

Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------------------|---------|--|-------------------------------------|-------------------------------|
| TITLE | | | | |
| Title | 1 | Identify the report as a Narrative Review of ... | 1/1 | Title page/1 |
| ABSTRACT | | | | |
| Unstructured summary | 2 | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | 2/23-30 | abstract/1 |
| INTRODUCTION | | | | |
| Rationale/background | 3 | Describe the rationale for the review in the context of what is already known. | 3/38-48 | introduction/1 |
| Objectives | 4 | Specify the key question(s) identified for the review topic. | 3/38-48 | introduction/1 |
| METHODS | | | | |
| Research selection | 5 | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | 3/46-48 | introduction/1 |
| DISCUSSION/SUMMARY | | | | |
| Narrative | 6 | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 21/450-22/458 | Conclusion/1 |
| Summary | 7 | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | 21/450-22/458 | Conclusion/1 |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.