

CARE Checklist of information to include when writing a case report



Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	1/1-3	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	1/20	Key Words
	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	1/21-22	Abstract
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	1/22-24	Abstract
Abstract (Structured summary)	3c	Conclusion: summarize the main take-away lesson, clinical impact and potential implications.	1/22-24	Abstract
	4	One or two paragraphs summarizing why this case is unique (may include references)	1/33-35; 109	Introduction
Patient Information	5a	De-identified patient specific information	1/38	Case report
	5b	Primary concerns and symptoms of the patient	1/39-41	Case report
	5c	Medical, family, and psycho-social history including relevant genetic information	1/38	Case report
	5d	Relevant past interventions with outcomes	1/38	Case report
	6	Describe significant physical examination (PE) and important clinical findings	1/39-41	Case report
Timeline	7	Historical and current information from this episode of care organized as a timeline	Figure 3	Figure 3
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	1/41-43; 2/45-47;55-56	Case report
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	2/57-60	Case report
	8c	Diagnosis (including other diagnoses considered)	2/54-56	Case report
	8d	Prognosis (such as staging in oncology) where applicable	2/54-56	Case report
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	1-2/43-44; 2/52-54;	Case report
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	1-2/43-44; 2/52-54;	Case report
	9c	Changes in therapeutic intervention (with rationale)	2/77	Case report

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	2/79-81	Case report
	10b	Important follow-up diagnostic and other test results	Figure 4	Figure 4
	10c	Intervention adherence and tolerability (How was this assessed?)	2/74-79	Case report
	10d	Adverse and unanticipated events	2/74-79	Case report
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	3/91-99	Discussion and conclusion
	11b	Discussion of the relevant medical literature with references	3/91-99; 113-14	Discussion and conclusion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	3/99-102	Discussion and conclusion
Patient Perspective	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	3/99-102	Discussion and conclusion
	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N.A.	N.A.
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.