

Data Sharing Statement

Article Info	http://dx.doi.org/10.21037/apm-21-663	
Item	Question	Authors' Response (place "-" if not applicable)
1	Would you like to share data collected for your study to others?	Yes.
2	If not, would you like to share the reason for your decision?	-
3	What data in particular will be shared?	The testing data of sleep improvement by L-THE, PSE and L-THE/PSE mixtures.
4	Any other documents will be share? Such as study protocol, statistical analysis plan, informed consent form, clinical study report, analytic code.	Yes.
5	When will data availability begin?	Data availability begins since the article was published.
6	When will data availability end?	Within a year of publication.
7	To whom will you share the data?	Research and development staff.
8	For what type of analysis or purpose?	Reference of functional foods.
9	How or where can the data/documents be obtained?	Emails could be sent to the address below to obtain the shared data: zying18@mails.jlu.edu.cn
10	Any other restrictions?	-