

## Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
<b>TITLE</b>				
Title	1	Identify the report as a Narrative Review of ...	Page 1/Line 2-3	Title/Paragraph 1
<b>ABSTRACT</b>				
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	Page 1-2/Line 20-32	Abstract/Paragraph 1
<b>INTRODUCTION</b>				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	Page 2-3/Line 37-57	Introduction/Paragraph 1-2
Objectives	4	Specify the key question(s) identified for the review topic.	Page 3/Line 58-60	Introduction/Paragraph 3
<b>METHODS</b>				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Page 3/Line 63-66	Methods/Paragraph 1
<b>DISCUSSION/SUMMARY</b>				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	Page 4-10/Line 68-211	Discussion/Paragraph 1-14
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	Page 10-11/Line 213-220	Conclusion/Paragraph 1

Article information: <http://dx.doi.org/10.21037/apm-19-284>

\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.