Date: <u>4/7/2021</u> Your Name: <u>Ying Zhang</u> Manuscript Title: <u>L-theanine and Neumentix mixture improves sleep quality and modulates brain neurotransmitter</u> <u>levels in mice.</u> Manuscript number (if known): <u>APM-21-663</u>

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	provision of study materials,		
	medical writing, article		
	processing charges, etc.)		
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		<del>_</del> . (	
		Time frame: past	36 months
2	Grants or contracts from	√_None	
	any entity (if not indicated		
2	in item #1 above).	A News	
3	Royalties or licenses	√None	
4	Consulting fees	√None	

5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events	None	
6	Payment for expert testimony	VNone	
7	Support for attending meetings and/or travel	None	
8	Patents planned, issued or pending	√None	
9	Participation on a Data Safety Monitoring Board or Advisory Board	√None	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	√None	
11	Stock or stock options	None	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	√None	
13	Other financial or non- financial interests	None	

The authors have no conflicts of interest to declare.

## Please place an "X" next to the following statement to indicate your agreement:

Date: <u>4/7/2021</u> Your Name: <u>Xiuzhen Jia</u> Manuscript Title: <u>L-theanine and Neumentix mixture improves sleep quality and modulates brain neurotransmitter</u> <u>levels in mice.</u> Manuscript number (if known): <u>APM-21-663</u>

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1	All support for the present	√_None	
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	provision of study materials,		
	medical writing, article		
	processing charges, etc.)		
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		Time frame: past	36 months
2	Grants or contracts from	√_None	
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3	Royalties or licenses	√None	
4	Consulting fees	√None	

5	Payment or honoraria for lectures, presentations,	√None	
	speakers bureaus, manuscript writing or educational events		
6	Payment for expert testimony	√None	
7	Support for attending meetings and/or travel	√None	
8	Patents planned, issued or	√None	
	pending		
9	Participation on a Data Safety Monitoring Board or	√None	
10	Advisory Board Leadership or fiduciary role	√ None	
10	in other board, society,		
	committee or advocacy group, paid or unpaid		
11	Stock or stock options	√None	
12	Receipt of equipment,	√None	
	materials, drugs, medical writing, gifts or other services		
13	Other financial or non- financial interests	None	Dr. Jia is affiliated to Inner Mongolia Yili Industrial Group Co., Ltd.

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Please place an "X" next to the following statement to indicate your agreement:

Date: <u>4/7/2021</u> Your Name: <u>Ximin Chen</u> Manuscript Title: <u>L-theanine and Neumentix mixture improves sleep quality and modulates brain neurotransmitter</u> <u>levels in mice.</u> Manuscript number (if known): <u>APM-21-663</u>

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	medical writing, article		
	processing charges, etc.)		
	No time limit for this item.		
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2	Grants or contracts from	√_None	
	any entity (if not indicated		
	in item #1 above).		
3	Royalties or licenses	√None	
4	Consulting fees	√None	

5	Payment or honoraria for	None	
	lectures, presentations,		
	speakers bureaus,		
	manuscript writing or educational events		
6	Payment for expert	√ None	
0	testimony		
	counterry		
7	Support for attending	√ None	
	meetings and/or travel		
8	Patents planned, issued or	√ None	
	pending		
9	Participation on a Data	√None	
	Safety Monitoring Board or		
	Advisory Board		
10	Leadership or fiduciary role	√None	
	in other board, society, committee or advocacy		
	group, paid or unpaid		
11	Stock or stock options	√ None	
12	Receipt of equipment,	√None	
	materials, drugs, medical		
	writing, gifts or other services		
13	Other financial or non-	None	Dr. Chen is affiliated to Bonnysci International Science &
	financial interests		Technology Co., Ltd.

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Please place an "X" next to the following statement to indicate your agreement:

Date: <u>4/7/2021</u> Your Name: <u>Yajuan Liu</u> Manuscript Title: <u>L-theanine and Neumentix mixture improves sleep quality and modulates brain neurotransmitter</u> <u>levels in mice.</u> Manuscript number (if known): <u>APM-21-663</u>

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1	All support for the present	√_None	
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	provision of study materials,		
	medical writing, article		
	processing charges, etc.)		
	No time limit for this item.		
		Time frame: past	36 months
2	Grants or contracts from	√_None	
	any entity (if not indicated		
	in item #1 above).		
3	Royalties or licenses	√None	
4	Consulting fees	√None	

5	Payment or honoraria for	√None	
	lectures, presentations,		
	speakers bureaus,		
	manuscript writing or		
	educational events		
6	Payment for expert	√None	
	testimony		
_			
7	Support for attending meetings and/or travel	√None	
8	Patents planned, issued or	√ None	
	pending		
9	Participation on a Data	√None	
	Safety Monitoring Board or		
	Advisory Board		
10	Leadership or fiduciary role	√None	
	in other board, society,		
	committee or advocacy		
	group, paid or unpaid		
11	Stock or stock options	None	
12	Receipt of equipment,	None	
	materials, drugs, medical		
	writing, gifts or other		
	services		
13	Other financial or non-	√None	
	financial interests		

The authors have no conflicts of interest to declare.

## Please place an "X" next to the following statement to indicate your agreement:

Date: <u>4/7/2021</u> Your Name: <u>Zifu Zhao</u> Manuscript Title: <u>L-theanine and Neumentix mixture improves sleep quality and modulates brain neurotransmitter</u> <u>levels in mice.</u> Manuscript number (if known): <u>APM-21-663</u>

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	processing charges, etc.)		
	No time limit for this item.		
		Time frame: past	36 months
2	Grants or contracts from	√_None	
	any entity (if not indicated		
	in item #1 above).		
3	Royalties or licenses	√None	
4	Consulting fees	√None	

5	Payment or honoraria for	√None	
	lectures, presentations,		
	speakers bureaus,		
	manuscript writing or		
	educational events	Nene	
6	Payment for expert	None	
	testimony		
7	Support for attending	√ None	
ŕ	meetings and/or travel		
8	Patents planned, issued or	√None	
	pending		
-			
9	Participation on a Data	√None	
	Safety Monitoring Board or Advisory Board		
10	Leadership or fiduciary role	√ None	
10	in other board, society,		
	committee or advocacy		
	group, paid or unpaid		
11	Stock or stock options	√None	
12	Receipt of equipment,	√None	
	materials, drugs, medical		
	writing, gifts or other services		
13	Other financial or non-	None	Dr. Zhao is affiliated to Inner Mongolia Dairy Technology
	financial interests		Research Institute Co., Ltd.

Dr. Zhao is affiliated to Inner Mongolia Dairy Technology Research Institute Co., Ltd. The other authors have no conflicts of interest to declare.

### Please place an "X" next to the following statement to indicate your agreement:

Date: <u>4/7/2021</u> Your Name: <u>Jingyu Hao</u> Manuscript Title: <u>L-theanine and Neumentix mixture improves sleep quality and modulates brain neurotransmitter</u> <u>levels in mice.</u> Manuscript number (if known): <u>APM-21-663</u>

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	provision of study materials,		
	medical writing, article		
	processing charges, etc.)		
	No time limit for this item.		
		Time frame: past	36 months
2	Grants or contracts from	√_None	
	any entity (if not indicated		
	in item #1 above).		
3	Royalties or licenses	√None	
4	Consulting fees	√None	

5	Payment or honoraria for lectures, presentations,	√None	
	speakers bureaus, manuscript writing or educational events		
6	Payment for expert testimony	√None	
7	Support for attending meetings and/or travel	None	
8	Patents planned, issued or pending	√None	
	pending		
9	Participation on a Data	√None	
	Safety Monitoring Board or Advisory Board		
10	Leadership or fiduciary role	√None	
	in other board, society, committee or advocacy		
	group, paid or unpaid		
11	Stock or stock options	√None	
12	Receipt of equipment,	√None	
	materials, drugs, medical writing, gifts or other		
	services		
13	Other financial or non- financial interests	None	Dr. Hao is affiliated to Inner Mongolia Dairy Technology Research Institute Co., Ltd.

Dr. Hao is affiliated to Inner Mongolia Dairy Technology Research Institute Co., Ltd. The other authors have no conflicts of interest to declare.

### Please place an "X" next to the following statement to indicate your agreement:

Date: <u>4/7/2021</u> Your Name: <u>Rui Wu</u> Manuscript Title: <u>L-theanine and Neumentix mixture improves sleep quality and modulates brain neurotransmitter</u> <u>levels in mice.</u> Manuscript number (if known): <u>APM-21-663</u>

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1	All support for the present	√_None	
	manuscript (e.g., funding,		
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	No time limit for this item.		
		Time frame: past	36 months
2	Grants or contracts from	√_None	
	any entity (if not indicated		
	in item #1 above).		
3	Royalties or licenses	√None	
4	Consulting fees	√None	

5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events Payment for expert	√None
0	testimony	
7	Support for attending meetings and/or travel	None
8	Patents planned, issued or pending	√None
9	Participation on a Data Safety Monitoring Board or Advisory Board	None
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	None
11	Stock or stock options	None
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	None
13	Other financial or non- financial interests	√None

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Date: <u>4/7/2021</u> Your Name: <u>Haotian Feng</u> Manuscript Title: <u>L-theanine and Neumentix mixture improves sleep quality and modulates brain neurotransmitter</u> <u>levels in mice.</u> Manuscript number (if known): <u>APM-21-663</u>

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	any entity (if not indicated		
	in item #1 above).		
3	Royalties or licenses	√None	
4	Consulting fees	√None	

5		√ None	
5	Payment or honoraria for lectures, presentations,	None	
	speakers bureaus,		
	manuscript writing or		
	educational events		
6	Payment for expert	√None	
	testimony		
7	Support for attending meetings and/or travel	√None	
	incettings and/or travel		
8	Patents planned, issued or	√None	
	pending		
9	Participation on a Data	None	
	Safety Monitoring Board or		
10	Advisory Board		
10	Leadership or fiduciary role	None	
	in other board, society, committee or advocacy		
	group, paid or unpaid		
11	Stock or stock options	√ None	
12	Receipt of equipment,	√None	
	materials, drugs, medical		
	writing, gifts or other		
12	services		
13	Other financial or non- financial interests	None	
	inialicial interests		

The authors have no conflicts of interest to declare.

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Date: <u>4/7/2021</u> Your Name: <u>Xiangnan Ren</u> Manuscript Title: <u>L-theanine and Neumentix mixture improves sleep quality and modulates brain neurotransmitter</u> <u>levels in mice.</u> Manuscript number (if known): <u>APM-21-663</u>

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	any entity (if not indicated		
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3	Royalties or licenses	√None	
4	Consulting fees	√None	

5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events Payment for expert	√None
0	testimony	
7	Support for attending meetings and/or travel	None
8	Patents planned, issued or pending	√None
9	Participation on a Data Safety Monitoring Board or Advisory Board	None
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	None
11	Stock or stock options	None
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	None
13	Other financial or non- financial interests	√None

The authors have no conflicts of interest to declare.

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