ICMJE DISCLOSURE FORM

Date:	25-10-2021
Dute.	23 10 2021

Your Name: Antonio García Hermoso

Manuscript Title: Tracking of physical fitness levels from childhood and adolescence to adulthood: A systematic review

and meta-analysis

Manuscrip	t number	(if known):	

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

In item #1 below, report all support for the work reported in this manuscript without time limit. For all other items, the time frame for disclosure is the past 36 months.

		Name all entities with whom you have this relationship or indicate none (add rows as needed)	Specifications/Comments (e.g., if payments were made to you or to your institution)
		Time frame: Since the initial	planning of the work
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.) No time limit for this item.	XNone	
		Time frame: past	36 months
2	Grants or contracts from any entity (if not indicated in item #1 above).	XNone	
3	Royalties or licenses	_XNone	
4	Consulting fees	XNone	

5	Payment or honoraria for	X_None	
	lectures, presentations,		
	speakers bureaus,		
	manuscript writing or		
	educational events		
6	Payment for expert	XNone	
	testimony		
7	Support for attending	_XNone	
	meetings and/or travel		
8	Patents planned, issued or	X None	
	pending		
	_		
9	Participation on a Data	_XNone	
	Safety Monitoring Board or		
	Advisory Board		
10	Leadership or fiduciary role	XNone	
	in other board, society,		
	committee or advocacy		
	group, paid or unpaid		
11	Stock or stock options	_XNone	
12	Receipt of equipment,	XNone	
	materials, drugs, medical		
	writing, gifts or other		
	services		
13	Other financial or non-	XNone	
	financial interests		
PIE	ease summarize the above c	onflict of interest in the fo	ollowing box:
Г			
	The author has no conflicts of i	nterest to declare.	

Please place an "X" next to the following statement to indicate your agreement:

__X_ I certify that I have answered every question and have not altered the wording of any of the questions on this form.

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Your Name: Mikel Izquierdo

Manuscript Title: Tracking of physical fitness levels from childhood and adolescence to adulthood: A systematic review

and meta-analysis

Manuscript number	(if known)	:

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	testimony				
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7	Support for attending	X None			
	meetings and/or travel				
	lineetings and, or craver				
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	pending				
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	Safety Monitoring Board or				
	Advisory Board				
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	committee or advocacy				
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Date:	26-10)-2021
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Your Name: Robinson Ramírez-Vélez

Manuscript Title: Tracking of physical fitness levels from childhood and adolescence to adulthood: A systematic review

and meta-analysis

Manuscrip	t number	(if known):	

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