

CARE Checklist of information to include when writing a case report



Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	Page 1 /line 2	Title/Paragraph2
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/line 1-2	Key words/Paragraph1
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 1 /line19-24	Abstract/Paragraph1
	3b	Main symptoms and/or important clinical findings	Page 1 /line20-21	Abstract/Paragraph1
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 1 /line21-25	Abstract/Paragraph1
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	Page 1 /line22-24	Abstract/Paragraph1
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	Page 2 /line14-17	Introduction/Paragraph2
Patient Information	5a	De-identified patient specific information	Page 2 /line28	/General data/Paragraph1
	5b	Primary concerns and symptoms of the patient	Page 3 /line2-4	General data//Paragraph1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 2 /line28-32	General data/Paragraph1
	5d	Relevant past interventions with outcomes	Page 3 /line1-2	General data/Paragraph1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 3 /line10-16	Systemic assessment/Paragraph1
Timeline	7	Historical and current information from this episode of care organized as a timeline		
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 3 /line10-16	Systemic assessment/Paragraph1
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Pa ge 4 /line2-29	Nursing diagnosis/Paragraph1-13
	8c	Diagnosis (including other diagnoses considered)	Pa ge 4 /line2-29	Nursing diagnosis/Paragraph1-13

	8d	Prognosis (such as staging in oncology) where applicable		
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 1 /line21-23	Abstract/Paragraph1
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	0	Nursing measures/Paragraph1-20
	9c	Changes in therapeutic intervention (with rationale)	Page 1 /line23-24	Abstract/Paragraph1

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Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)		
	10b	Important follow-up diagnostic and other test results		
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 7 /line30	Psychological nursing/Paragraph1
	10d	Adverse and unanticipated events		
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 8 /line7-8, line16-21	Discussion/Paragraph1
	11b	Discussion of the relevant medical literature with references	Page 8 /line7-8, line16-21	Discussion/Paragraph1
	11c	The scientific rationale for any conclusions (including assessment of possible causes)		
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion		
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received		
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes√	No 🗌

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.