CARE case report guidelines

CARE Checklist of information to include when writing a case report

(cc) BY-NC-ND

Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	pag 1, line1	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	pag 3, lines 52-53	After abstract
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	pag 2-3, lines 35-36, 47-52	Abstract, paragraph 1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	pag 2-3, lines 48-52	Abstract, paragraph 1
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	pag 2-3, lines 48-52	Abstract, paragraph 1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	pag 3-4, lines 72-76	Introduction, paragraph 2
Patient Information	5a	De-identified patient specific information	done in all case	done in all case
	5b	Primary concerns and symptoms of the patient	pag5-6,lines 105-106,	case presentation,
	5c	Medical, family, and psycho-social history including relevant genetic information	pag5-6,lines104-105,156-1	case presentation,
	5d	Relevant past interventions with outcomes	pag 5, lines 104-105	case presentation,
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	pag5-6, lines105-111,	case presentation,
Timeline	7	Historical and current information from this episode of care organized as a timeline	all case described in	case presentation
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	pag5-6,	case presentation,
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	no challanges	case presentation
	8c	Diagnosis (including other diagnoses considered)	pag 5, lines 112-113	case presentation,
	8d	Prognosis (such as staging in oncology) where applicable	pag 6, lines 113	case presentation,
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	pag 5-6, lines 107-108,	case presentation,
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	pag 6 143-153	case presentation,
	9c	Changes in therapeutic intervention (with rationale)	pag 6 143-153	case presentation,

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	pag 7, 152-153	case presentation,
	10b	Important follow-up diagnostic and other test results	pag 7, 152-153	case presentation,
	10c	Intervention adherence and tolerability (How was this assessed?)	pag 6 146-147	case presentation,
	10d	Adverse and unanticipated events	pag 6 146-147	case presentation,
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	pag 8, lines 173-175,	discussion, paragraph 2,
	11b	Discussion of the relevant medical literature **with references**	pag 8, lines 173-175,	discussion, paragraph 2,
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	pag 8-9, lines 195-211	discussion, paragraph 4
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	pag 11, lines 248-258	discussion, paragraph
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

Article information:https://dx.doi.org/10.21037/apm-22-61
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.