

Data Sharing Statement

Article Info	https://dx.doi.org/10.21037/apm-21-2053	
Item	Question	Authors' Response (place "-" if not applicable)
1	Would you like to share data collected for your study to others?	Yes.
2	If not, would you like to share the reason for your decision?	-
3	What data in particular will be shared?	Current status of mindfulness, psychological resilience and overall well-being in IBD patients.
4	Any other documents will be shared? Such as study protocol, statistical analysis plan, informed consent form, clinical study report, analytic code.	Study protocol and statistical analysis plan will also be shared if requested.
5	When will data availability begin?	From the publication date.
6	When will data availability end?	One within the publication date, since the survival date may be updated over time.
7	To whom will you share the data?	Psychologist who are interested in studies of psychological resilience on the level of mindfulness and general well-being in patients with IBD.
8	For what type of analysis or purpose?	For analysis the factors affected mindfulness and general well-being in patients with IBD.
9	How or where can the data/documents be obtained?	Email could be sent to the address below to obtain the shared data: 67496437@qq.com.
10	Any other restrictions?	We may balance the potential benefits and risks for each request and then provide the data that could be shared.