

# 3D-STI evaluation of the effect of dexrazoxane on the mechanical properties of right ventricular myocardium in breast cancer patients treated with pirarubicin

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**Background:** Observation indexes used to evaluate the effect of dexrazoxane–anthracycline combinations in breast cancer often only take into account the clinical symptoms, or left ventricular ejection fraction (LVEF), biomarkers [such as creatine kinase MB (CK-MB), brain natriuretic peptide (BNP) and cardiac troponin T (cTnT)], or tumor recurrence rate, improvement of autonomic nerve function or economic benefits. This study aimed to evaluate the effect of dexrazoxane on the changes of mechanical properties of right ventricular myocardium in patients who underwent pirarubicin chemotherapy with three-dimensional speckle-tracking imaging (3D-STI).

**Methods:** A total of 64 breast cancer post-operation patients who received pirarubicin chemotherapy were randomly divided into two groups: the experimental group (with dexrazoxane added) and the control group (without dexrazoxane). The mechanical properties of the right ventricular myocardium were monitored by 3D-STI before and after chemotherapy. The levels of serum hypersensitive troponin I (hs-cTnI) and N-terminal B-type pro-natriuretic peptide (NT-proBNP) as well as conventional echocardiographic parameters were also measured.

**Results:** After chemotherapy, right ventricular global longitudinal strain (RVGLS) and right ventricular global area strain (RVGAS) were significantly reduced in both groups (P<0.05). There was a significant difference between the two groups (P<0.05).

**Conclusions:** Dexrazoxane can alleviate the toxicity of pirarubicin in the right ventricular myocardium. 3D-STI is a potential new method for early and accurate evaluation of the mechanical properties and functional changes of the right ventricular myocardium.

**Keywords:** Echocardiography; breast neoplasms; cardiotoxicity; anthracyclines; three-dimensional (3D); speckle tracking imaging; ventricular function; dexrazoxane

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### Introduction

Breast cancer is one of the most common types of malignant tumor worldwide. With an annually increasing prevalence rate, it poses a serious threat to human health. In 2018, breast cancer was second only to lung cancer by incidence and the mortality rate is first in women (1,2). Postoperative adjuvant chemotherapy is an effective treatment for breast cancer. Currently, anthracyclines are included in the first-choice postoperative chemotherapy plan for breast cancer patients (3). Although anthracyclines can significantly improve the survival rate of breast cancer patients and reduce recurrence and metastasis, it can induce dose-related (4) myocardial toxicity, which causes irreversible heart damage (5-7).

At an early stage, monitoring cardiac function is based entirely on relatively insensitive indicators such as symptoms and left ventricular ejection fraction (LVEF), which may lead to the opportunity for early detection and timely treatment being missed (4,8,9). Therefore, there has been a considerable amount of research centered on anthracycline-induced changes in left ventricular overall function during chemotherapy after breast cancer surgery (10-14). In contrast, studies on the changes in right ventricular overall and local function are limited (15). Nevertheless, the structure and overall and local functions of the right ventricle are highly important to the incidence rate and mortality of heart and lung diseases.

Three-dimensional speckle-tracking imaging (3D-STI) is a new technology that combines two-dimensional speckle-tracking imaging (2D-STI) with real-time threedimensional echocardiography (RT-3DE) and possesses the advantages of these two techniques (16). It can track speckles in three dimensions (simultaneously eliminating noise and improving accuracy) through acquisition and can reflect the function and movement of the heart muscle with higher precision, facilitating more accurate evaluation of the overall and local structure, movement, and function of the heart (17,18). Dexrazoxane is an antitumor adjuvant that can be used to alleviate or reduce the cardiotoxicity induced by chemotherapy with anthracycline antibiotics (such as doxorubicin). For improved clinical judgment of patients' conditions, treatment selection, and prognostic evaluation, the accurate and quantitative evaluation of the right ventricular structure and function is especially important (19,20). In this study, 3D-STI was used to evaluate the effect of dexrazoxane based on the mechanical properties of the right ventricular myocardium in breast cancer patients who received pirarubicin chemotherapy after radical

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mastectomy, and its clinical value was explored.

We present the following article in accordance with the CONSORT reporting checklist (available at http://dx.doi. org/10.21037/apm-20-1074).

### **Methods**

### Research subjects

Between January 2017 and December 2018, 64 patients with invasive breast cancer who were hospitalized for chemotherapy (with regular CTF chemotherapy) in the Thyromammary Surgery Department of our hospital were selected for this prospective study. The patients had an average age of 33.2±8.3 years (22–43 years) old. Using a random number table, the patients were randomly divided into two groups, the experimental group (with dexrazoxane added) and the control group (without dexrazoxane), with 32 patients in each group.

The inclusion criteria, all of which had to be met, were as follows: (I) normal indexes of liver and kidney function, electrocardiograph (ECG) and chest radiograph; (II) conventional echocardiography showed no significant abnormalities (including cardiac function and atrioventricular size); (III) no multiple distant metastases; (IV) had not previously received pirarubicin; and (V) had not previously received radiotherapy (15).

Patients who met any one of the following criteria were excluded: (I) organic heart disease (including congenital heart disease and acquired heart disease); (II) hypertension; (III) arrhythmia; (IV) diabetes, hyperthyroidism, hypothyroidism and other endocrine diseases; (V) hyperlipidemia; (VI) pulmonary hypertension; (VII) other malignant tumors; or (VIII) pregnant or lactating.

All procedures performed in this study were in accordance with the Declaration of Helsinki and this study was approved by the medical ethics committee of our hospital. All selected patients were informed and signed informed consent was obtained from each patient.

### Research content

### Instruments and methods

Echocardiography was performed with Color Doppler Ultrasonic Diagnosis Apparatus (Toshiba Artida SSH-880CV) equipped with three-dimensional analysis software. The subjects were instructed to lie on their left side and to breathe calmly while 12-lead routine ECG was recorded in a quiet state. Conventional echocardiography (PST-30SBT



Figure 1 Right ventricular area strain obtained in one patient before chemotherapy. (A) Apical four-chamber view; (B) apical two-chamber view; (C3) apical horizontal short-axis view; (C5) papillary muscle horizontal short-axis view; (C7) mitral annulus horizontal short-axis view.

probe, frequency 2.5–5.0 MHz) combined with threedimensional data acquisition (PST-25SX probe, frequency 1–3 MHz, frame volume 20–25 frames per second) was performed. The data were measured in triplicate, collected and averaged.

## Acquisition of conventional parameters of the right ventricle

According to the consensus of the American Society of echocardiography (ASE) and the European Association of Cardiovascular Imaging (EACVI) on the updated Guidelines for the Diagnosis of Adult Echocardiography published in 2015, the conventional echocardiography parameters of the right ventricle were measured as follows: right ventricular fractional area change (RVFAC); tricuspid annular plane systolic excursion (TAPSE) measured in M-type; and Doppler tricuspid annulus systolic blood flow velocity of tissues (S') measured by Tissue Doppler Imagine (TDI).

### Acquisition of 3D-STI parameters of the right ventricle

The "pre-4D" key was pressed to display the real-time and double images of the right ventricular apical two-chamber view and the right ventricular apical four-chamber view. When the right ventricular epicardium and endocardium were clearly and completely visible, the "Full-4D" key was pressed and the ECG was simultaneously triggered to start the three-dimensional data acquisition program, which mainly monitors the RVGLS, right ventricle global circular strain (RVGCS), right ventricle global radial strain (RVGRS), RVGAS (*Figure 1*).

### Serological testing

On the day before the chemotherapy commenced and on the morning after the completion of the chemotherapy, 2 mL of peripheral venous blood was collected from the patients (who were fasting). The serum was separated from each sample within 1 h. The levels of hs-cTnI and N-terminal B-type pro-natriuretic peptide (NT-proBNP)

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Table 1 Comparison of 3D-STI parameters and blood biochemical parameters before and after chemotherapy in the experimental group

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Study	RVGLS (%)	RVGCS (%)	RVGRS (%)	RVGAS (%)	hs-cTnI (ng/mL)	NT-proBNP (pg/mL)
BC	-28.60±2.57	-17.85±2.25	74.83±13.49	-38.66±5.73	0.151±0.062	67.66±15.10
AC	-26.10±2.33	-17.79±2.26	74.72±13.46	-35.78±5.60	0.153±0.061	68.10±15.21
t value	-21.270	-1.154	1.315	-29.088	-1.365	-1.062
P value	0.000	0.257	0.198	0.000	0.182	0.296

3D-STI, three-dimensional speckle-tracking imaging; RVGLS, right ventricular global longitudinal strain; RVGCS, right ventricular global circumferential strain; RVGRS, right ventricular global radial strain; NT-proBNP, N-terminal B-type pro-natriuretic peptide; BC, before chemotherapy; AC, after chemotherapy.

were measured using Vidas-Blue automatic fluorescence immunoassay analyzer.

### Statistical analysis

All data were statistically processed with SPSS 24.0 statistical software. The measurement data were expressed as mean  $\pm$  standard deviation. The differences between the two groups were tested by independent-samples *t*-test, and the differences between the groups before and after treatment were tested by paired sample *t*-test. The level of significance was  $\alpha$ =0.05.

### Results

### Comparison of patients before and after chemotherapy in the experimental group

- (I) In the experimental group, RVGLS (-26.10%±2.33% vs. -28.60%±2.57%) and RVGAS (-35.78%±5.60% vs. -38.66%±5.73%) were significantly lower after chemotherapy than before chemotherapy (P<0.05). However, there were no significant differences in RVGCS (-17.79%±2.26% vs. -17.85%±2.25%), RVGRS (74.72%±13.46% vs. 74.83%±13.49%), hs cTnI (0.153±0.061 vs. 0.151±0.062 ng/mL), or NT-proBNP (68.10±15.21 vs. 67.66±15.10 pg/mL) (P>0.05, Table 1, Figure 2).
- (II) In the experimental group, there were no significant differences in tricuspid annulus systolic displacement (24.51±2.13 vs. 24.36±1.91 mm), Doppler tricuspid annulus systolic blood flow velocity of tissues (25.58±1.92 vs. 25.53±1.89 cm/s), or change fraction of right ventricular area (52.69%±5.14% vs. 52.55%±5.10%) before and after chemotherapy (P>0.05, Table 2).

## Comparison before and after chemotherapy in the control group

- (I) In the control group, RVGLS (-24.59%±2.36% vs. -28.22%±2.15%) and RVGAS (-32.77%±6.23% vs. -36.40%±6.38%) after chemotherapy were significantly lower than before chemotherapy (P<0.05). However, there were no significant differences in RVGCS (-18.17%±2.20% vs. -18.22%±2.21%), RVGRS (74.64%±13.44% vs. 74.73%±13.54%), hs cTnI (0.171±0.073 vs. 0.166±0.065 ng/mL), and NT-proBNP (68.79±15.68 vs. 67.84±15.11 pg/mL) (P>0.05, Table 3, Figure 3).
- (II) In the control group, there was were no significant differences in tricuspid annulus systolic displacement (TAPSE 24.65±2.11 vs. 24.49±1.85 mm), Doppler tricuspid annulus systolic blood flow velocity of tissues (S' 25.88±1.98 vs. 25.78±1.87 cm/s), or change fraction of the right ventricular area (RVFAC 53.02%±5.49% vs. 52.91%±5.04%) before and after chemotherapy (P>0.05, *Table 4*).

### Comparison between the data before and after chemotherapy in the experimental group and the control group

(I) Before chemotherapy, there were no significant differences between the experimental group and the control group in RVGLS (-28.60%±2.57% vs. -28.22%±2.15%), RVGCS (-17.85%±2.25% vs. -18.22%±2.21%), RVGRS (74.83%±13.49% vs. 74.73%±13.54%), RVGAS (-38.66%±5.73% vs. -36.40%±6.38%), hs-cTnI (0.151±0.062 vs. 0.166±0.065 ng/mL), NT-proBNP (67.66±15.10 vs. 67.84±15.11 pg/mL), TAPSE (24.51±2.13 vs. 24.65±2.11 mm), S' (25.58±1.92 vs. 25.88±1.98 cm/s), or RVFAC (52.69%±5.14% vs. 53.02%±5.49%)



**Figure 2** Right ventricular myocardial area strain time curve of one patient in experimental group before and after chemotherapy. (A) Right ventricular myocardial area strain time curve of one patient in experimental group before chemotherapy (RVGAS =-41.13%); (B) right ventricular myocardial area strain time curve of the same patient in experimental group after chemotherapy (RVGAS =-40.33%). RVGAS, right ventricular global area strain.

Table 2 Comparison of ultrasonography parameters of the right ventricle before and after chemotherapy in the experimental group

Study	TAPSE (mm)	S' (cm/s)	RVFAC (%)
BC	24.51±2.13	25.58±1.92	52.69±5.14
AC	24.36±1.91	25.53±1.89	52.55±5.10
t value	2.031	1.464	1.412
P value	0.051	0.153	0.168

TAPSE, tricuspid annular plane systolic excursion; RVFAC, right ventricular fractional area change; BC, before chemotherapy; AC, after chemotherapy.

Table 3 Comparison of 3D-STI parameters and blood biochemical parameters before and after chemotherapy in the control group

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Control	RVGLS (%)	RVGCS (%)	RVGRS (%)	RVGAS (%)	hs-cTn (ng/mL)	NT-proBNP (pg/mL)
BC	-28.22±2.15	-18.22±2.21	74.73±13.54	-36.40±6.38	0.166±0.065	67.84±15.11
AC	-24.59±2.36	-18.17±2.20	74.64±13.44	-32.77±6.23	0.171±0.073	68.79±15.68
t value	-41.426	0.834	0.792	34.565	-0.561	-1.682
P value	0.000	0.410	0.434	0.000	0.579	0.103

3D-STI, three-dimensional speckle-tracking imaging; NT-proBNP, N-terminal B-type pro-natriuretic peptide; BC, before chemotherapy; AC, after chemotherapy.

(P>0.05).

(II) After chemotherapy, RVGLS (-26.10%±2.33% vs. -24.59%±2.36%) and RVGAS (-35.78%±5.60% vs. -32.77%±6.23%) were significantly different between the experimental group and the control group (P<0.05). However, there were no significant differences between the experimental group and the control group in</li>

RVGCS (-17.79%±2.26% vs. -18.17%±2.20%), RVGRS (74.72%±13.46% vs. 74.64%±13.44%), hs cTnI (0.153±0.061 vs. 0.171±0.073 ng/mL), NTproBNP (68.10±15.21 vs. 68.79±15.68 pg/mL), TAPSE (24.36±1.91 vs. 24.49±1.85 mm), S' (25.53±1.89 vs. 25.78±1.87 cm/s), or RVFAC (52.55%±5.10% vs. 52.91%±5.04%) (P>0.05, Table 5).



**Figure 3** Right ventricular myocardial area strain time curve of one patient in the control group before and after chemotherapy. (A) Right ventricular myocardial area strain time curve of one patient in the control before chemotherapy (RVGAS =-43.3%); (B) right ventricular myocardial area strain time curve of h the patient in the control after chemotherapy (RVGAS =-33.43%). RVGAS, right ventricular global area strain.

Table 4 Comparison of right ventricular ultrasonography parameters before and after chemotherapy in the control group

Control	TAPSE (mm)	S' (cm/s)	RVFAC (%)
BC	24.65±2.11	25.88±1.98	53.02±5.49
AC	24.49±1.85	25.78±1.87	52.91±5.04
t value	1.270	1.242	0.669
P value	0.214	0.224	0.508

BC, before chemotherapy; AC, after chemotherapy.

### Discussion

The structure of the right ventricular myocardium comprises three layers: the superficial layer, the middle layer, and the deep layer. In the superficial layer and deep layer of the cardiac fiber stent, the right ventricular myocardium spirals in the longitudinal direction. Therefore, during the systole of the heart, it moves toward the direction of the ventricular outflow tract (contraction of the superficial layer and deep layer of the right ventricular myocardium), causing the ventricle to move toward the bottom of the heart and shortening the cardiac cavity. With the synergistic effect of the ventricular septum, the blood is driven from the right ventricle into the pulmonary artery. The cardiac cavity is shortened by the contraction of the annular middle layer of the right ventricular myocardium. The longitudinal myocardium (the superficial and deep layers) of the right ventricle serves a crucial role in the cardiac ejection function (21,22).

Basic research has confirmed that the subendocardial longitudinal myocardial fibers of the heart can be affected by many factors, including such as ischemia and poisoning. It is possible because that anthracycline drugs first reach the subendocardial myocardium, the drug concentration in the microvessels of the endocardial side is high and the impact of blood flow on the subendocardial myocardium is relatively strong. Furthermore, because of the subendocardial myocardium's mainly longitudinal direction, the ability of longitudinal deformation of the subendocardial myocardium may have already been damaged. In addition,

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Table 5 Comparison of 3D-STI parameters, blood biochemical parameters and right ventricular ultrasonography parameters in the experimental group and the control group

Parameters	Study	Control	t value	Р
RVGLS (%)				
BC	-28.60±2.57	-28.22±2.15	0.639	0.525
AC	-26.10±2.33 <sup>*</sup>	-24.59±2.36*	2.586	0.012
RVGCS (%)				
BC	-17.85±2.25	-18.22±2.21	-0.668	-0.373
AC	-17.79±2.26	-18.17±2.20	-0.683	0.497
RVGRS (%)				
BC	74.83±13.49	74.73±13.54	-0.028	-0.095
AC	74.72±13.46	74.64±13.44	-0.024	0.981
RVGAS (%)				
BC	-38.66±5.73	-36.40±6.38	1.492	0.14
AC	-35.78±5.60*	-32.77±6.23*	2.034	0.046
hs-cTnI (ng/mL)				
BC	0.151±0.062	0.166±0.065	0.906	0.368
AC	0.153±0.061	0.171±0.073	1.041	0.302
NT-proBNP (pg/mL)				
BC	67.66±15.10	67.84±15.11	0.943	0.961
AC	68.10±15.21	68.79±15.68	0.179	0.858
TAPSE (mm)				
BC	24.51±2.13	24.65±2.11	0.271	0.787
AC	24.36±1.91	24.49±1.85	0.294	0.770
S' (cm/s)				
BC	25.58±1.92	25.88±1.98	0.606	0.545
AC	25.53±1.89	25.78±1.87	0.539	0.591
RVFAC (%)				
BC	52.69±5.14	53.02±5.49	0.247	0.806
AC	52.55±5.10	52.91±5.04	0.286	0.776

\*, BC vs. AC, P<0.05, difference is statistically significant. 3D-STI, three-dimensional speckle-tracking imaging; RVGLS, right ventricular global longitudinal strain; RVGCS, right ventricular global circumferential strain; RVGRS, right ventricular global radial strain; RVGAS, right ventricular global area strain; NT-proBNP, N-terminal B-type pro-natriuretic peptide; TAPSE, tricuspid annular plane systolic excursion; RVFAC, right ventricular fractional area change; BC, before chemotherapy; AC, after chemotherapy.

it may also be aggravated by drug accumulation (23,24). In our study, RVGCS and RVGRS were not significantly reduced by pirarubicin chemotherapy (P>0.05), probably because the annular muscle in the middle layer of the myocardium is not obviously affected and the wall of the right ventricle is thin, which is consistent with the findings reported by Xu *et al.* (25) and Hu *et al.* (26), and differs from those reported by Zhang *et al.* (15). RVGAS is has higher sensitivity and can more accurately reflect the myocardial damage, because it comprehensively takes the longitudinal

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and circular motion of myocardium into account (27).

In this study, the mechanical properties of the right ventricular myocardium and the changes after the use of dexrazoxane combined with anthracycline drugs for chemotherapy in breast cancer patients following radical mastectomy were evaluated by three-dimensional speckletracking ultrasonography, with the aim of guiding the choice of clinical treatment.

It is currently believed that the main mechanism of anthracycline toxicity is topoisomerase  $2\beta$  inhibition, which activates the cell death pathway and inhibits the biological origin of mitochondria. The combination of dexrazoxane and anthracycline drugs can interfere with topoisomerase  $2\beta$ binding and reduce the toxicity and the risk of subsequent heart failure in high-risk patients (28).

At present, dexrazoxane is the only protective agent against cardiotoxicity caused by Food and Drug Administration (FDA)-approved anthracycline drugs (it has been listed in the Guidelines for Clinical Operation of Cancer Chemotherapy and Radiotherapy Protective Agents in the United States (29). Traditionally, it has also been recognized as a precursor drug of ADR-925, a metabolite of iron chelation (30).

As a cytotoxic drug, by blocking the catalytic activity of DNA topoisomerase- II and the average distribution of DNA monomers during mitosis (31,32), dexrazoxane exerts an antitumor mechanism. As an ethylenediaminetetraacetic acid analogue, dexrazoxane is hydrolyzed into an open-loop product of ICRF-198 in cardiomyocytes. The chelation of ICRF-198 and some intermediates with ions can inhibit Fe<sup>3+</sup>-pirarubicin chelate, reduce the induced production of free radicals, and ultimately inhibit the cardiotoxicity of pirarubicin (33,34). It therefore exerts a protective effect on the myocardium (35-39), reduces myocardial cell death, alleviates the degree of inflammatory response, and reduces tension in the blood vessels (40). Roti Roti et al. (41) showed that dexrazoxane inhibited the catalytic activity of topoisomerase II, leading to the decrease of the toxic effect of pirarubicin in mouse ovarian cells. Experimental (42) and clinical (34,43,44) studies have shown that the dexrazoxane in appropriate dose proportions with pirarubicin can effectively reduce the cardiotoxicity caused by the latter such as reduces the incidence of heart events and congestive heart failure (45). Moreover, dexrazoxane does not undermine the effect of pirarubicin (46,47), does not significantly increase the toxicity of drugs, and does not have any adverse effect on the survival rate (44), or increase the incidence of secondary malignant tumors

(46,47). Dexrazoxane not only offers protection from the cardiotoxicity caused by epirubicin (48,49), but may also be used to treat pre-existing myocardial damage (50). Jirkovský *et al.* believed that early use of dexrazoxane could effectively prevent and reduce the cardiotoxicity caused by anthracyclines in breast cancer patients (51).

### Conclusions

- (I) Despite there being no significant change in the right ventricular systolic function of breast cancer patients who underwent chemotherapy with pirarubicin after radical mastectomy, 3D-STI showed that the lRVGLS and RVGAS had decreased, which suggested that the mechanical properties of the right ventricular myocardium had been damaged.
- (II) Before chemotherapy, there was no significant difference in the ultrasonography parameters and serological indexes between patients who received and those who did not receive dexrazoxane before chemotherapy. However, at the end of chemotherapy, the RVGLS and RVGAS in the group who did not receive dexrazoxane were significantly lower than those of the group who received dexrazoxane. This indicated that dexrazoxane could alleviate or remove the toxicity of pirarubicin in the right ventricular myocardium.
- (III) It is expected that 3D-STI will offer a new method for the early and accurate evaluation of the mechanical properties and functional changes of the right ventricular myocardium in patients who receive pirarubicin chemotherapy after breast cancer surgery.

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### Footnote

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*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures performed in this study were in accordance with the Declaration of Helsinki and this study was approved by the medical ethics committee of our hospital (No. LW20161210001). All selected patients were informed and signed informed consent was obtained from each patient.

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