

CARE Checklist of information to include when writing a case report



Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	Title	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	pg 2	last line
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	pg 3, line 2	background
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	pg 3, line 9	case descrtiption
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	pg 3, line 16	conclusion
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	pg4, line 24	main text
Patient Information	5a	De-identified patient specific information	pg 5, line 48	case presentation
	5b	Primary concerns and symptoms of the patient	pg 5-6, lines 71-86	case presentation
	5c	Medical, family, and psycho-social history including relevant genetic information	pg 5, line 49-53	case presentation
	5d	Relevant past interventions with outcomes	pg 5, lines 50-54	case presentation
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	pg 6, lines 62-87	case presentation
Timeline	7	Historical and current information from this episode of care organized as a timeline	N/A	N/A
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	pg 6, lines 69-81	case presentation
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A	N/A
	8c	Diagnosis (including other diagnoses considered)	pg 6, lines 82-87	case presentation
	8d	Prognosis (such as staging in oncology) where applicable	N/A	N/A
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	pg 6-7, lines 89-94	case presentation
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	N/A	N/A
	9c	Changes in therapeutic intervention (with rationale)	N/A	N/A

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	pg 7, lines 94-98	case presentation
	10b	Important follow-up diagnostic and other test results	N/A	N/A
	10c	Intervention adherence and tolerability (How was this assessed?)	N/A	N/A
	10d	Adverse and unanticipated events	N/A	N/A
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	pg 7-8, line 106-113	disucssion
	11b	Discussion of the relevant medical literature with references	pg 8, line 116	discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	pg 8, lines 123-126	discussion
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	pg 8, lines 128-133	discussion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes 🗸	No 🗌

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.