CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	page 1/Line 1-2	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	page 1/Line 21-22	Keyword section
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	page 1/Line 9-18	Abstract/ Paragraph 1
	3b	Main symptoms and/or important clinical findings	page 1/Line 12-15	Abstract / Paragraph 1
	3c	The main diagnoses, therapeutic interventions, and outcomes	page 1/Line 12-15	Abstract / Paragraph 1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	page 1/Line15-18	Abstract / Paragraph 1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	page 1/Line 26-29	Introduction / Paragraph 1
Patient Information	5a	De-identified patient specific information	page 1/Line 26-29	Case presentation /
	5b	Primary concerns and symptoms of the patient	page 1/Line 32-34	Case
	5c	Medical, family, and psycho-social history including relevant genetic information	page 1/Line 35-37	Case presentation /
	5d	Relevant past interventions with outcomes	N/A	All mechanically
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	page 1/Line 32-34	Case presentation /
Timeline	7	Historical and current information from this episode of care organized as a timeline	page 1/Line 34-35	Case presentation /
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	page 1/Line 32-34	Case presentation /
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A	All patients are
	8c	Diagnosis (including other diagnoses considered)	page 1 / Line 26-28	Case presentation /
	8d	Prognosis (such as staging in oncology) where applicable	N/A	No patient carries cancer
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	N/A	No therapeutic treatments
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	N/A	Case series focus not
	9c	Changes in therapeutic intervention (with rationale)	N/A	Case series take-away

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	N/A	Unfortunately all patients
	10b	Important follow-up diagnostic and other test results	N/A	Case study not related to
	10c	Intervention adherence and tolerability (How was this assessed?)	page 1 and 2 / Line 39-46	Case presentation /
	10d	Adverse and unanticipated events	page 2 / Line 47-48	Case presentation /
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	page 2 / Line 54-63	Discussion / Paragraph 1
	11b	Discussion of the relevant medical literature **with references**	page 2 / Line 64-73	Discussion / Paragraph 2
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	page 3 / Line 86-94	Discussion / Paragraph 5
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	page 3 / Line 106-110	Discussion / Paragraph 8
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	Unfortunately all patients
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☐	**No** ☑

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.