CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	1/1-2	Title/1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	2/42	Keywords/1
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	2/24-26	Abstract/5
	3b	Main symptoms and/or important clinical findings	2/26-27	Abstract/6
	3c	The main diagnoses, therapeutic interventions, and outcomes	2/27-31	Abstract/7-10
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	2/36-38	Abstract/16
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	3/49-51	Introduction/4
Patient Information	5a	De-identified patient specific information	3/56-57	Case presentation/1
	5b	Primary concerns and symptoms of the patient	3/57	Case presentation/1
	5c	Medical, family, and psycho-social history including relevant genetic information	3/57-58	Case presentation/2
	5d	Relevant past interventions with outcomes	3/57-58	Case presentation/2
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	3/58-60	Case presentation/3
Timeline	7	Historical and current information from this episode of care organized as a timeline	N/A: There was no	N/A: There was no
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	3/60-66	Case presentation/4-8
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	6/135	Acknowledgements/1
	8c	Diagnosis (including other diagnoses considered)	3/66 - 4/71	Case presentation/9-11
	8d	Prognosis (such as staging in oncology) where applicable	4/81-82	Case presentation/22
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	3/66-67	Case presentation/9
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	3/66-67	Case presentation/9
	9c	Changes in therapeutic intervention (with rationale)	4/72-73, 75	Case presentation/14,16

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	4/75-76	Case presentation/17
	10b	Important follow-up diagnostic and other test results	4/76-80	Case presentation/18-21
	10c	Intervention adherence and tolerability (How was this assessed?)	4/81-82	Case presentation/22
	10d	Adverse and unanticipated events	N/A: None adverse and	N/A: None adverse and
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	6/127-131	Discussion/23-24
	11b	Discussion of the relevant medical literature **with references**	4/89 - 6/121	Discussion/1-19
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	6/121-126	Discussion/20-22
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	6/127-129	Discussion/23
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A: The patient was a	N/A: The patient was a
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.