

Asynchronous changes of normal lung lobes during respiration based on quantitative computed tomography (CT)

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Background: This study aimed to explore the coordinated and independent actions of lung lobes during respiration using quantitative computed tomography (CT) in order to increase our *in vivo* understanding of pulmonary anatomy.

Methods: Cases for whom test results showed normal pulmonary function tests (PFTs) results, and normal paired inspiratory-expiratory chest CT findings, as assessed by 2 radiologists, were retrospectively included in this study. From the chest CT results, we measured quantitative indices of lung volume (LV) and mean lung density (MLD) for the total lung (TL), left lung (LL), right lung (RL), and 5 lobes in inspiratory and expiratory phases. The differences of these measures between bilateral lungs and among the lobes were evaluated to study whether they were consistent or different during respiration.

Results: A total of 70 cases were included {median age of 49.5 [interquartile range (IQR), 38.0 to 60.3] years; 32 males; 38 females}. Overall, the inspiratory and expiratory volumes of the LL were smaller than those of the RL (both P<0.001). For the ventilation workload (λ , which indicates the ratio of lobar volume to total LV), the end-expiratory volume ratio (λ_{ex}) of the LL was 0.44 (IQR, 0.43 to 0.46), while the end-inspiratory volume ratio (λ_{in}) had risen to 0.46 (IQR, 0.45 to 0.47) (P<0.001). Comparing the 5 lobes, not all lobes shared the same LV. However, the left lower lobe (LLL) and right lower lobe (RLL) showed some similarities. The λ_{in-RLL} and λ_{in-RLL} was higher than λ_{ex-RLL} and λ_{ex-RLL} , respectively (both P<0.001), while the ratios of the other lobes reduced. The pairwise mean absolute difference (PMAD) on λ_{in} and λ_{ex} of the bilateral lower lobes was low in inspiration (0.0288) and expiration (0.0346). The MLD of bilateral lower lobes showed consistency in inspiration or in expiration (inspiration: P>0.999; expiration: P=0.975). In addition, the PMADs between the right middle lobe (RML) and other lobes were significantly larger than the PMAD between other pairs of lobes in both inspiration and expiration. Beyond that, the expiratory MLD of RML [-789.6 (IQR, -814 to -762.05) HU] was the lowest among the 5 lobes.

Conclusions: We found that the LL assumes a higher workload during ventilation than it does during respiration. The 5 normal lobes were non-synchronous during respiration and contributed differently to

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ventilation. The bilateral lower lobes showed similarities and had a high-ventilation function, while and the LV and MLD of the RML showed the least changes within a respiration cycle.

Keywords: Quantitative computed tomography (CT); pulmonary ventilation function; pulmonary anatomy; respiration

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Introduction

The current understanding of pulmonary anatomy is based on gross morphology dissection, while *in vivo* studies for lung volume (LV), lung strain, and lung ventilation have mainly been restricted to animal models (1,2). In clinical practice, pulmonary function tests (PFTs), such as spirometry and LV tests, are currently used to show the status and function of the whole lung by inhaling and exhaling repeatedly (3-5). However, PFTs cannot provide information at an individual lobar level.

With the fast development of computed tomography (CT) and image post-processing technology, a chest CT scan can now show the overall and partial pulmonary anatomical and morphological information in a noninvasive, rapid, and objective way. In addition to presenting lesions, CT can also be used as an effective way to identify interlobular fissures and establish normal pulmonary vessel diameters (6,7). Studies have also reported on the use of quantitative CT values in patients with chronic obstructive pulmonary disease (COPD) and relapsing polychondritis (8-10). Many studies have found that CT quantitative indexes are correlated with clinical lung function indicators, which could indicate emphysema, air trapping, bronchial wall thickening, or airflow limitation (11-13). Pulmonary dual-energy CT (DECT) angiography can even assess pulmonary perfusion (14).

Furthermore, paired exhalation breath-hold and inhalation breath-hold CT or 4 dimensional (4D) CT scans collected during coached breathing can provide an estimate of lung function at a per-voxel level (15,16). Cumulatively, these features make it possible for chest CT to shift from a routine visual evaluation to a detailed quantitative assessment.

The purpose of our study was to demonstrate that normal CT features, at both the total lung (TL) level and lobar level, combined with quantitative CT indices, can be used to explore the coordination and differences among lung lobes during inspiration and expiration. In doing so, we aimed to deepen the *in vivo* understanding of pulmonary anatomy and create a baseline for quantitative CT in respiratory disease research and clinical applications.

Methods

Cases

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The Union Hospital, Tongji Medical College, Huazhong University of Science and Technology Institutional Review Board approved the study (No. 0271-01) and waived the requirement for informed consent due to the retrospective nature of the analysis. We retrospectively collected the records of patients who had attended our hospital for health examination from April 2020 to October 2020 by screening in Picture Archiving and Communication Systems (PACS) and Outpatient system. The inclusion criteria were as follows: (I) PFTs results were normal according to Chinese PFTs report specifications issued by the Chinese Medical Doctor Association (17); and (II) there were paired inspiratory-expiratory chest CT scans with normal imaging findings (no abnormal pulmonary parenchymal or airway process was present) as assessed by 2 radiologists (FW and FY with 5 and 27 years of thoracic radiology experience, respectively). The exclusion criteria were as follows: (I) acute and chronic diseases of other organ systems; (II) incomplete inspiration or expiration during the CT scan; and/or (III) the quality of the CT image did not meet the post-processing requirements (e.g., significant motion artifacts, congenital lobar variation).

CT scan

Prior to screening, all cases were trained in breathing and instructed to perform multiple deep inhale-breath-



Figure 1 Flow chart of obtaining quantitative CT results by imaging post-processing software. CT, computed tomography; DICOM, digital imaging and communications in medicine; LV, lung volume; MLD, mean lung density.

hold and deep exhale-breath-hold cycles by experienced technicians. Then, the cases underwent CT scanning and paired inspiratory-expiratory chest CT scans in the supine position (IQon Spectral CT, Philips Healthcare, Best, The Netherlands). The scanning range was from the apex to the base of the chest, and the scanning direction was head-to-foot. The scanning conditions were as follows: fixed tube voltage of 120 kV; 3D tube current automatic modulation technology; pitch of 0.984; and detector at 64×0.625 mm.

Quantitative image analysis

The CT images in digital imaging communications in medicine (DICOM) format were sent to the Philips IntelliSpace Portal post-processing workstation. Then, 2 radiologists (FY and FW) with 27 and 5 years of experience, respectively, performed the measurements described below using the COPD analysis software. Any disagreements were resolved through discussion to reach a consensus. First, the trachea-bronchial tree was defined and automatically extracted out in the recognition of the respiratory system based on CT images, and then the left lung (LL) and right lung (RL) contours were identified. Second, the 5 lobes [left upper lobe (LUL), left lower lobe (LLL), right upper lobe (RUL), right middle lobe (RML), and right lower lobe (RLL)] were automatically segmented by identifying the interlobular fissures, and manual corrections were performed when inaccurate segmentation was recognized by the software. The flow chart of the post-processing is shown in *Figure 1*. The following data were then automatically generated for the inspiratory and expiratory phases: the LV (mL) and mean lung density (MLD; HU) of the TL, LL, RL, and the 5 lobes. To better explore the coordination and difference among the lobes in the respiratory process, we calculated some extra parameters according to the following formulae:

$$\Delta L V_a = L V_{in-a} - L V_{ex-a}$$
^[1]

 Δ LV represents lung (or lobe) volume change during respiration; *a* indicates the TL, LL, RL, or one of the 5 lobes; LV_{in} represents inspiratory lung (or lobe) volume; and LV_{ex} represents expiratory lung (or lobe) volume.

$$VVR = \frac{\Delta LV_a}{\Delta LV_{TL}} \quad [2]$$

VVR represents the ventilation volume ratio (the ratio of lobar to total LV change); *a* indicates the LL, RL, or one of the 5 lobes; Δ LV indicates the volume change during respiration; and Δ LV_{TL} indicates the total LV change during respiration.

$$\Delta MLD_a = MLD_{ex-a} - MLD_{in-a}$$

 Δ MLD represents mean lung (or lobe) density change during respiration; *a* indicates the TL, LL, RL, or one of the 5 lobes; MLD_{ex} represents expiratory mean lung (or lobe) density; and MLD_{in} represents inspiratory mean lung (or lobe) density.

$$\lambda_{in-a} = \frac{LV_{in-a}}{LV_{in-TL}}$$
[4]

 λ_{in} indicates the lobe volume ratio in inspiratory phase; *a* indicates the LL, RL, or one of the 5 lobes; and LV_{in-TL} means the inspiratory total LV.

$$\lambda_{ex-a} = \frac{LV_{ex-a}}{LV_{ex-TL}}$$
^[5]

 λ_{ex} indicates the lobe volume ratio in expiratory phase; *a* indicates the LL, RL, or one of the 5 lobes; and LV_{ex-TL} means the expiratory total LV.

We evaluated interlobar differences in the volume ratio of each lobe compared to the inspiratory or expiratory TL by using the pairwise mean absolute difference (PMAD) on λ_{in} and λ_{ex} to calculate the difference between a pair of lobes, averaged among the whole cohort. This was similar to the mean absolute distance (MAD), which measures the average of the absolute signed distance between 2 contours (18-20). The PMAD of the inspiratory or expiratory phase between two lobes was calculated as follows:

$$PMAD(a_1, a_2) = \frac{1}{n} \sum_{i=1}^{n} \left| \lambda_{1,i} - \lambda_{2,i} \right|$$
[6]

 a_1 and a_2 were indicators for the 2 lobes needed to be compared; $\lambda_{1,i}$ and $\lambda_{2,i}$ were calculated by Eq. [4] or Eq. [5] in the corresponding phase; *i* referred to the case under study; and *n* was the sample size. A high value of PMAD indicated a statistically large difference in the volume ratio between the pair, whereas a low PMAD value indicated a similar volume ratio between the pair.

Statistical analysis

Data analysis was performed using SPSS statistics (version 26.0; IBM Corp., Armonk, NY, USA) and GraphPad Prism 9 (GraphPad Software Inc., La Jolla, CA, USA). Analysis of the PMAD in the volume ratio was performed using MATLAB (R2020a; MathWorks, Natick, MA, USA). Continuous variables from the quantitative CT results were expressed as the median and interquartile range (IQR) and were compared between inspiratory and expiratory phases

or between bilateral lungs using the Wilcoxon signedrank test. Pairwise comparisons of LV and MLD between the 5 lobes in inspiration and expiration were performed with the Friedman test in a post hoc analysis. Stepwise multivariable linear regression analysis was used to explore the relationship between baseline demographic data (gender, age, height, and weight, for which gender was assigned as 1, male; 2, female) and the quantitative CT results (LV_{ex}, MLD_{ex}, LV_{in}, and MLD_{in}), with an entry criterion of P<0.05 and a removal criterion of P>0.10. The P values <0.05 were considered statistically significant. When necessary, Bonferroni correction was used for multiple comparisons.

Results

[3]

Study cases

A total of 81 cases with normal PFTs results and paired inspiratory-expiratory chest CT images were retrospectively enrolled. Among them, 7 cases were excluded for poor image quality that could not meet the post-processing requirements, 3 cases were excluded for abnormal chest CT image findings (1 had chronic tuberculosis, 1 had chronic pulmonary inflammation, and 1 had emphysema), and 1 case was excluded because the patient's costophrenic angle exceeded the scanning range in the inspiratory phase. Finally, 70 cases were included in this study, with a median age of 49.5 (IQR, 38.0 to 60.3) years, including 32 males with a median age of 47 (IQR, 38.3 to 62.0) years, and 38 females with a median age of 51.5 (IQR, 38.0 to 60.3) years. There was no significant difference in the age of males and females included in the study (P=0.911).

Comparison of quantitative indices among lobes in inspiration or expiration

From these 70 cases, for the LV and MLD of the TL as measured in CT, the LV_{in-TL} was 4,509.19 (IQR, 4,039.79 to 5,593.61) mL, the LV_{ex-TL} was 2,255.3 (IQR, 1,950.73 to 2,650.96) mL, the MLD_{in-TL} was -861.8 (IQR, -868.85 to -842.13) HU, and the MLD_{ex-TL} was -712.6 (IQR, -746.68 to -687.85) HU. The LV and MLD in inspiration or expiration of the bilateral lung and each lobe are shown in *Table 1*, and the comparisons among lobes are shown in *Figure 2*. Compared with the inspiratory phase, LV_{ex} decreased and MLD_{ex} increased in the bilateral lung and in the 5 lung lobes (all P<0.001).

Comparing the LL to the RL, LV_{in-LL} [2,068.99 (IQR,

Indices	Inspiration	Expiration	Change (∆)	P value
LV (mL)				
TL	4,509.19 (4,039.79, 5,593.61)	2,255.3 (1,950.73, 2,650.96)	2,305.88 (1,979.38, 2,843.55)	<0.001
LL	2,068.99 (1,860.2, 2,620.94)	1,006.86 (842.83, 1,199.42)	1,097.1 (942.59, 1,357.28)	<0.001
RL	2,449.42 (2,179.17, 2,912.08)	1,247.05 (1,100.12, 1,491.47)	1,186.68 (1,017.75, 1,513.99)	<0.001
LUL	1,065.5 (958.85, 1,289.49)	562.28 (470.04, 685.47)	509.03 (418.98, 635.92)	<0.001
LLL	1,041.64 (885.77, 1,290.62)	444.45 (350.03, 534.3)	604.35 (503.8, 727.64)	<0.001
RUL	935.44 (782.77, 1,094.84)	488.2 (418.63, 601.77)	407.07 (307.03, 492.42)	<0.001
RML	407.3 (363.11, 495.82)	259.51 (223.23, 310.57)	152.53 (109.92, 191.56)	<0.001
RLL	1,168.89 (999.79, 1,368.05)	492.03 (430.68, 594.28)	668.99 (548.22, 773.07)	<0.001
MLD (HU)				
TL	-861.8 (-868.85, -842.13)	-712.6 (-746.68, -687.85)	146.25 (112.85, 170.43)	<0.001
LL	-859.8 (-870.4, -843.28)	-696.5 (-739.9, -668.28)	161.25 (118.53, 186.98)	<0.001
RL	-861.2 (-869.85, -841.65)	-724.85 (-751.93, -694.98)	134.55 (107.3, 158.8)	<0.001
LUL	-867.85 (-877.88, -850.48)	-742.35 (-774.53, -711.68)	123.15 (86.7, 151.33)	<0.001
LLL	-849.15 (-863.83, -829.55)	-640.65 (-685.65, -604.18)	207.9 (160.83, 238.45)	<0.001
RUL	-864.3 (-874.63, -850.75)	-749.95 (-772.43, -712.65)	108.9 (90.43, 152.3)	<0.001
RML	-873.15 (-884.33, -860.38)	-789.6 (-814, -762.05)	77.6 (61.73, 104.88)	<0.001
RLL	-851 (-861.93, -832.48)	-659.75 (-698.5, -629.08)	187 (150.95, 216.83)	<0.001

Table 1 LV	and MLD	measured by	v quantitative (СΤ	in all	cases
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Data are median and IQR. P values for comparison of LV or MLD in the inspiratory and the expiratory phase were analyzed using the Wilcoxon signed-rank test. LV, lung volume; MLD, mean lung density; CT, computed tomography; TL, total lung; LL, left lung; RL, right lung; LUL, left upper lobe; LLL, left lower lobe; RUL, right upper lobe; RML, right middle lobe; RLL, right lower lobe; IQR, interquartile range.

1,860.2 to 2,620.94) mL] and LV_{ex-LL} [1,006.86 (IQR, 842.83 to 1,199.42) mL] were both lower than LV_{in-RL} [2,449.42 (IQR, 2,179.17 to 2,912.08) mL] and LV_{ex-RL} [1,247.05 (IQR, 1,100.12 to 1,491.47) mL], both P<0.0001, *Figure 2A*. However, there was no difference in the MLD_{in} of the bilateral lung [MLD_{in-LL} vs. MLD_{in-RL}: -859.8 (IQR, -870.4 to -843.28) HU vs. -861.2 (IQR, -869.85 to -841.65) HU, P=0.1118] while the MLD_{ex-LL} was higher than MLD_{ex-RL} [-696.5 (IQR, -739.9 to -668.28) HU vs. -724.85 (IQR, -751.93 to -694.98) HU, P<0.0001, *Figure 2D*].

Comparing the 5 lobes, the volumes during inspiration or expiration were not all the same among lobes (*Figure 2B,2C*); however, the MLD of the bilateral upper lobes (LUL and RUL) and the bilateral lower lobes (LLL and RLL) showed no difference in inspiration or expiration (inspiration: P=0.480, P>0.999, respectively; expiration: P>0.999, P=0.975, respectively; *Figure 2E*,2*F*). As the smallest lobe in volume, the RML showed no difference in MLD_{in} compared to the LUL [MLD_{in-RML} *vs.* MLD_{in-LUL}: -873.15 (IQR, -884.33 to -860.38) HU *vs.* -867.85 (IQR, -877.88 to -850.48) HU, P=0.081], while the RML demonstrated the lowest MLD_{ex-RML}: -789.6 (IQR, -814 to -762.05) HU] among the 5 lobes.

Comparison of quantitative indices among lobes during respiration

For the volume change and MLD change of the TL as measured with CT (*Table 1*), the ΔLV_{TL} was 2,305.88 (IQR, 1,979.38 to 2,843.55) mL, and the ΔMLD_{TL} was 146.25 (IQR, 112.85 to 170.43) HU.

The ratios relative to volume (ΔLV , VVR, λ_{in} , λ_{ex} , and

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Figure 2 Volume and MLD of the bilateral lung and 5 lobes during inspiration and expiration. (A) Comparison of the volume of LL and RL in inspiration and expiration. (B) Comparison of the inspiratory volume among the 5 lobes. (C) Comparison of the expiratory volume among 5 lobes. (D) Comparison of the MLD of the LL and RL in inspiration and expiration. (E) Comparison of the inspiratory MLD among the 5 lobes. (F) Comparison of the expiratory MLD among the 5 lobes. IV_{in}, lung volume in the inspiratory phase; LL, left lung; RL, right lung; LV_{ex} , lung volume in the expiratory phase; LUL, left upper lobe; LLL, left lower lobe; RUL, right upper lobe; RML, right middle lobe; RLL, right lower lobe; MLD_{in}, mean lung density in the inspiratory phase; MLD_{ex}, mean lung density in the expiratory phase; MLD, mean lung density.

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Table	1	Ratios	relative to) volume	during	respiration
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Part of lung		Lobe volume/total LV						
	Inspiration (λ_{in})	Expiration (λ_{ex})	P value	- VVR				
LL	0.46 (0.45, 0.47)	0.44 (0.43, 0.46)	<0.001	0.48 (0.47, 0.49)				
RL	0.54 (0.53, 0.55)	0.56 (0.54, 0.57)	<0.001	0.52 (0.51, 0.53)				
LUL	0.24 (0.22, 0.25)	0.25 (0.23, 0.27)	<0.001	0.22 (0.21, 0.24)				
LLL	0.23 (0.21, 0.24)	0.19 (0.18, 0.21)	<0.001	0.26 (0.24, 0.28)				
RUL	0.20 (0.18, 0.21)	0.22 (0.2, 0.23)	<0.001	0.18 (0.16, 0.19)				
RML	0.09 (0.08, 0.1)	0.11 (0.1, 0.13)	<0.001	0.06 (0.05, 0.07)				
RLL	0.25 (0.24, 0.27)	0.22 (0.21, 0.24)	<0.001	0.28 (0.26, 0.3)				

Data are median and IQR. P values for ratio comparison in the inspiratory and the expiratory phase were analyzed using the Wilcoxon signed-rank test. VVR indicates each part's volume change/total LV change. LV, lung volume; VVR, ventilation volume ratio; LL, left lung; RL, right lung; LUL, left upper lobe; LLL, left lower lobe; RUL, right upper lobe; RML, right middle lobe; RLL, right lower lobe; IQR, interquartile range.

PMAD) based on LV_{in} and LV_{ex} are shown in *Table 2*, *Figures 3,4*. From the perspective of the proportion of each part to the TL (λ_{in} and λ_{ex}), the end-expiratory proportion of

the LL (λ_{ex-LL}) was 0.44 (IQR, 0.43 to 0.46), while the endinspiratory ratio (λ_{in-LL}) had risen to 0.46 (IQR, 0.45 to 0.47; P<0.001). This indicated that the LL played a larger role in



Figure 3 Ratios of volume derived by LV_{in} and LV_{ex} . (A,B) The ratio of each lobe volume to the total LV in the inspiration (λ_{in}) and expiration (λ_{ex}) . (C) The VVR, which indicates the ratio of the volume change of each lobe compared with the total LV change. RUL, right upper lobe; RML, right middle lobe; RLL, right lower lobe; LUL, left upper lobe; LLL, left lower lobe; LL, left lung; RL, right lung; LV_{in}, inspiratory lung (or lobe) volume; LV_{ex}, expiratory lung (or lobe) volume; VVR, ventilation volume ratio.

ventilation than its own volume ratio would be assumed take to TL during respiration.

As for the 5 lobes, the λ_{in-LLL} [0.23 (IQR, 0.21 to 0.24)] and λ_{in-RLL} [0.25 (IQR, 0.24 to 0.27)] were higher than λ_{ex-LLL} [0.19 (IQR, 0.18 to 0.21)] and λ_{ex-RLL} [0.22 (IQR, 0.21 to 0.24)], respectively (both P<0.001), while the ratios of the other lobes reduced. This suggested that the bilateral lower lobes were responsible for more ventilation than it should proportionately take. On the other hand, both the PMAD_(LLL-RLL) were low during inspiration (0.0288) and expiration (0.0346), indicating that the volume of the bilateral lower lobe was similar during both phases of respiration.

In addition, results showed larger PMAD values of RML compared to other lobes, indicating that the differences between the RML and other lobes were much larger than the differences in other pairs in both inspiration and expiration (*Figure 4*, in which the color bar indicates the PMAD for each pair). The multivariable linear regression

analysis of the baseline demographic factors (gender, age, height, and weight) that related to the LV_{in} and MLD_{in} of each lobe showed that weight was only related to LV_{in-RML} and gender was only related to MLD_{in-RML} (*Table 3*).

Discussion

This study involved anatomical research to quantitatively describe the respiratory status of healthy lungs *in vivo*. Previous studies about quantitative CT on healthy participants have focused on the relationship between quantitative indices of different CT threshold ranges and clinical pulmonary function indicators, or explored the differences between different groups (e.g., gender, smoking history) (21-25). Our study used the quantitative values derived by chest CT to demonstrate the baseline CT characteristics from the TL to lobar level in inspiration and expiration of healthy people, and to further explore the

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RLL 111 RUI BMI 111 0.0000 0.0313 0.0433 0.1450 0.0318 111 0.0313 0.0000 0.0427 0.1348 0.0288 0.0433 0.0427 0.0000 0.1064 RUI 0.0605 RML 0.1450 0.1348 0.1064 0.0000 0.1609 0.0318 0.0288 0.0605 0.1609 0.0000 RLI







Figure 4 The PMAD of each lobe in the inspiration and expiration. (A) The PMAD value matrix of the inspiratory phase between two lobes (left figure) and the corresponding visualization (right figure). (B) The PMAD value matrix of the expiratory phase between two lobes (left figure) and the corresponding visualization (right figure). The smaller the value, the bluer the color, which represents the smaller the difference between the two lobes. Conversely, the larger the value, the yellower the color, which represents the greater the difference between the two lobes. PMAD, pairwise mean absolute difference; LUL, left upper lobe; LLL, left lower lobe; RUL, right upper lobe; RML, right middle lobe; RLL, right lower lobe.

coordination and difference in inspiration-expiration cycles both for the TL and for each of the 5 lobes.

From the perspective of the TL, the LV_{in-TL} was measured at 4,509.19 (IQR, 4,039.79 to 5,593.61) mL, which was close to the 4,423 (IQR, 3,614 to 5,294) mL obtained using quantitative CT in the Chinese normal LV reported by Cheng *et al.* (26). The ΔLV was 2,305.88 (IQR, 1,979.38 to 2,843.55) mL, which was lower than the normal forced vital capacity (FVC; the maximal volume of air exhaled with maximally forced effort from a maximal inspiration) of the Chinese clinical PFTs value reported by the China Pulmonary Health Study Group (mean male FVC: 4,300 mL; mean female FVC: 3,000 mL) (4,27). We speculated that this observation might be due to the following reasons: (I) FVC and the CT measurements in our study scope involved different breathing patterns. The FVC requires repetitive maximal inspiration to the total lung capacity (TLC) level, followed by fast and complete exhalation to the end of test (4). In comparison, the paired inspiratory-expiratory chest CT scan only acquires the normal deep-breathing pattern. (II)

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0.12

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0.06

0.04

0.02

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Table 3 Multivariate	linear regression analy	vses of inspiration	LV or MLD	predicted by	the expiratio
		,			

Dependent variable	Independent variables	β	std. error	t	P value	Linear regression equation	R ²	Adjusted R ²	F value
LV (mL)									
LV _{in-TL}	Constant	-1,693.516	2,714.827	-0.624	0.535	LV _{in-TL} =-1,693.516 + 0.597*LV _{ex-TL} +	0.702	0.684	38.266
	LV _{ex-TL}	0.597	0.166	3.590	0.001	40.261*Height – 596.209*Gender – 11.936*Age			
	Height	40.261	15.781	2.551	0.013				
	Gender	-596.209	187.657	-3.177	0.002				
	Age	-11.936	5.673	-2.104	0.039				
LV _{in-LL}	Constant	-656.699	1,310.634	-0.501	0.618	$LV_{in-LL} = -656.699 + 0.75*LV_{ex-LL} +$	0.725	0.708	42.813
	LV _{ex-LL}	0.750	0.158	4.757	<0.001	17.416*Height – 274.39*Gender – 6.75*Age			
	Height	17.416	7.539	2.310	0.024				
	Gender	-274.390	92.084	-2.980	0.004				
	Age	-6.750	2.712	-2.489	0.015				
LVin-RL	Constant	-2,167.680	1,193.230	-1.817	0.074	$LV_{in-RL} = -2,167.68 + 0.419*LV_{ex-RL} +$	0.665	0.650	43.767
	LVex-RL	0.419	0.156	2.689	0.009	28.224*Height – 281.201*Gender			
	Height	28.224	7.197	3.921	<0.001				
	Gender	-281.201	96.413	-281.201	96.413				
LV _{in-LUL}	Constant	-593.810	525.789	-1.129	0.263	LVin-LUL =-593.81 + 0.605*LVex-LUL -	0.732	0.720	60.185
	LVex-LUL	0.605	0.113	5.363	<0.001	136.161*Gender + 9.617*Height			
	Gender	-136.161	41.703	-3.265	0.002				
	Height	9.617	3.134	3.069	0.003				
LVin-LLL	Constant	-1,307.546	568.151	-2.301	0.025	LVin-LLL =-1,307.546 + 1.295*LVex-LLL	0.689	0.675	48.690
	LVex-LLL	1.295	0.206	6.297	<0.001	+ 12.143*Height – 3.503*Age			
	Height	12.143	3.609	3.364	0.001				
	Age	-3.503	1.607	-2.180	0.033				
LVin-RUL	Constant	927.655	95.279	9.736	<0.001	LVin-RUL =927.655 + 0.843*LVex-RUL -	0.738	0.726	61.884
	LVex-RUL	0.843	0.105	8.025	<0.001	164.308*Gender – 3.457*Age			
	Gender	-164.308	31.256	-5.257	<0.001				
	Age	-3.457	1.006	-3.438	0.001				
LVin-RML	Constant	24.703	43.122	0.573	0.569	LVin-RML =24.703 + 0.932*LVex-RML +	0.684	0.674	72.477
	LVex-RML	0.932	0.092	10.140	<0.001	2.333^Weight			
	Weight	2.333	0.635	3.673	<0.001				
LVin-RLL	Constant	-1,847.061	562.525	-3.284	0.002	LVin-RLL =-719.887 + 0.219*LVex-RLL	0.554	0.541	41.618
	LVex-RLL	0.929	0.232	4.000	<0.001	+ 5.434^Height + 1.644*Age			
	Height	15.711	3.825	4.108	<0.001				

Table 3 (continued)

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 Table 3 (continued)

Dependent variable	Independent variables	β	std. error	t	P value	Linear regression equation	R^2	Adjusted R ²	F value
MLD (HU)									
MLD _{in-TL}	Constant	-732.944	34.322	-21.355	<0.001	MLDin-TL =-732.944 +	0.217	0.193	9.270
	MLD _{ex-TL}	0.200	0.049	4.070	<0.001	0.2*MLD _{ex-TL} + 0.39*Age			
	Age	0.390	0.180	2.165	0.034				
MLDin-LL	Constant	-736.461	32.624	-22.574	<0.001	MLDin-LL =-736.461 +	0.238	0.215	10.468
	MLD _{ex-LL}	0.199	0.047	4.272	<0.001	0.199*MLD _{ex-LL} + 0.422*Age			
	Age	0.422	0.189	2.231	0.029				
MLDin-RL	Constant	-728.406	34.455	-21.141	<0.001	MLD _{in-RL} =-728.406 +	0.218	0.194	9.330
	MLD _{ex-RL}	0.203	0.049	4.139	<0.001	0.203*MLD _{ex-RL} + 0.368*Age			
	Age	0.368	0.174	2.118	0.038				
MLDin-LUL	Constant	-724.276	30.567	-23.695	<0.001	MLDin-LUL =-724.276 +	0.236	0.224	20.964
	MLDex-LUL	0.189	0.041	4.579	<0.001	0.189*MLD _{ex-LUL}			
MLDin-LLL	Constant	-732.091	33.813	-21.651	<0.001	MLDin-LLL =-732.091 +	0.264	0.242	12.019
	MLD _{ex-LLL}	0.219	0.051	4.290	<0.001	0.219*MLDex-LLL+0.575*Age			
	Age	0.575	0.215	2.672	0.009				
MLDin-RUL	Constant	-731.089	30.993	-23.589	<0.001	MLD _{in-RUL} = -731.089 +	0.208	0.197	17.904
	MLD _{ex-RUL}	0.177	0.042	4.231	<0.001	0.177*MLD _{ex-RUL}			
MLD _{in-RML}	Constant	-731.174	44.511	-16.427	<0.001	MLD _{in-RML} =-731.174 +	0.248	0.225	11.021
	MLD _{ex-RML}	0.199	0.055	3.617	0.001	0.199*MLD _{ex-RML} + 10.659*Gender			
	Gender	10.659	4.294	2.482	0.016				
MLD _{in-RLL}	Constant	-730.452	33.055	-22.098	<0.001	MLD _{in-RLL} =-730.452 +	0.239	0.216	10.522
	MLD _{ex-RLL}	0.211	0.050	4.220	<0.001	0.211*MLD _{ex-RLL} + 0.475*Age			
	Age	0.475	0.197	2.408	0.019				

Stepwise multivariable linear regression analysis was used to explore the relationship between baseline demographic data (gender, age, height, and weight, for which gender was assigned as 1, male; 2, female) and the quantitative CT results (LV_{ex} , MLD_{ex} , LV_{in} , and MLD_{in}), with an entry criterion of P<0.05 and a removal criterion of P>0.10. P values <0.05 were considered statistically significant. LV, lung volume; MLD, mean lung density; LV_{in} , lung volume in the inspiratory phase; TL, total lung; LV_{ex} , lung volume in the expiratory phase; LL, left lung; RL, right lung; LUL, left upper lobe; RLL, left lower lobe; RUL, right upper lobe; RML, right middle lobe; RLL, right lower lobe; MLD_{in} , mean lung density in the inspiratory phase; TL expiratory phase; CT, computed tomography.

The examination position is different. FVC is measured in the seated position, while the CT scan is conducted in the supine position. Mendes *et al.* (28) reported that the LV in the seated position was greater than that in the supine position.

Comparing between the bilateral lungs, both the inspiratory and expiratory volume of the LL were smaller

than that of the RL, which may be due to the location of the heart in the left thorax. The change in lobar volume to the total LV ratio in pre- and post-breath (λ_{in} and λ_{ex}) can be used to observe the ventilation workload of different pulmonary parts. The median ratio of the LL volume to the total LV in the expiratory phase (λ_{ex-LL}) was 0.44. If the bilateral lung shared the same ventilation work

according to the proportion of the volume, the ratio at end-inspiration (λ_{in-LL}) should also be 0.44, but the actual ratio had increased to 0.46 (P<0.001). This indicated that the LL had completed more ventilation work than its proportionate share during respiration. Furthermore, we also corroborated this finding from the MLD results (Figure 2D), in which the density of any volume of the lung may be considered a combination of "air" and "pulmonary tissue" (29). Therefore, the volume change caused by lung expansion and contraction during the breathing process will cause changes in the composition ratio of these 2 compartments, which is also shown in the MLD value. Compared with the RL, the MLD_{ex-LL} was higher than MLD_{ex-RL}, but there was no difference between MLD_{in-LL} and MLD_{in-RL} at the end of inspiration when air was inhaled (the air presented as very low density on the CT image). All of the above indicated that the LL had a higher workload during breathing despite its smaller volume. The clinical implication of this is that it may be beneficial to reduce the radiation doses given to the LL during function avoidance radiation therapy, as it has been shown that high-functioning tissues are more susceptible to radiation damage than low-functioning tissues (30,31).

The inspiratory and expiratory LV and MLD of the 5 lobes were not all the same, but we found that bilateral lower lobes were consistent in some respects. First, there were no significant differences between MLD_{in-LLL} and MLD_{in-RLL} (P>0.999), and between MLD_{ex-LLL} and MLD_{ex-RLL} (P=0.975). This could be explained by the naturally similar structures in blood distribution or lung tissue composition between the bilateral lower lobes since the MLD is related to gas content, gravity factors, blood distribution, and lung parenchymal proportion (32,33). Second, the PMAD of these 2 lobes was low during inspiration and expiration, indicating the volumetric similarity of the bilateral lower lobes. In addition, from findings regarding ventilation workload during respiration, we verified that the bilateral lower lobes undertake more ventilation work than their respective volume ratio during respiration. This was shown in the λ_{in} of both lower lobes, which had risen when compared with λ_{ex} (*Figure 3*). The consistency of bilateral lower lobes can also be explained by the anatomical structure of the lung, which is conical in shape with a narrow apex and a broad base, and the diaphragm and abdominal muscles mainly contribute to the breathing process (34). Furthermore, combined with the structure of the tracheobronchial tree, the air can be taken into and out of bilateral lower lobes more favorably under the abovementioned comprehensive conditions. This suggests that, when patients need to undergo a lobectomy or volume reduction therapy, more caution should be taken when the lesion is located in the lower lobes. Accordingly, segmentectomy or volume reduction may be used as alternative methods following consideration of whether the reduced pulmonary ventilation function will impact on the patient's quality of life.

For the lobar data analysis, we also found differences between the RML and the other lobes. The inspiratory and expiratory MLD of the RML were lower when compared with other lobes [MLD_{in-RML}: -873.15 (IQR, -884.33 to -860.38) HU, MLD_{ex-RML}: -789.6 (IQR, -814 to -762.05) HU], but these values did not reach the upper limit of emphysema (-950 HU for emphysema in inspiratory CT) and air trapping (-856 HU for air trapping in expiratory CT) (35). Mets et al. (23) also found this manifestation in healthy young men, indicating that the relatively low MLD (air-trapping-like change) of the RML is normal in the CT scan. The PMAD measurements showed that the RML had a larger difference in the volume ratio to other lobes than the differences between other lobes. Furthermore, we calculated the ΔLV ratio and Δ MLD ratio of each lobe relative to its own inspiratory volume or MLD (γ_{LV} and γ_{MLD} ; *Table 4*). The γ_{LV} and γ_{MLD} of the RML was also the lowest among the 5 lobes [γ_{LV} -_{RML}: 0.36 (IQR, 0.28 to 0.44); $\gamma_{MLD-RML}$: 0.09 (IQR, 0.07 to 0.12)], indicating that the RML experienced the least change during a respiration cycle. We speculate that this might be related to the anatomy of the RML, where the right main stem bronchus has a vertical orientation with the lower trachea, and the direction of the lower bronchus is the continuation of the right main bronchus. In addition, the contraction of the airway prevents the dispersion of airflow to maintain its axial direction momentum during respiration analyzed from the perspective of fluid dynamics (36,37), hence smaller volume change ratio of RML, which was reflected by less change of the MLD. Through stepwise multivariable regression analysis, we found that factors such as height, gender, and age affected the inspiratory volume of each pulmonary part to varying degrees. Weight was the only factor related to volume of the RML which was distinguished from other lobes. The MLD_{in-RML} was only related to gender, while other lobes were mostly related to age. These findings demonstrated that the RML has special characteristics worthy of further investigation.

Part of lung	γ_{LV}	Υ _{MLD}						
TL	0.51 (0.46, 0.58)	0.17 (0.13, 0.2)						
LL	0.54 (0.47, 0.58)	0.19 (0.14, 0.22)						
RL	0.49 (0.45, 0.56)	0.16 (0.13, 0.19)						
LUL	0.49 (0.4, 0.55)	0.15 (0.1, 0.17)						
LLL	0.58 (0.54, 0.63)	0.24 (0.19, 0.28)						
RUL	0.46 (0.39, 0.54)	0.13 (0.1, 0.18)						
RML	0.36 (0.28, 0.44)	0.09 (0.07, 0.12)						
RLL	0.57 (0.54, 0.63)	0.22 (0.18, 0.26)						

Table 4 The LV and MLD change ratio (γ) of each lobe

 γ_{LV} indicates $\Delta LV/LV_{in}$ of each part; γ_{MLD} indicates $\Delta MLD/MLD_{in}$ of each part. LV, lung volume; MLD, mean lung density; TL, total lung; LL, left lung; RL, right lung; LUL, left upper lobe; LLL, left lower lobe; RUL, right upper lobe; RML, right middle lobe; RLL, right lower lobe; ΔLV , lung (or lobe) volume change during respiration; LV_{in}, inspiratory lung (or lobe) volume; ΔMLD , mean lung (or lobe) density change during respiration; MLD_{in} , inspiratory lung (or lobe) volume; ΔMLD , mean lung (or lobe) density change during respiration; MLD_{in} , inspiratory mean lung (or lobe) density.

Previous studies have established the normal and abnormal LV and MLD range of the cohort at the TL level, and differences were identified between different races (21,24,26). Since focal lesions may be overlooked when the lung function is evaluated at the TL level, the relationships between demographic data, LV, and MLD that we established could provide references for the normal values of LV_{in} and MLD_{in} in each lobe. Our study showed that age was a more important factor than other demographic information (gender, height, and weight) on MLD both at the TL and lobar level. This conflicts with observations in previous studies on lung density and age, which showed that the alveolar number growth ceases between 2 and 8 years of age, suggesting that an increase in age would not affect the MLD of normal lung parenchyma (32,38-41). However, Kalef-Ezra et al. (33) indicated that MLD decreases with age in men, while no age dependence was found in women. The reason for this difference may be related to the race, sample size, or CT imaging and reconstruction parameters. Further investigation was performed via multivariable regression analysis on expiratory LV and MLD (Table 5). For MLD, age was the main influencing factor whenever MLD_{ex} was fitted to MLD_{in} or vice versa, so the relationship between age and MLD is worth revisiting.

The limitations of this study were as follows: (I) an assumption of this study was that all lobes reach their maximum volume at the end of the inspiration phase and reach their minimum volume at the end of the expiration phase; however, some local regions may reach extreme volumes at different respiratory points, for example, the RUL reached its maximum volume at 80% of the inspiratory phase and its minimum volume at 20% expiratory phase (16). This limitation could be overcome if the 4DCT scans that track volumetric change of the entire breathing cycle are used for future analysis. (II) The evaluation of PFTs is affected by gender and age, but these cases were not grouped based on gender and age in our study due to the relatively small sample size. (III) This study only provided CT measurements of Chinese adults, but there are differences reported in lung capacity among people of different races (24,42). Conversely, the differences and synergies among the lobes during respiration may be similar across different races. (IV) We were also not able to collect information about the smoking history of all the cases, while smoking may cause MLD to increase (43).

Conclusions

The LL undertakes a higher ventilation workload than its proportionate share. The 5 lung lobes were non-synchronous in breathing, but the bilateral lower lobes showed similarities and carried a high-ventilation function, while the volume and MLD of the RML had the least changes within a respiration cycle. This information could help to deepen the understanding of lung anatomy and provide baseline data for quantitative chest CT to be used in research and clinical practice related to different respiratory diseases.

Dependen variable	t Independent variables	β	std. error	t	P value	Linear regression equation	R ²	Adjusted R ²	F value
LV (mL)									
LV _{ex-TL}	Constant	-4,250.968	1,423.718	-2.986	0.004	LVex-TL =-4,250.968 +	0.566	0.546	28.67
	LV _{in-TL}	0.257	0.072	3.582	0.001	0.257*LVin-TL + 29.568*Height + 10.263*Age			
	Height	29.568	9.826	3.009	0.004	10.2007.80			
	Age	10.263	3.59	2.859	0.006				
LV _{ex-LL}	Constant	134.544	104.904	1.283	0.204	$LV_{ex-LL} = 134.544 + 0.408*LV_{in-LL}$	0.535	0.529	78.39
	LV _{in-LL}	0.408	0.046	8.854	<0.001				
LV _{ex-RL}	Constant	-2,408.937	756.976	-3.182	0.002	LV _{ex-RL} =-2,408.937 +	0.544	0.523	26.23
	LV _{in-RL}	0.233	0.075	3.095	0.003	0.233*LVin-RL + 6.559*Age + 16.942*Height			
	Age	6.559	1.927	3.404	0.001				
	Height	16.942	5.233	3.237	0.002				
LVex-LUL	Constant	-146.531	89.738	-1.633	0.107	LVex-LUL =-146.531 + 0.558*LVin-	0.586	0.574	47.404
	LVin-LUL	0.558	0.057	9.72	<0.001	LUL + 2.166*Age			
	Age	2.166	1.035	2.093	0.04				
LVex-LLL	Constant	93.964	37.079	2.534	0.014	LVex-LLL =93.964 + 0.326*LVin-LLL	0.592	0.586	98.761
	LVin-LLL	0.326	0.033	9.938	<0.001				
LVex-RUL	Constant	-141.425	70.122	-2.017	0.048	LVex-RUL =-141.425 +	0.623	0.611	55.272
	LVin-RUL	0.552	0.053	10.406	<0.001	0.552*LVin-RUL + 2.664*Age			
	Age	2.664	0.837	3.183	0.002				
LVex-RML	Constant	-31.019	31.193	-0.994	0.324	LVex-RML =-31.019 +	0.644	0.634	60.693
	LVin-RML	0.603	0.056	10.694	<0.001	0.603*LVin-RML + 0.863*Age			
	Age	0.863	0.405	2.13	0.037				
LVex-RLL	Constant	-719.887	291.323	-2.471	0.016	LVex-RLL =-719.887 +	0.518	0.496	23.612
	LVin-RLL	0.219	0.051	4.292	<0.001	0.219*LV _{in-RLL} + 5.434*Height + 1.644*Age			
	Height	5.434	1.921	2.828	0.006				
	Age	1.644	0.82	2.004	0.049				
MLD (HU)									
MLDex-TL	Constant	186.467	212.484	0.878	0.383	MLDex-TL =186.467 +	0.228	0.205	9.896
	MLD _{in-TL}	0.992	0.244	4.07	<0.001	0.992*MLD _{in-TL} – 0.953*Age			
	Age	-0.953	0.398	-2.395	0.019				
MLD _{ex-LL}	Constant	265.685	219.68	1.209	0.231	MLD _{ex-LL} =265.685 +	0.23	0.207	10.005
	MLD _{in-LL}	1.073	0.251	4.272	<0.001	1.073*MLD _{in-LL} – 0.907*Age			
	Age	-0.907	0.441	-2.054	0.044				

Table 5 Multivariate linear regression analyses of expiratory LV or MLD predicted by the inspiration

Table 5 (continued)

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Dependent variable	Independent variables	β	std. error	t	P value	Linear regression equation	R^2	Adjusted R ²	F value
MLDex-RL	Constant	189.345	210.953	0.898	0.373	MLDex-RL =189.345 +	0.242	0.22	10.709
	MLD _{in-RL}	1.003	0.242	4.139	<0.001	1.003*MLD _{in-RL} – 0.99*Age			
	Age	-0.99	0.38	-2.605	0.011				
	MLDin-LUL	1.245	0.272	4.579	<0.001	MLDex-LUL =1.245*MLDin-LUL	0.236	0.224	20.964
MLDex-LLL	Constant	107.334	190.198	0.564	0.574	MLDex-LLL =107.334 +	0.186	0.174	15.496
	MLDin-LLL	0.887	0.225	3.936	<0.001	0.887*MLDin-LLL			
MLDex-RUL	Constant	349.611	236.707	1.477	0.144	MLDex-RUL =349.611 +	0.26	0.238	11.752
	MLDin-RUL	1.214	0.272	4.46	<0.001	1.214*MLD _{in-RUL} – 0.891*Age			
	Age	-0.891	0.413	-2.154	0.035				
MLDex-RML	Constant	6.102	183.616	0.033	0.974	MLDex-RML =6.102 +	0.239	0.217	10.533
	MLDin-RML	0.868	0.208	4.163	<0.001	0.868*MLD _{in-RML} – 0.713*Age			
	Age	-0.713	0.308	-2.315	0.024				
	Constant	229.28	204.852	1.119	0.267	MLDex-RLL =229.28 +	0.227	0.204	9.865
	MLDin-RLL	0.996	0.236	4.22	<0.001	0.996*MLD _{ex-RLL} – 0.937*Age			
	Age	-0.937	0.432	-2.17	0.034				

Stepwise multivariable linear regression analysis was used to explore the relationship between baseline demographic data (gender, age, height, and weight, for which gender was assigned as 1, male; 2, female) and the quantitative CT results (LV_{ex} , MLD_{ex} , LV_{in} , and MLD_{in}), with an entry criterion of P<0.05 and a removal criterion of P>0.10. P<0.05 were considered statistically significant. LV, lung volume; MLD, mean lung density; LV_{ex} , lung volume in the expiratory phase; TL, total lung; LV_{in} , lung volume in the inspiratory phase; LL, left lung; RL, right lung; LUL, left upper lobe; LLL, left lower lobe; RUL, right upper lobe; RML, right middle lobe; RLL, right lower lobe; MLD_{ex} , mean lung density in the expiratory phase; MLD_{in} , mean lung density in the inspiratory phase; CT, computed tomography.

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Footnote

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at https://dx.doi. org/10.21037/qims-21-348). JW was employed by Philips Healthcare. The other authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all

aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The Union Hospital, Tongji Medical College, Huazhong University of Science and Technology Institutional Review Board approved the study (No. 0271-01) and waived the informed consent for this retrospective analysis.

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