



The safety and effectiveness of α -synuclein immunotherapy vs. placebo for the treatment of Parkinson's disease: a systematic review and meta-analysis

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Background: There is no consensus on the efficacy of using α -synuclein as the primary immunotherapy site for Parkinson's disease (PD). The present study sought to investigate the safety and effectiveness of α -synuclein immunotherapy for treating PD.

Methods: The databases of CNKI, CBM, Cochrane Library, PubMed, Web of Science, and Embase were searched for randomized controlled trials (RCTs). Cochrane Collaboration's bias assessment tool was used to assess the risk of bias in the included articles, and the included PD patients older than 18 years adopted immunotherapy. Stata 15.0 was employed for statistical analysis.

Results: A total of 6 RCTs were eligible for the present study, involving 606 immunotherapy recipients (using alpha-synuclein immunotherapy) and 254 control individuals (placebo). Our meta-analysis found no statistical difference in the Movement Disorder Society-sponsored revision of the Unified Parkinson's Disease Rating Scale (MDS-UPDRS) total score [weighted mean difference (WMD): -0.72, 95% confidence interval (CI): -1.56 to 0.13, P=0.099], adverse event incidence [relative risk (RR): 1.06, 95% CI: 0.98 to 1.15, P=0.150], headache incidence (RR: 0.95, 95% CI: 0.67 to 1.34, P=0.773), and constipation incidence (RR: 1.47, 95% CI: 0.77 to 2.78, P=0.242). However, the infection rate in the immunotherapy group was higher than in the control group (RR: 2.29, 95% CI: 1.40 to 3.74, P=0.003). The above results indicate that immunotherapy is significantly different from placebo in MDS-UPDRS and adverse event incidence, but it can reduce the incidence of infection rate.

Conclusions: Existing results showed that α -synuclein immunotherapy had no significant effect on PD. high-quality, multi-center, and large-scale clinical studies are desired to corroborate our findings.

Keywords: Safety; Parkinson's disease (PD); immunotherapy; systematic review; meta-analysis

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Introduction

Parkinson's disease (PD) is a prevalent neurodegenerative disorder that primarily affects older people (1). The prevalence of PD rises exponentially with age, reaching 1–2% in adults aged over 65 and 3–5% in those over 85 years old (2–4). It is mainly caused by the death of dopaminergic neurons in the substantia nigra pars compacta (SNpc) and the buildup of Lewy bodies, which led to a considerable drop in striatal content (5,6). PD features an insidious onset and slow progress. The main clinical manifestations include bradykinesia, myotonia, static tremor, and impaired postural reflexes. Meanwhile, PD patients may also be plagued by insomnia, depressive disorders, astriktion, and other non-motor symptoms (7–9). Both motor and non-motor PD symptoms increasingly worsen as the illness progresses. Motor complications are frequent in the later stages of disease development, including declining drug efficacy, the “on-off” phenomenon, and dyskinesia (10). In the later stages, patients often cannot take care of themselves and may require long-term bed rest, with a poorer quality of life due to equilibrium disorders, falls, freezing of gait, deglutition disorders, and aphasia (11). Currently, the primary treatment of PD is drug therapy, and levodopa preparations are the most effective (12). Surgical treatment is merely an effective supplement to drug therapy; rehabilitation and psychotherapy can also improve symptoms to a certain extent. Nevertheless, none of these treatments slows or cures PD. Fortunately, recent studies

have shown that immunotherapy has a grander prospect for the treatment of PD (13,14).

Immunotherapy in the treatment of PD predominantly involves the passive immune treatment of α -synuclein (α -syn) antibodies. PD's primary pathological change is the buildup of Lewy bodies, which mainly comprise abnormally accumulated α -syn in the SNpc (15,16). Immunotherapy aims to eliminate the abnormally aggregated α -syn, which is widely considered the core of PD's pathogenesis (17,18). Although there are more and more clinical studies on PD immunotherapy, Lang *et al.* (19) found no difference between PD immunotherapy and placebo, but Jankovic *et al.* (20) thought PD immunotherapy was safe and tolerable. Meta-analysis was able to synthesize relevant studies on immunotherapy for PD to obtain the latest results of immunotherapy and placebo for PD. Therefore, this study aims to synthesize the latest clinical evidence and provide new treatment options for PD patients. We present the following article in accordance with the PRISMA reporting checklist (available at <https://apm.amegroups.com/article/view/10.21037/apm-22-1356/rc>).

Methods

Search strategy

We searched the databases of CNKI, CBM, Cochrane Library, PubMed, Web of Science, and Embase for randomized controlled trials (RCTs) on immunization treatments for PD. The retrieval was from the establishment of the databases to September 1, 2022. Both medical subject headings (MeSH) and free words were searched, including PD, paralysis agitans, alpha-synuclein, antibody, and immunotherapy. No restrictions were imposed on regions or publication status.

Inclusion and exclusion criteria

The inclusion criteria were as follows: PD patients older than 18 years; the experimental group adopted immunotherapy, whereas the control group used placebos; the primary outcome was the Movement Disorder Society-sponsored revision of the Unified Parkinson's Disease Rating Scale (MDS-UPDRS) total score and the secondary outcome was adverse reactions (headache, constipation).

The exclusion criteria were as follows: conference abstracts, duplicate articles, systematic reviews, meta-analyses, animal experiments, and case reports; unreasonable

Highlight box

Key findings

- No statistical difference in the Movement Disorder Society-sponsored revision of the Unified Parkinson's Disease Rating Scale total score, adverse event incidence, headache incidence and constipation incidence.

What is known and what is new?

- Using α -synuclein as primary immunotherapy sites for Parkinson's disease remains highly contentious.
- This study investigated the safety and efficacy of α -synuclein immunotherapy for PD.

What is the implication, and what should change now?

- There was no statistically significant difference in the AE incidence and MDS-UPDRS total score between the immunotherapy and control groups. Given the small number and varying quality of the included studies, high-quality, multi-center, and large-scale clinical studies are desired to corroborate our findings.

experimental design; studies with full text or data unavailable.

Data extraction

Two researchers screened the literature independently. Based on titles and abstracts, irrelevant studies were removed. The full texts of the remaining articles were downloaded and reviewed before 6 trials were found to be eligible for the present study. In the case of disagreement, relevant teachers were consulted for advice. After the literature screening, the 2 researchers collected observational data from the 6 eligible studies independently. Upon the completion of data extraction, the data results were cross-checked to ensure consistency. Extracted data included the year of publication, first author, gender, follow-up duration, country, sample size, intervention, age, and outcomes.

Quality assessment

Two investigators independently assessed the quality of the 6 eligible studies using the Cochrane Collaboration's bias assessment tool (21). The quality evaluation involved 7 aspects: random sequence generation (selection bias), data integrity (attrition bias), selective reporting of research results (reporting bias), allocation concealment (selection bias), masked participants and implementers (performance bias), masked outcome assessors (observation bias), and other bias. Each study's quality was evaluated based on the assessment standard mentioned above. If an original study completely met the standard, it was considered low risk, indicating relatively high quality. If an original study partially met the standard, it was rated as unclear risk, suggesting a moderate quality. If an original study did not meet the standard, it was rated as high risk, indicating low quality.

Statistical analysis

The software Stata 15.0 (Stata Corp., College Station, TX, USA) was employed for the statistical analysis. Additionally, continuous variables were reported as weighted mean difference (WMD) with 95% confidence intervals (CIs), and binary variables were expressed as relative risk (RR) with 95% CI. For each trial, a heterogeneity test was run. A P value ≥ 0.1 and $I^2 < 50\%$ indicated small heterogeneity, and hence a fixed-effects model was employed for data analysis. In contrast, heterogeneity was indicated by P < 0.1

and $I^2 > 50\%$. To investigate the cause of the heterogeneity, subgroup analyses were performed. If the cause of the heterogeneity could not be identified, a random-effects model was applied. Publication bias was examined through visual inspection of an egger test. If the publication bias is large, it will lead to poor credibility of our conclusions. A P < 0.05 is two-sided suggested that the difference was statistically significant.

Results

Study selection process and results

The aforementioned databases initially yielded 3,168 articles. After deleting the repetitive literature, we identified 2,383 papers. Titles and abstracts were checked before 83 articles were screened out. Finally, a total of 6 RCTs were included after a full-text review (19,20,22-25). *Figure 1* depicts the literature screening process.

Characteristics of the included studies

A total of 6 RCTs were eligible for the current study, with 606 immunotherapy recipients and 254 control individuals. Immunosuppressive agents comprised PRX002, cinpanemab, prasinezumab, and UB-312. The basic characteristics of the included studies are presented in *Table 1*.

Risk of bias assessment

All of the 6 eligible studies elucidated the specific methods for generating random sequences, although 1 of them did not explain its blinding method in detail. The 6 eligible studies were all of reasonably good quality. *Figure 2* depicts the risk of bias graph, and *Figure 3* shows the risk of bias summary.

Meta-analysis

Adverse events (AEs)

All 6 included studies described the adverse reaction outcome, with 606 immunotherapy recipients and 254 control individuals. Participants were divided into 3 subgroups by specific AEs: any adverse, treatment-related AEs, and serious AEs. A fixed-effects model was employed for data analysis based on the result of the heterogeneity test ($I^2 = 0\%$, P = 0.785). No significant difference was noted in the

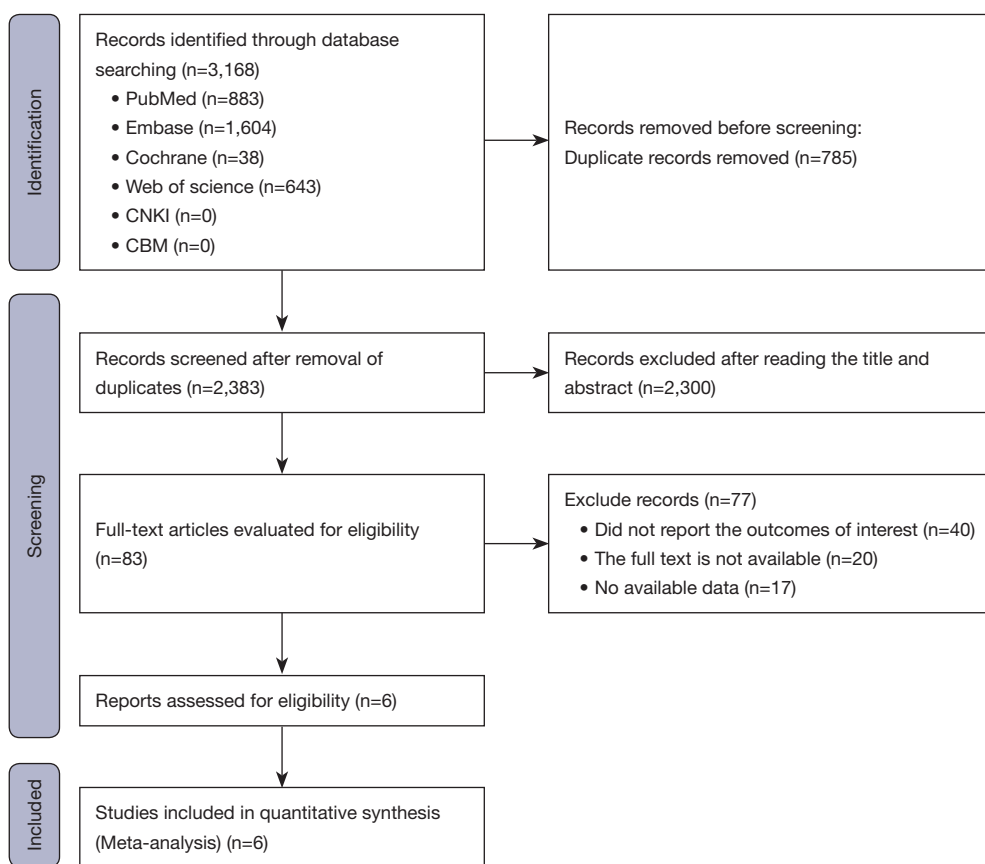


Figure 1 Literature screening flow chart.

Table 1 Basic characteristics of the included studies

Study	Country	Sample size		Gender (M/F)	Mean age (years)		Intervention		Follow-up (week)	Outcome
		EG	CG		EG	CG	EG	CG		
Jankovic 2018 (20)	USA	55	25	64/16	58.0	58.0	PRX002 (0.3 mg/kg, 1 mg/kg, 3 mg/kg, 10 mg/kg, 30 mg/kg, 60 mg/kg)	Placebo	6	F1
Lang 2022 (19)	USA	262	100	250/127	60.1	61.0	C (250 mg, 1,250 mg, 3,000 mg)	Placebo	52	F1; F2
Meissner 2020 (24)	France	24	6	19/11	PD01A:62; PD03A:60	63	PD01A:0.75 mg; PD03A:0.75 mg	Placebo	52	F1
Pagano 2022 (23)	Switzerland	211	105	213/103	P1500 mg: 60.3; P4500 mg: 59.4	59.9	P1500 mg; P4500 mg	Placebo	52	F1; F2
Schenk 2017 (25)	USA	30	10	15/25	32.5–37	45.0	PRX002 0.3 mg/kg; PRX002 1 mg/kg; PRX002 3 mg/kg; PRX002 10 mg/kg; PRX002 30 mg/kg	Placebo	12	F1
Yu 2022 (22)	USA	24	8	15/17	60–72	70	UB-312, 0.1 mg; UB-312, 0.3 mg; UB-312, 1 mg; UB-312, 3 mg	Placebo	50	F1

EG, experimental group; CG, control group; C, cinpanemab; P, prasinezumab; F1, adverse event; F2; MDS-UPDRS total score; MDS-UPDRS, the Movement Disorder Society-sponsored revision of the Unified Parkinson’s Disease Rating Scale.

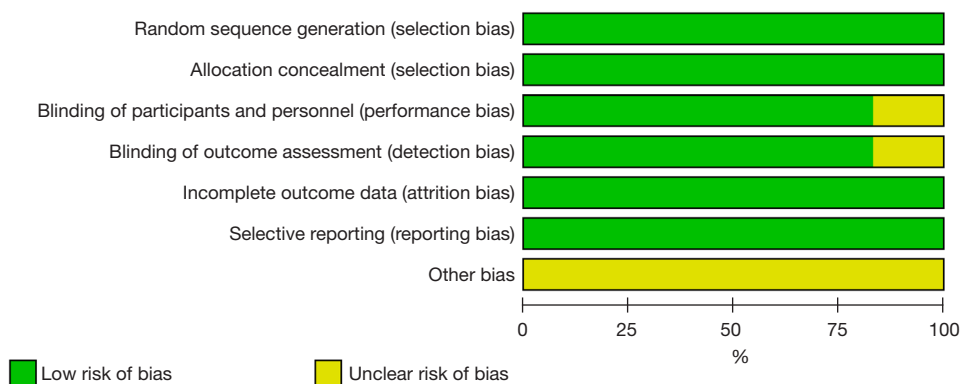


Figure 2 Risk of bias graph.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Jankovic 2018	+	+	+	+	+	+	?
Lang AE 2022	+	+	+	+	+	+	?
Meissner 2022	+	+	+	+	+	+	?
Pagano 2022	+	+	+	+	+	+	?
Schenk 2017	+	+	?	?	+	+	?
Yu HJ 2022	+	+	+	+	+	+	?

Figure 3 Risk of bias summary. +, low risk; ?, unclear risk.

AE incidence (RR: 1.06, 95% CI: 0.98 to 1.15, P=0.150). Specifically, no significant difference was observed in the incidence of any AE ($I^2=0\%$, P=0.375) (RR: 1.03, 95% CI: 0.96 to 1.11, P=0.393), the incidence of treatment-related AEs ($I^2=0\%$, P=0.521) (RR: 1.11, 95% CI: 0.85 to 1.45, P=0.460), and the incidence of serious AE ($I^2=0\%$, P=0.678) (RR: 1.31, 95% CI: 0.76 to 2.27, P=0.330). The meta-

analysis of AEs is shown in Figure 4.

Headache

There were 5 studies (19,20,22,24,25) that reported the headache outcome, with 595 immunotherapy recipients and 248 control individuals. A fixed-effects model was employed for data analysis based on the heterogeneity test result ($I^2=0\%$, P=0.889). As shown in Figure 5, no significant difference was seen in headache incidence between the 2 groups (RR: 0.95, 95% CI: 0.67 to 1.34, P=0.773).

Infection

A total of 5 studies reported the infection outcome, including 595 immunotherapy recipients and 248 control individuals. A fixed-effects model was adopted for data analysis according to the heterogeneity test result ($I^2=4.2\%$, P=0.383). The infection rate in the immunotherapy group was greater than that in the control group (RR: 2.29, 95% CI: 1.40 to 3.74, P=0.003). The meta-analysis of infection is shown in Figure 6.

Constipation

A total of 3 studies (19,20,24) reported the constipation outcome, with 523 immunotherapy recipients and 230 control individuals. A fixed-effects model was used for data analysis based on the heterogeneity test result ($I^2=0\%$, P=0.584). No significant difference was observed in the incidence of constipation (RR: 1.47, 95% CI: 0.77 to 2.78, P=0.242). The meta-analysis of constipation is shown in Figure 7.

MDS-UPDRS total score

The MDS-UPDRS total score was reported in 2 studies

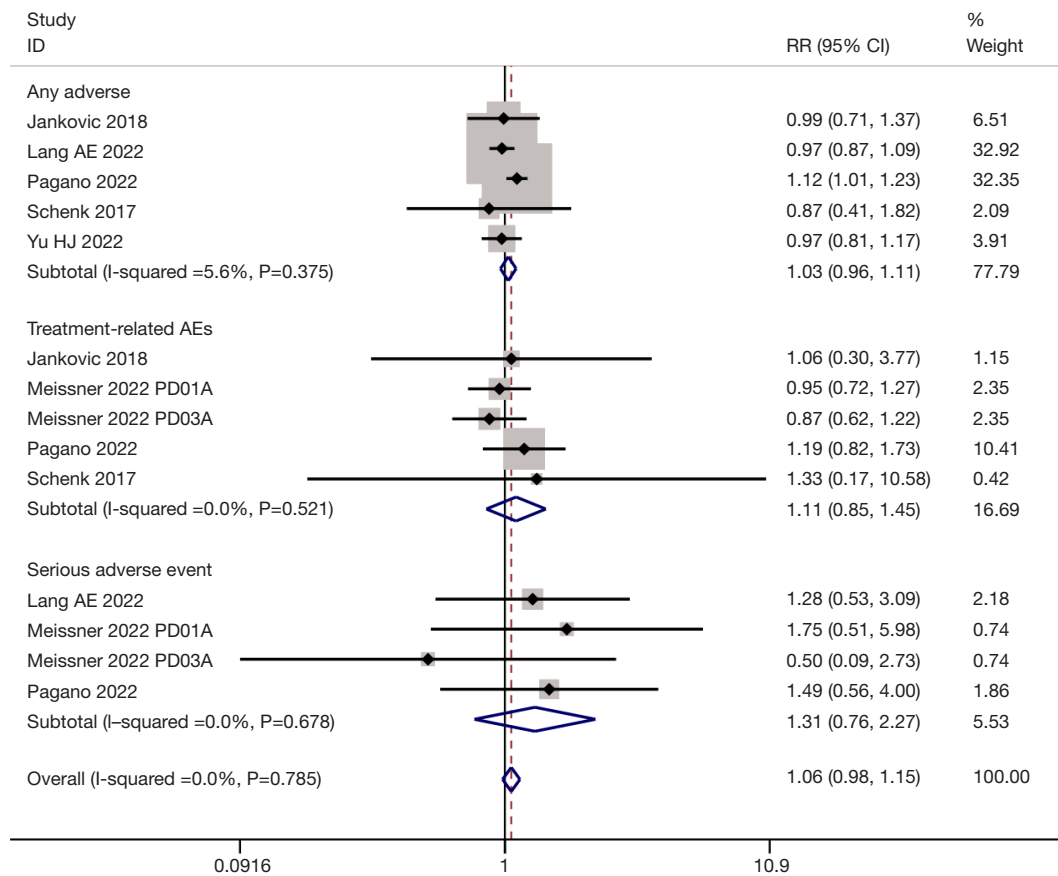


Figure 4 Forest plot of adverse events.

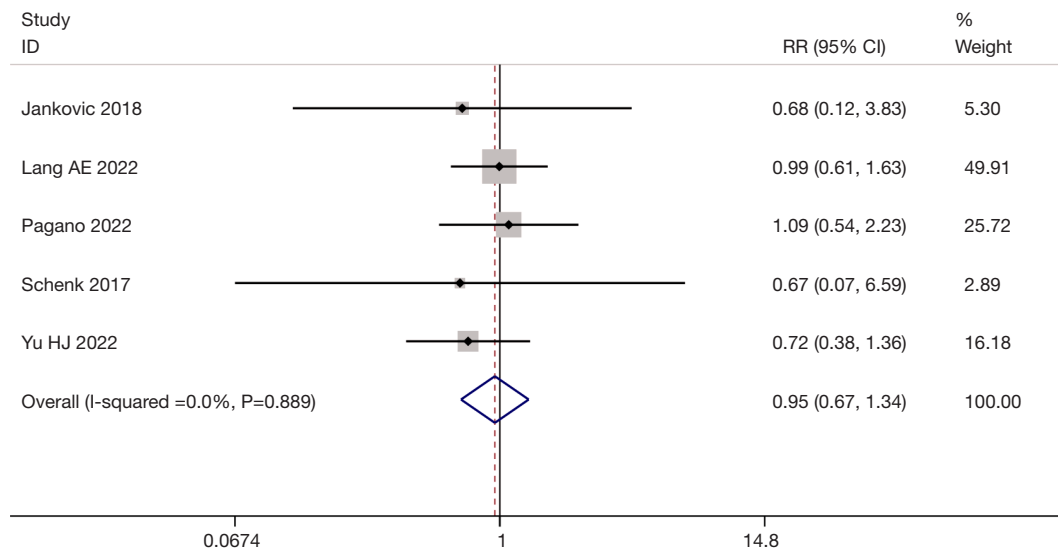


Figure 5 Forest plot of headache.

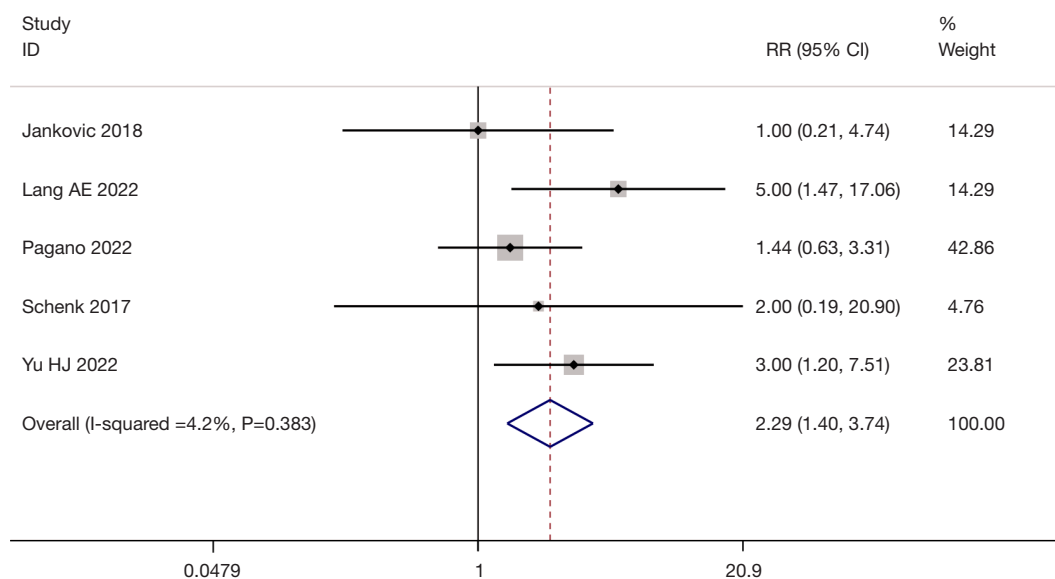


Figure 6 Forest plot of infection.

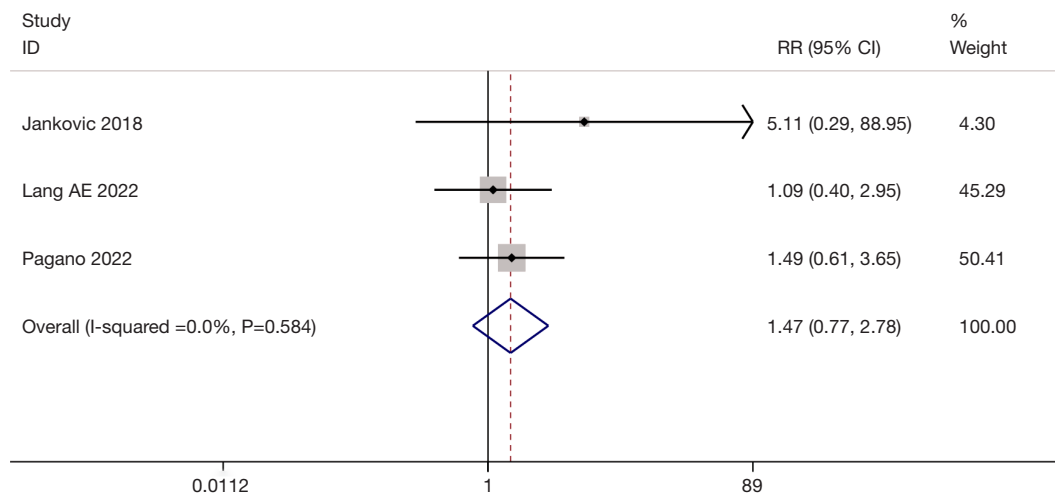


Figure 7 Forest plot of constipation.

(19,20), with 523 immunotherapy recipients and 230 control individuals. According to the heterogeneity test ($I^2=95.8\%$, $P<0.001$), a random-effects model was employed for data analysis. No statistical difference was seen in the MDS-UPDRS total score (WMD: -0.72 , 95% CI: -1.56 to 0.13 , $P=0.099$). The meta-analysis of MDS-UPDRS total score is shown in *Figure 8*. Due to high heterogeneity, we conducted a sensitivity analysis, in which the included studies were excluded successively. The analysis revealed a small sensibility, which suggested that our meta-analysis

results were robust. The sensitivity analysis of the MDS-UPDRS total score is shown in *Figure 9*.

Publication bias

Egger test for the MDS-UPDRS total score and AEs were drawn to assess the publication bias. The P values of the two Egger tests were all greater than 0.05, indicating that there was no publication bias in the total MDS-UPDRS ($P=0.392$) and AEs ($P=0.875$). The funnel plot of the MDS-UPDRS total score is presented in *Figure 10*, and the funnel

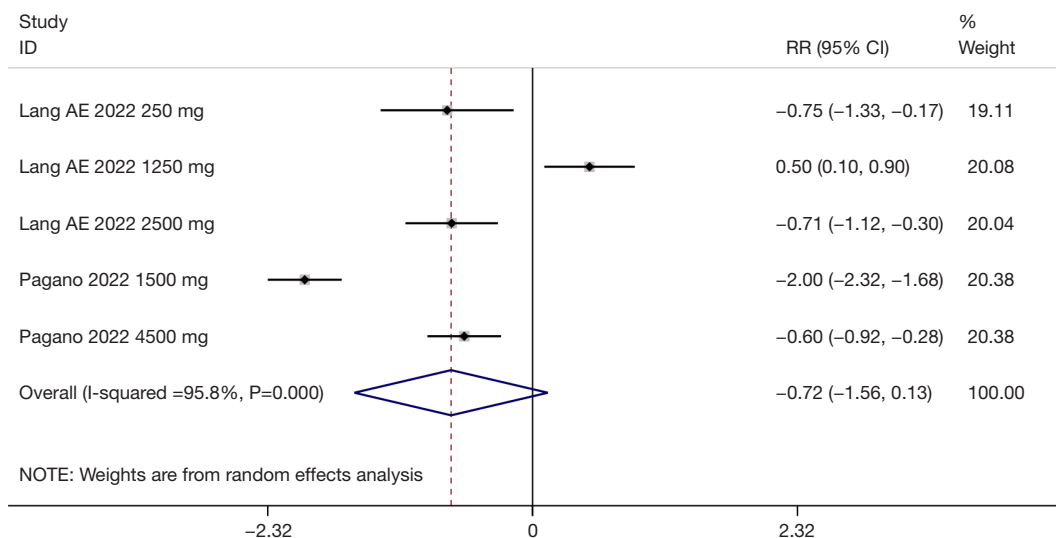


Figure 8 Forest plot of MDS-UPDRS total score. MDS-UPDRS, the Movement Disorder Society-sponsored revision of the Unified Parkinson’s Disease Rating Scale.

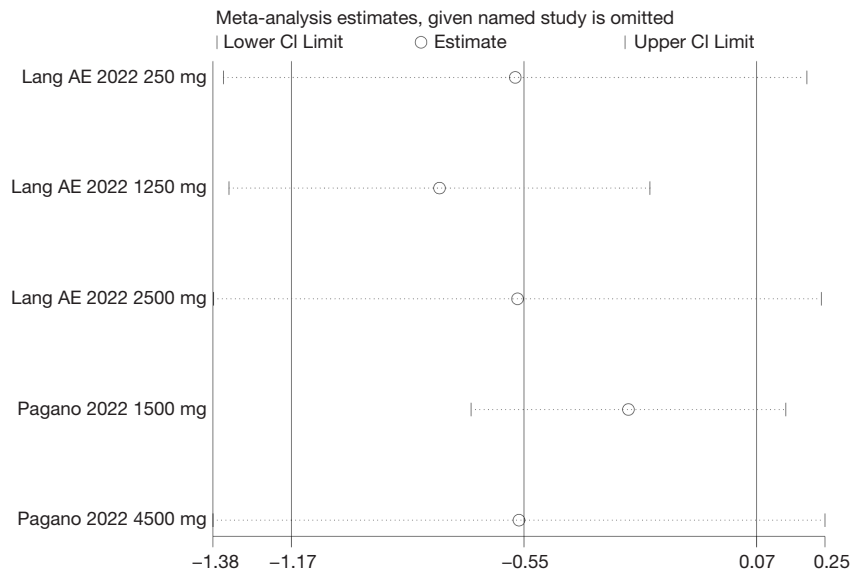


Figure 9 Sensitivity analysis of MDS-UPDRS total score. MDS-UPDRS, the Movement Disorder Society-sponsored revision of the Unified Parkinson’s Disease Rating Scale.

plot of AEs is shown in *Figure 11*.

Discussion

A fundamental pathological change of PD is the aberrant buildup of α -syn at the presynaptic terminals in a diseased state (26,27). The release of neurotransmitters is highly

associated with soluble attachment proteins. This kind of protein can identify and bind to the v-SNARE receptor on vesicle membranes and the t-SNARE receptor on target films at vesicle docking sites, activating the assembly of the fusion complexes. The membrane fusion complex catalyzes the fusion of vesicles and target membranes. The α -syn can adjust this neurotransmitter release

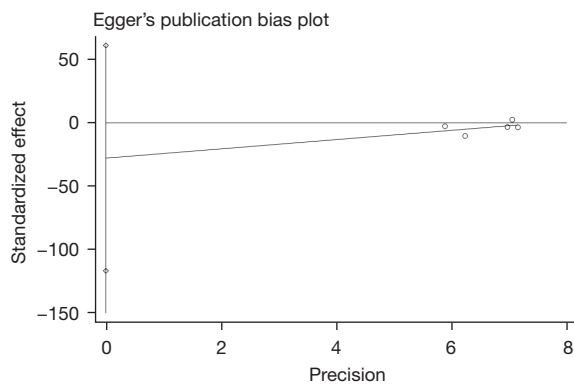


Figure 10 Egger test of MDS-UPDRS total score. MDS-UPDRS, the Movement Disorder Society-sponsored revision of the Unified Parkinson's Disease Rating Scale.

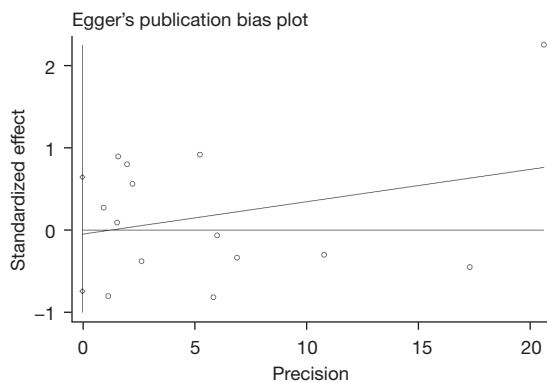


Figure 11 Egger test of adverse events.

process. Therefore, α -syn is closely correlated with the release of neurotransmitters and the reabsorption of synaptic vesicles (28,29). According to another study, α -syn-related neurodegenerative diseases are often accompanied by inflammatory responses, suggesting that α -syn is essential in non-neuronal cells and the immune system (30). Sardi *et al.* (31) proposed that α -syn can serve as immunotherapeutic targets to alleviate α -syn's abnormal accumulation in the extracellular matrix and α -syn's diffusion in the brain.

A total of 6 RCTs were eligible for the present meta-analysis. No statistical difference was seen in the MDS-UPDRS total score (WMD: -0.72 , 95% CI: -1.56 to 0.13 , $P=0.099$). The evaluation of PD mainly relies on clinical manifestations, and there is no reliable, objective indicator. The MDS-UPDRS assessment tool is crucial for each center to evaluate the condition of PD patients,

drug effects, and mutual exchanges (32). Since there are few studies reporting the MDS-UPDRS total score, the results should be interpreted with care. Nonetheless, we believe that α -syn immunotherapy for the treatment of PD will have great prospects with the increase in the number of related studies. Furthermore, no statistical difference was found in the AE incidence (RR: 1.06, 95% CI: 0.98 to 1.15, $P=0.150$), headache incidence (RR: 0.95, 95% CI: 0.67 to 1.34, $P=0.773$), and constipation incidence (RR: 1.47, 95% CI: 0.77 to 2.78, $P=0.242$). However, the infection rate in the immunotherapy group was higher than in the control group (RR: 2.29, 95% CI: 1.40 to 3.74, $P=0.003$). As a result, close attention should be paid to infection responses during the course of immunological therapy. Although the adverse reactions of immunotherapy were the same as those of placebos, all their adverse reactions were mild, at grade 2–3, with no influence on the immunotherapy.

The present study still has some limitations. Firstly, non-English databases were not searched and it included few studies and participants, so our results should be interpreted with care. Secondly, the different types and concentrations of drugs in the included studies may result in clinical application limitations. Thirdly, there was high heterogeneity across the included studies, but the subgroup analysis failed to identify the cause of heterogeneity due to limited data in the original studies.

Conclusions

Existing results showed that α -syn immunotherapy had no significant effect on PD. Given the small number and varying quality of the included studies, high-quality, multi-center, and large-scale clinical studies are desired to corroborate our findings.

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Footnote

Reporting Checklist: The authors have completed the PRISMA reporting checklist. Available at <https://apm.amegroups.com/article/view/10.21037/apm-22-1356/rc>

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <https://apm.amegroups.com/article/view/10.21037/apm-22-1356/coif>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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