CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page1/Line1-2	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page3/Line4	Key Words
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page2/Line2-5	Abstract
	3b	Main symptoms and/or important clinical findings	Page2/Line5-6	Abstract
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page1/Line6-15	Abstract
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page2/Line21-22;	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page4/Line12-15	Introduction/Paragraph2
Patient Information	5a	De-identified patient specific information	Page5/Line2-4	Case presentation/
	5b	Primary concerns and symptoms of the patient	Page5/Line2-3	Case presentation/
	5c	Medical, family, and psycho-social history including relevant genetic information	Page5/Line4-5	Case presentation/
	5d	Relevant past interventions with outcomes	Page5/Line4	Case presentation/
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page5/Line5-7	Case presentation/
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page7/Line5-6	Case presentation/
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page5/Line8-22;	Case presentation/
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page5/Line19	Case
	8c	Diagnosis (including other diagnoses considered)	Page6/Line3-5	Case presentation/
	8d	Prognosis (such as staging in oncology) where applicable	Page7/Line4-5	Case presentation/
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page6/Line7,19-20;	Case presentation/
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page6/Line7,19-21;	Case presentation/
	9c	Changes in therapeutic intervention (with rationale)	Page6/Line7,19-21;	Case presentation/

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page7/Line3-5	Case presentation/
	10b	Important follow-up diagnostic and other test results	Page6/Line9-18,21-22;	Case presentation/
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 6/Line 8-9,18-21	Case presentation/
	10d	Adverse and unanticipated events	Page6/Line 16-18,21-22;	Case presentation/
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page12/Line6-13	Discussion/Paragraph5
	11b	Discussion of the relevant medical literature **with references**	Page9/Line10-22;	Discussion/Paragraph2-3
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page11/Line14-17	Discussion/
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page12/Line2-5	Discussion/
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Page7/Line6-8;	Case presentation/
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.