pathological abnormalities in the P or HH groups (*Figure* 4C,4D). In all groups, myocardial lesions were mainly present in the endocardial and midmyocardial layers (*Figure* 4A,4*C*).

Increasing the total intervention time in a high-altitude environment further improved LV global strain

CMR analysis revealed that the values of LVEF, GLS, GCS, and GRS were significantly lower in the PD group than in the P group, while after 4 weeks of a high-altitude

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Parameters	P group	PD group	HH group	HHD4 group
GLS (%)	-16.15±2.07	-9.83±1.89***	-15.06±1.33	-11.74±1.42 [#]
GCS (%)	-21.05±3.48	-13.62±4.26***	-20.83±2.35	$-16.58 \pm 1.68^{*}$
GRS (%)	45.18±9.16	17.55±3.61***	44.47±9.2	29.31±6.7 ^{##}
GLS-b (%)	-15.46±2.88	-9.12±2.21***	-14.62±2.12	-10.36±1.54
GLS-m (%)	-14.42±3	-9.23±2.52***	-12.59±1.78	-11.62±1.75 [#]
GLS-a (%)	-17.5±2.29	-11.22±1.74***	-16.16±1.25	-13.93±1.7 ^{##}
GCS-b (%)	-21.16±3.91	-10.18±2.13***	-20.01±3.18	-11.56±1.63
GCS-m (%)	-23.96±1.86	-16.3±4.2***	-23.27±2.48	-19.12±1.87 [#]
GCS-a (%)	-22.18±2.73	-16.24±3.56***	-21.2±2.65	$-18.76 \pm 1.48^{\#}$
GRS-b (%)	49.35±9.48	15.24±5.33***	47.83±11.11	18.54±3.14
GRS-m (%)	46.35±7.17	21.12±5.12***	43.27±8.1	27.53±4.39 [#]
GRS-a (%)	43.77±8.57	23.33±6.33***	40.27±9.06	31.77±5.14 [#]

 Table 3 LV strain parameters detected at week 4

The results are presented as the mean ± SD. ***P<0.001 compared with the P group; "P<0.05, "#P<0.01 compared with the PD group. LV, left ventricular; P, plain; PD, plain + doxorubicin; HH, hypobaric hypoxia; HHD4, hypobaric hypoxia + doxorubicin for 4 weeks; GLS, global longitudinal strain; GCS, global circumferential strain; GRS, global radial strain; GLS-b, basal segment GLS; GLS-m, mid-segment GLS; GCS-b, basal segment GCS; GCS-m, mid-segment GCS; GCS-a, apical segment GCS; GRS-b, basal segment GRS; GRS-m, mid-segment GRS; GRS-m, mid-segment GRS.

environment (HHD4), these parameters were increased. In addition, we found that increasing the total exposure time to a high altitude (from 8 to 12 weeks) further increased the absolute value of global myocardial strain but did not affect LVEF. No obvious differences in LVEF, GLS, GCS, or GRS were observed between the HHD8 and HHD12 groups (*Table 4*).

Increasing the total intervention time in a high-altitude environment reduced oxidative stress in the heart

To investigate the underlying reason for the further rise in global myocardial strain after increasing the total exposure time to a high altitude, we measured oxidative stress markers in hearts from the five groups. MDA levels were significantly increased following DOX administration (PD group) (*Figure 5A*), while these levels significantly decreased after 4, 8, and 12 weeks at high altitude (the HHD4, HHD8, and HHD12 groups, respectively). In contrast, GSH and SOD activity decreased in the PD group (*Figure 5B,5C*) but increased significantly in the HHD4 group and further increased in the HHD8 and HHD12 groups. No obvious differences in MDA, SOD, or GSH activity were observed between the HHD8 and HHD12 groups (*Figure 5A-5C*).

Relationship between LVEF, LV strain, and histological fibrosis

The intra- and interobserver reliability of the measurement of LVEF and LV strain parameters is summarized in *Table 5*. Correlation analysis showed that LVEF was significantly negatively correlated with GLS and GCS but significantly positively correlated with GRS (*Figure 6A-6C*). Moreover, there was a significant positive correlation between GLS and GCS and a significant negative correlation of GRS with GLS and GCS (*Figure 6D-6F*). Finally, GLS and GCS correlated positively with the percentage of fibrosis in the histology, while a negative correlation was found between GRS and histological fibrosis (*Figure 6G-6I*).

Discussion

We assessed the cardioprotective effect of a high-altitude environment in a rat model of DIC. CMR evaluation showed that a high-altitude environment significantly attenuated cardiac dysfunction associated with DIC. Strain analysis showed that hearts treated with DOX and exposed to a high-altitude environment had significantly higher global and regional myocardial strains in all segments,



Figure 2 Representative 16-segment myocardial strain imaging in the four groups by CMR. (A) Example of 16-segment GLS. (B) Example of 16-segment GCS. (C) Example of 16-segment GRS. CMR, cardiac magnetic resonance; GLS, global longitudinal strain; GCS, global circumferential strain; GRS, global radial strain; P, plain; PD, plain + doxorubicin; HH, hypobaric hypoxia; HHD4, hypobaric hypoxia + doxorubicin for 4 weeks.

except for the basal segments. Furthermore, we found that increasing the total exposure time to a high-altitude environment for 8 and 12 weeks further increased LV global myocardial strain but had no effect on the LVEF. In addition, HE and MT staining showed that a chronic hypobaric hypoxic environment at high altitude had a cardioprotective effect on DIC. Finally, we revealed that the protective effect of the total intervention time in a chronic hypobaric hypoxic environment at high altitude on DIC was closely related to oxidative stress.

DOX is one of the most highly effective and frequently used anticancer drugs; however, prolonged use of DOX can cause serious dose-dependent cardiotoxicity, limiting its clinical application (27). Although numerous studies have focused on reducing DIC or seeking alternatives to DOX, DOX remains the primary clinical antitumor agent and to date, there are no effective preventive or therapeutic modalities to reduce DIC. Therefore, there is an urgent need to find a strategy to prevent and treat this condition.

Previous studies have demonstrated the protective effect of high altitude on mortality from coronary heart disease and stroke (28). In an *in vivo* model of humans, Tibetan patients with congenital heart disease exhibited increased resiliency to ischemia-reperfusion (I/R) injury during cardiac surgery compared with those living at sea level (29). Another study recently found that compared with low-altitude



Figure 3 The anterior, septal, inferior, and lateral segmental strains of the left ventricle in the four groups. (A) Segmental longitudinal strain of the left ventricle, (B) segmental circumferential strain of the left ventricle, and (C) segmental radial strain of the left ventricle. The data are presented as the mean ± SD. ***P<0.001 compared with the P group; "P<0.05, "#P<0.01, "##P<0.001 compared with the PD group. P, plain; PD, plain + doxorubicin; HH, hypobaric hypoxia; HHD4, hypobaric hypoxia + doxorubicin for 4 weeks.

residents, high-altitude patients demonstrated enhanced tolerance to inflammation and responses to I/R injury when undergoing a primary mitral valve procedure (4). To date, most experimental animal models of hypoxia have included exposure to a hypobaric chamber to simulate physiology at equivalent altitudes (30-33). However, there are differences between simulated and natural high-altitude environments, such as physical activity factors and the intermittent nature of hypoxia. Consequently, we

investigated the cardioprotective effect of a natural highaltitude environment on DIC by establishing Sprague-Dawley rat models at an altitude of 4,250 m. In the current study, we found that exposure to a natural high-altitude environment for 4 weeks effectively improved LV function and strain and reduced myocardial damage and fibrosis from DIC, indicating that a natural high altitude was an effective method for preventing DIC.

CMR has been used to assess multiple manifestations of DIC (34). Using serial CMR, Farhad et al. demonstrated that the changes in cardiac structure and function in mice treated with DOX are strongly linked to late mortality (35). MRI-derived strain analysis has also been used to evaluate potential DIC; for example, Ong et al. used myocardial strain imaging with CMR in 41 human epidermal growth factor 2-positive (HER2+) breast cancer patients undergoing chemotherapy. The authors found that there was a significant reduction in LV strain after patients received chemotherapy, which correlated with a subtle decline in LVEF (25). A similar finding was noted in a subsequent study including 125 breast cancer patients treated with epirubicin. Significant reductions in LV longitudinal strain in subendocardial segments were observed after 3 cvcles of chemotherapy, while conventional LV systolic and diastolic conventional parameters, as well as LVEF, were relatively spare (36). Other studies have reported that LV regional wall motion abnormalities are closely associated with the development of cancer therapy-related cardiac dysfunction in patients undergoing chemotherapy and may also be an important predictor of DIC (37-41). To the best of our knowledge, we are the first to use strain analysis to evaluate the cardioprotective effect of a natural highaltitude environment on DIC. In this study, we found that LVEF, global strain (GLS, GCS, and GRS) and segmental strain (anterior, septal, inferior, and lateral) decreased in the PD group compared with the P group and that this decline was inhibited in the HHD4 group. All regional strain parameters, including GLS-b, GLS-m, GLS-a, GCS-b, GCS-m, GCS-a, GRS-b, GRS-m, and GRS-a, showed significant differences between the PD and P groups. All segments except for the basal segments recovered in the HHD4 group, indicating that strain dysfunction in the LV basal area is relatively severe and difficult to recover from after 4 weeks of exposure to a chronic hypobaric and hypoxic environment, which may be related to the higher mechanical stress at the base of the heart during ventricular filling (42-44). In addition, there was a significant correlation for different forms of global strain with LVEF



Figure 4 Myocardial tissue sections in the four groups. (A,B) HE staining showing that the extent of myocardial injury was reduced in the HHD4 group. (C,D) MT staining showing that the extent of cardiac fibrosis was reduced in the HHD4 group. HE, hematoxylin-eosin; MT, Masson's trichrome; P, plain; PD, plain + doxorubicin; HH, hypobaric hypoxia; HHD4, hypobaric hypoxia + doxorubicin for 4 weeks.

Table 4 LV strain parameters detected at weeks 4, 8 and	11	1	2
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Parameters	P group	PD group	HHD4 group	HHD8 group	HHD12 group
LVEF (%)	65.82±4.24	53.26±7.16***	57.64±3.16 [#]	61.26±4.13 ^{###}	62.07±3.69 ^{###}
GLS (%)	-16.15±2.07	-9.83±1.89***	$-11.74 \pm 1.42^{\#}$	-13.9±1.78 ^{###&}	-14.02±2.48 ^{###&}
GCS (%)	-21.05±3.48	-13.62±4.26***	-16.58±1.68 [#]	-19.78±1.69###&	-19.64±1.78 ^{###&}
GRS (%)	45.28±11.71	23.55±7.56***	29.31±6.7 ^{##}	36.54±6.11###&	37.96±4.06 ^{###&}

The results are presented as the mean ± SD. ***P<0.001 compared with the P group; [#]P<0.05, ^{##}P<0.01, ^{###}P<0.001 compared with the PD group; [&]P<0.05 compared with the HHD4 group. LV, left ventricular; P, plain; PD, plain + doxorubicin; HH, hypobaric hypoxia; HHD4, hypobaric hypoxia + doxorubicin for 4 weeks; HHD8, hypobaric hypoxia + doxorubicin for 8 weeks; HHD12, hypobaric hypoxia + doxorubicin for 12 weeks; LVEF, left ventricular ejection fraction; GLS, global longitudinal strain; GCS, global circumferential strain; GRS, global radial strain.



Figure 5 Increasing the total duration of exposure to a high-altitude environment reduced oxidative stress in the heart. (A) MDA levels, (B) GSH levels, and (C) SOD activity were measured in the cardiac tissue of the rats in each group, n=8. The data are presented as the mean ± SD. ***P<0.001 compared with the P group; ^{##}P<0.01, ^{###}P<0.001 compared with the PD group; ^{&&&}P<0.001 compared with the HHD4 group. MDA, malondialdehyde; GSH, glutathione; SOD, superoxide dismutase; P, plain; PD, plain + doxorubicin; HHD4, hypobaric hypoxia + doxorubicin for 4 weeks; HHD8, hypobaric hypoxia + doxorubicin for 8 weeks; HHD12, hypobaric hypoxia + doxorubicin for 12 weeks.

Table 5 Intra- and interobserver reliability of measurements for LVEF and segmental strain parameters

Daramatara	ICC (95% CI)			
Falameters	Intraobserver	Interobserver		
LVEF (%)	0.976 (0.954–0.987)	0.914 (0.844–0.954)		
GLS (%)	0.973 (0.950–0.986)	0.897 (0.814–0.944)		
GCS (%)	0.960 (0.926–0.979)	0.924 (0.860–0.959)		
GRS (%)	0.987 (0.976–0.993)	0.954 (0.915–0.975)		
GLS-b (%)	0.952 (0.911–0.974)	0.898 (0.815–0.944)		
GLS-m (%)	0.950 (0.908–0.973)	0.899 (0.817–0.945)		
GLS-a (%)	0.926 (0.865–0.960)	0.851 (0.736-0.918)		
GCS-b (%)	0.985 (0.972–0.992)	0.905 (0.827–0.948)		
GCS-m (%)	0.953 (0.914–0.975)	0.888 (0.799–0.939)		
GCS-a (%)	0.923 (0.860–0.959)	0.836 (0.710–0.910)		
GRS-b (%)	0.985 (0.973–0.992)	0.957 (0.921–0.977)		
GRS-m (%)	0.987 (0.975–0.993)	0.938 (0.887–0.967)		
GRS-a (%)	0.978 (0.959–0.988)	0.931 (0.874–0.963)		

LVEF, left ventricular ejection fraction; ICC, intra- and interclass coefficient; CI, confidence interval; GLS, global longitudinal strain; GCS, global circumferential strain; GRS, global radial strain; GLS-b, basal segment GLS; GLS-m, mid-segment GLS; GCS-m, mid-segment GCS; GCS-a, apical segment GCS; GRS-b, basal segment GRS; GRS-b, basal segment GRS; GRS-a, apical segment GRS; GRS-a, apical segment GRS; GRS-a, apical segment GRS; GRS-a, apical segment GRS.

and histological fibrosis. These findings suggested that DIC could be partially prevented by chronic hypobaric hypoxia and that the addition of a natural high-altitude environment was an effective method for preventing DIC.

After confirming the validity of exposure to hypobaric hypoxia, we investigated the effect of different durations of this environment. We observed that compared with the HHD4 group, global strain (GLS, GCS, and GRS) increased in the HHD8 and HHD12 groups, while LVEF was unaffected, suggesting that increasing the total time of hypobaric hypoxia exposure further improved cardiac function in DIC. However, LVEF, GLS, GCS, and GRS were not significantly different in the HHD8 and HHD12 groups. This finding might have been due to the reduction in reactive oxygen species production caused by adaptive chronic hypoxia in DIC rats (45). Papandreou et al. were the first to demonstrate that a long-term hypoxic environment downregulates mitochondrial oxygen consumption, which may be responsible for the reduction of oxidative stress (46). Additionally, accumulating evidence suggests that hypobaric hypoxia at high altitude can prevent high levels of oxidative stress and quicken adaptation to a high-altitude environment by increasing the activity of antioxidant enzymes, such as SOD and GSH, in animals (47-49) and in humans (49-52). Although there is no consensus regarding the mechanism of adaptive oxidative stress reduction in rats, in the oxidation system, antioxidant activity is the first line of defense against free radical damage, which can



Figure 6 Correlation between LVEF, GLS, GCS, GRS, and histological fibrosis. There was a correlation between LVEF and GLS (A), GCS (B), and GRS (C); a correlation between GLS and GCS (D), GLS and GRS (E), and GCS and GRS (F); and a correlation between myocardial fibrosis and GLS (G), GCS (H), and GRS (I). LVEF, left ventricular ejection fraction; GLS, global longitudinal strain; GCS, global circumferential strain; GRS, global radial strain; R, correlation coefficient.

be disturbed under hypobaric hypoxia-induced oxidative stress (50). Therefore, we focused on indicators of oxidative stress in the different groups and found that compared with that in the P group, the oxidative stress index in the PD group was significantly increased; however, after exposure to a high-altitude environment, this index was significantly decreased in the HHD4 group and further decreased in the HHD8 and HHD12 groups. These results indicated that adaptation to chronic hypoxia in DIC rats at high altitude for 8 and 12 weeks further alleviated the oxidative stress injury occurring in the heart tissue under hypoxia, which possibly improved the protective effect of chronic hypobaric hypoxia itself on DIC by enhancing the activity of antioxidant enzymes.

Limitations

The advantages of CMR-TT are its increased stability, short postprocessing time, and semiautomation; however, this technique is susceptible to motion artefacts, poor image quality, and a lack of standardization. In this study, we assessed myocardial deformation by CMR-TT but did not include CMR tagging or a strain-encoded imaging method. CMR tagging is considered the gold standard for assessing myocardial deformation (16,53), the use of which is limited by low spatial resolution, tag fading, and complicated postprocessing. Similarly, poor clinical and research experience limited the use of strain-encoded imaging.

Conclusions

A chronic hypobaric hypoxic environment at high altitude partially prevented cardiac dysfunction; and increased global and segmental strains of the apical, mid-ventricular, anterior, septal, inferior, and lateral segments in DIC rat models; thereby alleviating myocardial injury and fibrosis. In addition, by increasing the total exposure time to chronic hypobaric hypoxia, global strain was further increased, which was likely due to reduced oxidative stress.

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Footnote

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at https://dx.doi. org/10.21037/qims-21-360). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures were performed under an approved protocol by the Institutional Animal Care and Use Committee of the Animal Experimental Center, West China Hospital, Sichuan University. The rats were maintained in accordance with the requirements of the National Institutes of Health Guide for the Care and Use of Laboratory Animals and the Association for Assessment and Accreditation of Laboratory Animal Care. All experimental Protocols were reviewed and approved by the Experimental Animal Ethics Committee of West China Hospital, Sichuan University, China.

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