



Gastrostomy tube migration causing gastric outlet obstruction and gastric perforation in children – two case reports

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Abstract: Gastrostomy creation is a common procedure in paediatric surgery. It provides enteral nutrition to patients who cannot achieve adequate nutrition by mouth. Common indications of gastrostomy placement in children include syndromic or neurodevelopmental diseases, severe malformations of the aerodigestive tract, craniofacial abnormalities, and intractable gastroesophageal reflux disease with recurrent aspiration. It is also indicated in patients who suffer from failure to thrive and require extra caloric intake. In contrast to adults, paediatric patients have a weaker ability to complain about problems with their gastrostomy tubes when they occur, in particular when some of these neurological patients are non-communicable. Complications may arise when migration of the catheter goes unnoticed, causing obstruction. Due to the smaller stomach size, thinner gastric wall and narrower gastric outlet in paediatric patients, obstruction from the gastrostomy balloon may result in serious sequelae. Here we present two unusual but serious complications of gastrostomy tubes causing suspected duodenal obstruction and subsequent gastric perforation in paediatric patients, requiring emergency operations. Furthermore, we would like to emphasize the importance of proper gastrostomy tube care and alert the caretakers of the potential sinister complications that can arise. We would also like to take this opportunity to suggest measures to prevent their occurrence.

Keywords: Gastrostomy tube; migration; obstruction; perforation; case report

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Introduction

A feeding tube is a device to provide enteral nutrition to patients who cannot obtain adequate nutrition by mouth, or have problems with swallowing. The simplest form of tube feeding is via the nasogastric route. For paediatric patients who require long-term tube feeding, gastrostomy tube has been shown to be better tolerated than nasogastric tube and is associated with an improved quality of life (1). Problems like insertion site infection, leakage, over granulation, bleeding and buried bumper are uncommon and benign (2). Nevertheless, complications may arise when migration of the catheter goes unnoticed, causing obstruction (3-10). We

would like to present two unusual but serious complications of gastrostomy tubes causing suspected duodenal obstruction and subsequent gastric perforation in paediatric patients. To the best of our knowledge, this sinister complication from gastrostomy tube has never been reported before. We present the following cases in accordance with the CARE reporting checklist (available at <https://dx.doi.org/10.21037/tp-21-155>).

Case presentation

Patient 1

A 3-year-old boy with laryngomalacia and global

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Figure 1 Abdominal X-ray after laparoscopic fundoplication in a patient with previous gastrostomy, showing good position of the Foley catheter balloon inside the stomach.



Figure 2 Supine antero-posterior abdominal X-ray showing distal migration of the Foley catheter balloon into the proximal duodenum.

developmental delay was referred to our hospital for gastroesophageal reflux. He was dependent on Bilevel Positive Airway Pressure (BiPAP) ventilation and had a tracheostomy and laparoscopic gastrostomy performed in another hospital in 2013. However, he had persistent vomiting while on gastrostomy feeding and impedance

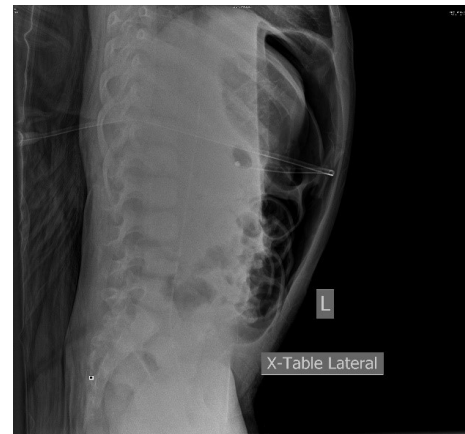


Figure 3 Cross-table lateral abdominal X-ray revealing gross pneumoperitoneum.

study showed evidence of gastroesophageal reflux disease with a DeMeester score of 205. Thus, a laparoscopic fundoplication was performed in May 2015. A Fr 12 Foley catheter was used as a gastrostomy feeding tube post-operatively, in the same manner as pre-operatively. His post-operative X-ray showed good position of the Foley catheter, with the balloon inside the stomach (*Figure 1*). The post-operative course was uneventful and he was transferred to a rehabilitation hospital. However, the patient developed abdominal distension and peritoneal signs on post-operative day 18. Abdominal X-rays showed free intra-peritoneal gas and distal migration of the Foley catheter balloon into the proximal duodenum (*Figures 2,3*). He was transferred back to our hospital for emergency operation. The gastrostomy tube balloon was deflated and the tube was removed. Laparoscopy revealed straw-coloured peritoneal fluid and a 5mm clean perforation at the fundoplication wrap, which was not in close proximity to any of the sutures. Peritoneal lavage and primary suturing of the perforation were performed laparoscopically. He recovered uneventfully after the second operation and a subsequent contrast meal showed no leakage from the stomach. Gastrostomy feeding was tolerated. The parents applied financial aid for purchasing a gastrostomy-button to avoid future complications from gastrostomy tube migration. The timeline of the clinical course is shown in *Figure 4*.

Patient 2

Our other patient was an 11-year-old boy with mitochondrial disease, epilepsy, dystonia and mental

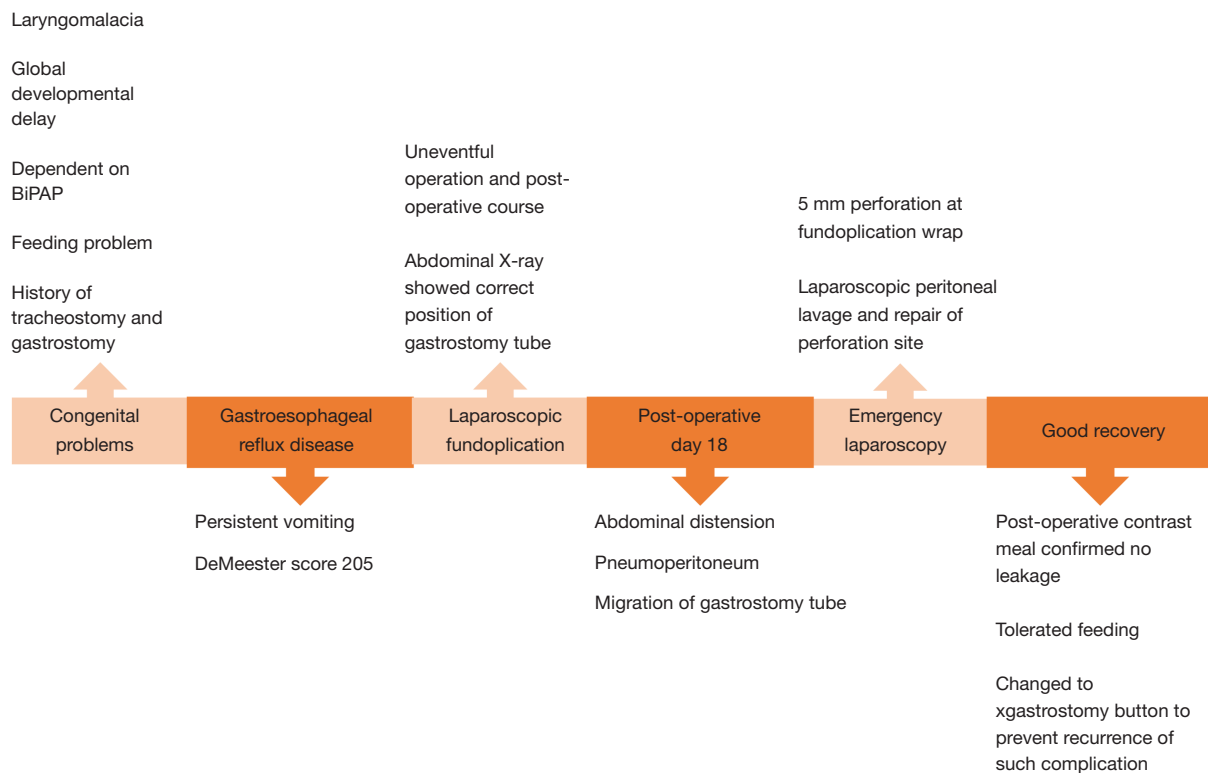


Figure 4 Timeline of clinical course of patient 1.

retardation. He had a history of laparoscopic fundoplication and gastrostomy in 2008 for feeding problem and gastroesophageal reflux disease. A Fr 12 Foley catheter was used as gastrostomy tube all along due to financial difficulties. He was admitted to the intensive care unit of another hospital in Dec 2015 for breakthrough seizure and pneumonia, and was put on BiPAP. He was noted to have gross abdominal distension two days later. Abdominal X-ray showed pneumoperitoneum and suspected distal migration of the Foley catheter balloon (*Figure 5*). He was transferred to our hospital for emergency operation. We proceeded directly to laparotomy in view of the unstable clinical condition, which revealed turbid peritoneal fluid and moderate amount of adhesions at the left upper quadrant of the abdomen. The old gastrostomy had to be taken down for proper visualization and identification of the pathology. A 2 cm perforation with clean and healthy edge was found at the fundus (*Figure 6*). Primary suturing of the perforation was performed and the repair was reinforced with an omental patch. A new Stamm gastrostomy was done. Similarly, this patient had an uneventful recovery and a subsequent contrast meal showed no leakage from the

stomach. Gastrostomy feeding was tolerated. The parents accepted our advice in changing to a gastrostomy-button to avoid this complication in the future. The time line of the clinical course is shown in *Figure 7*.

All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent was obtained from the patient.

Discussion

Common indications of gastrostomy placement in children include syndromic or neurodevelopmental diseases, severe malformations of the aerodigestive tract, craniofacial abnormalities, and intractable gastroesophageal reflux disease with recurrent aspiration. It is also indicated in patients who suffer from failure to thrive and require extra caloric intake from enteral nutrition. There are different approaches in placing a gastrostomy tube (11,12). The Stamm technique (open gastrostomy) was one of the earliest operations for this purpose (13). This technique requires

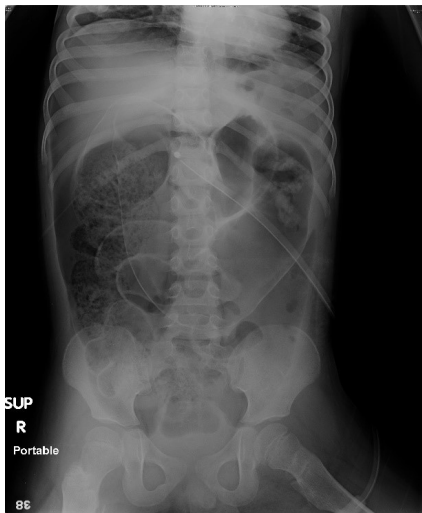


Figure 5 Supine antero-posterior abdominal X-ray showing gross pneumoperitoneum with double wall sign and suspected distal migration of the Foley catheter balloon.



Figure 6 Intraoperative photo of the perforation with clean and healthy edge at the fundus.

an abdominal incision and has gradually been replaced by other minimally invasive approaches. Percutaneous endoscopic gastrostomy (PEG) was described by Gauderer *et al.* in the 1980s and has become a popular operation due to its minimal invasiveness (14). However, the lack of direct visualization of the abdominal cavity has led to complications such as organ injury and fistulation into the bowel (15,16). In the early 1990s, laparoscopic gastrostomy has been introduced (17,18). It has both the advantages of being minimally invasive and safe (19).

Prior to the surgery, the patient would undergo a 24-hour pH and impedance study to rule out gastroesophageal reflux (20), with a sensitivity of over 80% (21). Acidic reflux is evident by either a DeMeester score ≥ 14.72 , or pH < 4 in one or more of the following: more than 5.5% of total time; more than 8.3% of total upright time; or more than 3% of total supine time (22). Non-acidic reflux is detected by impedance analysis. If concomitant reflux is present, an anti-reflux procedure, namely a laparoscopic fundoplication would be performed concomitantly. The operations of the above two patients were performed laparoscopically (*Figure 8*). In the standard operation, the anterior stomach wall is anchored to the abdominal wall via two percutaneous stitches. A guidewire is then passed percutaneously into the stomach and serial dilatation up to 16 Fr is performed. After dilatation, a Fr 12 Foley catheter (with the tip cut) is passed into the stomach over the guidewire as a temporary feeding tube with the balloon inflated using the Seldinger technique. The stitches are tied to secure the position of feeding tube. The position of the balloon and absence of leakage of gastric content are confirmed with laparoscopic assessment as well as methylene blue test. A gastrostomy-button cannot be used for primary insertion with this technique. We believe the anchoring stitch together with the balloon would help to prevent distal migration of the catheter. After the wound is stabilized (in about 3 to 4 weeks), the abdominal wall thickness can be measured accurately with a gastrostomy-button measuring device. The family can then order the correct size of gastrostomy button. However, this is a self-financed item and some families have financial difficulties and could only continue to use a Foley catheter as a substitute.

Complications may arise when migration of the Foley catheter goes unnoticed, causing intestinal obstruction. This has been reported in the adult population, mostly on bed-bound elderly, in various case reports (3-8), with only one report on the paediatric population, which was published in 1966 (4). In severe cases, a laparotomy may be required to remove the foreign body (5,7). However, the complication of gastric perforation due to the obstruction was never reported. We postulate that the smaller gastric volume and a thinner gastric wall in the paediatric population render their stomach more susceptible to perforation when high intraluminal pressure develops. Furthermore, after fundoplication, the fundus and oesophagogastric junction are relatively fixed, resulting in less compliance for distension in situations of distal obstruction. Thus, the

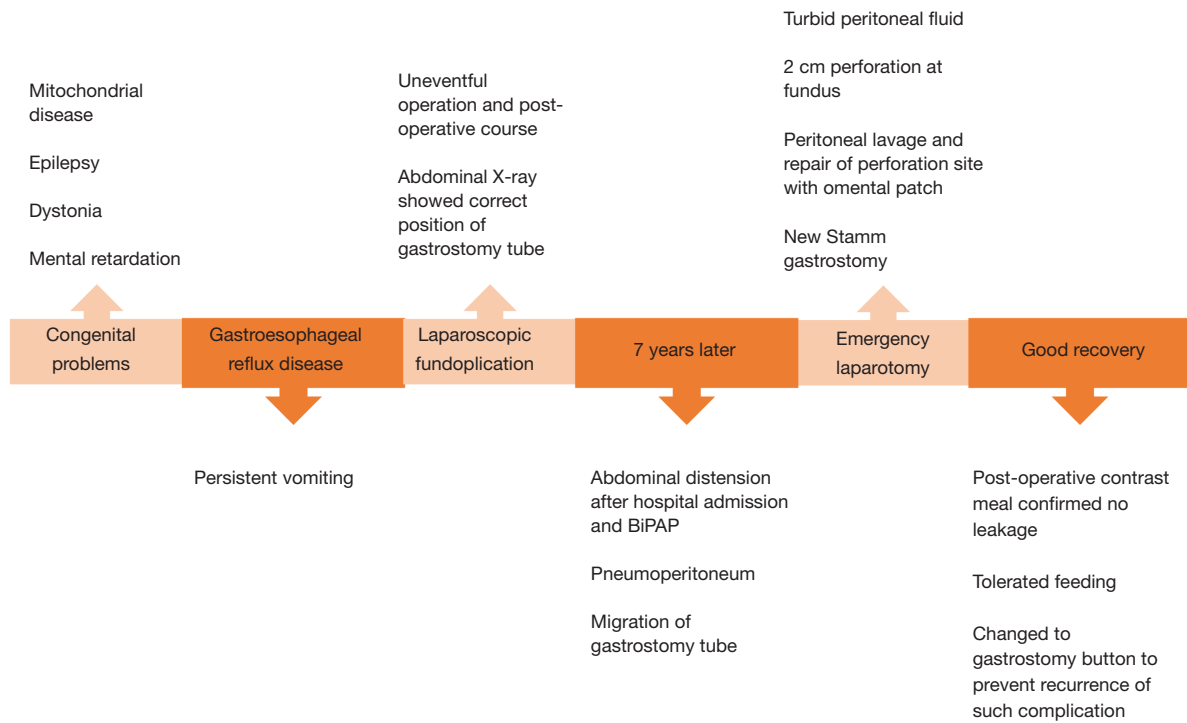


Figure 7 Timeline of clinical course of patient 2.

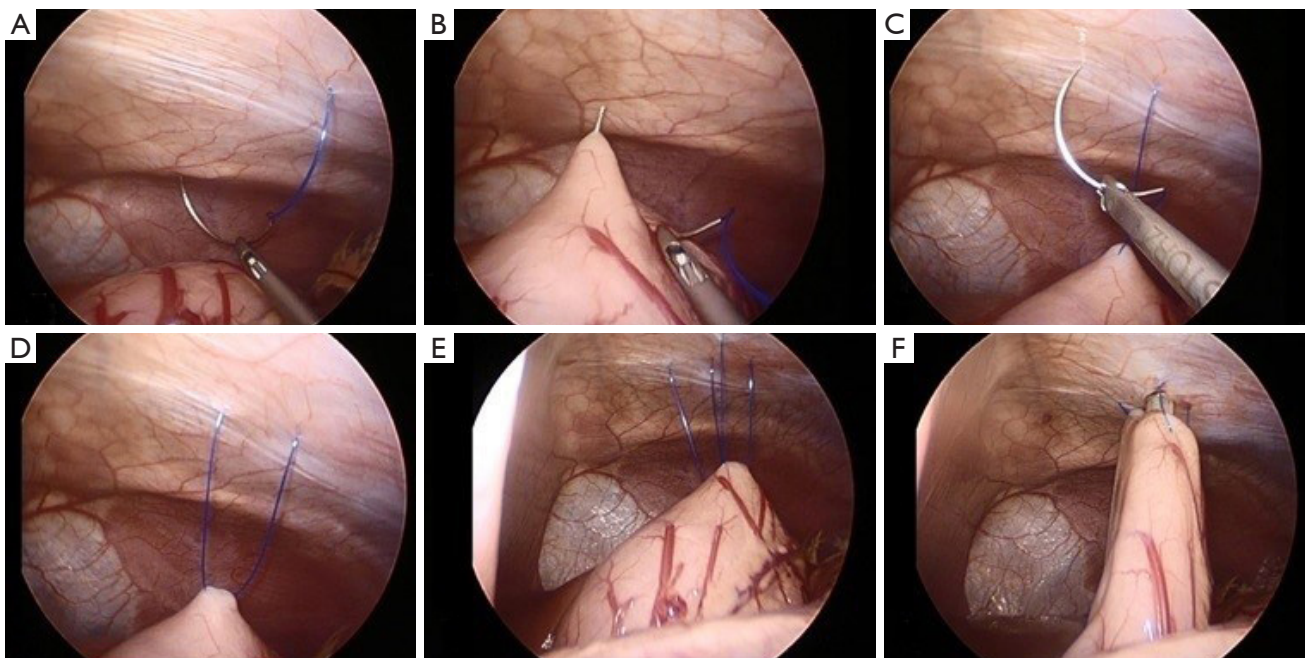


Figure 8 Intra-operative photos showing the key steps of laparoscopic gastrostomy. (A) Percutaneous insertion of the suturing needle; (B) passage of needle through the anterior stomach wall; (C,D) exit of the suturing needle percutaneously; (E) placement of another suture to secure the position of the stomach; (F) passage of gastrostomy tube (Foley catheter) with Seldinger technique.



Figure 9 Photo showing an external bumper used to secure the position of the Foley catheter and the measurement of the external length of the gastrostomy tube.

perforations in both our patients occurred at the fundus around the fundoplication wrap, where the intraluminal pressure is highest. In addition, both our patients described above were dependent on BiPAP when the perforation occurred. The inevitable aerophagia resulting from the non-invasive mechanical ventilation would also contribute to the high pressure in the stomach in the situation of gastric outlet obstruction. This explained why the 11-year-old boy in the second case tolerated the gastrostomy tube well for 8 years since the gastrostomy operation, but only developed the complication recently when he required BiPAP for pneumonia. Frequent aspiration of gas from the gastrostomy tube and stringent monitoring of abdominal distension and external length of the tube are essential in these patients.

In order to minimize the possibility of gastrostomy tube migration, as a routine, an external bumper is used to secure the position of the catheter and the external length of the tube is measured before each feed (*Figure 9*). Aspiration of gastric content including fluid and gas is performed prior to each feed, especially in aerophagic patients and those on non-invasive mechanical ventilation. The Foley catheter is changed to a gastrostomy-button once the stoma is stable. However, the problem lies in the fact that this is a self-financed item and some families have financial difficulties in affording it. We report the above patients in order to alert caretakers of patients with gastrostomy tubes about the possible risks in tube migration, especially in young children.

Patient perspective

The parents of the patients in the above case reports understood the possible risks and complications from a gastrostomy tube. Hence, they agreed to change to gastrostomy button to prevent recurrence of such unfortunate incident. However, gastrostomy button was a self-financed item and they would need to pay for it themselves.

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Footnote

Reporting Checklist: The authors have completed the CARE reporting checklist. Available at <https://dx.doi.org/10.21037/tp-21-155>

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent was obtained from the patient.

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