CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page1/Line2	Title/Paragraph1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page2/Line9-10	Key Words/Paragraph1
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page1/Line33-Page2/Line	Abstract/Paragraph1
	3b	Main symptoms and/or important clinical findings	Page2/Line1-2	Abstract/Paragraph1
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page2/Line2-6	Abstract/Paragraph1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page2/Line7	Abstract/Paragraph1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page2/Line25-Page3/Line	Introduction/Paragraph2-3
Patient Information	5a	De-identified patient specific information	Page3/Line10-11	Case presentation/
	5b	Primary concerns and symptoms of the patient	Page3/Line11-13	Case presentation/
	5c	Medical, family, and psycho-social history including relevant genetic information	Page3/Line14-16	Case presentation/
	5d	Relevant past interventions with outcomes	Page3/Line17-18	Case presentation/
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page3/Line11-14	Case presentation/
Timeline	7	Historical and current information from this episode of care organized as a timeline	Fig.3	
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page3/Line20-32	Case presentation/
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	NA	
	8c	Diagnosis (including other diagnoses considered)	Page4/Line1-2	Case presentation/
	8d	Prognosis (such as staging in oncology) where applicable	Page4/Line1-2	Case presentation/
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page4/Line5-6	Case presentation/
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page4/Line6-8	Case presentation/
	9c	Changes in therapeutic intervention (with rationale)	Page4/Line8-13	Case presentation/

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page4/Line13-15	Case presentation/
	10b	Important follow-up diagnostic and other test results	Page4/Line10-13	Case presentation/
	10c	Intervention adherence and tolerability (How was this assessed?)	Page4/Line8-10	Case presentation/
	10d	Adverse and unanticipated events	Page4/Line8-10	Case presentation/
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page4/Line26-Page5/Line	Discussion/ Paragraph1
	11b	Discussion of the relevant medical literature **with references**	Page5/Line16-Page6/Line	Discussion/ Paragraph2-4
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page5/Line23-Page6/Line	Discussion/ Paragraph2-3
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page6/Line23-Page7/Line	Discussion/ Paragraph5
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	NA
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☐	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.