CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1 Line 1-2	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2 Line 35	Keywords
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2 Line 23-28 32-33	Abstract
	3b	Main symptoms and/or important clinical findings	Page 2 Line 29-32	Abstract
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2 Line 29-31	Abstract
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page 2 Line 32-33	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3-4 Line 53-76	Introduction paragraph 2-3
Patient Information	5a	De-identified patient specific information	Page 4 Line 78-80	Case presentation
	5b	Primary concerns and symptoms of the patient	Page 4 Line 78-86	Case presentation
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 4 Line 78-86	Table 1
	5d	Relevant past interventions with outcomes	Page 4 Line 78-86	Case presentation
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4 Line 78-86	Case presentation
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 14 Line 318-320	Figure 3
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 14 Line 308-317	Figure 2
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A, no challenges existed	N/A, no challenges existed
	8c	Diagnosis (including other diagnoses considered)	Page 4 Line 83-84	Case presentation
	8d	Prognosis (such as staging in oncology) where applicable	Page 4 Line 83-84	Case presentation
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4-6 Line 87-118	Case presentation
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 4-6 Line 87-118	Case presentation
	9c	Changes in therapeutic intervention (with rationale)	Page 4-6 Line 87-118	Case presentation

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 4-6 Line 87-118	Case presentation
	10b	Important follow-up diagnostic and other test results	Page 4-6 Line 87-118	Figure 4
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 4-6 Line 87-118	Case presentation
	10d	Adverse and unanticipated events	Page 4-6 Line 87-118	Case presentation
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 6-7 Line 134-141	Discussion
	11b	Discussion of the relevant medical literature **with references**	Page 7-9 Line 151-200	Discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 7-9 Line 151-200	Discussion
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page 9 Line 201-203	Discussion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A Objective conditions	N/A Objective conditions
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.