



Effects of low-dose intravenous immunoglobulin as the adjunctive therapy in septic shock patients with and without hypogammaglobulinemia: a retrospective cohort study

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Background: Intravenous immunoglobulin (IVIG) therapy has a reported adjunctive effect in the treatment of sepsis, but in light of results from a large-scale randomized control trial (RCT), evidence for improved prognosis with IVIG therapy is currently deemed insufficient. In recent years, there have been many reports of low serum immunoglobulin G (IgG) as a poor prognostic factor in septic patients. Under Japan's national health insurance system, IVIG is administered for severe infections at a dose of 5 g/day for three days (total 15 g or 0.3 g/kg). At present, IVIG administration is not specifically formulated for septic patients with hypogammaglobulinemia. It is clinically significant to investigate whether serum IgG levels can serve as a biomarker to predict the efficacy of IVIG treatment for septic shock and help to identify those patients who might benefit from an adjunctive IVIG treatment. The purpose of this study was to compare the efficacy of this low-dose IVIG as an adjunctive therapy in septic shock patients with and without hypogammaglobulinemia.

Methods: In this retrospective cohort study, patients who received low-dose IVIG (5 g/day for 3 days) as adjuvant therapy for septic shock were enrolled. These patients were divided into two groups based on a median serum IgG level of 829 mg/dL (<830 mg/dL defined as hypogammaglobulinemia) prior to IVIG administration. To assess the efficacy of low-dose IVIG administration (0.3 g/kg), 28-day survival probability as the primary outcome, and the lengths of artificial ventilation and intensive care unit (ICU) stays as the secondary outcomes were compared using the Kaplan-Meier method, the log-rank test, the Wilcoxon or Mann-Whitney U test.

Results: A total of 80 patients with septic shock that underwent IVIG treatment in the ICU were enrolled. These patients were divided into two groups based on a median serum IgG level. Survival probabilities at 28 days were 90.0% and 85.0% in the high- and low-level groups, respectively, and there was no significant difference between the two groups ($P=0.457$). There are not also significant differences in median lengths of artificial ventilation (6 vs. 9 days, $P=0.215$) and ICU stays (10 vs. 12 days, $P=0.199$) after IVIG administration. Logistic regression revealed that these clinical outcomes were not associated with serum IgG after adjusting for confounding factors as the antibiotics.

Conclusions: Serum IgG levels was not associated with the clinical outcomes by low-dose IVIG treatment. Our results suggest that the prognosis of low-dose IVIG as adjunctive therapy in patients with septic shock might be no different with and without hypogammaglobulinemia.

Keywords: Septic shock; intravenous immunoglobulins (IVIGs); hypogammaglobulinemia

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Introduction

Sepsis and sepsis-related multiple organ failure are major causes of mortality in the intensive care unit (ICU) (1,2). In addition to antimicrobial treatment, the goals of septic shock treatment include regulation of immune function and removal of pathogens from the circulation (3,4). Intravenous immunoglobulin (IVIG) therapy performs several functions in the treatment of pathogenic infections: (I) opsonization, (II) complement activation, (III) toxin and virus neutralization, (IV) anti-inflammatory cytokine modulation, and (V) antibody-dependent cell-mediated cytotoxicity. However, evidence for the ability of IVIG administration to improve outcomes is considered insufficient based on the results of the SBITs study (5), a large-scale randomized control trial (RCT), and IVIG therapy is not recommended in sepsis guidelines [the Society of Critical Care Medicine (SCCM)/the European Society of Intensive Care Medicine, and the Japanese Society of Intensive Care Medicine/the Japanese Association for Acute Medicine (JAAM)] (6,7).

Serum immunoglobulin G (IgG) levels decline in the early phase of sepsis due to suppressed production, leakage from vessels, and increased consumption (8,9), and low IgG levels at ICU entry are associated with poor prognoses (10-13). In Japan, all patients with septic shock admitted to the ICU are treated according to sepsis guidelines (6,7) and, in addition, receive low-dose IVIG as adjunctive therapy (5 g/day for 3 days, total of 15 g or 0.3 g/kg) (14), regardless of serum IgG levels at the time of diagnosis of septic shock. The IVIG dose for this regimen, which is lower than the global standard dose (0.9 g/kg) (5), has been reported to have efficacy as adjuvant therapy in sepsis (15,16). Current guidelines (6,7) do not recommend IVIG use as a routine part of the management of sepsis, however this recommendation is not specifically formulated for septic patients with hypogammaglobulinemia. It is not reported whether the presence of hypogammaglobulinemia require IVIG administration in septic shock patients. Here we thought to investigate whether serum IgG levels can serve as a biomarker to predict the efficacy of IVIG treatment for septic shock. Initial levels of serum IgG might help to identify those patients who might benefit from an adjunctive IVIG treatment. The purpose of this study was to retrospectively compare the efficacy of low-dose IVIG as an adjunctive therapy in septic shock patients with and without hypogammaglobulinemia by dividing them into two groups based on their median serum IgG level before IVIG administration of 829 mg/dL. We present the

following article in accordance with the STROBE reporting checklist (available at <https://apm.amegroups.com/article/view/10.21037/apm-21-3694/rc>).

Methods

Subjects

Patients who received low-dose IVIG (5 g/day for 3 days) as adjuvant therapy for septic shock in a medical facility under Japan's health insurance system and who were admitted to the Oita University Hospital ICU between January 2015 and December 2017 were enrolled in this retrospective study. Septic shock was defined according to the diagnostic criteria of the American College of Chest Physicians (ACCP)/SCCM guidelines (17). Clinical parameters to identify patients with septic shock are: vasopressor requirement to maintain a mean arterial pressure of 65 mmHg or greater and serum lactate level greater than 2 mmol/L (>18 mg/dL) in the absence of hypovolemia (17). Medical treatment based on the sepsis guidelines (6,7) was provided to all patients. Exclusion criteria were as follows: patients under 18 years old, patients who withdrew within 48 hours of ICU entry, patients who received IVIG before ICU admission, and patients whose serum IgG levels were unknown (*Table 1*). The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the Ethical Review Board of Oita University Faculty of Medicine (approval number: 691) and individual consent for this retrospective analysis was waived. We received no specific grant from any funding agency.

Assessment of serum IgG level

Patients' demographic and laboratory data were collected using electronic medical charts and included: (I) serum IgG level (mg/dL) before IVIG administration, (II) total IVIG dosage (g/kg), (III) age, sex, and body weight, (IV) Acute Physiology and Chronic Health Evaluation (APACHE) II score (18), (V) Sequential Organ Failure Assessment (SOFA) score (19), (VI) acute Disseminated Intravascular Coagulation (DIC) score (20), (VII) serum procalcitonin (ng/mL), (VIII) blood cultures, (IX) types of nosocomial infections, (X) site of infection, (XI) use of catecholamines, (XII) use of artificial ventilation, (XIII) antimicrobial agent administered within three hours after ICU entry, (XIV) combination of antimicrobial agents administered, (XV) early stage enteral feeding within 48 hours after ICU

Table 1 Patient characteristics

Variables	L group (n=40)	H group (n=40)	Total (n=80)
Pre-serum IgG (mg/dL)	590 [464–679]	1,082 [934–1,230]*	829 [590–1,082]
Total IVIG dose (g/kg)	0.29 (0.24–0.33)	0.28 (0.27–0.33)	0.29 (0.25–0.33)
Sex (male/female)	23/17	26/14	49/31
Age (years)	73 [60–79]	68 [56–79]	69 [59–79]
Body weight (kg)	52 [46–64]	53 [45–56]	52[45–61]
APACHE II score	22 [18–28]	23 [17–28]	22 [17–28]
SOFA score	9 [8–10]	10 [8–12]	9 [8–11]
JAAM DIC score	4 [2–5]	4 [2–6]	4 [2–5]
Serum PCT (ng/mL)	9.2 (2.8–35.7)	9.6 (5.4–25.8)	9.6 (4.4–29.8)
Types of nosocomial infections			
Surgical	31 (77.5%)	32 (80.0%)	63 (78.8%)
Medical	9 (22.5%)	8 (20.0%)	17 (21.2%)
Blood culture positive	16 (40.0%)	19 (47.5%)	35 (43.8%)
Gram (+) bacteria	8 (20.0%)	12 (30.0%)	20 (25.0%)
Gram (–) bacteria	7 (17.5%)	7 (17.5%)	14 (17.5%)
Fungus	1 (2.5%)	0	1 (1.3%)
Site of infection			
Respiratory	13 (32.5%)	11 (27.5%)	24 (30.0%)
Intra-abdominal or retroabdominal, or pelvic cavity	13 (32.5%)	11 (27.5%)	24 (30.0%)
Blood or catheter	3 (7.5%)	6 (15.0%)	9 (11.3%)
Soft tissue or bone	4 (10.0%)	2 (5.0%)	6 (7.5%)
Urinary	2 (5.0%)	3 (7.5%)	5 (6.3%)
Others	1 (2.5%)	2 (5.0%)	3 (3.8%)
Unknown	4 (10.0%)	5 (12.5%)	9 (11.3%)
Use of catecholamines	40 (100%)	40 (100%)	80 (100%)
Use of artificial ventilation	36 (90.0%)	36 (90.0%)	72 (90.0%)
Initiative antibiotics			
Administering antibiotics within 3 hours of ICU	40 (100%)	40 (100%)	80 (100%)
Initial use of 2 or more antibiotics	20 (50.0%)	22 (55.0%)	42 (52.5%)
Supportive therapy			
Early enteral nutrition	31 (77.5%)	30 (75.0%)	61 (76.3%)
Continuous renal replacement therapy	28 (70.0%)	27 (67.5%)	55 (68.8%)
Use of AT III concentrate	28 (70.0%)	31 (77.5%)	59 (73.8%)
Use of rTM agent	25 (62.5%)	27 (67.5%)	52 (65.0%)

Criteria of septic shock: vasopressor requirement to maintain a mean arterial pressure of 65 mmHg or greater and serum lactate level greater than 2 mmol/L (>18 mg/dL) in the absence of hypovolemia. Continuous variables were presented as median and 25–75% IQR. At ICU entry, the patients who were diagnosed with septic shock and met the inclusion criteria were divided into two groups: a low group with serum IgG levels <829 mg/dL (low-normal range) (L group) and a high group with serum IgG levels ≥829 mg/dL (H group). Categorical variables were presented as number (%). *, P<0.05 vs. L group (Mann-Whitney U-test). IgG, immunoglobulin G; IVIG, intravenous immunoglobulin; APACHE, Acute Physiology and Chronic Health Evaluation; SOFA, Sequential Organ Failure Assessment; JAAM, Japanese Association for Acute Medicine; DIC, Disseminated Intravascular Coagulation; PCT, procalcitonin; AT III, antithrombin III; rTM, recombinant thrombomodulin; IQR, interquartile ratio.

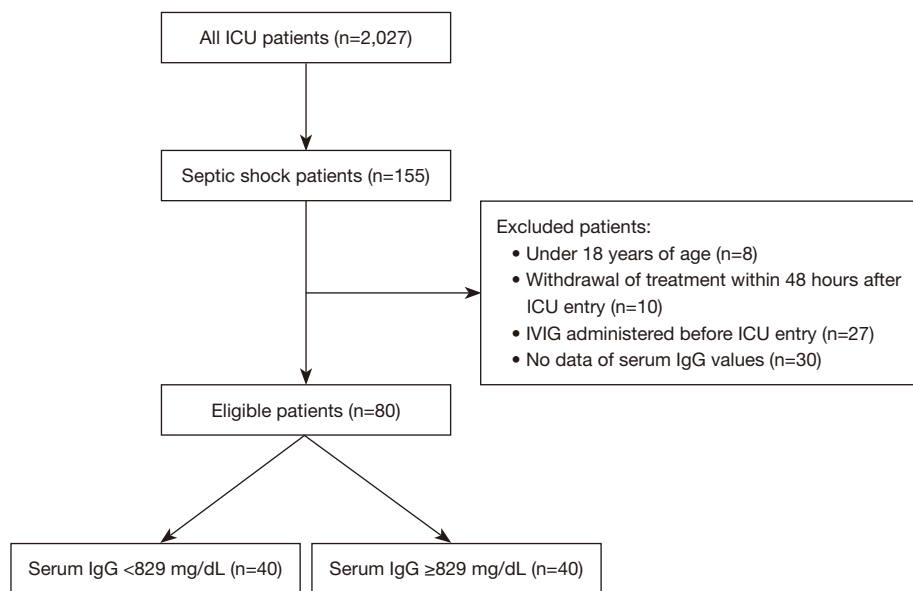


Figure 1 Flowchart of participant enrollment. A total of 80 patients were enrolled in the study. There were 40 patients in the L group and 40 patients in the H group. At ICU entry, the patients who were diagnosed with septic shock and met the inclusion criteria were divided into two groups: a low group with serum IgG levels <829 mg/dL (low-normal range) (L group) and a high group with serum IgG levels \geq 829 mg/dL (H group). ICU, intensive care unit; IVIG, intravenous immunoglobulin; IgG, immunoglobulin G.

entry, (XVI) continuous renal replacement treatment, and (XVII) anti-DIC treatment [preparation of antithrombin III (AT III) and recombinant thrombomodulin (rTM)]. At ICU entry, the patients who were diagnosed with septic shock and met the inclusion criteria were divided into two groups: a low group with serum IgG levels <829 mg/dL (low-normal range) (L group) and a high group with serum IgG levels \geq 829 mg/dL (H group).

Effect of low-dose IVIG administration on serum IgG levels

Serum IgG levels after low-dose IVIG administration in the L group and the H group were compared. The primary outcome assessed was 28-day survival probability. Secondary outcomes were the durations of artificial ventilation and ICU stays.

Statistical analysis

Data were presented as median and interquartile ratio (IQR) or numbers, as appropriate. Continuous and categorical variables were compared using the Wilcoxon or Mann-Whitney U test. Survival probabilities were compared using the Kaplan-Meier method and the log-rank test. Logistic

regression models were used to explore the influence of independent variables on the clinical outcomes as the dependent variable. Statistical analysis was carried out with Statflex Statistical Software version 6.0 (Artech Co. Ltd., Osaka, Japan). A two-sided $P < 0.05$ was considered statistically significant. A planned sample size of 65 patients with all examination was estimated to provide 80% power to detect a 10% differences in 28-day survival probability (90% to 80%) in two groups with and without hypogammaglobulinemia using a two-sided type-I error of 5%.

Results

Patient characteristics

A total of 2,027 patients were admitted to the ICU during the study period; 155 of these had septic shock. Excluded patients were as follows: aged less than 18 years (8 patients), withdrew within 48 hours after ICU entry (10 patients), IVIG administered prior to ICU entry (27 patients), and no available data for serum IgG values (30 patients). Thus, a total of 80 patients were enrolled in the study, 40 in the L group and 40 in the H group (*Figure 1*). Patient characteristics are shown in *Table 1*. Mean serum IgG levels were 590 mg/dL (464–679 mg/dL) and 1,082 mg/dL

Table 2 Effect of low-dose IVIG treatment on serum IgG levels in the L group and the H group

Variables	L group (n=40)		H group (n=40)	
	Pre	Post	Pre	Post
Serum IgG (mg/dL)	590 [464–679]	962 [852–1,174]*	1,082 [934–1,230] [#]	1,331 [1,232–1,515] ^{*#}

At ICU entry, the patients who were diagnosed with septic shock and met the inclusion criteria were divided into two groups: a low group with serum IgG levels <829 mg/dL (low-normal range) (L group) and a high group with serum IgG levels \geq 829 mg/dL (H group). Data were presented as median and 25–75% IQR. *, $P < 0.05$ vs. Pre (Wilcoxon test); [#], $P < 0.05$ vs. L group (Mann-Whitney U test). IVIG, intravenous immunoglobulin; IgG, immunoglobulin G; IQR, interquartile ratio.

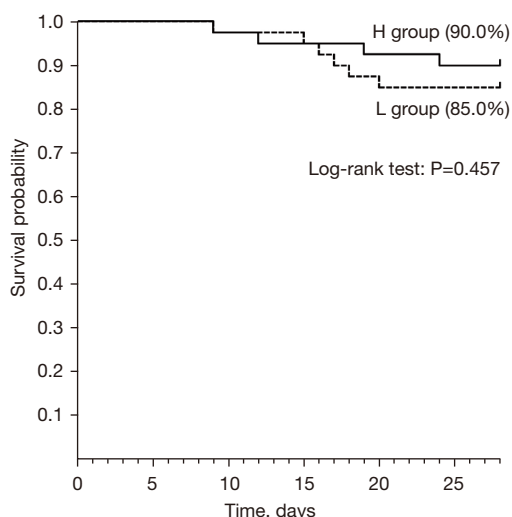


Figure 2 Kaplan-Meier curves of survival probability. At ICU entry, the patients who were diagnosed with septic shock and met the inclusion criteria were divided into two groups: a low group with serum IgG levels <829 mg/dL (low-normal range) (L group) and a high group with serum IgG levels \geq 829 mg/dL (H group). Blackline: H group; dotted line: L group; ICU, intensive care unit; IgG, immunoglobulin G.

(934–1,230 mg/dL) in the L group and the H group, respectively. Total IVIG doses were 0.29 g/kg (0.24–0.33 g/kg) and 0.28 g/kg (0.27–0.33 g/kg) in the L group and the H group, respectively. No significant differences were observed in age, sex, weight, APACHE II score, SOFA score, acute DIC score, serum procalcitonin level, types of nosocomial infections, use of catecholamines, or use of artificial ventilation between the two groups. Blood culture positivity rates were 40.0% and 47.5% in the L and H groups, respectively. Gram-positive bacteria were the most commonly detected in both groups. Patients in the L group had respiratory infections, while infections of the intra-abdominal, retroabdominal, or pelvic cavities, as

well as respiratory infections, were found in the H group. Antimicrobial agents were administered in all patients within 3 hours after admission to the ICU. Empirical therapy by two or more kinds of antibiotics was performed in approximately 50% of patients in both groups. There were no significant differences in early enteral feeding, continuous renal replacement therapy, and anti-DIC treatment [preparation of AT III and rTM] between the groups.

Serum IgG levels before and after administration of IVIG

Table 2 shows serum IgG levels before and after IVIG administration. In the L group, serum IgG levels significantly increased to 962 mg/dL (852–1,174 mg/dL) after administration of IVIG compared to initial values [590 mg/dL (464–679 mg/dL)]. Serum IgG levels also increased significantly in the H group, rising to 1,331 mg/dL (1,232–1,515 mg/dL) after administration of IVIG from initial values of 1,082 mg/dL (934–1,230 mg/dL). Serum IgG levels in the H group were significantly higher than in the L group both before and after administration of IVIG.

Effects of IVIG administration on 28-day survival probability, the duration of artificial ventilation and ICU stays

Figure 2 shows 28-day survival probabilities after IVIG administration. No significant differences were observed between the L group (85.0%) and the H group (90.0%) (log-rank test: $P = 0.457$). All patients were followed up to the death.

Table 3 shows the duration of artificial ventilation and ICU stays after IVIG administration in the L group and the H group. No significant differences were observed.

Possible influencing factors in the hypogammaglobulinemia-outcomes association, such as the antibiotics, were assessed using logistic regression modeling (Table 4). In multivariate

Table 3 Effect of IVIG treatment on the lengths of artificial ventilation and ICU stay in the L group and the H group

Variables	L group (n=40)	H group (n=40)
The length of artificial ventilation (days)	9 [4–13]	6 [4–10]
The length of ICU stay (days)	12 [7–16]	10 [7–12]

At ICU entry, the patients who were diagnosed with septic shock and met the inclusion criteria were divided into two groups: a low group with serum IgG levels <829 mg/dL (low-normal range) (L group) and a high group with serum IgG levels ≥829 mg/dL (H group). Data were presented as median and 25–75% IQR. IVIG, intravenous immunoglobulin; ICU, intensive care unit; IQR, interquartile ratio.

Table 4 Multivariable logistic regression model for prediction of serum IgG in study population

Variables	OR (95% CI)	P values
28-day survival (days)	1.0 (0.877–1.150)	0.957
The length of artificial ventilation (days)	1.02 (0.839–1.250)	0.814
The length of ICU stay (days)	0.968 (0.783–1.200)	0.767
Initiative antibiotics (carbapenem)	0.443 (0.034–5.660)	0.531
Initiative antibiotics (anti-MRSA)	1.580 (0.486–5.120)	0.449
Initiative antibiotics (anti-fungal)	0.804 (0.237–2.730)	0.726

In the multivariable adjusted models, all dependent variables were adjusted for each other. IgG, immunoglobulin G; OR, odds ratio; CI, confidence interval; ICU, intensive care unit; MRSA, methicillin-resistant *Staphylococcus aureus*.

analysis, 28-day survival, the duration of artificial ventilation and ICU stays, and the main antibiotics (carbapenem, anti-MRSA and anti-fungal) were not associated with serum IgG levels.

Discussion

Low-dose IVIG administration as adjuvant therapy had positive effects regardless of hypogammaglobulinemia in septic shock patients. The median serum IgG level in septic shock patients at ICU entry was 829 mg/dL, which is low compared to the mean serum IgG level reported in 840 healthy Japanese adults (1,414 mg/dL) (21) but comparable to data from Ishikura *et al.* (16), who reported 854 mg/dL serum IgG in sepsis patients at ICU entry before IVIG administration.

In this study, enrolled patients were divided into two groups: a low group with serum IgG <829 mg/dL (lower normal range) (L group) and a high group with serum IgG level ≥829 mg/dL (H group). Patients in the L group had hypogammaglobulinemia before IVIG administration because the serum IgG level was 590 mg/dL (464–679 mg/dL). Hypogammaglobulinemia is generally defined as a serum IgG concentration below 870 mg/dL. Therefore, patients in our L group were considered to

be hypogammaglobulinemia. There are several reports that hypogammaglobulinemia at diagnosis is associated with poor prognosis in septic shock patients (10–13). In a study by Taccone *et al.* (10), prognosis was worse in septic shock patients with serum IgG levels below 650 mg/dL. Tamayo *et al.* (11) reported serum IgG levels of 829 mg/dL in a survivor group, compared with 598 mg/dL in a non-survivor group of septic shock patients. Prucha *et al.* (12) reported significantly higher mortality in septic shock patients with hypogammaglobulinemia (<600 mg/dL serum IgG) (45.5% vs. 38.2% in patients with ≥600 mg/dL serum IgG). In our study, the 28-day mortality rate in patients with hypogammaglobulinemia (15.0%) was significantly lower than those reported in other studies and was not significantly different from that in the high-IgG group (10.0%). Therefore, low-dose IVIG administration may improve 28-day mortality in septic shock, regardless of serum IgG levels. Akatsuka *et al.* (13) reported low IgG levels (<670 mg/dL) in critically ill patients are associated with poor clinical outcomes related to 28-day mortality.

The low-dose adjuvant IVIG regimen for severe infection covered by Japanese health insurance is 5 g/day for three days (14–16). Here, we report that this intervention significantly increased serum IgG levels

from 590 mg/dL (464–679 mg/dL) to 962 mg/dL (852–1,174 mg/dL) in the L group and from 1,082 mg/dL (934–1,230 mg/dL) to 1,331 mg/dL (1,232–1,515 mg/dL) in the H group. This represents increases in serum IgG concentrations from levels comparable to those in non-surviving patients in previous reports (10–13) to levels observed in the surviving patients. The SBITS study (5), which is the only large-scale RCT of IVIG and septic shock, was conducted in 2007, and subjects were enrolled between 1991 and 1995, before implementation of the sepsis guidelines. In a subgroup analysis of the SBITS study, Dietz *et al.* (22) divided enrolled patients into four groups based on serum IgG levels: (I) IgG \leq 610 mg/dL, (II) 610 < IgG \leq 840 mg/dL, (III) 840 < IgG \leq 1,190 mg/dL, and (IV) IgG >1,190 mg/dL and assessed prognosis in patients with or without hypogammaglobulinemia. They reported no association between hypogammaglobulinemia and worse survival; rather, only patients with hypergammaglobulinemia (serum IgG concentration of 1,190 mg/dL or higher) had worse survival rates. Hence, they suggested that IVIG in septic patients with hypergammaglobulinemia may cause an excessive immune response and worsen prognosis. In our study, patients were treated according to the guidelines for the treatment of sepsis, and a lower dose (0.3 g/kg) of IVIG than the global standard dose (0.9 g/kg) was added as adjunctive therapy. The 28-day survival probability was not significantly different between the H group (90.0%) and the L group (85.0%). Therefore, a low dose of IVIG may have a positive adjuvant effect in the treatment of septic shock without triggering an excessive immune response in patients with hypergammaglobulinemia. However, since we have no comparative data with a no-IVIG group or a global standard dose (0.9 g/kg) group, this will require further investigation.

The lack of laboratory data to evaluate efficacy of IVIG therapy in patients with or without hypogammaglobulinemia, such as serum IgG, is a concern when using the IVIG. In the present study, however, none of patients lack the laboratory data.

The limitations of this study are as follows: (I) this was a single-center, retrospective study with a limited number of patients; further prospective multicenter collaborative studies are needed. (II) The median serum IgG level of 829 mg/dL was used as a criterion to classify and compare only two groups, but our analysis may have benefited from further subdivision into several groups with narrower serum IgG ranges. (III) The study was conducted

only with the dose indicated by insurance in Japan (0.3 g/kg) and not with a higher IVIG dose, such as the world standard dose (0.9 g/kg). (IV) IVIG treated group is not compared with IVIG non-treated group. At present, it is not clear wherever IVIG therapy have efficacy for the septic shock patients. Further controlled studies are needed to confirm the efficacy of IVIG therapy, but ethical setting is difficult because the prognosis may be worse in the control group (IVIG non-treated group).

Conclusions

Serum IgG levels was not associated with the clinical outcomes by low-dose IVIG treatment. The present study found that the prognosis by low-dose IVIG therapy as adjuvant therapy for septic shock might be no different with and without hypogammaglobulinemia.

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Footnote

Reporting Checklist: The authors have completed the STROBE reporting checklist. Available at <https://apm.amegroups.com/article/view/10.21037/apm-21-3694/rc>

Data Sharing Statement: Available at <https://apm.amegroups.com/article/view/10.21037/apm-21-3694/dss>

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <https://apm.amegroups.com/article/view/10.21037/apm-21-3694/coif>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. This study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the Ethical Review Board of Oita University Faculty of Medicine (approval number: 691) and individual consent for this retrospective analysis was waived.

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