

CARE Checklist of information to include when writing a case report



| Торіс                       | ltem<br>No | Checklist item description   | Reported on Page<br>Number/Line<br>Number | Reported on<br>Section/Paragraph |
|-----------------------------|------------|--|---|----------------------------------|
| Title                       | 1          | The diagnosis or intervention of primary focus followed by the words "case report"                     | Page 1/Line 1~2                           | section 1                        |
| Key Words                   | 2          | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" | Page 1/Line 14                            | section 3                        |
| Abstract<br>(no references) | 3a         | Introduction: What is unique about this case and what does it add to the scientific literature?        | Page 1/Line 15                            | section 2                        |
|                             | 3b         | Main symptoms and/or important clinical findings   | Page 2/Line 41~42                         | section 2                        |
|                             | 3c         | The main diagnoses, therapeutic interventions, and outcomes  | Page 2~4/Line 40~90                       | section 2                        |
|                             | 3d         | Conclusion—What is the main "take-away" lesson(s) from this case?                                      | Page 5/Line 131~136                       | section 2                        |
| Introduction                | 4          | One or two paragraphs summarizing why this case is unique (may include references)                     | Page 1~2/Line 16~38                       | section 4                        |
| Patient Information         | 5a         | De-identified patient specific information   | Page 2/Line 40~41                         | section 5                        |
|                             | 5b         | Primary concerns and symptoms of the patient   | Page 2/Line 41~42                         | section 5                        |
|                             | 5c         | Medical, family, and psycho-social history including relevant genetic information                      | Page 2/Line 40~41                         | section 5                        |
|                             | 5d         | Relevant past interventions with outcomes  | Page 2~3/Line 54~71                       | section 5~6                      |
| Clinical Findings           | 6          | Describe significant physical examination (PE) and important clinical findings                         | Page 2/Line 40~52                         | section 5                        |
| Timeline                    | 7          | Historical and current information from this episode of care organized as a timeline                   | Page 9                                    | section 5~7                      |
| Diagnostic<br>Assessment    | 8a         | Diagnostic testing (such as PE, laboratory testing, imaging, surveys).                                 | Page 2,Page 8                             | section 5                        |
|                             | 8b         | Diagnostic challenges (such as access to testing, financial, or cultural)                              | Page 2/Line 40~52                         | section 5                        |
|                             | 8c         | Diagnosis (including other diagnoses considered)   | Page 2/Line 50~52                         | section 5                        |
|                             | 8d         | Prognosis (such as staging in oncology) where applicable   | Page 2/Line 43-44                         | section 5                        |
| Therapeutic<br>Intervention | 9a         | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)             | Page 2~3/Line 53~84                       | section 5~6                      |
|                             | 9b         | Administration of therapeutic intervention (such as dosage, strength, duration)                        | Line 54,69,83~84                          | section 6                        |
|                             | 9c         | Changes in therapeutic intervention (with rationale)   | Line 67~69,72~84                          |                                  |

|                           | 1   |  | 1                   |           |
|---------------------------|-----|--|---------------------|-----------|
| Follow-up and<br>Outcomes | 10a | Clinician and patient-assessed outcomes (if available)   | Page 4/Line 86~89   | Section 7 |
|                           | 10b | Important follow-up diagnostic and other test results  | Page 4/Line 85~90   | Section 7 |
|                           | 10c | Intervention adherence and tolerability (How was this assessed?)                                       | Page 4/Line 89~90   | Section 7 |
|                           | 10d | Adverse and unanticipated events   | Page 4/Line 89~90   | Section 7 |
| Discussion                | 11a | A scientific discussion of the strengths AND limitations associated with this case report              | Page 4~5/Line       | Section 8 |
|                           | 11b | Discussion of the relevant medical literature with references  | Page 4~5/Line       | Section 8 |
|                           | 11c | The scientific rationale for any conclusions (including assessment of possible causes)                 | Page 5/Line 113~123 | Section 8 |
|                           | 11d | The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion | Page 5/Line 131~136 | Section 9 |
| Patient Perspective       | 12  | The patient should share their perspective in one to two paragraphs on the treatment(s) they received  | Page 3/Line 75~76   |           |
| Informed Consent          | 13  | Did the patient give informed consent? Please provide if requested                                     | Yes 🖌               | No        |

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