



Investigation into molecular mechanisms and high-frequency core TCM for pulmonary fibrosis secondary to COVID-19 based on network pharmacology and data mining

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Background: The complication, pulmonary fibrosis (PF) secondary to COVID-19, may have a second wave of late mortality, given the huge number of individuals infected by COVID-19. However, the molecular mechanisms of PF secondary to COVID-19 haven't been fully elucidated, making the identification of novel strategies for targeted therapy challenging. This study aimed to systematically identify the molecular mechanisms and high-frequency core traditional Chinese medicine (TCM) targeting PF secondary to COVID-19 through network pharmacology and data mining.

Methods: The molecular mechanisms of PF secondary to COVID-19 were identified by mapping the COVID-19 differentially expressed gene and known targets associated with PF, protein-protein interactions network analysis, and enrichment pathway analysis; then the high-frequency core TCM targeting PF secondary to COVID-19 were identified by data mining and "Key targets related to PF secondary to COVID-19 - Ingredients" and "Key ingredients-key herbs" network analysis; and last we validated the interaction between the key ingredients and key targets by molecular docking.

Results: The molecular mechanisms of PF secondary to COVID-19 were mainly related to tumor necrosis factor (TNF) signaling pathway, cytokine-cytokine receptor interaction pathway, and NF- κ B signaling pathway. Among these, cytokines interleukin 6 (IL-6), TNF, and IL-1 β were identified as the key targets associated with PF secondary to COVID-19. The high-frequency core TCM targeting these key targets were identified, including ingredients of quercetin, epigallocatechin-3-gallate, emodin, triptolide, resveratrol, and herb of *Polygonum cuspidatum*. Finally, our results were validated by quercetin and resveratrol both well docked to IL-6, TNF, and IL-1 β protein, with the estimated docking energy <0 kcal/mol.

Conclusions: This study identified the cytokines-related molecular mechanisms of PF secondary to COVID-19, and the high-frequency core TCM against PF by targeting IL-6, TNF, and IL-1 β . Which provides new ideas for the discovery of small molecular compounds with potential therapeutic effects on PF secondary to COVID-19.

Keywords: Pulmonary fibrosis (PF) secondary to COVID-19; molecular mechanisms; high-frequency core traditional Chinese medicine (TCM) therapy; network pharmacology; data mining

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Introduction

The spread of novel coronavirus pneumonia 2019 (COVID-19) has been declared as a global pandemic by the World Health Organization (WHO) (1). Almost 2.5 million cases of COVID-19 and more than 160,000 deaths till April 22, 2020, have been reported to WHO (2).

Similar to patients with SARS-CoV or MERS-CoV, pulmonary fibrosis (PF) secondary to COVID-19 raised a great attention (3). Evidence showed that some patients in the early stage of COVID-19 showed cellular fibromyxoid exudates and patchy inflammatory cellular infiltration in chest computed tomography images, which indicated that patients had the risk of PF (4,5); Some patients in intensive care unavoidably developed PF owing to the severe acute respiratory distress syndrome (ARDS) [12 (29%)] (6,7); Even many patients survived the acute phase of the illness, a substantial proportion of which died as a result of progressive PF (8). Although long-term follow-up studies will be required to establish the true prevalence of PF secondary to COVID-19. Given the huge number of individuals infected by COVID-19, the prevalence of PF secondary to COVID-19 will have a significant impact on health.

However, the molecular mechanisms underlying the development of PF secondary to COVID-19 are not well elaborated. Only a review study indicated the initiation and promotion of PF secondary to COVID-19 was related to abnormal immune mechanisms or an excessive cytokine storm (9). Except from the active anti-virus strategy against COVID-19, most studies still mainly focus on targeting cytokine storms or viral macro- and micro-vascular thromboembolism in the early stage of COVID-19 to prevent the development of PF (10,11). Thus antifibrotic therapy targeting PF secondary to COVID-19 is poorly defined. It should be noted, whether a novel antifibrotic drug would be beneficial in the context of COVID-19 related illness was brought to discuss by *Peter M George*: First the effect of antifibrotic compounds on viral eradication, and second, their effect on mitigating the cytokine storm that seems to be responsible for complications in severe COVID-19 (12).

The Traditional Chinese medicine (TCM) with multiple components and multiple targets has been highly recommended by the National Health Commission of the People's Republic of China as a therapeutic strategy for COVID-19 (13), for their effects on indirectly anti-SARS-CoV-2 and modulating cytokine storms (14,15).

Interestingly, the effect of TCM on PF secondary to COVID-19 has also been studied, a research tried to demonstrate the efficacy of TCM against the PF, but only targeting fibrosis-related targets VEGFR or FGFR (16).

Recently, a new analytical method application in TCM, network pharmacology, was well demonstrated for elucidating the mechanisms of complex diseases, analyzing the interaction network of multiple factors such as protein target and genes, especially for discovering new therapeutic drugs (17,18). Therefore, this study aimed to systematically identify (I) molecular mechanisms of PF secondary to COVID-19 through COVID-19 differentially expressed gene (DEG) identification, "Candidate targets associated with PF secondary to COVID-19-Proteins interaction" network analysis, and enrichment pathway analysis; and (II) high-frequency core TCM targeting PF secondary to COVID-19 by data mining, "Key targets related to PF secondary to COVID-19-Ingredients" and "Key ingredients -Herbs" network analysis, and last validation through molecular docking the key ingredients to key targets related to PF secondary to COVID-19.

We presented the following article in accordance with the MDAR checklist (available at <http://dx.doi.org/10.21037/apm-20-1384>).

Methods

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

DEGs of COVID-19 selection

The DEGs in lung epithelial cells and primary human bronchial epithelial cells during SARS-CoV-2 infection were extracted from microarray data GSE147507 in the Gene Expression Omnibus (<http://www.ncbi.nlm.nih.gov/geo/>) database with a cutoff value of $P < 0.05$ and $|\text{Log}_2\text{FoldChange}| \geq 1$ (19,20).

Known targets associated with PF screening

PF-associated known targets were obtained from the following databases after removing the duplicates: DisGeNET, Genecards, and Therapeutic Target Database (TTD). The species was all set to "*Homo sapiens*."

DisGeNET is the largest public platform containing more than 380,000 associations between >16,000 genes and 13,000 diseases. It integrates data from expert-

curated repositories, scientific literature, and genome-wide association study catalogs (21). The search strategy was as follows: Set the disease name as “pulmonary fibrosis” and then download file “all gene–disease associations” from DisGeNET.

Genecards (version 4.14) is an extensive platform that provides more than 7,000 human genes gathered from 150 web resources (22). The search strategy was as follows: Set the keyword as “pulmonary fibrosis,” download the file, and select the targets with a score >6.18 (two fold average score of all target genes) for the study.

The TTD database provides information about the known and explored therapeutic proteins and targets, the targeted disease, pathway information, and corresponding drugs directed at each of these targets; all information provided is fully referenced (23). The search strategy was as follows: Set the keyword as “pulmonary fibrosis” at “Search Drugs and Targets by Disease or ICD Identifier” and download the file.

Identification of candidate targets associated with PF secondary to COVID-19 and protein–protein interaction (PPI)

Candidate targets associated with PF secondary to COVID-19 were identified by mapping the DEGs of COVID-19 and known targets associated with PF. Then, the three-dimensional structure of the candidate targets was retrieved and downloaded from the RCSB PDB database (<http://www.rcsb.org/>) in the “PDB” file format (24).

The proteins interacting with these candidate targets were obtained from the STRING database, which defined known and predicted interactions of proteins with four categories of confidence scores: highest (0.9), high (0.7), medium (0.4), and low (0.1) (25). Based on these, the score ≥ 0.7 was set to identify PPI of these candidate targets (26).

Construction and analysis of PPI network of candidate targets

The PPI network of candidate targets was constructed by importing the data into the Cytoscape 3.61 software, which helped in data integration and network visualization (27). Then, parameters, such as the degree in the network, were calculated using its plugin NetworkAnalyzer. The higher the degree value of the node (candidate target/protein), the more important the role in the network (28). Thus, nodes with the highest degree value were identified as the key

targets of PF secondary to COVID-19.

Enrichment analysis for candidate targets associated with PF secondary to COVID-19

The online Gene Ontology (GO) enrichment analysis was performed by inputting all the candidate targets associated with PF secondary to COVID-19 into the g:Profiler server (<https://biit.cs.ut.ee/gprofiler/gost>), setting the organism as “*Homo sapiens*” (29). The GO enrichment analysis can classify gene functions into three aspects: molecular functions, biological processes, and cellular components.

The Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway enrichment analysis was performed by inputting all the candidate targets into the DAVID server (<https://david.ncifcrf.gov/>, v6.8), setting the organism as “*Homo sapiens*.” The KEGG analysis can explore the biological pathways or functions of the targets submitted (30). The pathways or functions with a higher enrichment score and a smaller P value were recommended as the main mechanisms of PF secondary to COVID-19.

Data mining of high-frequency core TCM acting on the key targets related to PF secondary to COVID-19

Predicted ingredients from data extraction

The predictive ingredients acting on the key targets related to PF secondary to COVID-19 were obtained from the TCM Systems Pharmacology Database (TCMSP, <http://tcmssp.com/tcmssp.php>). TCMSP is a systematic pharmacology platform designed for herbs, targets, and chemicals with ADME-related properties (absorption, distribution, metabolism, and excretion) (31). The search strategy was as follows: Set the keyword as “the key target” at the “target name” module and then download each predicted ingredient in the “mol2” file format with oral bioavailability (OB) $\geq 20\%$ and drug-likeness (DL) ≥ 0.10 (26). Then a “Key targets related to PF secondary to COVID-19 - Predicted ingredients” network was built using Cytoscape 3.61 software.

Key ingredients identification

The frequency of these predicted ingredients was analyzed by searching the recorded in PubMed database (<https://www.ncbi.nlm.nih.gov/pubmed>) using the keywords “(the predicted ingredients[Title]) AND Pulmonary Fibrosis[Title]” (28). Hence, the key ingredients were

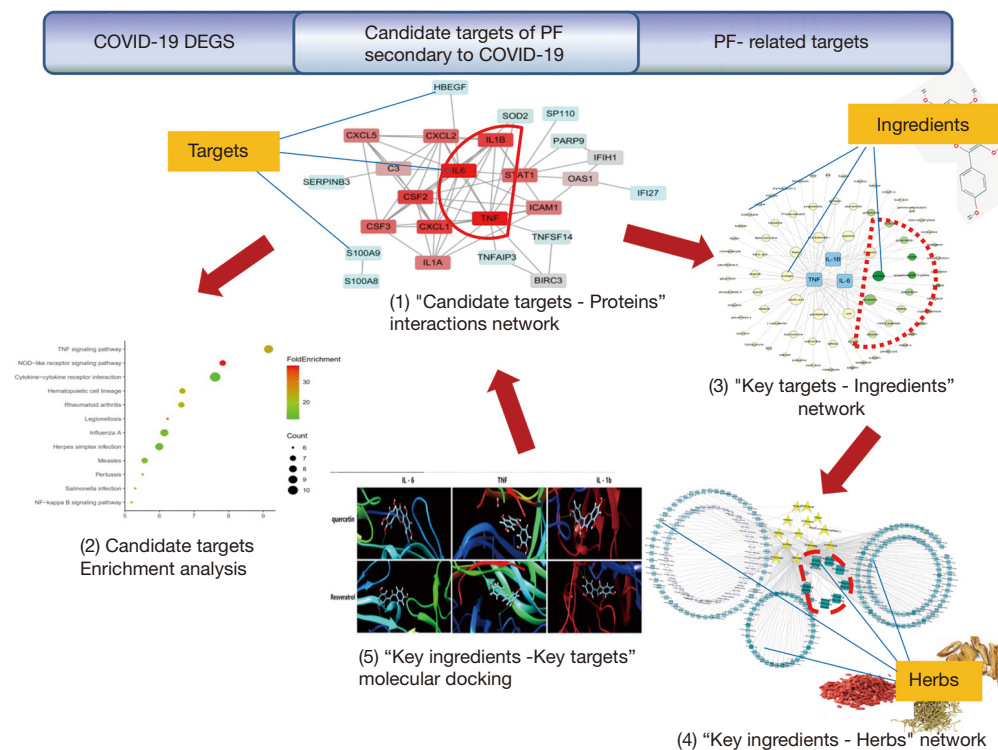


Figure 1 Flowchart of the network pharmacology analysis. (1 and 2) Summary of the identification of molecular mechanisms of PF secondary to COVID-19. (3, 4, and 5) Summary of the determination of the high-frequency core TCM targeting PF secondary to COVID-19 with molecular docking validation. Red solid, asterisk and dotted circle represents key targets or key ingredients or key herbs respectively. PF, pulmonary fibrosis.

identified according to their frequency sorted from high to low.

Core herb identification

The herbs containing these key ingredients were also obtained from the TCMSP database using the following search strategy: Set the keyword as "the key ingredients" in the "chemical name" module and download. The core herb for treating PF secondary to COVID-19 was identified based on the largest cumulative ingredients frequency recorded in PubMed. Then, a "key ingredients-Herbs" network was built using Cytoscape 3.61 software.

Molecular docking validation the interaction between key ingredients and key targets related to PF secondary to COVID-19

The binding affinities of the ligand (the key ingredient) and the receptor (the key target) were predicted by computer simulation and calculation. The web server,

SwissDock (<http://www.swissdock.ch/>), is dedicated to carrying out receptor-ligand docking simulation intuitively based on the protein-ligand docking program EADock DSS (32). SwissDock was used in this study for molecular docking analysis to validate the interaction between the key ingredients and the key targets by uploading a ligand structure as "mol2" file and a receptor structure as "PDB" file; the binding affinity results were returned via email.

Statistical analysis

The data were analyzed with R Package and Cytoscape 3.61 software. $P < 0.05$ was considered as a statistically significant value.

The flowchart of the network pharmacology approach used in this study

The flowchart of the network pharmacology approach used in this study is presented in *Figure 1*.

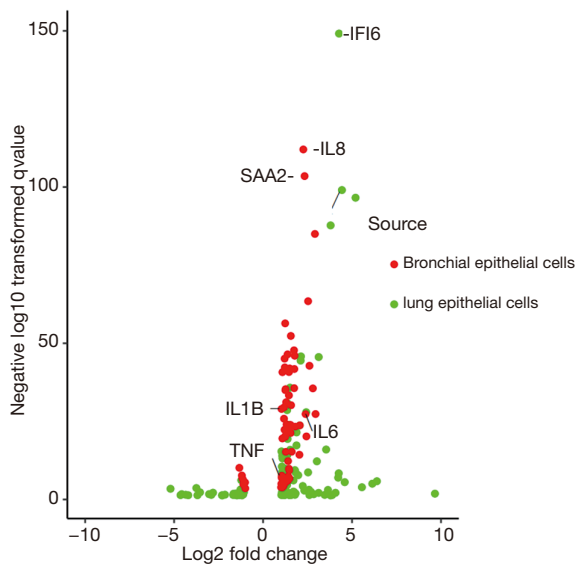


Figure 2 Volcano map of 190 DEGs of COVID-19 obtained from data GSE147507. Green nodes represent DEGs in lung epithelial cells and red nodes represent bronchial epithelial cells. DEGs, differentially expressed gene.

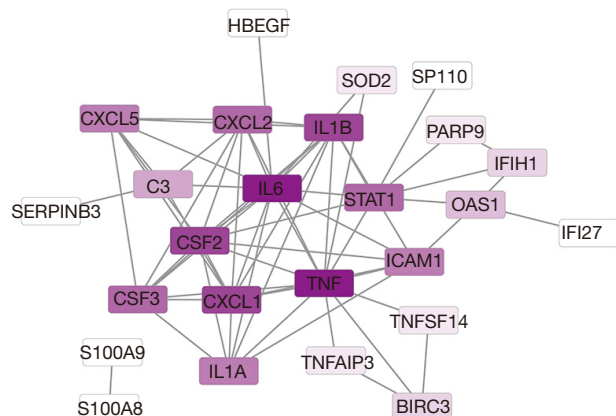


Figure 3 The PPI network of the candidate targets associated with PF secondary to COVID-19. The color of the nodes is shown in a gradient from transparent to purple according to the descending order of the degree value. PPI, protein-protein interaction; PF, pulmonary fibrosis.

Results

190 DEGs of COVID-19 identified

A total of 190 DEGs of COVID-19 were identified (Table S1), including 116 in lung epithelial cells and 74 in

primary human bronchial epithelial cells. All these DEGs were found to be related mainly to inflammatory cytokines, such as interleukin 6 (IL-6), IL-1 β , and tumor necrosis factor (TNF). The results are shown in Figure 2.

1,561 PF-associated known targets screened

A total of 432 PF-associated known targets were obtained from the DisGeNET database, 1,375 targets from the Genecards database, and 5 targets from the TTD database. Removing 249 duplicates, 1,561 PF-associated known targets were obtained (available online: <https://cdn.amegroups.cn/static/public/APM-20-1384-1.pdf>).

29 candidate targets associated with PF secondary to COVID-19 and key targets of IL-6, TNF, and IL-1 β identified

A total of 29 candidate targets associated with PF secondary to COVID-19 were identified by mapping the COVID-19-related DEGs and PF-associated targets, including inflammatory cytokines IL-6, IL-1 β , and TNF.

Figure 3 shows the PPI network of candidate targets, which includes 25 nodes and 65 edges. The nodes of IL-6, TNF, and IL-1 β were identified as the three key targets of PF secondary to COVID-19 due to their highest degree value calculated using the Network Analyzer plugin. Table 1 presents detailed information.

Results of GO and KEGG enrichment analysis for candidate targets

The molecular mechanisms of PF secondary to COVID-19 were identified through GO enrichment (molecular functions, biological processes, and cellular components) and KEGG pathway analyses.

Figure 4 shows the results of GO enrichment analysis. The top seven GO molecular function results were most related to cytokine or receptor activity, such as cytokine receptor binding, cytokine activity, and signaling receptor binding. The top seven GO biological process results were mostly related to the response to a stimulus, including response to an external stimulus, abiotic stimulus, or an immune response.

Figure 5 presents the results of the KEGG pathway enrichment analysis. The KEGG pathway of candidate targets is most enriched in the TNF signaling pathway, NOD-like receptor signaling pathway, cytokine-cytokine

Table 1 The detailed information of 29 candidate targets related to PF secondary to COVID-19

Gene name	Uniprot ID	Description	Degree
<i>IL-6</i>	P05231	Interleukin 6	13
<i>TNF</i>	P01375	Tumor necrosis factor	13
<i>IL-1β</i>	P01584	Interleukin 1 beta	10
<i>CSF2</i>	P09919	Colony stimulating factor 2	10
<i>CXCL1</i>	P09341	C-X-C motif chemokine ligand 1	10
<i>CSF3</i>	P04141	Colony stimulating factor 3	8
<i>CXCL2</i>	P19875	C-X-C motif chemokine ligand 2	8
<i>STAT1</i>	P42224	Signal transducer and activator of transcription 1	8
<i>ICAM1</i>	P05362	Intercellular adhesion molecule 1	7
<i>IL-1α</i>	P01583	Interleukin 1 alpha	7
<i>CXCL5</i>	P42830	C-X-C motif chemokine 5	7
<i>C3</i>	P01024	Complement C3	5
<i>OAS1</i>	P00973	2'-5'-oligoadenylate synthase 1	4
<i>BIRC3</i>	Q13489	Baculoviral IAP repeat-containing protein 3	3
<i>IFIH1</i>	Q9BYX4	Interferon-induced helicase C domain-containing protein 1	3
<i>TNFAIP3</i>	P21580	Tumor necrosis factor alpha-induced protein 3	2
<i>SOD2</i>	P04179	Superoxide dismutase	2
<i>PARP9</i>	Q8IXQ6	Poly(ADP-ribose) polymerase family member 9	2
<i>TNFSF14</i>	O43557	TNF superfamily member 14	2
<i>HBEGF</i>	Q99075	Proheparin-binding EGF-like growth factor	1
<i>SERPINB3</i>	P29508	Serpin family B member 3	1
<i>SP110</i>	Q9HB58	Sp110 nuclear body protein	1
<i>S100A9</i>	P06702	Protein S100-A9	1
<i>S100A8</i>	P05109	Protein S100-A8	1
<i>IFI27</i>	P40305	interferon alpha inducible protein 27	1
<i>PLAT</i>	P00750	Tissue-type plasminogen activator	0
<i>PI3</i>	P19957	Elafin (Elastase-specific inhibitor)	0
<i>ITGB3</i>	P05106	Integrin beta-3	0
<i>PDZK1IP1</i>	Q13113	PDZK1-interacting protein 1	0

receptor interaction pathway, and NF- κ B signaling pathway.

High-frequency TCM targeting treatment for PF secondary to COVID-19

13 key ingredients. A total of 76 predicted ingredients were

obtained. *Figure 6* shows the “The key targets-predicted ingredients” network. Ten predicted ingredients were found to act on all three key targets (IL-6, TNF, and IL-1 β). Also, 24 predicted ingredients acted on two of these key targets. Further, 13 key ingredients were identified with OB \geq 20% and DL \geq 0.10. They were quercetin, epigallocatechin-



Figure 4 The results of the GO term enrichment analysis. GO, Gene Ontology; MF, molecular function; BP, biological processes; CC, cellular components.

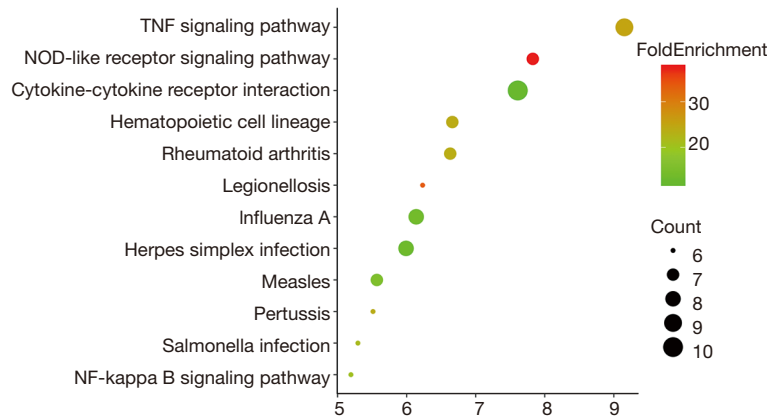


Figure 5 The results of KEGG pathway enrichment analysis. Fold enrichment of each pathway is shown in a gradient from green to red; while node size means the negative LOG10 P value of each pathway. Nodes with the redder color and the larger size represents that the more important the KEGG pathway. KEGG, Kyoto Encyclopedia of Genes and Genomes

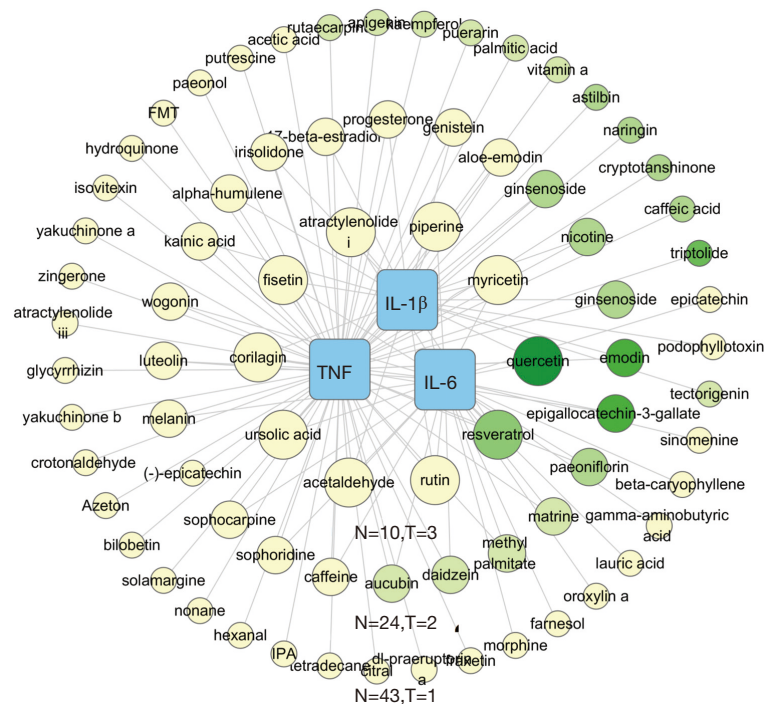


Figure 6 A “Predicted ingredients–key targets” network. Square nodes represent the key targets, and circle nodes represent the predicted ingredients. The color is shown in a gradient from yellow to green according to the descending order of the number of published studies on each predicted ingredient. The number of ingredients and the number of targets are expressed as “N” and “T” respectively.

3-gallate, emodin, triptolide, resveratrol, paeoniflorin, ginsenoside, astilbin, matrine, puerarin, kaempferol, apigenin, and tectorigenin, according to the frequency recorded in PubMed from 7 to 1. *Table 2* provides detailed information on these 13 key ingredients.

Polygonum cuspidatum as a core herb. A total of 258 herbs containing these key ingredients were acquired (available online: <https://cdn.amegroups.com/static/public/APM-20-1384-2.pdf>). The “Key ingredients–Herbs” network was constructed using the Cytoscape 3.61 software (*Figure 7*). Nine herbs were found to contain four key ingredients, of which *Polygonum cuspidatum* was defined as the core herb with therapeutic effects on PF secondary to COVID-19 because it contained the key ingredients with the largest frequency recorded in the PubMed database.

Molecular docking validation

The results on molecular docking showed that the key ingredients of quercetin and resveratrol were well docked to the key targets of PF secondary to COVID-19 (IL-6, TNF, and IL-1β), having several interactions with amino

acid residues (*Figure 8*), and their docking fullFitness energy ranged from $-2,666.9993$ to $-1,510.0823$ (kcal/mol), their docking estimated ΔG ranged from -7.798237 to -6.6433935 (kcal/mol). The docking affinity information are shown in *Table 3*.

Discussion

The SARS-CoV2 has caused the epidemic of COVID-19, threatening millions worldwide (33). The PF secondary to COVID-19 is likely to increase rapidly in accompany with the global prevalence of COVID-19. Furthermore, a positive correlation was found between the duration of the illness caused by SARS-CoV and the degree of interstitial fibrosis (34). Hence, the molecular mechanisms of PF secondary to COVID-19 and novel therapeutic strategies targeting this disease critically need to be explored.

The results of this study showed that the molecular mechanisms of PF secondary to COVID-19 were related mainly to the cytokine or receptor activity and inflammatory pathways, including the TNF signaling pathway and the NF-κB signaling pathway. Further, IL-6, TNF, and IL-1β

Table 2 The detailed information of the 13 key ingredients.

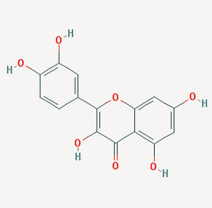
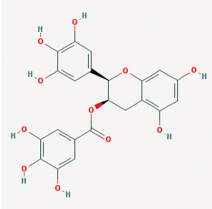
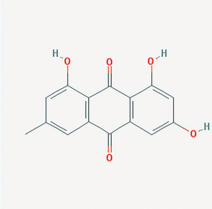
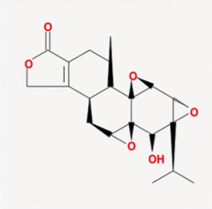
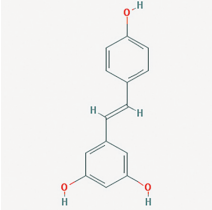
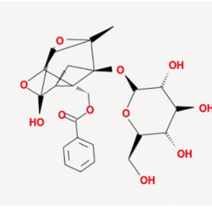
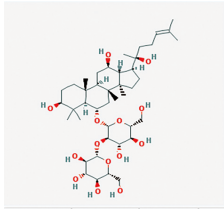
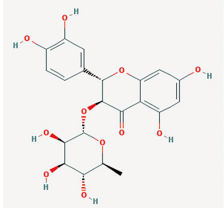
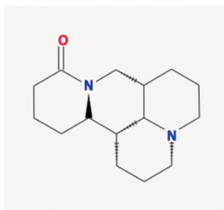
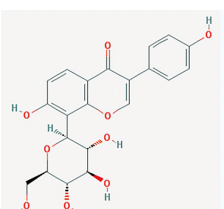
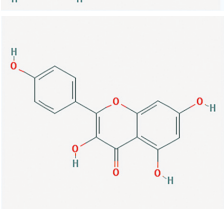
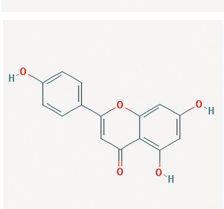
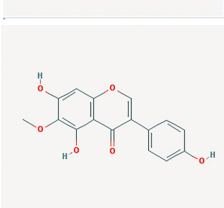
Key ingredients	Structure	Number of the recorded articles in PubMed	Oral bioavailability (%)	Drug-likeness
Quercetin		7	46.43	0.28
Epigallocatechin-3-Gallate		5	55.09	0.77
Emodin		5	55.09	0.77
Triptolide		4	24.4	0.24
Resveratrol		3	51.29	0.68
Paeoniflorin		2	53.87	0.79

Table 2 (continued)

Table 2 (continued)

Key ingredients	Structure	Number of the recorded articles in PubMed	Oral bioavailability (%)	Drug-likeness
Ginsenoside		2	17.74	0.24
Astilbin		2	40.54	0.74
Matrine		1	63.77	0.25
Puerarin		1	24.03	0.69
Kaempferol		1	41.88	0.24
Apigenin		1	23.06	0.21
Tectorigenin		1	28.41	0.27

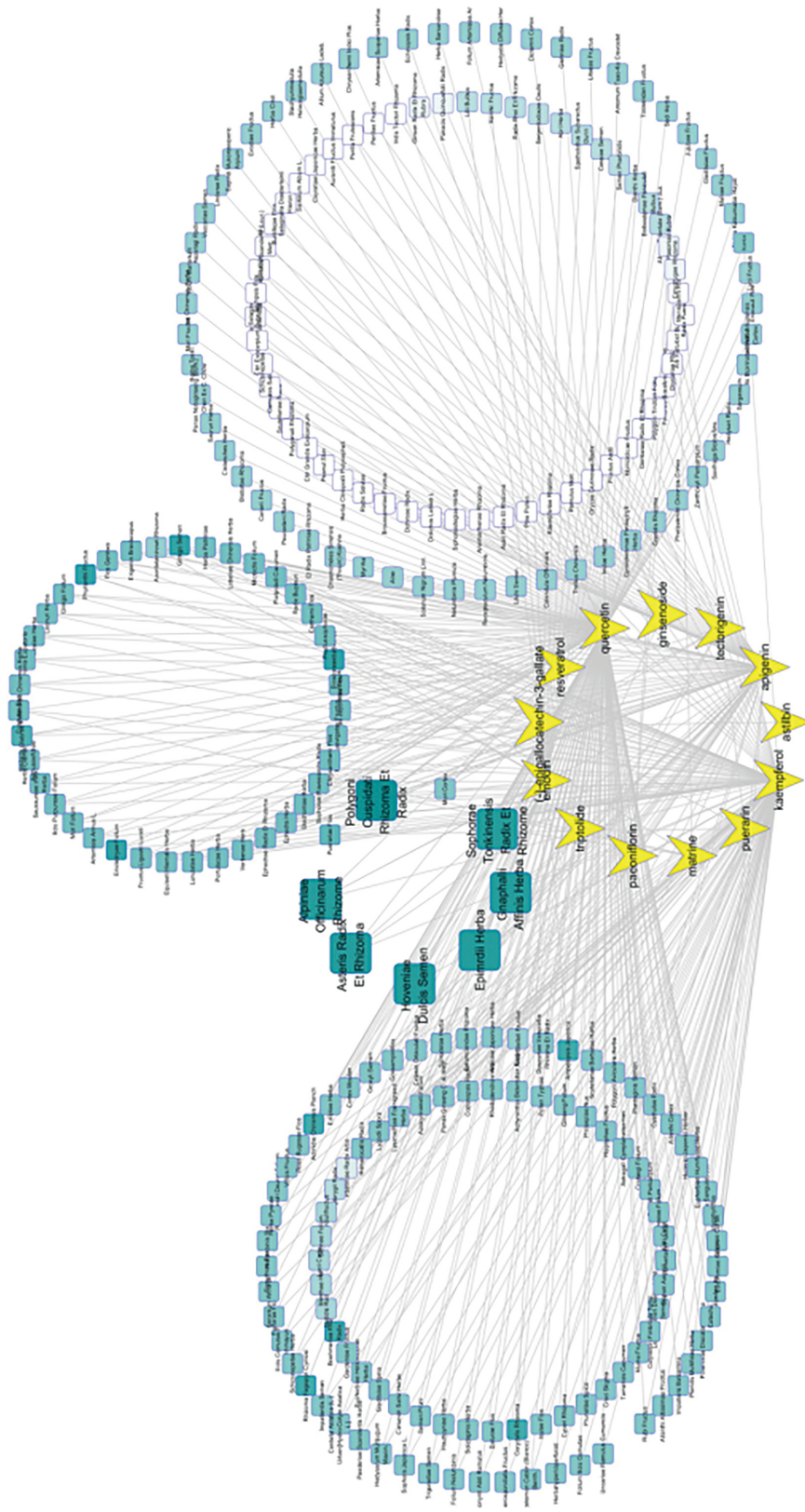


Figure 7 A “Herbs-key ingredients” network. Triangle nodes represent 13 key ingredients, and square nodes represent the herbs. The color is shown in a gradient from green to transparent according to the descending order of the cumulative frequency on each herb.

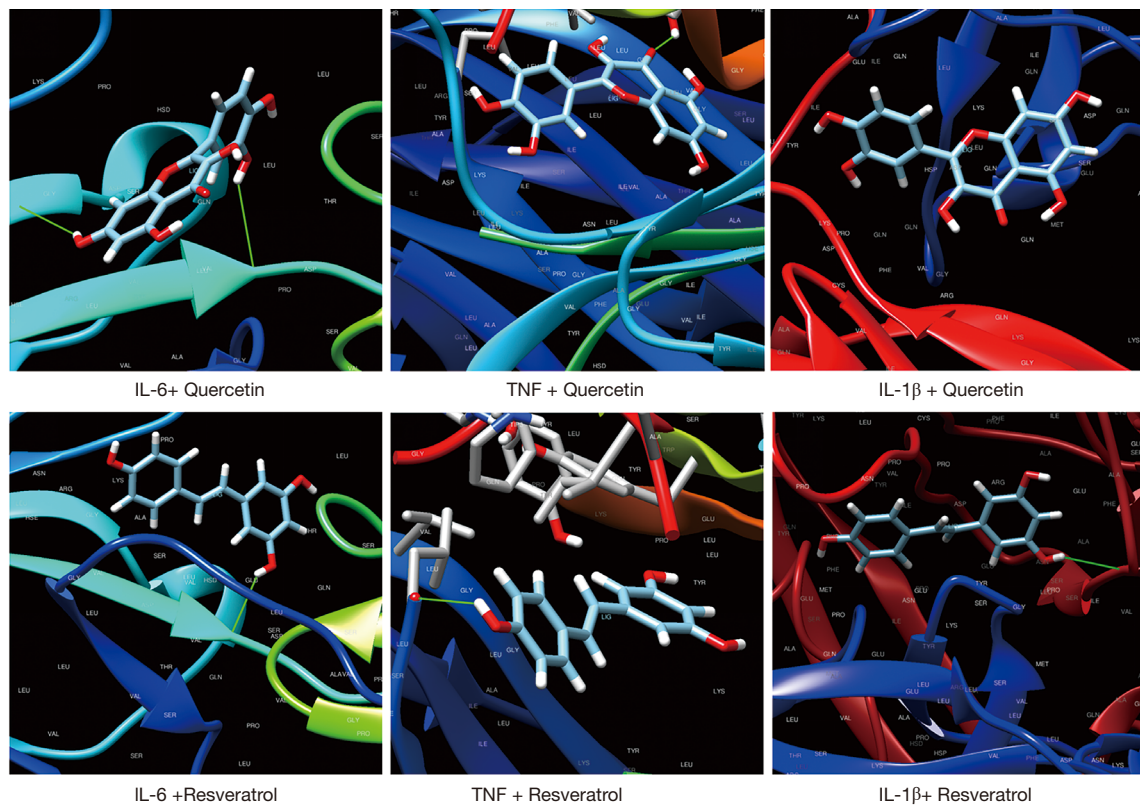


Figure 8 3D Molecular docking model. The key ingredients (quercetin and resveratrol) are shown as the stick. The key candidate targets related to PF secondary to COVID-19 (IL-6, TNF, IL-1 β) are represented as a flat strip. PF, pulmonary fibrosis.

Table 3 The affinity information of the key targets and the key ingredients

Cluster	Estimated Δ Energy (kcal/mol)	FullFitness (kcal/mol)
IL-6 + Quercetin	-7.3607616	-1,510.0823
IL-6 + Resveratrol	-6.6433935	-1,543.8845
TNF + Quercetin	-7.3751364	-2,241.6719
TNF + Resveratrol	-7.346589	-2,284.853
IL-1 β + Quercetin	-7.798237	-2,627.8923
IL-1 β + Resveratrol	-7.762905	-2,666.9993

were identified as the key targets related to PF secondary to COVID-19. The high-frequency core TCM targeting these key targets (IL-6, TNF, IL-1 β) included the ingredients of quercetin, epigallocatechin-3-gallate, emodin, triptolide, resveratrol, and the herb of *Polygonum cuspidatum*. Of which quercetin and resveratrol were well validated by their docking to IL-6, TNF, and IL-1 β protein respectively.

In fact, the alterations in cytokine expression and function in animals and patients were regarded as the

mechanisms of PF over the past 40 years (35,36). Most of the findings described a propensity for a variety of cytokines (including IL-6, TNF, and IL-1 β) were highly associated with the fibrosis (37,38). Pro-inflammatory cytokine IL-6 has been known to play an important role in lung repair responses following viral or chemical insults (39). A previous study demonstrated that the blockade of IL-6 trans-signaling attenuated PF (40). TNF- α , another cytokine with inflammatory and fibrotic properties, stimulated collagen

synthesis and promoted the proliferation of fibroblasts, contributing to the development of PF (41). The blocking of TNF- α promoted the attenuation of fibrosis in rodents (42). Evidence also showed that IL-1 β stimulated fibroblast proliferation and chemotaxis, thereby inducing PF and inflammation (43).

Interestingly, the serum levels of IL-6 in 29 COVID-19 patients were showed positively correlated with the severity of COVID-19 according to an analysis (44). Studies demonstrated IL-6 played an important role in cytokine release syndrome (also known as cytokine storm) (45), which was an important reason leading to the death of patients with severe COVID-19. Chi Zhang believed that the blocking of the signal transduction pathway of IL-6 might serve as a new method for treating the cytokine storm, rescuing patients with COVID-19 (42). Especially, the levels of IL-6, TNF, and IL-1 β were found to notably increase in patients with COVID-19 (46). Thus, IL-6, TNF, and IL-1 β might serve as new molecular markers and a therapeutic strategy targeting PF secondary to COVID-19 and COVID-19.

Given the important role of cytokine IL-6, TNF, and/or IL-1 β as a promising therapeutic strategy against PF secondary to COVID-19, the high-frequency core TCM targeting these targets were identified, including quercetin, epigallocatechin-3-gallate, emodin, triptolide, and resveratrol. In fact, it has been confirmed that quercetin strikingly attenuated bleomycin-induced PF *in vivo* by reducing the levels of IL-6, TNF- α , and IL-1 β in the bronchoalveolar lavage fluid (47,48). Especially, it abolished the resistance to apoptosis caused by TNF-related apoptosis-inducing ligand in idiopathic pulmonary fibrosis (49). These findings strikingly supported the molecular docking results of our study that quercetin well docked to IL-6, TNF, and IL-1 β , which were identified as the key targets of PF secondary to COVID-19.

Another high-frequency core TCM, epigallocatechin-3-gallate, also decreased the levels of IL-6, TNF- α , IL-1 β , and NF- κ B to modulate PF (50,51). Similar antifibrotic effects of high-frequency core TCM emodin, a major active component of *P. cuspidatum*, have also been reported (52,53). These key ingredients all shared antifibrotic effects by decreasing the levels of IL-6, TNF- α , IL-1 β , and NF- κ B, further supporting the cytokine activity and inflammatory pathways, molecular mechanisms of PF secondary to COVID-19 identified in our study.

P. cuspidatum, containing four key ingredients, was considered as the core herb with a therapeutic effect

against PF secondary to COVID-19 in this study. Also, the antifibrotic effect of *P. cuspidatum* on the progression of PF in rats has been revealed (54). Especially, the major active component of *P. cuspidatum*, emodin, has been reported to decrease the levels of IL-6, TNF- α , IL-1 β , and NF- κ B, as discussed the above (52,53), directly supporting the findings on molecular mechanisms of PF secondary to COVID-19.

Besides, the molecular docking results of this study validated the interaction between the key ingredient resveratrol and key targets IL-6, TNF- α , and IL-1 β in PF secondary to COVID-19. Resveratrol was demonstrated to inhibit PF by regulating miR-21 through MAPK/AP-1 pathways (55) and suppressing oxidative stress or transforming growth factor- β 1 signaling (56). However, whether resveratrol has effects on anti-PF by reducing the levels of IL-6, TNF- α , or IL-1 β needs further investigation.

Although, network pharmacology and data mining have been become an emerging discipline in the research of TCM. However, they are still in the early stage of development and exist some limitations (14). For example, network pharmacology uses computer network screening to achieve target selection, and some results do not have enough experimental data support (57). Also, There are still some objective conditions that the known compound targets do not fully correspond to the complex mechanisms of TCM formulae (58). In the same way, more corresponding experiments are still needed to support our results further.

Conclusions

This study systematically showed that the molecular pathways of PF secondary to COVID-19 were mainly related to the TNF signaling pathway, NOD-like receptor signaling pathway, cytokine or receptor activity, and NF- κ B signaling pathway. Of these, reduced levels of IL-6, TNF, and IL-1 β were identified as the targets for PF secondary to COVID-19 therapy. The use of high-frequency core TCM, including quercetin, epigallocatechin-3-gallate, emodin, triptolide, resveratrol, and herb *P. cuspidatum*, might serve as a therapeutic TCM strategy against PF secondary to COVID-19. On the basis of antiviral treatment, this study provided new ideas for the discovery of small molecular compounds with potential therapeutic effects on novel COVID-19.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The authors declare that the study conformed to the provisions of the Declaration of Helsinki (as revised in 2013).

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Table S1 190 differentially expressed genes of COVID-19 obtained from data GSE147507

Gene name	log ₂ FoldChange	P value	Cells
<i>ADCY5</i>	-1.538884529	0.011786812	Lung epithelial cells
<i>ART5</i>	-1.469169888	0.048709343	Lung epithelial cells
<i>BATF2</i>	1.25134583	0.004740059	Lung epithelial cells
<i>BMS1P18</i>	2.322531015	0.001336155	Lung epithelial cells
<i>BST2</i>	2.688038086	0.003444129	Lung epithelial cells
<i>CBSL</i>	-1.570768605	0.033887755	Lung epithelial cells
<i>CCL20</i>	1.201189638	8.90E-09	Lung epithelial cells
<i>CFB</i>	1.118934357	1.55E-10	Lung epithelial cells
<i>CILP2</i>	-1.231141746	0.029523367	Lung epithelial cells
<i>CITED1</i>	3.647235842	0.000874583	Lung epithelial cells
<i>CLEC18C</i>	-5.202869331	0.000370095	Lung epithelial cells
<i>CMPK2</i>	2.230455467	4.77E-05	Lung epithelial cells
<i>COL20A1</i>	-1.114510401	0.023853618	Lung epithelial cells
<i>DDX58</i>	1.881912015	3.25E-22	Lung epithelial cells
<i>DDX60</i>	2.424271232	1.15E-28	Lung epithelial cells
<i>DDX60L</i>	1.132635059	5.17E-08	Lung epithelial cells
<i>DENND2A</i>	2.579693822	0.0007558	Lung epithelial cells
<i>DGCR9</i>	-1.07423789	0.004327137	Lung epithelial cells
<i>DTX3L</i>	1.457908246	1.27E-24	Lung epithelial cells
<i>EIF2AK2</i>	1.359437734	5.53E-15	Lung epithelial cells
<i>EPST11</i>	3.464359891	0.033099425	Lung epithelial cells
<i>ESPNL</i>	-1.350301798	0.043341551	Lung epithelial cells
<i>FAM133B</i>	1.245720718	0.00082513	Lung epithelial cells
<i>FGG</i>	1.193022738	3.19E-05	Lung epithelial cells
<i>FLJ37201</i>	1.215347117	0.040821807	Lung epithelial cells
<i>FOXD4L3</i>	-4.350686608	0.02987806	Lung epithelial cells
<i>GBP1</i>	1.075435778	0.000498048	Lung epithelial cells
<i>GOLGA8G</i>	-4.637799257	0.03949294	Lung epithelial cells
<i>GUSBP3</i>	-2.297153569	0.049442512	Lung epithelial cells
<i>GUSBP9</i>	-3.544638035	0.005049032	Lung epithelial cells
<i>HELZ2</i>	1.379328132	4.16E-20	Lung epithelial cells
<i>HERC6</i>	1.521744227	1.21E-16	Lung epithelial cells
<i>HPCA</i>	3.882945389	0.038086905	Lung epithelial cells
<i>HRAT92</i>	-1.255337642	0.003489927	Lung epithelial cells
<i>HSD11B1</i>	1.508991589	0.017131263	Lung epithelial cells
<i>HSPE1-MOB4</i>	1.748666953	0.004295511	Lung epithelial cells
<i>IFI16</i>	1.345276009	2.43E-05	Lung epithelial cells
<i>IFI27</i>	3.544625065	1.01E-16	Lung epithelial cells
<i>IFI35</i>	1.057812426	2.83E-11	Lung epithelial cells
<i>IFI44</i>	4.59043874	2.80E-06	Lung epithelial cells
<i>IFI44L</i>	5.555921616	0.00011819	Lung epithelial cells
<i>IFI6</i>	4.269528311	7.41E-150	Lung epithelial cells
<i>IFIH1</i>	1.878437041	4.71E-18	Lung epithelial cells
<i>IFIT1</i>	4.432525	9.07E-100	Lung epithelial cells
<i>IFIT2</i>	1.251654115	0.000124944	Lung epithelial cells
<i>IFIT3</i>	2.066695433	1.80E-24	Lung epithelial cells
<i>IFIT5</i>	1.087260931	9.16E-10	Lung epithelial cells
<i>IFITM1</i>	4.223116963	1.01E-07	Lung epithelial cells
<i>IL1A</i>	1.282008779	0.009120124	Lung epithelial cells

Table S1 (continued)

Table S1 (continued)

Gene name	log ₂ FoldChange	P value	Cells
<i>IL6</i>	1.185126931	0.02747011	Lung epithelial cells
<i>IRF7</i>	3.126454962	2.51E-46	Lung epithelial cells
<i>IRF9</i>	2.110996491	3.46E-45	Lung epithelial cells
<i>ISG15</i>	3.796297697	1.83E-88	Lung epithelial cells
<i>KCNH2</i>	1.047897673	0.023044852	Lung epithelial cells
<i>KCNJ2</i>	1.334256861	0.003567896	Lung epithelial cells
<i>KRT222</i>	1.180994131	0.034989105	Lung epithelial cells
<i>KRT4</i>	-1.2253106	6.74E-07	Lung epithelial cells
<i>LAMP3</i>	1.476335124	0.041006225	Lung epithelial cells
<i>LAP3</i>	1.032414387	3.93E-16	Lung epithelial cells
<i>LINC-ROR</i>	-4.571630421	0.019486433	Lung epithelial cells
<i>LMF1-AS1</i>	-3.688653756	0.043304737	Lung epithelial cells
<i>LOC100289230</i>	-1.185589577	0.047992834	Lung epithelial cells
<i>LOC158435</i>	-4.205297703	0.042424908	Lung epithelial cells
<i>LOC646214</i>	-1.327809075	0.042319498	Lung epithelial cells
<i>MAP2</i>	1.058329818	0.005378922	Lung epithelial cells
<i>MMP23B</i>	-3.033822312	0.018899884	Lung epithelial cells
<i>MX1</i>	5.198364313	2.56E-97	Lung epithelial cells
<i>MX2</i>	2.602729088	0.036337342	Lung epithelial cells
<i>NECAB2</i>	-1.118957783	0.000201977	Lung epithelial cells
<i>NUTM2E</i>	-2.813522829	0.006716851	Lung epithelial cells
<i>OAS1</i>	1.510715603	1.58E-36	Lung epithelial cells
<i>OAS2</i>	4.252750638	4.16E-09	Lung epithelial cells
<i>OAS3</i>	1.350272504	2.42E-29	Lung epithelial cells
<i>OASL</i>	2.529281252	2.04E-09	Lung epithelial cells
<i>PARP10</i>	1.831091423	2.40E-09	Lung epithelial cells
<i>PARP9</i>	2.128709329	1.59E-46	Lung epithelial cells
<i>PCOTH</i>	-1.679292834	0.035489907	Lung epithelial cells
<i>PHF11</i>	1.065342106	1.41E-05	Lung epithelial cells
<i>PLEKHA4</i>	1.601151182	0.00767375	Lung epithelial cells
<i>PLSCR1</i>	1.271706457	7.01E-16	Lung epithelial cells
<i>PPT2-EGFL8</i>	1.220982194	0.026601906	Lung epithelial cells
<i>PRH1-TAS2R14</i>	4.070293557	0.007033642	Lung epithelial cells
<i>PTGER2</i>	1.076805309	0.036960051	Lung epithelial cells
<i>PTPRE</i>	3.024730188	5.93E-13	Lung epithelial cells
<i>PVRIG2P</i>	-1.268185187	0.000652138	Lung epithelial cells
<i>RASSF9</i>	1.028774542	0.036351539	Lung epithelial cells
<i>REC8</i>	1.51414523	6.53E-07	Lung epithelial cells
<i>RNF103-CHMP3</i>	3.122289421	0.007465065	Lung epithelial cells
<i>RNF224</i>	-1.214726256	0.042210693	Lung epithelial cells
<i>SAA1</i>	1.358233481	0.025207087	Lung epithelial cells
<i>SAMD9</i>	1.788578446	4.00E-10	Lung epithelial cells
<i>SAMD9L</i>	1.973531101	1.66E-08	Lung epithelial cells
<i>SAMHD1</i>	1.076422983	9.38E-15	Lung epithelial cells
<i>SERPINB3</i>	2.847372626	0.01998061	Lung epithelial cells
<i>SERPINB7</i>	1.245480761	0.002133318	Lung epithelial cells
<i>SMIM11A</i>	9.659916093	0.013421667	Lung epithelial cells
<i>SNAI3</i>	-1.183406369	0.030288765	Lung epithelial cells
<i>SP110</i>	1.233534952	1.30E-10	Lung epithelial cells

Table S1 (continued)

Table S1 (continued)

Gene name	log ₂ FoldChange	P value	Cells
SSBP3-AS1	-2.909375834	0.032910693	Lung epithelial cells
ST20-MTHFS	3.79448537	0.048940596	Lung epithelial cells
STAT1	1.354971312	1.25E-31	Lung epithelial cells
TAS2R14	-2.304388647	0.04210149	Lung epithelial cells
TEX15	1.582539888	0.03755677	Lung epithelial cells
THEMIS2	1.707449034	0.00293839	Lung epithelial cells
TP53TG3	1.791240293	0.031333333	Lung epithelial cells
TP53TG3C	-3.749299171	0.000212426	Lung epithelial cells
TPTEP1	-2.14190029	0.028754294	Lung epithelial cells
TRABD2B	-1.602654515	0.015483989	Lung epithelial cells
TRIM14	1.090930843	6.70E-14	Lung epithelial cells
TRIM34	1.706986691	7.75E-07	Lung epithelial cells
UBA7	1.825600265	0.011283756	Lung epithelial cells
ULK4P1	6.398426336	1.40E-06	Lung epithelial cells
WDR78	1.55209868	0.017122709	Lung epithelial cells
XAF1	6.138901313	8.65E-06	Lung epithelial cells
ZNF519	1.193341578	0.013641289	Lung epithelial cells
ZNF568	-1.660695336	0.014323786	Lung epithelial cells
ZC3H12A	1.575296931	6.54E-31	Primary human bronchial epithelial cells
PDZK1IP1	2.06567839	1.84E-24	Primary human bronchial epithelial cells
GBP5	1.090523086	9.96E-05	Primary human bronchial epithelial cells
SPRR2D	2.607276492	1.55E-43	Primary human bronchial epithelial cells
SPRR2A	1.558317277	2.38E-24	Primary human bronchial epithelial cells
SPRR2E	2.436744262	6.33E-21	Primary human bronchial epithelial cells
PGLYRP4	1.810852913	4.78E-24	Primary human bronchial epithelial cells
S100A9	1.087212237	1.78E-41	Primary human bronchial epithelial cells
S100A8	1.779103807	9.64E-47	Primary human bronchial epithelial cells
S100A7	1.48752912	1.96E-07	Primary human bronchial epithelial cells
NID1	-1.012415505	3.37E-06	Primary human bronchial epithelial cells
RBM20	-1.000729651	0.000282974	Primary human bronchial epithelial cells
NANOS1	-1.09955349	1.65E-05	Primary human bronchial epithelial cells
IFITM1	1.40408582	4.81E-13	Primary human bronchial epithelial cells
IRF7	1.194364119	1.02E-06	Primary human bronchial epithelial cells
IFITM10	-1.333473291	7.14E-11	Primary human bronchial epithelial cells
MRGPRX3	1.255137744	4.14E-06	Primary human bronchial epithelial cells
SAA2	2.333526522	3.09E-104	Primary human bronchial epithelial cells
MYEOV	1.083572932	2.50E-07	Primary human bronchial epithelial cells
HEPHL1	1.23790801	6.11E-21	Primary human bronchial epithelial cells
BIRC3	1.538764567	1.31E-24	Primary human bronchial epithelial cells
RND1	1.207195389	1.64E-07	Primary human bronchial epithelial cells
KRT6B	1.49250346	1.08E-42	Primary human bronchial epithelial cells
CYP27B1	1.043385414	9.66E-08	Primary human bronchial epithelial cells
OAS1	1.552803764	5.00E-22	Primary human bronchial epithelial cells
OAS3	1.243709703	9.58E-21	Primary human bronchial epithelial cells
OAS2	1.208336071	4.61E-23	Primary human bronchial epithelial cells
IRF9	1.22262413	5.11E-43	Primary human bronchial epithelial cells
TNFAIP2	1.442835656	6.81E-23	Primary human bronchial epithelial cells
C15orf48	1.21122013	8.18E-46	Primary human bronchial epithelial cells
HMG2P46	1.144519717	5.85E-05	Primary human bronchial epithelial cells

Table S1 (continued)

Table S1 (continued)

Gene name	log ₂ FoldChange	P value	Cells
<i>RHCG</i>	1.298831413	7.29E-32	Primary human bronchial epithelial cells
<i>IL32</i>	1.176252934	1.36E-26	Primary human bronchial epithelial cells
<i>CES1P1</i>	1.070067807	0.000157591	Primary human bronchial epithelial cells
<i>CSF3</i>	2.94921437	4.34E-28	Primary human bronchial epithelial cells
<i>KRT24</i>	1.291563756	4.96E-07	Primary human bronchial epithelial cells
<i>ITGB3</i>	1.052245536	2.22E-08	Primary human bronchial epithelial cells
<i>C1QTNF1</i>	1.608967264	4.93E-16	Primary human bronchial epithelial cells
<i>TNFSF14</i>	1.415264485	3.73E-08	Primary human bronchial epithelial cells
<i>C3</i>	1.455482252	1.61E-41	Primary human bronchial epithelial cells
<i>ICAM1</i>	1.74706735	2.27E-36	Primary human bronchial epithelial cells
<i>BST2</i>	1.028119728	9.58E-06	Primary human bronchial epithelial cells
<i>STON1</i>	-1.100809904	1.43E-05	Primary human bronchial epithelial cells
<i>IL1B</i>	1.036837125	1.04E-29	Primary human bronchial epithelial cells
<i>IL36G</i>	2.531248864	3.41E-64	Primary human bronchial epithelial cells
<i>CCL20</i>	2.914188665	9.97E-86	Primary human bronchial epithelial cells
<i>PI3</i>	1.451359283	1.38E-10	Primary human bronchial epithelial cells
<i>LIF</i>	1.267511535	4.69E-36	Primary human bronchial epithelial cells
<i>MAFF</i>	1.085041863	2.91E-20	Primary human bronchial epithelial cells
<i>IRAK2</i>	1.488550403	1.14E-23	Primary human bronchial epithelial cells
<i>MYLK</i>	-1.191256114	2.08E-08	Primary human bronchial epithelial cells
<i>IL8</i>	2.261653983	9.03E-113	Primary human bronchial epithelial cells
<i>CXCL6</i>	1.121629566	4.07E-05	Primary human bronchial epithelial cells
<i>CXCL1</i>	1.378954773	3.44E-47	Primary human bronchial epithelial cells
<i>CXCL5</i>	2.798318107	2.66E-36	Primary human bronchial epithelial cells
<i>CXCL2</i>	1.277189249	5.64E-16	Primary human bronchial epithelial cells
<i>TRIML2</i>	1.079128909	7.94E-06	Primary human bronchial epithelial cells
<i>CSF2</i>	2.042961418	4.72E-15	Primary human bronchial epithelial cells
<i>CXCL14</i>	-1.174521485	1.41E-07	Primary human bronchial epithelial cells
<i>HBEGF</i>	1.25337841	9.85E-36	Primary human bronchial epithelial cells
<i>TNIP1</i>	1.242469635	4.18E-57	Primary human bronchial epithelial cells
<i>TNF</i>	1.333526922	9.99E-08	Primary human bronchial epithelial cells
<i>LTB</i>	1.121144813	2.19E-05	Primary human bronchial epithelial cells
<i>CFB</i>	1.757975637	1.69E-42	Primary human bronchial epithelial cells
<i>VNN1</i>	1.469698823	4.46E-10	Primary human bronchial epithelial cells
<i>VNN3</i>	1.399832911	9.49E-07	Primary human bronchial epithelial cells
<i>TNFAIP3</i>	1.561229621	4.38E-53	Primary human bronchial epithelial cells
<i>SOD2</i>	1.452555045	4.66E-34	Primary human bronchial epithelial cells
<i>IL6</i>	2.390439927	4.53E-28	Primary human bronchial epithelial cells
<i>INHBA</i>	1.739800468	1.75E-48	Primary human bronchial epithelial cells
<i>C8orf4</i>	1.014015084	0.000128312	Primary human bronchial epithelial cells
<i>PLAT</i>	1.323416016	9.17E-25	Primary human bronchial epithelial cells
<i>MAP7D2</i>	-1.129638152	4.85E-07	Primary human bronchial epithelial cells
<i>SLC6A14</i>	1.17937539	3.24E-30	Primary human bronchial epithelial cells

The differentially expressed gene (DEGs) in lung epithelial cells and primary human bronchial epithelial cells during SARS-CoV-2 infection were extracted from microarray data GSE147507 in the Gene Expression Omnibus (<http://www.ncbi.nlm.nih.gov/geo/>) database with a cutoff value of P<0.05 and |Log₂FoldChange| ≥1 (19,20).