CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/Lines 1-2	Section Title Page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 1/Lines 11	Section Title Page
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2/Lines 25-29	Section Abstract
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Pg 2/L 30-34	Section Abstract
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Pg 2/L 35-38	Section Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Pg 4/L 71-84	Introduction/Paragraph 1
Patient Information	5a	De-identified patient specific information	Pg 4/L 86	Case Pres/Paragraph 1
	5b	Primary concerns and symptoms of the patient	Pg 4/L 86-88	CP/Paragaph 1
	5c	Medical, family, and psycho-social history including relevant genetic information	Pg 6/L 143-147	CP/Para 4
	5d	Relevant past interventions with outcomes	Pg 4/L 87-91, Pg 5/L	CP/Para 1; CP Para 3,4
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Pg 4/L 88; Pg 5/L 98-100	CP/Para 1,2
Timeline	7	Historical and current information from this episode of care organized as a timeline	Figure 4	Figure 4
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Pg 4/L 89-92; Pg 5/L	CP/Para 1, 2
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Pg 5/L 107-110	CP/Para 2
	8c	Diagnosis (including other diagnoses considered)	Pg 5/L 107-110	CP/Para 2
	8d	Prognosis (such as staging in oncology) where applicable	Not applicable	Not applicable
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Pg 5/L 103-109 Pg 7/L	CP/Para 2, 5
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Pg 7/L148-157	CP/Para 5
	9c	Changes in therapeutic intervention (with rationale)	Pg 7/L 152-155	CP/Para 5

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Pg 7/L 155-157	CP/Para 5
	10b	Important follow-up diagnostic and other test results	Pg 7/L 156-157	CP/Para 5
	10c	Intervention adherence and tolerability (How was this assessed?)	Pg 6/L 151-152	CP/Para 5
	10d	Adverse and unanticipated events	Pg 6/L 151-154	CP/Para 5
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Pg 10/L 218-224	Discussion/Para 5
	11b	Discussion of the relevant medical literature **with references**	Pg 8-9/L174-186	Discussion/Para 2
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Pg 8-9/L182-186; Pg 10/L	Discussion/Para 2,4
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Pg 10/226-232	Conclusion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not applicable	Not applicable
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.