

## CONSORT 2010 checklist of information to include when reporting a randomised trial\*

Section/Topic	Item No	Checklist item	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title and abstract				
	1a	Identification as a randomised trial in the title	page 1/ line 3-4	title
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance see Table 2)	page 1/ line 28-page 2/line	abstract / paragraph 1-4
Introduction				
Background and objectives	2a	Scientific background and explanation of rationale	page 2/ line 19-33	introduction
	2b	Specific objectives or hypotheses	page 2/ line	introduction
Methods				
Trial design	3a	Description of trial design (such as parallel, factorial) including allocation ratio	page 3/ line 8-17	methods/ paragraph 1
	3b	Important changes to methods after trial commencement (such as eligibility criteria), with reasons	page 3/ line 8-17	methods/ paragraph 1
Participants	4a	Eligibility criteria for participants	page 3/ line 8-17	methods/ paragraph 1
	4b	Settings and locations where the data were collected	page 3/ line 8-9	methods/ paragraph 1
Interventions	5	The interventions for each group with sufficient details to allow replication, including how and when they were actually administered	page 3/ line 30-page 4/line28	methods/ paragraph 2-4
Outcomes	6a	Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed	page 4/ line 31-page5/line3	methods/ paragraph 5
	6b	Any changes to trial outcomes after the trial commenced, with reasons	N/A. no such problem	-
Sample size	7a	How sample size was determined	N/A. consecutively	-
	7b	When applicable, explanation of any interim analyses and stopping guidelines	N/A. no such problem	-
Randomisation:				
Sequence	8a	Method used to generate the random allocation sequence	page 3/line 16-17	methods/ paragraph 1
generation	8b	Type of randomisation; details of any restriction (such as blocking and block size)	page 3/line 16-17	methods/ paragraph 1
Allocation concealment mechanism	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned	page 3/line 16-17	methods/ paragraph 1

Implementation	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions	page 3/line 16-17	methods/ paragraph 1
Blinding	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those assessing outcomes) and how	N/A. not done	-
	11b	If relevant, description of the similarity of interventions	N/A. not done	-
Statistical methods	12a	Statistical methods used to compare groups for primary and secondary outcomes	page 5/line6-9	statistics
	12b	Methods for additional analyses, such as subgroup analyses and adjusted analyses	N/A. no such problem	-
Results				
Participant flow (a diagram is strongly	13a	For each group, the numbers of participants who were randomly assigned, received intended treatment, and were analysed for the primary outcome	page3/line8-27	methods/ paragraph 1
recommended)	13b	For each group, losses and exclusions after randomisation, together with reasons	N/A no losses	-
Recruitment	14a	Dates defining the periods of recruitment and follow-up	page3/line8-27	methods/ paragraph 1
	14b	Why the trial ended or was stopped	N/A. no such problem	-
Baseline data	15	A table showing baseline demographic and clinical characteristics for each group	N/A. Described in	methods/ paragraph 1
Numbers analysed	16	For each group, number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups	page3/line8-27	methods/ paragraph 1
Outcomes and estimation	17a	For each primary and secondary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval)	page 5/line13-page 6/line1	results/paragraph1-5
	17b	For binary outcomes, presentation of both absolute and relative effect sizes is recommended	N/A. no such problem	-
Ancillary analyses	18	Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing prespecified from exploratory	N/A. no such problem	-
Harms	19	All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)	page 5/line13-page 6/line1	results/paragraph1-5
Discussion				
Limitations	20	Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses	page 7/line22-25	discussion/paragraph5
Generalisability	21	Generalisability (external validity, applicability) of the trial findings	page6/line33-page7/line6	discussion/paragraph3
Interpretation	22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence	page 6/4-32	discussion/paragraph1-2
Other information				
Registration	23	Registration number and name of trial registry	N/A. not registered.	-

Protocol	24	Where the full trial protocol can be accessed, if available	N/A. no protocol	-
Funding	25	Sources of funding and other support (such as supply of drugs), role of funders	page 7/line29	funding

<sup>\*</sup>We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and for up to date references relevant to this checklist, see <a href="https://www.consort-statement.org">www.consort-statement.org</a>.

## Table 2 Items to include when reporting a randomized trial in a journal or conference abstract

Item	Description	Reported on Page Number/Line Number	Reported on Section/Paragraph		
Title	Identification of the study as randomized	page1/line3-4	title		
Authors *	Contact details for the corresponding author	page 1/line 12-13	authors		
Trial design	Description of the trial design (e.g. parallel, cluster, non-inferiority)	page 1/line 3-4	title		
Methods					
Participants	Eligibility criteria for participants and the settings where the data were collected	page3/line8-17	methods/paragraph1		
Interventions	Interventions intended for each group	page3/line30-page4/line28	methods/paragraph2-4		
Objective	Specific objective or hypothesis	page2/line33-page3/line3	introduction		
Outcome	Clearly defined primary outcome for this report	page4/line31-page5/line3	methods/paragraph5		
Randomization	How participants were allocated to interventions	page3/line8-27	methods/paragraph1		
Blinding (masking)	Whether or not participants, care givers, and those assessing the outcomes were blinded to group assignment	page3/line8-27	methods/paragraph1		
Results	Results				
Numbers randomized	Number of participants randomized to each group	N/A. Described in	methods/paragraph1		
Recruitment	Trial status	page3/line8-27	methods/paragraph1		
Numbers analysed	Number of participants analysed in each group	N/A. Described in	methods/paragraph1		
Outcome	For the primary outcome, a result for each group and the estimated effect size and its precision	page 5/line13-page 6/line1	results/paragraph5		
Harms	Important adverse events or side effects	page 5/line13-page 6/line1	results/paragraph5		

Conclusions	General interpretation of the results	page6/line33-page7/line6	discussion/paragraph3
Trial registration	Registration number and name of trial register	N/A. not registered	-
Funding	Source of funding	page7/line29	funding

<sup>\*</sup> this item is specific to conference abstracts

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.