Narrative Review Checklist

Section/Topic	ltem No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
TITLE				
Title	1	Identify the report as a Narrative Review or Literature Review.	Page 1/ Line 1	Title
ABSTRACT				
Structured summary	2	Provide a structured summary with the subsections as: objective, background, methods, conclusion (1).	Page 1/ Line 4-17	Abstract
INTRODUCTION				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	Page 2-6/ Line 32-129	Introduction/ Para 1-8
Objectives	4	Specify the key question(s) identified for the review topic.	Page 6/ Line 131-137	Introduction/ Para 9
METHODS				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Page6-7/ Line 139-145	Mathods
DISCUSSION/SUMMARY				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	Page 7-18/ Line 147-407	Articular cartilage/ Mesenchymal stem cells characteristics, functions,
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	Page 18-19/ Line 409-418	Conclusion

Reference

1. Green BN, Johnson CD, Adams A. Writing narrative literature reviews for peer-reviewed journals: secrets of the trade. J Sports Chiropr Rehabil 2001;15:5–19.

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.