

# Research progress in the pharmacological actions of the multiple effects and selectivity of the vitamin D analogue paricalcitol: a narrative review

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**Objective:** This study aimed to assimilate relevant domestic Chinese and international literature to describe and review the progress of research on the pharmacological actions of the multiple clinical effects and selectivity of the vitamin D (VD) analogue paricalcitol in multiple organs of the body.

**Background:** Paricalcitol was the first VD analogue proven to be effective in the treatment of SHPT. With the discovery of vitamin D receptor (VDR) expression in different tissues and the disclosure of the corresponding physiological role, a large number of studies have shown that paricalcitol has a certain effect not only on SHPT, but also on other diseases such as kidney disease, cardiovascular disease, immune inflammatory response, and tumors.

**Methods:** By referring to the relevant literature on vitamin D and its analogues at home and abroad from 1999 to 2020, the pharmacological characteristics of the pleiotropic and selective effects of paricalcitol were reviewed. PS software was used to map the molecular mechanism of paricalcitol in kidney, cardiovascular, bone metabolism, immune inflammation, and anti-tumor.

**Conclusions:** The novel VD analogue, paricalcitol, with its high selectivity for binding to VDR *in vivo*, maintains the efficacy of traditional VD drugs (targeting PTH and calcium and phosphorus metabolism) while providing additional benefits (reduction of urinary protein, reduction of inflammation, reduction of vascular calcification and renal fibrosis, and so on), thus expanding the application scope of future clinical practice.

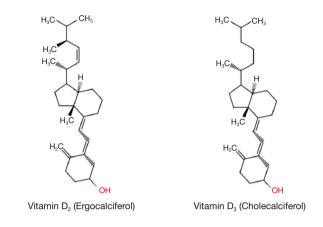
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# Introduction

The discovery of vitamin D (VD) originated from studies on rickets in the early 20th century, and since then, the link between VD and calcium, phosphorus, and bone metabolism has been continuously discovered. Its classical role is to promote intestinal calcium and phosphorus absorption, and then to enter the blood to maintain the balance of calcium and phosphorus levels, as well as to promote bone mineralization and regulate bone homeostasis. Deficiency of VD has now become a global public health problem, with nearly 1 billion people worldwide being in a state of VD insufficiency or deficiency (1).

Vitamin D deficiency is closely related to neuropsychiatric diseases, immunocompromised autoimmune diseases, cardiovascular diseases, joint degeneration osteoarthritis, and allergic diseases (2). Due to the limited intake of vitamin



**Figure 1** Structure of vitamin  $D_2$  and  $D_3$ .

D in food, 90% of vitamin D required by the human body is mainly produced by ultraviolet B (UVB) irradiation of the skin with a wavelength of 280 to 315 nm in sunlight, so insufficient light can cause vitamin D deficiency in the body. Especially with the advancement of industrialization modernization, people's lifestyles have changed greatly, most of the work and life are carried out indoors, coupled with frequent use of sunscreen clothing and sunscreen, resulting in less and less time for the skin to receive sunlight exposure, leading to vitamin D deficiency increasingly prevalent.

In 2020, the National Health Commission of the People's Republic of China issued the health industry standard WS/ T677-2020 Method for vitamin D deficiency screening of the People's Republic of China. The standard specifies the indicators, reference judgment values and detection methods for vitamin D deficiency and insufficiency screening in the population. Applicable to the determination of vitamin D nutritional status of the population. At present, vitamin D deficiency can be accurately detected by serum tests (blood alkaline phosphatase, bone alkaline phosphatase) by means of hospital physical examination, and it is also suitable for large-scale screening of vitamin D deficiency.

With the increasing focus on VD deficiency, researchers have found that it is associated with many diseases, and after the 1980s, studies on the non-calcium effects of VD have gradually been conducted. The role of VD in cardiovascular (3), renal (4), bone (5), hematological (6), and autoimmune diseases, and inflammatory reactions (7,8), tumors (9,10), and so on has also been perceived gradually, and subsequently, VD has become a hot spot for clinical and basic research.

In the present study, we summarized the multiple actions

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and selectivity of paricalcitol, a VD analogue, in multiple organs of the human body. Previously published studies on the molecular mechanism of VD analogues and paricalcitol were analyzed, and current studies on VD analogues were searched for in the PubMed database and database of scientific papers and citations in China. This study aimed to provide a theoretical reference for the pharmacological effects and therapeutic potential of paricalcitol in the field of multiple organ diseases.

We present the following article in accordance with the Narrative Review reporting checklist (available at https://dx.doi.org/10.21037/apm-21-2249).

## VD and its analogues

A steroid derivative and a steroid hormone, VD can be consumed from the diet; however, there are few foods which naturally contain VD. The top form of VD is VD<sub>2</sub> (ergocalciferol) mainly derived from plants and fungi; VD<sub>3</sub> (cholecalciferol) is mainly derived from the fat of deep-sea fish (*Figure 1*). An interventional study demonstrated (11) that after 2 weeks of administration of the same dose of VD<sub>3</sub>, VD<sub>2</sub>, and a placebo to VD deficient individuals, serum 25(OH)D levels were significantly higher in the VD intervention group, but they were significantly higher in those taking VD<sub>3</sub> than in the other 2 groups, indicating that the bioavailability of VD<sub>3</sub> is superior to that of VD<sub>2</sub>.

Both VD<sub>2</sub> and VD<sub>3</sub> are not biologically active on their own and must undergo a series of metabolic processes in the body before they can be converted into their active form (12). Firstly, VD is converted to 25-hydroxyvitamin D [25-(OH)D<sub>3</sub>] by the 25-hydroxylases CYP2R1 and CYP27A1 in the liver. By 1 $\alpha$ -hydroxylase CYP27B1 in the proximal tubule of the kidney, 25-(OH)D<sub>3</sub> is then converted to the biologically active 1 $\alpha$ , 25-dihydroxyvitamin D<sub>3</sub> [1 $\alpha$ , 25-(OH)<sub>2</sub>D<sub>3</sub>] (13) in the kidney, which enters target cells and binds to the vitamin D receptor (VDR) to play a role in inhibiting parathyroid hormone (PTH) synthesis and regulating calcium, phosphorus, and bone health (14) (*Figure 2*).

Both VD and  $1,25(OH)_2D$  also have immunomodulatory effects; anti-tumor and anti-leukemia effects by inducing cell differentiation, inhibiting cell proliferation, promoting apoptosis, and inhibiting angiogenesis; renal protective effects by inhibiting renin biosynthesis; stimulating insulin secretion from pancreatic  $\beta$ -cells and improving insulin resistance; and neurological and cardiovascular protective effects (15,16). Therefore, VD supplementation has become

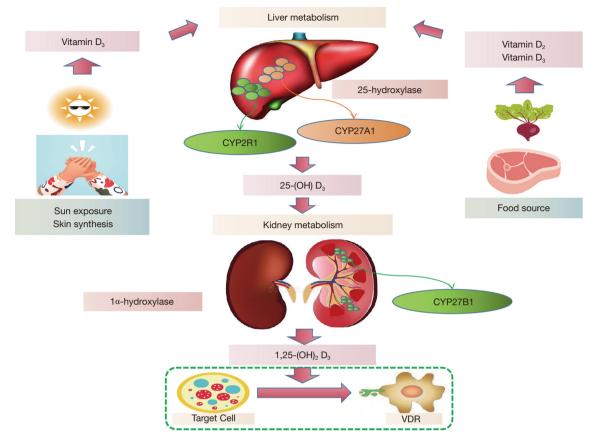


Figure 2 The intake pathway of vitamin D and its active transformation in vivo.

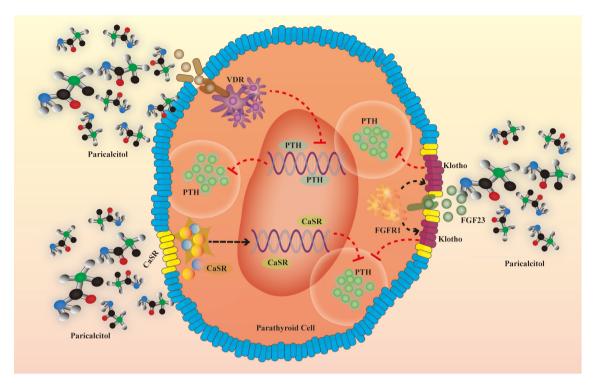
an important means of clinical treatment of related diseases.

Currently alfacalcidol, osteopontinol, and dulcolactone are conventional VD drugs used widely in clinical practice as non-selective vitamin D receptor agonists (VDRAs). They present high risks of hypercalcemia, hyperphosphatemia, and metastatic calcification during their use, leading to disturbances in calcium homeostasis in the body, and the eventual outcome of calcium deposition-deposition of calcium and phosphate in soft tissues, especially in vital organs such as the heart and kidneys, as well as in the vascular and respiratory systems, thus limiting their use in clinical practice (17,18). Retaining the A2 ring of nonselective VDRAs binding to VDR, but with appropriate modifications of their D<sub>2</sub> ring and its side chains, was shown to significantly improve the selectivity of binding to VDR in the parathyroid glands, with a mechanism of action similar to that of non-selective VDRAs, but with significantly attenuated effects on VDR in other tissues, and the highly selective VD analogue, paricalcitol, was thus created.

# **New selective VDRA**

Paricalcitol, a novel selective VDRA, mainly targets VDR in the parathyroid glands, has less effect on VDR in the intestine and other tissues, inhibits PTH strongly, triggers less hypercalcemia, and has less effect on intestinal absorption of calcium and phosphorus and bone metabolism (19). Paricalcitol inhibits PTH synthesis by binding to VDR in parathyroid cells, and by upregulating parathyroid cell membrane calcium sensing receptor (CaSR) expression, promotes the binding of fibroblast growth factor 23 (FGF23) and fibroblast growth factor receptor 1 (FGFR1), and increases Klotho levels, thereby inhibiting PTH secretion (*Figure 3*).

Paricalcitol, as a new VD analogue, has potential side effects as listed in the package insert Adverse Reactions: Approximately 600 patients were treated with HUMIRA in phase II/III/IV clinical studies. Overall, 6% of patients treated with HUMIRA reported adverse reactions. The most common adverse reaction related to HUMIRA



**Figure 3** Pharmacological mechanism of paricalcitol. Paricalcitol down-regulates PTH gene expression and inhibits PTH synthesis by binding to VDR in parathyroid cells, and increases Klotho level by up-regulating parathyroid cell membrane CaSR gene expression and promoting the binding of FGF23 and FGFR1, thus inhibiting PTH secretion. PTH, parathyroid hormone; VDR, vitamin D receptor; CaSR, calcium sensing receptor.

treatment was hypercalcemia, which occurred in about 4.7% of patients. Hypercalcemia is related to the degree of oversuppression of PTH, but its risk can be minimized by appropriate dose adjustment.

With the discovery of VDR expression in various different tissues and the revelation of the corresponding physiological effects, a large number of studies have shown that in addition to the treatment of secondary hyperparathyroidism (SHPT), paricalcitol has some therapeutic effects in other conditions such as renal diseases, cardiovascular diseases, immune inflammatory responses, osteoporosis, and tumors (20-22). In this paper, we have focused on an overview of the pharmacological actions of the multiple effects and selectivity of paricalcitol in multiple organs.

# Kidney diseases

Currently, the incidence and prevalence of chronic kidney disease (CKD) are increasing annually worldwide, and clinical data show that CKD patients commonly experience relative VD insufficiency or deficiency, even those patients with normal glomerular filtration rate (GFR) indicators (23). There are 2 main therapeutic aspects involved: VD<sub>2</sub> or D<sub>3</sub> supplementation for 25(OH) D<sub>3</sub> deficiency, and 1,25(OH) 2D<sub>3</sub> therapy for secondary hyperparathyroidism. The active form of VD not only reduces proteinuria in CKD patients, but also alleviates some complications caused by CKD (24). In all these studies, paricalcitol was shown to be more effective in kidney injury (25).

Active VD and its analogues are commonly used in the treatment of SHPT in hemodialysis patients, and several studies in recent years have shown that treatment with active VD and its analogues can improve VD deficiency and correct SHPT in patients with CKD, reduce mortality, and improve patient prognosis (26).

Although VD replacement therapy is generally effective in reducing PTH levels, it has a negative effect of increase of blood calcium concentration due to its high absorption of calcium ions. Hypercalcemia not only leads to ectopic calcification, but also to excessive suppression of PTH, resulting in osteodystrophy and vascular calcification (27). Therefore, there are some limitations in VDR therapy.

Paricalcitol is the first VD analogue that has been shown to be effective in the treatment of SHPT. In a rat model study of uremia, paricalcitol could effectively inhibit PTH level at all experimental doses (8.0, 25, and 75 ng per rat), with no significant increase in blood calcium and phosphorus in vivo. The 75 ng dose group had the greatest therapeutic effect, with PTH level ranging from 193±49 to 53±16 pg/mL, the total effective rate higher than that of the control group, the parathyroid volume and the incidence of skin pruritus, general fatigue, and musculoskeletal pain were lower than those of the control group (28). In a doubleblind, multicenter, randomized controlled clinical trial, the efficacy of paricalcitol (experimental group) and calcitriol (control group) was observed. The results showed that the PTH value of the experimental group decreased by 50% compared with the original, and the medication time of the experimental group was shorter than that of the control group (29). Fernström et al. (30) treated 92 SHPT patients with an average age of 64 years by intravenous injection of paricalcitol for 1 year in Sweden, and the results showed such treatment to be safe and effective. Paricalcitol, while effectively controlling high blood calcium and PTH levels, also inhibits parathyroid hyperplasia, which is associated with its induction of the cell cycle inhibitor p21 and inhibition of transforming growth factor- $\alpha$  (TGF- $\alpha$ ) and its receptor (31). Paricalcitol drug experiments by He et al. (32) in 5/6 nephrectomized rats showed that it could inhibit the local expression of the RAS gene and vascular endothelial growth factor (VEGF) in the kidney and significantly reduce the glomerulosclerotic index.

The molecular mechanism of the nephroprotective effect of paricalcitol is related to its inhibition of nuclear factor kappa-B (NF-kB) signaling pathway and inhibition of the transformation process of renal tubular epithelialmesenchymal transition (EMT). Evidence from Du et al. (33) showed that lipopolysaccharide induced apoptosis in renal tubular cells by upregulating PUMA and miR-155, while paricalcitol protected renal tubular epithelial cells by blocking NF-KB signaling pathway-mediated PUMA and miR-155 protein upregulation. By observing the renal pathological changes and autophagy-related protein expression in diabetic nephropathy (DN) rats with intraperitoneal injection of paricalcitol, Ying et al. (34) found that paricalcitol ameliorated renal injury in DN rats by a mechanism related to elevated tubulointerstitial E-cadherin to alleviate EMT and upregulation of autophagy-related proteins (tubular epithelial Klotho protein, renal cortical

LC3-II/LC3- I) expression to enhance autophagy. Studies from Zhang *et al.* (35) showed that paricalcitol alone for streptozotocin (STZ)-induced DN mice exerted renoprotective effects by inhibiting renin transcription, and the use of paricalcitol in combination with losartan completely avoided proteinuria, repaired the glomerular filtration barrier, and reduced glomerulosclerosis. It has also been shown (36) that paricalcitol increases the expression of Klotho protein in renal tubular epithelial cells. Studies have shown (37) that the treatment regimen of losartan combined with paricalcitol can have a renoprotective effect in rats with DN, reducing the fibrosis of renal tissue and

delaying the progression of DN. However, a recent study by Rayego-Mateos *et al.* (38) demonstrated that paricalcitol exerted anti-inflammatory effects by regulating tumor necrosis factor (TNF) receptor-associated factor 3 (TRAF3) and inhibiting non-classical NF- $\kappa$ B signaling pathway, which may be a new mechanism of renal protection.

In summary, paricalcitol can inhibit the classical NF- $\kappa$ B signaling pathway and exerts anti-inflammatory and antifibrotic effects by regulating TRAF3 to inhibit the nonclassical NF- $\kappa$ B signaling pathway, and may also enhance intracellular autophagy in renal tubular epithelial cells by upregulating Klotho autophagy signaling activity, thereby inhibiting tubular EMT, reducing proteinuria, improving renal function, alleviating renal fibrosis, and slowing the progression of renal failure (*Figure 4*).

#### Cardiovascular diseases

In recent years, epidemiological and clinical studies have shown that VD might be involved in cardiovascular protection by affecting or regulating inflammatory cytokines (39), vascular calcification (40), and the reninangiotensin-aldosterone system (41). Deficiency of VD can cause increased risk of cardiovascular diseases, including atherosclerosis. Studies have reported that the deficiency of VD *in vivo* is related to the onset of coronary heart diseases (42). Low VD levels are associated with atherosclerosis (43,44), coronary artery disease, myocardial infarction (45), heart failure (46), stroke (47), cardiovascular mortality (48), and allcause mortality, and are independent risk factors for cardiovascular diseases (49).

The results of *in vitro* experiments on neonatal rat cardiomyocytes (50) and *in vivo* experiments on rats with kidney disease (51) have shown that paricalcitol can significantly slow the process of left ventricular

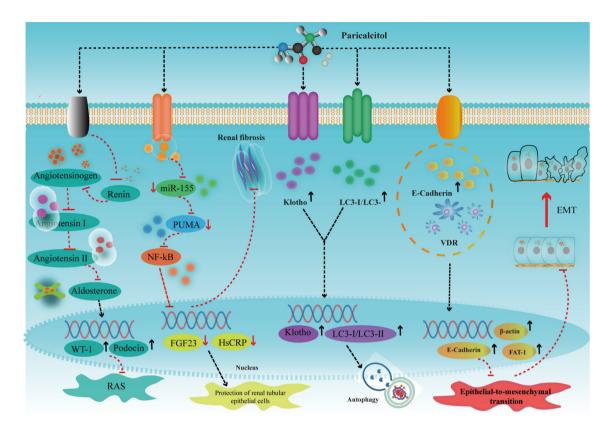


Figure 4 Molecular mechanism of paricalcitol in kidney.

hypertrophy (52), promote the absorption of blood calcium in the gastrointestinal tract, and stimulate the secretion of calcitonin, thereby improving bone tissue reconstruction and inhibiting the calcification of peripheral tissues such as blood vessels (53). It was revealed that upregulation of VDR expression by paricalcitol might be one of the reasons for its efficacy in improving left ventricular hypertrophy, and alleviating myocardial weakness and myocardial compression.

Tamayo *et al.* (54) showed that in patients with heart failure, paricalcitol can prevent the disease progress, improve the electrophysiological and calcium disorders, and reduce the susceptibility to heart failure-related ventricular arrhythmias. It may be a potential treatment option for heart failure. In an amitriptyline-induced cardiotoxicity experiment in rats (55), electrocardiogram (ECG) showed abnormalities, cardiac troponin T (cTnT) level was increased, and paricalcitol treatment could reverse the cardiotoxicity in rats. In addition, when combined with enalapril, paricalcitol can effectively reduce the expression of inflammatory factors and oxidative factors, and prevent the occurrence of oxidative damage and inflammation in ApoE<sup>-/-</sup> mice (56). Becker *et al.* (57) studied the effect of paricalcitol and calcitriol on the structure of the arterial wall of ApoE<sup>-/-</sup> mice after unilateral nephrectomy and found that the arterial wall of mice treated with calcitriol had obviously thickened, but there was no such side effect after treatment with paricalcitol. In hypertensive patients with CKD stage 3–5 and secondary hyperparathyroidism, arterial stiffness was improved and carotid femoral pulse wave velocity (PWV) was decreased after treatment with paricalcitol (58).

In summary, paricalcitol can prevent and treat cardiovascular diseases without causing vascular calcification, regulate the adhesion of endothelial cells, and protect endothelial cells from activation, so as to reduce the migration and proliferation of vascular smooth muscle cells and the formation of atherosclerotic plaque, and slow down the occurrence and progression of early atherosclerosis (*Figure 5*).

## Bone and muscle diseases

Bone health is closely related to calcium and active VD.

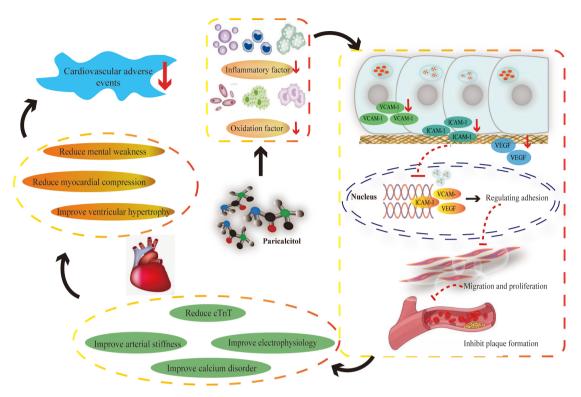


Figure 5 Molecular mechanism of paricalcitol in cardiovascular system.

Clinically, VD deficiency can significantly reduce muscle strength and motility, cause rickets and osteoporosis, and VD and calcium supplementation can significantly reduce the risk of osteoporotic fractures (59). Molecular medicine studies have pointed out that myofibroblasts contain a large number of VDRs that receive signals from VD hormones. Additionally, VD can increase the troponin complex in muscle tissue, increase the number of muscle fibers, and thicken muscle fibers. Paricalcitol may also improve bone metabolism through other mechanisms in addition to its role in regulating PTH, calcium, and phosphorus metabolism.

Carvalho *et al.* (60) found that after treatment with paricalcitol in a diabetic zebrafish model, the increase in bone mineralization and regeneration in the experimental group animals could be explained by an increase in osteoblast differentiation and insulin expression, indicating that paricalcitol has the potential to promote bone cell formation. In *ex vivo* cultures of neonatal mouse skulls, the stimulating effect of paricalcitol on osteoclasts was much lower than that of calcitriol (61). Patients with SHPT are often complicated by abnormal bone metabolism, for which some researchers have suggested that carboxy-terminal parathyroid hormone (C-PTH) is an important indicator of bone transformation inhibition (62) and can inhibit bone metabolism to some extent.

In summary, paricalcitol, on the one hand, can induce the transformation of pre-osteoblasts into osteoblasts. The released osteocalcin reacts with carboxylase to form carboxylated osteocalcin, producing the effect of introducing calcium into bone, and at the same time, it reacts with collagen secreted by osteoblasts to form collagen fibers to promote bone formation. On the other hand, it can inhibit the transformation of pre-osteoclasts into osteoclasts, thus reducing the release of cyclooxygenase (COX-2) and prostaglandin (PGD-2) secreted by osteoclasts, improving the imbalance of bone remodeling, and increasing bone mass (*Figure 6*).

#### Immune inflammation

The effects of VD on intrinsic immunity are mainly focused on the regulation of epithelial cells, mononuclear phagocytes, and dendritic cells, with the most studied being the regulation of mononuclear phagocytes. On the one hand, VD enhances bactericidal function by increasing the

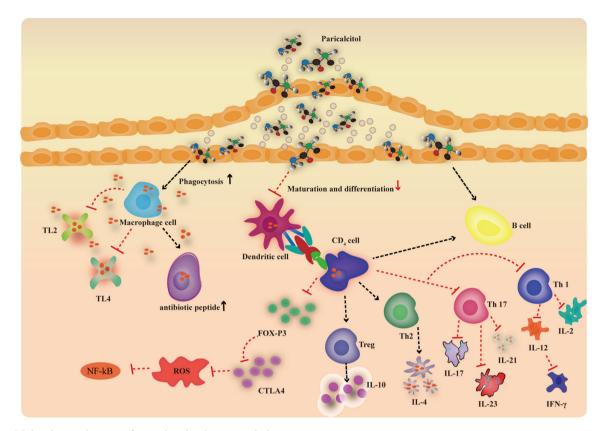


Figure 6 Molecular mechanism of paricalcitol in bone metabolism.

production of cathelicidin antimicrobial peptide (CAMP) and defensins. On the other hand, VD reduces the severity of infection through reducing the systemic inflammatory response by downregulating the synthesis of several pro-inflammatory cytokines, such as TNF- $\alpha$ , interleukin (IL)-1 $\beta$ , IL-6, IL-8, IL-23, and interferon (IFN)- $\gamma$ .

Experts in China and internationally have found that VD inhibits dendritic cell maturation and differentiation, reduces the expression of costimulatory molecules and decreases IL-12 production, and regulates and induces T-cell immune tolerance (63). Numerous studies *in vitro* and *in vivo* have strongly showed that VD enhances antimicrobial capacity and suppresses immune-mediated inflammatory responses. However, VD application can lead to hypercalcemia, which is the biggest limitation for the treatment of inflammation.

The immunomodulatory potential of paricalcitol enables it to be a therapeutic drug for chronic immune-mediated inflammatory diseases (64). A large number of studies have found that paricalcitol has a significant effect in maintaining the balance between oxidation and anti-oxidation (65). In a mouse model of atherosclerosis, paricalcitol was found to have anti-inflammatory effects and oxidative stress regulation effects on the aorta and kidneys (66). In clinical trials, Navarro-González et al. found that paricalcitol significantly increased the levels of superoxide dismutase (SOD), catalase (CAT), reduced glutathione (GSH), thioredoxin (TRX), and other antioxidants in dialysis patients (67). Eleftheriadis et al. discovered via in vitro experiments that paricalcitol can significantly reduce the levels of TNF- $\alpha$ , IL-8, C-reactive protein (CRP), and other inflammatory cytokines, and significantly increase the level of anti-inflammatory cytokine IL-10 (68). Similar results were found in a study of Chinese hemodialysis patients with SHPT in 2018. After 2 months of treatment with paricalcitol, CRP, IL-6, IL-8, and TNF-a all decreased significantly compared with before (69-71). These findings confirmed that the selective VD receptor agonist paricalcitol also had the functions of reducing proinflammatory cytokines and promoting anti-inflammatory cytokines, and can play a role in balancing the excessive immune inflammatory response.

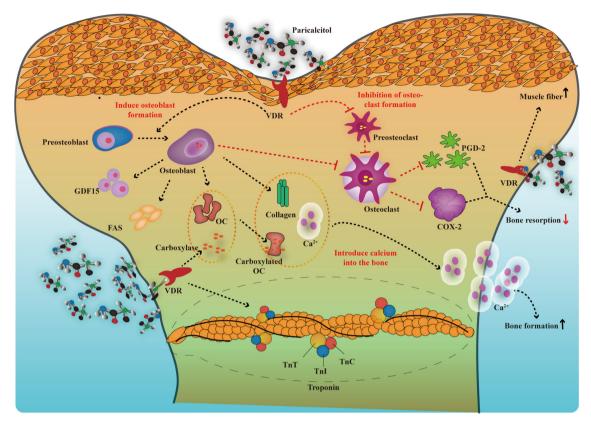


Figure 7 Molecular mechanism of paricalcitol in immune inflammation.

In summary, paricalcitol may reduce the production of reactive oxygen species (ROS) by down-regulating the renin-angiotensin-aldosterone system, thereby reducing the production and release of inflammatory cytokine TNF- $\alpha$ and other inflammatory mediators, as well as the activation of inflammatory regulatory factors such as transcription factor NF- $\kappa$ B, thereby reducing the infiltration of inflammatory cells and the damage to heart and kidney (*Figure 7*).

#### Anti-tumor effect

A large number of epidemiological studies have found that VD and its analogues play an important role in the prevention and treatment of a variety of tumors. Many researchers have studied the mechanism of this action from a molecular perspective and found that VD can prevent and treat cancer through cell cycle arrest, induction of apoptosis, and regulation of growth factors, among others. It has been shown that paricalcitol has a tumor inhibitory effect similar to that of VD (72). Researchers at the Salk Institute For Biological Studies found that (73) paricalcitol, an analogue of VD, can break through the protective matrix around tumor cells. Gombart *et al.* (74) showed that paricalcitol can inhibit the proliferation and angiogenesis of breast cancer, with good tolerance, without grade 2 or higher hypercalcemia, which is safe and feasible for breast cancer patients undergoing chemotherapy.

Schwartz *et al.* (75) found that paricalcitol is an active form of VD, which has the effects of inhibiting, promoting apoptosis, and anti-metastasis of tumor cells *in vivo* and in vivo. Therefore, the inhibition of paricalcitol on the growth of pancreatic cancer cell lines *in vitro* and *in vivo* was studied, and the results showed that paricalcitol inhibited the growth of BXPC-3, Hs700t, and ASPC-1 pancreatic cancer cells, and was dose-dependent. This antiproliferative activity is related to the up-regulation of cell cycle inhibitors p21 (WaF1/CIP1) and p27 (Kip1).

The combined use of paricalcitol and arsenic trioxide  $(As_2O_3)$  has a strong anti-proliferative effect on acute myeloid leukemia cells, and can induce the significant

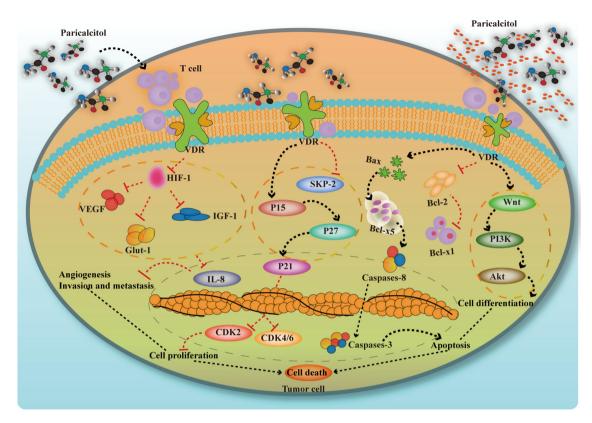


Figure 8 Molecular mechanism of anti-tumor effect of paricalcitol.

differentiation of mononuclear cells of acute promyelocytic leukemia cell line NB-4 and acute myeloid leukemia cell line HL-60, which in turn induces apoptosis by reducing Bcl-2 and Bcl-xL protein levels (76).

Paricalcitol can synergize calcitriol in the radiotherapy of prostate cancer, better inhibiting the proliferation *in vitro* of human prostate cancer cells and promoting cell apoptosis. Another clinical study showed that none of the 18 patients with stage I/II prostate cancer had prostate-specific antigen reactions after treatment with paricalcitol, and the PTH level decreased in 7 patients, which supported the safety of paricalcitol in the treatment of prostate cancer.

In summary, paricalcitol may play an anti-tumor role by breaking through the protective matrix surrounding tumor cells, increasing T cell penetration into the tumor, inhibiting tumor cell proliferation, inducing cell differentiation, promoting cell apoptosis, inhibiting angiogenesis, inhibiting tumor cell infiltration and metastasis, and inhibiting inflammation (*Figure 8*).

#### Conclusions

The novel VD analogue, paricalcitol, with its high selectivity for binding to VDR *in vivo*, maintains the efficacy of traditional VD drugs (targeting PTH and calcium and phosphorus metabolism) while providing additional benefits (reduction of urinary protein, reduction of inflammation, reduction of vascular calcification and renal fibrosis, and so on), thus expanding the application scope of future clinical practice; however, there are also some controversies and problems [the effects on estimated (e)GFR, the increase of cardiovascular and death risks in the long term, the effect on sugar metabolism, and so on] which need further attention and research.

With more understanding and application of the effects of active VD and analogues, scientists in China and worldwide are more committed to investigating the mechanism of action of paricalcitol in anti-inflammation, immunomodulation, and anti-proliferation. We believe that through further trials and studies, more evidence-based medical research will be carried out to provide a deeper and broader understanding of the molecular mechanisms of paricalcitol, allowing it to exert greater therapeutic effects and clinical benefits.

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*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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