

Instructions

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1. Given Name (First Name) Peifei	2. Surname (Last Name)		
	Gu		3. Date 03-December-2020
4. Are you the corresponding author?	Yes 🖌 No	Corresponding Author's Na Xin'an Zhang	me
5. Manuscript Title Effects of post-exercise recovery methoc meta-analysis	ds on exercise-induced h	ormones and blood fatigue	factors: a systematic review and
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🖌 No

Are there any relevant conflicts of interest?		Yes
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Dr. Gu has nothing to disclose.

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1. Given Name (First Name) Ximing	2. Surname (Last Name) Zheng	3. Date 03-December-2020
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4. Are you the corresponding author?		✓ Yes No	
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